

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance October 23, 2020

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- Revised MO Preliminary OD Data** – DMH received updated information about opioid-involved death data from St. Louis City that shifts the preliminary numbers previously reported. The updated death counts and percent changes for St. Louis County and St. Louis City are in the table below, though now reflect only January through June (not through July) of 2019 and 2020.

The main takeaways from this revised table are as follows:

- The overall 2020 increase is larger than we thought (a 53% increase over 2019 instead of a 32% increase as previously reported);
- The 2020 increase among Black people is larger than the original count (a 64% increase instead of a 54% increase); and
- The 2020 increase among White people is also larger (a 40% increase instead of an 11% increase).

Opioid-involved Deaths	St. Louis County			St. Louis City			Overall City & County			Overall By Race
	January-June 2019	January-June 2020	Percent Change	January-June 2019	January-June 2020	Percent Change	2019 count (1st half)	2020 count (1st half)	Percent Change	
Total (All Races)	123	174	41%	128	209	63%	251	383	53%	
<i>Black Female</i>	9	25	178%	21	26	24%	30	51	70%	64%
<i>Black Male</i>	36	53	47%	53	91	72%	89	144	62%	
<i>White Female</i>	26	27	4%	15	22	47%	41	49	20%	40%
<i>White Male</i>	50	67	34%	38	64	68%	88	131	49%	

- DMH CARES Funding** – There has been some confusion regarding facility testing costs. **All invoices for testing should be coded to CARES funding until November 15.** Please contact all labs that have yet to submit invoices for facility testing to ensure all invoices are received and processed in Central Office by the COB on November 15. There is a good possibility additional funding will be available after Coronavirus Relief Funds expire, but the details are not available yet.
- CIMOR Priority – DM Housing and Outreach Pools** – Below are the current balances for the DM Housing and Outreach pools. If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.

	ADA	CPS
DM Housing Allocation	\$250,000.00	\$250,000.00
DM Housing Expended (8 Cycles Paid)	\$36,539.99	\$111,451.32
Current DM Housing Allocation Balance	\$213,460.01	\$138,548.68

DM Outreach Allocation	\$163,000.00	\$163,000.00
DM Outreach Expended (8 Cycles Paid)	\$126,611.76	\$2,440.09
Current DM Outreach Allocation Balance	\$36,388.24	\$160,559.91
Current Total Allocation Balance	\$249,848.25	\$299,108.59

4. **Questions About Medicaid Expansion?** – We want to keep you updated on the planning and implementation of Medicaid Expansion. Groups are seeking feedback on HOW and WHERE and WHAT you want to know. What are the ways you get info from MHD now? Do you rely on FYIF? Do you get their Hot Tips and bulletins? Do you think a webpage would be useful? Feel free to send ideas regarding receipt of information on expansion as it becomes available to nora.bock@dmh.mo.gov.
5. **Welcome to DBH!** – Please join us in welcoming our newest team members.
 - Welcome **Heather Senevey** to the position of Evidence Based Services Specialist with the Fidelity Unit of DBH Integrated Care, effective Tuesday, October 13. She has joined our team in providing fidelity reviews, technical support and training for evidence-based programs in the community mental health agencies. She comes to DMH with experience working at Cole County Special Services/Central Connections Inc. and Catholic Charities of Southern Missouri.
 - The Community Operations Team in the East Region is excited to welcome its newest member, **Stephanie McFadden**, Coordinator for Substance Use Treatment. Stephanie is a clinician and administrator who is familiar with the DMH community provider system, having worked for Compass Health Network and Center for Life Solutions.
6. **Welcome Our Newest OTP Providers!** – DMH would like to welcome **Behavioral Health Group (BHG)** and **Colonial Management Group (CMG)** to the family of Opioid CSTAR providers! As of October 1, 2020, the combined eleven, mostly rural, clinics are able to serve Medicaid and State Opioid Response (SOR) consumers, allowing for significantly increased access for underserved populations. With the addition of these clinics, Missouri now has 15 Medicaid and SOR eligible Opioid Treatment Programs (OTP) to serve MO consumers.

DMH offers many thanks for the assistance provided by the OTP onboarding/training group within the Division, to **Center for Life Solutions** staff for facilitating training for new providers, and the many DMH staff that were involved in this onboarding process. Lastly, we thank BHG and CMG for their patience, cooperation, and overall willingness to be contributors to the mission of DMH.

7. **Missouri's ICTS Program and Reentry Efforts Highlighted Nationally!** – Pastor Tony Lowden, The Head of the President's National Prison Re-entry Program, visited Poplar Bluff on October 9, 2020. Pastor Lowden praised DOC's collaboration with agencies, such as **Southeast Missouri Behavioral Health**, to provide community-based services to break down barriers to recovery such as substance use disorder, lack of social support, and continued legal troubles to enhance public safety and reduce recidivism through programs like Improving Community Treatment Success (ICTS). Pastor Lowden believes Missouri is "getting it right" and wants to replicate Missouri's efforts throughout the nation. P&P District Administrator, James Berry, stated the ICTS program is "modeling the future" for the DOC by encouraging POs to work in the community and assisting clients with root issues preventing their success and sustained recovery. Media coverage links:
 - <https://themissouritimes.com/federal-official-touts-missouri-as-example-of-prison-reentry-efforts-on-state-tour/>
 - <https://www.kfvs12.com/2020/10/20/missouri-department-correction-program-receives-national-attention/>
8. **Bridges to Care and Recovery Equips Black Churches to Serves Members with Mental Health Needs** – Bridges to Care and Recovery, a program under the **Behavioral Health Network** of Greater St. Louis, offers training to pastors or designated church leaders to become so-called wellness champions, meaning they know who to seek out, the

signs to look for, the right language to use, and the resources to lead members to when the needs are greater than what can be provided at the church (Source: *KSDK-TV*). [Learn More](#)

9. **Emily's House Virtual Dedication and Open House – Healing House, Inc.**, a nonprofit, faith-based Recovery Support Service Provider in Kansas City, recently opened a new Recovery Home for women called Emily's House in honor of Emily LaGree, a friend and supporter of Healing House who passed away in 2018. Founded in 2003 by Bobbi Jo Reed, a person now in long-term recovery, Healing House provides recovery support and housing to help those with substance use disorders achieve long-term recovery. Over 200 people are housed daily in the 13 homes and 2 apartment complexes owned by Healing House. Emily's House is the sixth recovery home for women. The Virtual Dedication and Open House, hosted in part by Emily's parents and brother, is on the Healing House website at <https://www.healinghousekc.org/emilys-house-virtual-dedication-open-house/>.
10. **Update Draft Rule Amendments** – The Department's responses to comments received on the following proposed amendments have been posted to the [DMH website](#):
 - 9 CSR 50-2.010 Admissions to Children's Supported Community Living**
 - 9 CSR 50-2.510 Admissions to Adult Community Residential Settings**The proposed amendments will be submitted to the Governor's Office for approval in the near future. Providers will be updated as the amendments are processed by the Secretary of State's Office.
11. **ITCD Newsletter Fall 2020 Edition** - Check out the recent edition of the ITCD Newsletter on the [DMH website](#).
12. **Show us your Creativity - 2021 Director's Creativity Showcase** – Do you love to be creative? Do you find a voice through your art? Here is your chance! The Missouri Mental Health Foundation (MMHF), in collaboration with the Missouri Department of Mental Health (DMH), is sponsoring the **2021 Director's Creativity Showcase**. This showcase helps to acquaint the general public with the talents of the people it serves. These are individuals receiving services through the DMH provider network living with mental illness, developmental disabilities, and substance use disorders. The artwork created is not only for the Showcase, but is sometimes used as a means of therapy. This therapy provides an outlet for the artist to express his or her feelings – feelings they may not be able to verbally communicate. The art show also has encouraged people to try something they may previously have never considered possible, only to find they have a true creative talent. **This year the 2021 Director's Creativity Showcase will be displayed in its entirety on the MMHF website! As well as special acknowledgements of winning artists and of those chosen for the 2021 Traveling Show (within HIPPA standards, of course).** More details on this later.

For more information on the guidelines, entry form, release form, timeline of activities and the artwork collection sites for the 2021 Director's Creativity Showcase, visit the [MMHF website](#). **Artwork must be received in Jefferson City by Friday, January 29, 2021. PLEASE HELP SPREAD THE WORD and encourage those with an interest to participate!**

13. **COVID-19 Updates & Resources** –
 - **New Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit www.missouricit.org/frpn to find a provider.
 - **CDC Guidance on Holiday Celebrations** – As many people in the United States begin to plan for fall and winter holiday celebrations, CDC offers the following considerations to help protect individuals, their families, friends, and communities from COVID-19. [Read More](#)
 - **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.

- **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.
**If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **(They're Back!) COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit: <https://dcpdho02redcap.azurewebsites.net/redcap/surveys/?s=XTLH7FCLD7>.
- **DBH Community COVID Positives Data** – To date, we have received reports of **360 consumers** and **236 staff** members testing positive for COVID-19 (from **45 providers**). Two consumer deaths have been reported. Please send any reports of staff or client positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **October 28, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>



Visit the [DHSS website](#) for more information

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at: <https://dmh.mo.gov/covid-19-information>

1. **CARES Act Provider Relief Fund: New Phase of Provider Relief Fund Opens for Applications** – Behavioral Health providers are encouraged to apply for the latest round of Provider Relief Fund (PRF) support. Although the press release suggests there's a list of eligible providers, it has been clarified that all behavioral health providers who believe they are eligible based on the PRF criteria should apply. *Applications will be considered regardless of whether an organization was previously eligible for, applied for, received, accepted, or rejected prior PRF payments.* For this newest phase, funding will be allocated to providers based on assessed financial losses and changes in operating expenses caused by COVID19. Please note that providers will have from **October 5, 2020, through November 6, 2020**, to apply for this Phase 3 General Distribution funding. [Learn More](#) | [Apply here](#) | [HHS Press Release](#)

2. **Delta Region Community Health Systems Development Program (Missouri)** - This program provides technical assistance to small and rural hospitals, rural health clinics, and other health care organizations located in the [252 counties and parishes served by the Delta Regional Authority](#) (a federal agency and HRSA partner). Applicants must be willing, able and ready to undertake a large, comprehensive project over multiple years, with activities supporting quality improvement, financial and operational improvement, telehealth, community care coordination, workforce, emergency medical services, and population health. This is an ongoing opportunity with applications accepted on a rolling basis; **applicants applying by November 30** may join the cohort beginning work in February 2021. [Learn More](#)

INFO and RESOURCES

1. **New National Suicide Hotline Designation Act** – On Saturday, October 17, President Trump signed the National Suicide Hotline Designation Act into Law. This designates a three-digit number, 9-8-8 as the Universal Number to connect people experiencing mental health and suicide crises to the National Suicide Prevention Lifeline. The three-digit number will make it far easier for millions of Americans to reach out for help and get immediate connection to care when they're experiencing a crisis. The law also allows states to charge a fee, similar to a charge for 911 services tacked onto cable bills and phone bills, to support local call centers. Under the bill, the Department of Health and Human Services must also develop a strategy to provide access to competent, specialized services for high-risk populations such as LGBTQ+ youth, minorities and individuals in rural communities (Source: *CNN*). [Read More](#)
2. **New Congressional Research Services Issues Report on Coronavirus Medicaid Telehealth Policies** – A Congressional Research Services report documents the breadth and scope of changes in telehealth policies states have allowed in response to the COVID-19 pandemic. Physical, speech and occupational therapies; long-term services and supports; and dental services are the services states have most commonly opened to telehealth during the pandemic. Although most states permitted telehealth services to be delivered in the patient's home before the pandemic, 42 states have expanded service definitions to allow telehealth services to be delivered telephonically since the crisis began (Source: *Congressional Research Service*). [Read More](#)
3. **New Diversity, Equity & Inclusion: Public Community Forum** – On April 24, 2020, Faces & Voices committed to releasing an action plan within 30 days to address diversity, equity, and inclusion (DEI) and to lift voices from communities of color or other marginalized groups. On May 22, an action plan was released. These actions will in no way solve the problems associated with race, gender, and other marginalized populations within the national recovery movement. The goal is to amend mistakes, move forward, and continue to grow in recovery. On June 15, 2020, Faces & Voices held its first DEI Community Forum and pledged to keep the conversation going. Join the webinar on **Thursday, October 29, 2020, from 5pm-6:30pm CT** to continue the conversation. Recovery Community Organizations from around the country will come together to highlight their ongoing efforts on DEI and Social Justice Work (Source: *Faces & Voices of Recovery*). [Register](#) | [Action Plan](#)
4. **New New Webcast on Medication-Assisted Treatment of OUD During the Coronavirus Pandemic** – This accredited, on-demand activity features a presentation that discusses new medications and medication combinations that could be used to enhance the effectiveness of medication-assisted treatment for opioid use disorder (MOUD), and outlines strategies to address patient access during the coronavirus pandemic. After completing this activity, participants should be able to: discuss guideline recommendations for the successful implementation of MOUD, compare benefits and challenges associated with the use of approved medications for the treatment of OUD, identify new MOUD formulations recently introduced or in the pipeline, identify new medications and medication combinations that could be used to enhance the effectiveness of MOUD, identify MOUD delivery strategies that could be used to overcome barriers to patient engagement, and review implementation strategies to address

patient access to MOUD during the coronavirus pandemic. **There is no fee associated with this activity. Activity has been approved for a maximum of 1.00 contact hour** (Source: *Psychiatry & Behavioral Health Learning Network*). [Learn More and Access Webcast](#)

5. **New In Honor of Domestic Violence Awareness Month: Responding to Substance Use Coercion in Treatment and Recovery Services** – A large body of research demonstrates that experiencing abuse by an intimate partner is associated with a range of behavioral health consequences. Some are the direct results of violence; others are related to the traumatic psychophysiological effects of ongoing abuse. Both clinical and population-based studies indicate that victimization by an intimate partner places people at significantly higher risk for substance use disorder, depression, anxiety, posttraumatic stress disorder, insomnia, chronic pain, and suicide attempts, regardless of whether they have suffered physical injury. In addition, there are high rates of IPV among people accessing services in substance use disorder treatment settings (Source: *ATTC Network*). [Read More](#)
6. **New Substance Use Disorder (SUD) May Increase Risk of Stroke, Heart Attack, Renal Failure, or Death in Patients with Hypertension** – As general medical settings increasingly work to integrate SUD screening and management, being able to prioritize these practices for patients with medical conditions exacerbated by SUD may help facilitate adoption. Hypertension impacts over a quarter of American adults, yet despite the prevalence and cost of this condition, not much research has been done to examine the relationship between it and SUD. This study evaluated potential associations of SUD with morbidity and mortality in a large sample of hypertensive patients (Source: *ATTC Network*). [Read More](#)
7. **New Infographic Shows Impact of ACEs on Early Childhood Development** – NASHP features an infographic from the National Institute for Health Care Management on Early Childhood Development and Adverse Childhood Experiences (ACEs). COVID-19 is increasing the economic, social, and environmental stressors that children and families experience. This infographic explores the impact of ACEs on health and well-being and outlines strategies to support healthy child development (Source: *NASHP* and *NIHCM*). [Read More](#) | [Other Resources](#)
8. **New Treatment Improvement Protocol (TIP) 39: Substance Use Disorder Treatment and Family Therapy** – This *newly updated* TIP helps providers and administrators better understand how to include families in substance use disorder treatment and services. This TIP, first published in 2004, has been revised to reflect new research and developments (Source: *SAMHSA*). [Download Now](#)
9. **New NASHP Releases New National Care Coordination Standards for CYSHCN** – The National Care Coordination Standards for Children and Youth with Special Health Care Needs (CYSHCN) outline the core, system-level components of high-quality care coordination for CYSHCN. These standards are designed to help state officials and other stakeholders develop and strengthen high-quality care coordination for children with the goal of identifying and assessing the need for care coordination, engaging families in the care coordination process, building a strong and supportive care coordination workforce, and developing team-based communication processes to better serve children and families (Source: *NASHP*). [Read More and Download Full Report](#)
10. **New Applications Due November 1 for NASHP's Emerging Leaders of Color Fellowship** – NASHP's Emerging Leaders of Color Fellowship offers up to five early-career individuals from communities of color an opportunity to learn about health policy directly from a state leader of color with NASHP support. The fellowship, designed to advance health equity through policy development informed by lived experience, offers professional development and a community of support. It runs from December 2020 through August 2021, requires about 15 hours a month, and provides a stipend and free attendance at NASHP's annual conference. **Applications are due November 1, 2020** (Source: *NASHP*). [Read More and Apply](#)

11. **New Flu Toolkit** – This toolkit includes materials designed to encourage everyone to get their flu vaccine by Halloween. The Centers for Disease Control and Prevention recommends that everyone 6 months of age and older get a flu vaccine by the end of October, help drive this message and use the communication materials in this toolkit to encourage everyone to get their flu vaccine by Halloween. [Flu Toolkit](#)
12. **Minority Fellowship Program Now Accepting Applications** – The National Board of Certified Counselors (NBCC) and the Association for Addiction Professionals (NAADAC), are now accepting applications for the 2021 National Board for Certified Counselors Minority Fellowship Program for Addictions Counselors (NBCC MFP-AC). The program, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), provides up to 40 master’s degree-level counseling fellowships of \$15,000 for addictions counseling students, travel expenses to participate in program-related trainings, and complimentary NAADAC membership. Applications are due by **December 15, 2020**. [Learn More](#)
13. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
14. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

November 17, 2020 – North Central Region – 10-12pm

Location: Zoom Meeting

December 4, 2020 – Southwest Region – 10-12pm

Location: Zoom Meeting

December 15, 2020 – Eastern Region – 9-11am

Location: Zoom Meeting

January 7, 2021 – Northeast Region (Districts 3, 11, 16, 17, 18, 26, 38) – 10-12pm

Location: Zoom Meeting

January 7, 2021 – Southeast Region – 10-12pm

Location: Zoom Meeting

TRAINING OPPORTUNITIES

1. **FSP Training** – Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via zoom, **October 26 - 28, 2020**. For questions regarding registration, please email [Jill Richardson](#).
2. **New Creating a Recovery-Ready Community** – This webinar will explore the recovery-ready ecosystems model and community framework from the individual level to the policy level. The speaker will present information about models of peer-delivered recovery support services; including recovery community organizations, recovery housing, recovery high schools, employment and education, and re-entry support services. **Monday, October 26, 2020, 2-3pm CT**. [Register](#)

3. **Motivational Interviewing to Engage Older Adults in a COVID World** – Join for a dynamic discussion around supporting older adults during these challenging times. With the stressors of physical isolation impacting this population it may be increasingly difficult to engage individuals from their homes. Learn the key approaches in implementing MI to increase engagement. Participants can also share their experiences, challenges and success in supporting individuals through these unprecedented times. **Tuesday, October 27, 2020, 12-1pm CT.** [Register](#)
4. **Transitional Age Youth Webinar Series** – This series of virtual events will examine special topics for working with adolescents and transitional age youth who have substance use and mental health conditions. The teen and young adult years are an important time for early intervention. There are many evidence-based practices and promising interventions that can be used effectively. The goal of this series is to provide evidence-based and cutting-edge information on substance use prevention and intervention to an interprofessional audience of behavioral health practitioners for working with adolescents and transitional age youth (18 - 25).

Webinars in this series include:

- **The Impact of Substance Use on the Developing Adolescent Brain** – **Tuesday, October 27, 2020, 1-2pm CT.** [Register](#)
 - **Who's Doing What?: The Epidemiology of Adolescent Substance Use** – **Tuesday, November 17, 2020, 1-2pm CT.** [Register](#)
 - **Substance Use Interventions for Adolescents and Transitional Age Youth** – **Tuesday, December 15, 2020, 1-2pm CT.** [Register](#)
5. **Suicide Assessment and Response for K-12 Populations** – During this 90-minute training, special attention will be given to common screening and assessment tools used in school settings, best practices for utilizing an interdisciplinary team approach to respond to youth experiencing thoughts of suicide in a school setting, and ways to identify risk and protective factors for youth and adolescents at risk of suicide. **Tuesday, October 27, 2020, 3-4pm CT.** [Register](#)
 6. **Getting Back on the Road to Recovery: Focusing and Developing Recovery Goals – Webinar** – Focusing on recovery goals during the current pandemic may be difficult for many individuals participating in mental health services. Specifically, individuals' lives may have been disrupted due to personal illness, economic factors, and increased family responsibilities. Progress toward recovery goals, such as employment, education, living, and wellness, may have been put on hold while basic needs are addressed. This webinar will provide practitioners with the tools and strategies to assist individuals with refocusing on recovery goals. SMART goal-planning will be discussed and applied to recovery goals. **Wednesday, October 28, 2020, 12-1pm CT.** [Register](#)
 7. **New Making the Case for High-functioning, Team-based Care in the Community Mental Health Care Setting** – Team-based care is an essential element of all integrated care settings. Research suggests that team-based care not only improves patient outcomes like improved symptoms, quality of life and satisfaction, but it can also reduce burnout and improve staff capacity and experience, which in turn reduces medical errors and gaps in service. Widespread adoption of team-base care could reasonably address current challenges facing providers while responding to the demands of emerging value-based payment models – especially those that incentivize integrated care delivery. Not only will this webinar describe barriers and opportunities for implementing team-based care in mental health care settings, but it will also launch the new MDI Team-Based Care paper and describe the paper's purpose and utility. This webinar will also promote the launch of a new ECHO Learning Collaborative focused on Team-Based Care. **Wednesday, October 28, 2020, 12-1pm CT.** [Register](#)
 8. **New Screening & Treatment of Maternal Mood & Anxiety Disorders: Tools & Steps to Enhance Treatment Engagement** – Up to 20% of women will experience mood disorder symptoms during pregnancy or the postpartum period. Weighing the risks and benefits of medication use during the perinatal period can be a challenge for women who are struggling with symptoms of anxiety and depression. This webinar will focus on strategies to help women and their clinicians make informed decisions around pharmacologic interventions for mood disorders during pregnancy and the postpartum period. **Thursday, October 29, 2020, 11-12pm CT (2-3pm rebroadcast).** [Register](#)

9. **New An Introduction to COA and the Accreditation Process** – This free 30-minute webinar provides an introduction to the Council on Accreditation (COA) and its accreditation process. It is perfect for anyone seeking accreditation for the first time, interested in what is required to become accredited, or mandated to become accredited by state or federal legislation (such as the Family First Prevention Services Act). Participants will gain an understanding of the key concepts that define COA, the steps toward becoming accredited, and the benefits of accreditation. There will also be a Q&A portion to answer any questions. *Thursday, October 29, 2020, 12-12:30pm CT.* [Register](#)
10. **New Understanding Trauma-Informed Care and Cultural Humility and the impact on Supporting Individuals with Intellectual and Developmental Disabilities** – Join this webinar for a dynamic discussion around supporting individuals with intellectual and developmental disabilities. Experts in trauma informed care and cultural humility will share key considerations that impact programming and support approaches. Participants are invited to share their experiences, challenges and successes in integrating this approach to service delivery. *Thursday, October 29, 2020, 12-1pm CT.* [Register](#)
11. **Addressing Racial Trauma in the Clinical Setting** – Understanding how racial trauma affects the mental, emotional, and physical health of African-American clients is only the beginning of helping them work through their trauma. In addition to knowing the impacts, organizations and clinicians should know best practices for addressing racism and racial trauma from the minute they enter a practice to when they go into the therapy room (whether in-person or through telehealth). During the webinar, participants will learn: how to apply trauma-informed care best practices when addressing racism and racial trauma in the therapy room, self-care strategies clinicians can implement to protect their own well-being, what supervisors can do within the supervisor/supervisee relationship to help clinicians leverage trauma-informed care, and ways organizations can create a safe space through their marketing materials, lobby presentation, and staff training. *Thursday, October 29, 2020, 1-2pm CT.* [Register](#)
12. **NAMI Family-to-Family** – This is a free 8-session educational program for family members and friends of adults 18 years and older living with mental health conditions. NAMI Family-to-Family is a designated evidence-based program by SAMHSA. The course is taught by trained family members, and all instruction and course materials are free to class participants. *Saturdays, October 31 – December 19, 1-3pm CT.* [Register](#)
13. **Adverse Childhood Experiences: Why they should be the Top Priority of EVERY Child-Serving Professional** – Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 20 years. This workshop will provide an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. *Thursday, November 5, 2020, 1-4pm CT.* **Registration Fee: \$39, includes three clock hours.** [Register](#)
14. **New 34th National Conference on Gambling Addiction & Responsible Gambling** – How is the pandemic affecting mental health providers and clients, and the gambling industry? Want to know more about gambling addiction and responsible gambling? Join international experts and attendees from around the world at the NCPG National Conference, *November 5 – 6 and November 12 – 13, 11-3pm CT.* Optional networking available from 3-4pm CT. The conference is the oldest and largest gathering that brings together local, national and international experts, professionals and individuals to discuss and learn about responsible gambling and problem gambling. A wide range of topics will be presented, with something for experts and relative newcomers alike with content on public health, community, prevention, treatment, advocacy, recovery, research, regulatory, and the gambling industry, including online gambling, sports betting, military and veterans issues, and specific populations. Recordings of each day's sessions will be available to registrants for at least 30 days. **Registration fee starts at \$63/day or less for groups 3+.** [Register](#)
15. **New Sexual Harassment Prevention Training: The Basics and How to Report** – The goal of this presentation is to provide foundational information to help employees focus on and fully grasp the different types of sexual harassment in the workforce. Attendees will be able to identify the impact of sexual harassment, know how to report an incident, and understand their protections under the law. This presentation is interactive and immediately

applicable, testing your knowledge along the way with different case scenario examples. **This training is developed for behavioral health professionals who are required to meet licensure and re-licensure requirements for continuing education hours in sexual harassment skills. Thursday, November 12, 2020, 1-4pm CT. Registration Fee: \$49, includes three clock hours. [Register](#)**

16. **2020 Virtual Clinical Supervision Trainings** – The training will consist of completing an online training which will be followed by two days of Zoom meetings held on a Thursday/Friday from 9-1pm each day. Participants must have Zoom capability and be on camera for the training. This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com. **November 12-13, 2020. [Register](#)**
17. **Missouri Substance Use Prevention Conference** – Join the Missouri Prevention Resource Center Network for the first ever virtual conference on **November 16-17, 2020!** This conference brings together the prevention community, including staff from the Prevention Resource Centers, community volunteers, school counselors, law enforcement and many others. **Registration Fee: In-State Registration - \$25; Out-of-State Registration - \$50. [Register](#) | [Agenda](#) | [Speakers](#)**
18. **New Creating a Better Workplace Environment to Support our Service Members, Veterans, and their Families** – This webinar will provide information, resources, tools, and recommendations that will help participants to understand the important role they play in creating a healthy and inclusive environment for their SMVF colleagues and employees, and how to begin to take steps towards implementation of supportive and preventative measures. **Wednesday, November 18, 2020, 12:30-1:30pm CT. [Register](#)**
19. **New Serving as a Wounded Healer: Caring for Self While Caring for Others** – Professionals are expected to know the latest evidenced-based tools to support clients, but are we practicing what we preach? This is not a fluffy self-care seminar, but rather a call to action designed to challenge participants to step into their own healing with courage. In order to thrive in this field, it's crucial we shine a light on what *really* matters when it comes to caring for ourselves and the barriers that get in the way of being our best selves. In this seminar, SAMHSA's Wellness Initiative will highlight the "Eight Areas of Wellness" along with Kristin Neff's components of self-compassion. Participants will be challenged to audit their own practices to align their professional and personal selves. **Thursday, November 19, 2020, 1-4pm CT. Registration Fee: \$75, includes three clock hours. [Register](#)**
20. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
 - **Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care** – Presented on September 29, 2020. [PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
 - **Session 2 - A Recovery Oriented Approach to Professional Boundaries** - Thursday, February 11, 2021, 2-3:30pm CT. [Register](#)
 - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1)** - Thursday, May 13, 2021, 2-3:30 CT. [Register](#)
 - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2)** - Thursday, July 15, 2021, 2-3:30pm CT. [Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **MO-HOPE Trainings and TA Offer** – The MO-HOPE project is entering year 5 and wants to ensure that there is ample education on how to provide lifesaving information and skills to the people you serve. There are numerous types of trainings available and they are listed below. Live zoom trainings have been updated for October and November. If you need technical assistance in evaluating how your organization can implement naloxone programs to better serve your clients or patients, email Brandon Costerison (bcosterison@ncada-stl.org).

Overdose Education and Naloxone Distribution (OEND) Video Training:

You or your staff can complete training on how to have an OEND conversation at your convenience. The video series can be found at www.tinyurl.com/mohopeoend. Completion takes 30-45 minutes.

OEND and OEND Training of Trainers via Zoom:

Upcoming class schedules can be found at www.tinyurl.com/mohopeproject.

First Responder (Police and Fire) Emergency Naloxone Use in the Field Video Series:

This training, including POST certification, has moved completely to online video series. Training can be found at <https://health.mo.gov/safety/ems/more/index.php>.

2. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully virtual course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
3. **New Virtual Motivational Interviewing Training** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. Certificates of completion are available upon request. **Registration Fee: \$79.**

AVAILABLE TRAINING DATES:

Thursday, October 29, 2020, 11-3pm CT [Register](#)

Monday, November 16, 2020, 11-3pm CT [Register](#)

Monday, December 7, 2020, 9-1pm CT [Register](#)

4. **MAT Waiver Training has gone VIRTUAL!!** – Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare is providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. If you prefer to complete the full 8-hour training online and at your own convenience, please use the link at the bottom to register. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training.

AVAILABLE VIRTUAL TRAINING DATES: [Register](#)

Saturday, November 7, 2020, 8:30-12:30pm CT, Presenter: Dr. Evan Schwarz

PLEASE NOTE: All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.

8 Hour Online MAT Wavier Training: [Register](#)

If you are unable to attend one of our 4-hour live trainings, please use the link to complete the full 8-hour online training at your own convenience.

5. **NAMI Basics** – This is a free education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or whom have already been diagnosed. The NAMI Basics course is led by trained teachers who are the parent or other caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years. The course generally consists of six classes. This class also counts as a Missouri Foster Parent training credit. For more information and to register, please visit: <https://namimissouri.org/nami-signature-programs/basics-2/>

ONDEMAND

NAMI Basics is now available online through NAMI Basics OnDemand. The OnDemand program is also guided by parents and family members with lived experience but is self-paced and available 24/7. OnDemand offers the flexibility of participating in the course on your schedule. Both formats provide identical information, strategies and the opportunity to connect with other parents and caregivers.

AVAILABLE VIRTUAL TRAINING DATES:

Saturdays, October 31-December 5, 9-11:30am CT

6. **2020 Certified Peer Specialist Trainings** – This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or help@missouricb.com. Application information can be located at <https://mopeerspecialist.com/>.

AVAILABLE ZOOM TRAINING DATES:

November 30 – December 4, 2020

December 7-11, 2020

7. **2020 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. [Click Here For Peer Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com. The Zoom meetings are scheduled for 9-11am on the following dates:

Thursday, December 17, 2020

8. **2020 Virtual Ethics Trainings** – The MCB will be offering the following Virtual Ethics Trainings. These trainings can be used to renew any MCB credential. Participants need to have Zoom capability and be on camera during the training. **Please note that each training is a separate and unique training. If you need six ethics hours, you would need to sign up for two of the trainings.** If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com. [Registration Form](#)

AVAILABLE TRAINING DATES:

October 30, 2020, 9-12pm CT

October 30, 2020, 1-4pm CT

9. **November 2020 MARS Program** – This new Medication Awareness Recovery Specialist Training Program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. The program details are as follows:
- The program starts with a 2-Hour Zoom meeting on **Friday, November 6, 2020**. Participants choose one of three times - **8:00-10:00am**, **11:00-1:00pm**, or **2:00-4:00pm**. There is also a 2-Hour Zoom meeting on Friday, January 22, 2021, and Friday, February 12, 2021, both with the same three time options.

- In addition, participants also work through eight self-study modules that start on Monday, November 16, 2020, and end Sunday, February 7, 2021. These modules are completed at home within assigned time periods.
- Information covered in the program includes: Science of Addiction, Eliminating Barriers to Medication Assisted Treatment, Medication Assisted Treatment and Mutual Support Groups, Know Your Rights, ASAM Guidelines for MAT, and More!

The cost of the program is \$100.00 and participants receive 40 CEUs plus a Medication Awareness Recovery Specialist Certificate. **Participants must be able to attend the Zoom trainings on November 6, January 22, and February 12, and complete the online modules to participate in the program.** If you have any questions, please contact Scott Breedlove at scott.breedlove@missouricb.com. [Click on the November MARS Registration Form](#)

Look for updates on different topics/initiatives next Friday!