

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance September 18, 2020

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

September is Suicide Prevention Month and Recovery Month!

- Missouri Suicide Prevention Advocacy Network (Missouri SPAN)** – The Missouri Suicide Prevention Network has created *Missouri SPAN* as a way to raise awareness that suicide is a public health issue and to gain broad-based support for suicide prevention advancement. Missouri SPAN is supporting activities like establishing new or making changes in policies, programs, practices and services. Two ways you can help:
 - 1) Sign up for advocacy alerts; and
 - 2) Learn how to advocate for suicide prevention.Join the movement that is working to prevent suicide. Visit the Missouri SPAN webpage at www.mospn.org/missourispan.
- Revised Adaptions in Monitoring Reviews – Virtual Reviews** – This memo has been updated and posted to the [DBH webpage](#).
- CIMOR Priority – DMH Housing and Outreach Pools** – Below are the current balances for the DM Housing and Outreach pools. If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.

	ADA	CPS
DM Housing Allocation	\$250,000.00	\$250,000.00
DM Housing Expended (6 Cycles Paid)	\$17,439.58	\$58,659.01
Current DM Housing Allocation Balance	\$232,560.42	\$191,340.99
DM Outreach Allocation	\$163,000.00	\$163,000.00
DM Outreach Expended (6 Cycles Paid)	\$69,717.66	\$2,440.09
Current DM Outreach Allocation Balance	\$93,282.34	\$160,559.91
Current Total Allocation Balance	\$325,842.76	\$351,900.90

4. **2020 Mental Health Champions' Banquet** – Each year three remarkable Missourians, who have overcome many challenges to make life better for themselves, others, and their communities, are selected to receive the Missouri Mental Health Champions' Award. **This year's event is taking place virtually on Tuesday, October 6, 2020, at 7pm CT.** Mark your calendars and join the Missouri Mental Health Foundation for this special celebration and awards ceremony! How to Watch: [MMHF Website](#) | [Facebook](#) | [YouTube](#).

 5. **Deadline is Today! DMH Mental Health Equity and Inclusion Alliance Book Study** – The DMH's Mental Health Equity and Inclusion Alliance is sponsoring a book study group that is open to DMH and community provider staff. This program will run for six weeks through Reddit. Each week, discussion questions will be posted to generate conversation for participants while they are reading the book. Participants have to create a free account on Reddit to participate. The two books for discussion are **Nobody: Casualties of America's War on the Vulnerable, from Ferguson to Flint and Beyond** and **White Fragility: Why it's so Hard for White People to Talk about Racism**. This event will kick off on October 5, 2020, and the books will be sponsored by the Missouri Mental Health Foundation. For more information and to register, please visit: <https://www.surveymonkey.com/r/MHEIA>. **Registration deadline is Friday, September 18 at 5pm.** We hope you can join in!

 6. **Deadline is Monday! Updated Draft Rule Amendments** – The department is accepting comments on **9 CSR 50-2.010 Admissions to Children's Supported Community Living** which prescribes admission criteria, the application process, and placement procedures for Children's SCL. The rule applies to administrative agents. Comments are also being accepted on **9 CSR 50-2.510 Admissions to Adult Community Residential Settings**. This amendment applies to administrative agents and affiliates and specifies admission procedures for **all DBH-funded placements/settings, including ICPR, SCL, and hospital diversion**. The amendments are available at <https://dmh.mo.gov/alcohol-drug/regulation-drafts>, and comments should be submitted to debbie.mcbaine@dmh.mo.gov no later than **September 21, 2020**.

 7. **Deadline is Monday! Supplemental Training Initiative for Peer Specialists** – The UMSL-MIMH Recovery Team is working on a supplemental training initiative for peer specialists in treatment/recovery systems for SOR 2.0. This effort will be housed at MIMH but will only succeed with input from partners (MO Credentialing Board, MCRSP, Midwest ATTC, and DMH), paid peer consultants, and key community stakeholders. **If you are a peer or work with peers, please take a few minutes to fill out this survey to provide feedback on which topics and learning formats would be most beneficial for you/your peer coworkers. There is also an option to either volunteer or recommend a peer to be a part of the consulting team.**
- Link to survey: https://umsl.az1.qualtrics.com/jfe/form/SV_3rf2KU85UikLyqp. This will be open through **September 21, 2020**. Please contact Brenna Lohmann (brenna.lohmann@mimh.edu) with any questions, concerns, or recommendations.

8. **Other COVID-19 Updates & Resources** –

- **From the CDC: How to Select, Wear, and Clean Your Mask** - https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html?deliveryName=USCDC_2067-DM36401

- **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.

- **Electronic COVID-19 Case Reporting** – DHSS is pleased to announce the availability of Electronic COVID-19 Case Reporting. All entities currently required to complete a [Communicable Disease Case Report \(CD-1\)](#) should begin reporting positive COVID-19 cases via the new system*. This system will replace the paper CD-1 process and allow for more timely, appropriate, and accurate data for COVID-19 case reporting. The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). Please do not enter lab result information unless you are a reporting laboratory or you are entering on behalf of the laboratory. The new system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the

[May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.

**If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*

- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute [introduced](#) a new set of weekly COVID-19 dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: <https://web.mhanet.com/coronavirus-disease.aspx>. Daily situational awareness is available on the [DHSS website](#).
- **(They're Back!) COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. For **current community testing locations and information**, including links to register, please visit: <https://dcphdo02redcap.azurewebsites.net/redcap/surveys/?s=XTLH7FCLD7>.
- **DBH Community COVID Positives Data** – To date, we have received reports of **272 consumers** and **133 staff** members testing positive for COVID-19 (from **44 providers**). One consumer death has been reported. Please send any reports of staff or client positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **September 30, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at: <https://dmh.mo.gov/covid-19-information>

1. **Suicide Prevention: Brief Interventions for Youth -- Cycle 3 2020 – Research Award Letter of Intent Deadline: September 29, 2020, 4pm CT; Application Deadline: January 12, 2021, 4pm CT** – This notice provides information about an upcoming Targeted Patient-Centered Outcomes Research Institute (PCORI) Funding Announcement (PFA), which will be released by PCORI on September 1, 2020. Through this initiative, PCORI seeks to fund large randomized controlled trials (RCTs) and/or observational studies that compare the effect of brief interventions on acute suicide risk in youth ages 15 to 24. [Learn More](#)
2. **How to Develop a Competitive Grant Application – Webinars** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. The webinar will address:
 - The four registration processes that need to be completed;
 - Preparing to apply for a grant;
 - Key components of the funding opportunity announcement;
 - Responding effectively to the evaluation criteria; and
 - Resources and technical assistance that are available.

If you would like to receive the slides prior to the webinar, send an email to GPOtraining@samhsa.hhs.gov.
October 22, 2020, 1-2:30pm CT. [Webinar Information](#)

3. **Women's Preventive Services Initiative – Application Deadline: October 5, 2020** – Women's Preventive Services Initiative's purpose is to improve women's health across the lifespan by engaging a coalition of provider, academic, and patient-focused health professional organizations to do the following: 1) Identify and recommend evidence-based updates to the HRSA-supported Women's Preventive Services Guidelines; Raise awareness and knowledge of these Guidelines; and 3) Increase clinicians' adoption and utilization of these Guidelines. [Learn More](#)
4. **High Speed Broadband/Rural Opportunity Fund – Application Deadline: October 22, 2020** – The FCC designed the Rural Digital Opportunity Fund to bring high speed fixed broadband service to rural homes and small businesses that lack access. The first phase of the FCC reverse auction will target over six million homes and businesses in census blocks that are entirely underserved by voice and broadband with download speeds of at least 25 Mbps. [Learn More](#)

INFO and RESOURCES

1. **Are You Ready to Utilize New Evaluation and Management Codes Effective January 1?** – This webinar will help psychiatric clinical staff and clinical leaders – as well as quality management staff and compliance officers – understand the opportunities and obligations created by the new Evaluation and Management codes. Join to learn how to optimize your efficient use of these codes. **Thursday, October 1, 2020, 12-1pm CT.** [Register](#)
2. **New Webinar Series for Crisis Call Centers – Building a Resilient, Trauma-Informed Workforce** – These past few months have introduced new challenges – from COVID-19 to social unrest. One support system offering solutions is the [National Suicide Prevention Lifeline](#) network. Join the two-part webinar series offering a “behind-the-scenes” look at crisis call center operations during the pandemic, workforce resilience strategies and trauma-informed care tips.
 - **Tools, Training and Tips for Call Center Success** – This webinar will offer self-care insights and call center best practices. Participants will learn how Lifeline leadership is [investing in call center staff](#) through self-care trainings; hear from staff about the risk factors for secondary traumatic stress and burnout; and leave with new strategies for addressing compassion fatigue in your organization. **Thursday, September 24, 2020, 1-2:30pm CT.** [Register](#)
 - **The Importance of Trauma-Informed Care and Cultural Humility** – This webinar will be a roundtable chat with crisis call centers. Participants will explore the importance of trauma-informed, resilience-oriented care and cultural humility, highlight how crisis call centers have implemented trauma-informed principles at work, and share strategies to promote culturally humble and trauma-informed crisis services. **Tuesday, September 29, 2020, 1-2:30pm CT.** [Register](#)

Hope and help is needed now more than ever, and Lifeline's call centers are well-positioned to deliver both. Register for the webinar series to learn more!

3. **New Essential Conversations in Social Services 2020: Psychiatrists' View of Supporting Recovery in 2020 & Beyond** – During this episode guests share what they are seeing in depression, anxiety, and substance use disorders; misconceptions about medication for depression, anxiety, and substance use disorders; and advice for those who may be experiencing issues with depression, anxiety, or substance use disorders for the first time. Target audience is the general public who might have little or no experience with mental health or substance use disorders. Please share (Source: *Mid-America ATTC*). [Listen Now](#)

4. **New Drugs at Work: What Employers Need to Know** – Nearly 21 million Americans are living with substance use disorder, according to the U.S. Surgeon General. That's more than the total number of people living with cancer and more than the population of the State of New York. Three-quarters of those struggling with alcohol, pain medication, marijuana and other substance use disorders are employed. Workers with substance use disorders may miss nearly 50% more work days than their peers – up to six weeks annually – and absenteeism leads to losses in productivity. Here's what employers need to know (Source: *National Safety Council*). [Read More](#)
5. **New Growing Number of Psychiatric PAs Could Ease Psychiatrist Shortage** – Physician assistants (PAs) may offer an effective way to ensure patients have access to quality mental health care despite the projected shortage of psychiatrists in the near future, according to a poster presented at *Psych Congress 2020* (Source: *Psych Congress*). [Read More](#)
6. **New The Occurrence of Cognitive Deficits Across Psychiatric Disorders** – Bernhard T. Baune, PhD, MD, head of the Department of Mental Health at the University of Münster, Germany, discusses the occurrence of cognitive deficits in patients with various psychiatric disorders (Source: *Psych Congress*). [Watch the Video](#)
7. **New 1 in 4 US Adults Have History of Major Depressive Episodes** – Nearly 24% of US adults have a lifetime history of major depressive episodes, a prevalence much higher than the 14% who self-report them, researchers reported in the *American Journal of Preventive Medicine*. The findings are based on a simulation model (Source: *Psych Congress*). [Read More](#)
8. **New Alcohol's Unique Effects on Cognition in Women: A 2020 (Re)view to Envision Future Research and Treatment** – Studies of alcohol's effects on the human brain and cognitive functioning have revealed that chronic use may affect men and women differently, creating unique patterns of cognitive deficits that may require a different treatment response. In this review, the authors describe alcohol's effects on cognition in women and report encouraging signs that many of these deficits can be reversed (Source: *Alcohol Research: Current Reviews*). [Read More](#)
9. **New Cigarette Use Linked with Substance Use Among Sexual, Gender Minority Populations** – A link between cigarette smoking and frequent substance use in sexual and gender minority populations suggests a need for holistic treatment, according to researchers from the Rutgers School of Public Health (Source: *Addiction Professional*). [Read More](#)
10. **New Costs, Lack of Access Deter Americans from Seeking Mental Healthcare, Despite Stress of Current Events** – While 85% of Americans surveyed for a recent poll said they rate their mental health status positively, concerns over current events suggest unresolved tensions looming below the surface for many (Source: *Addiction Professional*). [Read More](#)
11. **New Adjusting Psychopharmacologic Treatment for Geriatric Patients** – In this video, *Psych Congress 2020* presenter Marc E. Agronin, MD, shares strategies that mental health clinicians can use to adjust psychopharmacologic treatment and dosages for geriatric patients. Dr. Agronin is senior vice president for Behavioral Health and chief medical officer for MIND Institute at Miami Jewish Health in Florida. (Source: *Psych Congress*). [Watch the Video](#)
12. **New Dr. Timothy Wilens on Negative Outcomes Associated with Untreated ADHD** – *Psych Congress 2020* speaker Timothy Wilens, MD, discusses the negative outcomes associated with attention-deficit/hyperactivity disorder (ADHD) that is left untreated. Dr. Wilens is Chief, Division of Child and Adolescent Psychiatry, and Co-Director, Center for Addiction Medicine, at Harvard Medical School, Boston, Massachusetts (Source: *Psych Congress*). [Watch the Video](#)

13. **New Updates in Adult-Onset ADHD with Dr. Vladimir Maletic** – *Psych Congress 2020* co-chair Vladimir Maletic, MD, MS, gives the latest updates on adult-onset attention deficit/hyperactivity disorder (ADHD). Dr. Maletic is Clinical Professor of Psychiatry, University of South Carolina School of Medicine, Greenville (Source: *Psych Congress*). [Watch the Video](#)
14. **Minority Fellowship Program Now Accepting Applications** – The National Board of Certified Counselors (NBCC) and the Association for Addiction Professionals (NAADAC), are now accepting applications for the 2021 National Board for Certified Counselors Minority Fellowship Program for Addictions Counselors (NBCC MFP-AC). The program, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), provides up to 40 master’s degree-level counseling fellowships of \$15,000 for addictions counseling students, travel expenses to participate in program-related trainings, and complimentary NAADAC membership. Applications are due by **December 15, 2020**. [Learn More](#)
15. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
16. **Probation and Parole Regional Oversight Meetings** – These are subject to change given rapidly changing plans regarding COVID-19. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

September 22 – Northeast Region (Districts 3, 11, 16, 17, 18, 26, 38) – 10-12pm

Location: Zoom Meeting

September 23 – Eastern Region – 9-11am

Location: Zoom Meeting

September 30 – Southeast Region – 10-12pm

Location: Zoom Meeting

October 2 – Western Region – 10-12pm

Location: WebEx

November 17 – North Central Region – 10-12pm

Location: Zoom Meeting

December 4 – Southwest Region – 10-12pm

Location: TBD

TRAINING OPPORTUNITIES

1. **Lunch & Learn Webinar Series: National Suicide Prevention Lifeline** – Dr. Bart Andrews, BHR, will give an overview of the National Suicide Prevention Lifeline, and Michelle Watson, CommCARE, will talk about the onboarding process of becoming a Lifeline member. **Tuesday, September 22, 2020, 12-1pm CT**. [Register](#)
2. **Best Practices for Co-occurring Disorders Treatment: Intake, Screening, and Assessment** – Routine screening and assessment for mental health and substance use is essential for identifying the full range of behavioral health issues affecting each client. This webinar will explore best practices for screening, including recommended and validated screening tools as well as policies and procedures that will support routine, systematic, and comprehensive clinical assessment. **Wednesday, September 23, 2020, 12-1pm CT**. [Register](#)
3. **Social Determinants of Mental Health for Older Adults: A New Perspective** – This webinar will identify those socio-economic conditions (with an emphasis on discrimination and racism) that have an impact on the mental health of

older adults, and actions that can be taken to address these conditions. **Wednesday, September 23, 1-2pm CT.**

[Register](#)

4. **Addressing Trauma, Racism and Bias in Behavioral Health Service Delivery** – As the country grapples with systemic racism, COVID-19 and a drug overdose crisis, members of racially and ethnically marginalized populations continue to have less access to high-quality mental health services. Join this webinar to explore the historic and systematic causes of these disparities and highlight innovative strategies to address them within your programs. **Wednesday, September 23, 2020, 2-3pm CT.** [Register](#)
5. **New A Collaborative Approach to Identifying and Engaging Youth Misusing Substances** – In response to COVID-19 and the impact on substance use in youth and young adults, Behavioral Health Network & Preferred Family Healthcare are creating a 4-part webinar series during September and October 2020 to support the Greater St. Louis area to strategically address the growing needs of this population. For any questions, please email Jon Murphy at jmurphy@bhnstl.org. [Register](#)
 - **Overview of the Youth Substance Use Landscape in the Greater St. Louis Region, Wednesday, September 23, 2020, 4-5:30pm CT.**
 - **Integrating Substance Use Screening into Hospitals and Primary Healthcare Settings, Wednesday, September 30, 2020, 4-5:30pm CT.**
 - **Linking Substance Use and Community Violence - Data, Trends, & Current Efforts for Prevention, Wednesday, October 7, 2020, 4-5:30pm CT.**
 - **Youth, Families, and a Virtual Environment – How to Leverage Technology around Behavioral Healthcare Access, Wednesday, October 14, 2020, 4-5:30pm CT.**
6. **New Jefferson County Overdose Education and Naloxone Distribution** – Learn about the opioid crisis, and how to prevent and respond to an overdose. All participants will receive naloxone at no cost, available for pick up after the training. **Wednesday, September 23, 2020, 6-7pm CT.** [Register](#)
7. **The Importance of Integrating Recovery Support Services: The Certified Community Behavioral Health Clinic Model** – This webinar will highlight Certified Community Behavioral Health Clinics (CCBHC) as an effective model for increasing access to and delivery of integrated, person-centered mental health, primary care, and substance abuse recovery services, including medication-assisted treatment (MAT). This webinar will feature Community Health Resources' (CHR), a CCBHC-Expansion grantee, and a person in recovery who has participated in, benefited from, and who currently provides recovery support services in the CCBHC-Expansion program. **Thursday, September 24, 2020, 12:30-1:30pm CT.** [Join the Event](#)
8. **Gun Violence and Behavioral Health: Incidence, Best Practices and Strategies from Experts** – The goal of this presentation is to share what was learned during a critical incident from a non-first responder perspective. Things that were learned are shared as well as insights on how to support those involved. Unfortunately, events such as these have become all too common. But after the news teams leave to cover the next big event, the communities affected still have a lots of work to heal and try to get back to a sort-of normal life. This presentation will take a look at how a behavioral health department supports the community in the aftermath of the shooting and beyond. **Thursday, September 24, 2020, 1-5pm CT. Registration Fee: \$89, includes three clock hours.** [Register](#)
9. **What Can We Learn from Crisis? Leadership, Post-traumatic Growth and COVID-19** – Our nation is experiencing a collective traumatic event, yet how we each manage this time will determine its individual and collective long-term impact. Explore the concept of post-traumatic growth and how to harness it to emerge from this crisis in a positive direction, both personally and professionally. **Thursday, September 24, 2020, 2-3pm CT.** [Register](#)
10. **Treatment of Opioid Use Disorder Course – Includes Waiver Qualifying Requirements** – **This course is designed for women's healthcare providers.** The ASAM Treatment of Opioid Use Disorder Course covers all evidence-based practices and medications for treating patients with opioid use disorder and provides the required education needed

to obtain the waiver to prescribe buprenorphine. ASAM is an approved provider by CSAT/SAMHSA of DATA 2000 training. This is an eight-hour blended course combining four hours of online learning followed by four hours of live webinar learning. The live webinar portion of the course builds off content delivered in the online portion. Course faculty are expecting learners to complete the online portion before attending the live webinar portion. Participants must complete both portions to receive credit for the course. **Friday, September 25, 2020, 8-12:30pm CT.**

Registration Fee: \$25. [Register](#)

11. **New Building Support for LGBTQIA+ Communities around Behavioral Health and Cancer** – Join the National LGBT Cancer Network and the National Behavioral Health Network for Cancer and Tobacco Control for an interactive panel discussion and workshop. Explore the current barriers to equitable care, understand the root causes of mental health and cancer disparities, and discover engagement and relationship-building strategies within the LGBTQIA+ community. **Tuesday, September 29, 2020, 12-3pm CT.** [Register](#)
12. **New Recognizing Stigma Embedded in Diagnostic Criteria for Substance Use Disorders** – Approaches to conceptualizing and classifying mental disorders are evolving in the wake of evidence for the limitations of traditional approaches. This webinar will review developments in this area of research, with an eye toward emerging approaches that have both scientific and clinical utility. It will also describe how an empirical approach can enhance our understanding of problems related to gambling. **Tuesday, September 29, 2020, 1-2:30pm CT.** [Register](#)
13. **Virtual Recovery Month Luncheon** – The National Council for Behavioral Health is hosting a virtual Recovery Month Luncheon. Bring your appetite for life as we unify our voices, create connections and celebrate recovery. *Registration will be capped at 1,000 participants. Those who are unable to register will have an opportunity to view the event as it streams on [Facebook Live](#).* **Tuesday, September 29, 2020, 2:30-4:30pm CT.** [Register](#)
14. **Beyond Rehab: Expanding the Community of Care for Addiction Treatment** – This webinar will discuss the value of providing addiction medicine from an interprofessional approach, how to identify the key role of primary care in managing withdrawal symptoms for all dependence-forming substances, and other topics. **Tuesday, October 6, 2020, 12-4pm CT.** [Register](#)
15. **Prescribing for First Episode Psychosis** – This webinar will cover best practices for prescribing for individuals with a first episode psychosis, including recovery-oriented evidence-based prescribing, shared decision making, use of oral and long acting injectable medication, monitoring and mitigating side effects, and prescribing in the COVID-19 era. **Monday, October 19, 2020, 12-1pm CT.** [Register](#)
16. **New FSP Training** – Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via zoom, **October 26 - 28, 2020.** For questions regarding registration, please email [Jill Richardson](#).
17. **Family Work to Improve Outcomes for People Experiencing a First Episode of Psychosis** – This webinar will focus on strategies to engage and involve family members in the treatment and recover of people with FEP. Tools will be shared that can be used to explore family involvement with young people, as well as strategies to engage family members using shared decision making. There will also be an overview of different types of family interventions that your team can offer to participants and families. **Thursday, November 5, 2020, 10-11am CT.** [Register](#)
18. **New Missouri Substance Use Prevention Conference** – Join the Missouri Prevention Resource Center Network for the first ever virtual conference on **November 16-17, 2020!** This conference brings together the prevention community, including staff from the Prevention Resource Centers, community volunteers, school counselors, law enforcement and many others. **Registration Fee: In-State Registration - \$25; Out-of-State Registration - \$50.** [Register](#) | [Agenda](#) | [Speakers](#)

Things to Note:

Equipment: The conference will be via Zoom. It is recommended that attendees join with a laptop/computer with speakers and internet in order to participate in the presentations. If attendees join from another device, such as an iPad or smartphone, technical issues may be experienced.

Continuing Education: The Missouri Coalition for Community Behavioral Healthcare has approved this program for continuing education. MCCBH will be responsible for this program and maintain a record of your continuing education hours earned. MCCBH will award up to 8.4 contact hours for your full attendance at this conference. Continuing education certificates will be sent out at the conclusion of this two-day event.

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **OEND Training at Your Convenience** – In collaboration with Health Literacy Missouri MO-HOPE has developed a series of online videos to train individuals to have overdose education and naloxone distribution conversations with those at high risk of witnessing or experiencing opioid overdoses. These trainings can be completed in 30-45 minutes and are accessible for individuals at their convenience. Individuals can access these trainings at www.tinyurl.com/mohopeoend. The computer individuals are accessing the training from must be able to access YouTube (where the videos are embedded). MO-HOPE will continue conducting **overdose education and naloxone distribution** trainings and **emergency responder naloxone trainings (for police and firefighters)** via Zoom as well if individuals want or need more interactive training and discussion. The most up-to-date session list can be found at www.tinyurl.com/mohopeproject. Trainings are currently scheduled through October.
2. **MAT Waiver Training has gone VIRTUAL!!** – Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare is providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. If you prefer to complete the full 8-hour training online and at your own convenience, please use the link at the bottom to register. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training.

PCSS-MAT has a comprehensive library of materials with continuing education available at no cost for healthcare providers to build confidence in preventing substance use disorders and treating SUDs and opioid use disorders (OUD). PCSS-MAT also has a no-cost clinical coaching/mentoring program to provide one-on-one clinical expertise for primary care providers. You can post a question to a listserv with an addiction specialist and be matched with an addiction specialist.

AVAILABLE VIRTUAL TRAINING DATES: [Register](#)

Saturday, September 26, 2020, 8:30-12:30pm, Presenter: Dr. Evan Schwarz

Saturday, November 7, 2020, 8:30-12:30pm, Presenter: Dr. Evan Schwarz

PLEASE NOTE: All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.

8 Hour Online MAT Wavier Training: [Register](#)

If you are unable to attend one of our 4-hour live trainings, please use the link to complete the full 8-hour online training at your own convenience.

3. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be

developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.

4. **2020 Virtual Clinical Supervision Trainings** – The MCB will be offering the following Virtual Clinical Supervision Trainings in 2020. The training will consist of completing an online training which will be followed by two days of Zoom meetings held on a Thursday/Friday from 9-1pm each day. Participants must have Zoom capability and be on camera for the training. This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

AVAILABLE TRAINING DATES:

November 12-13, 2020 [November 12-13 Registration Form](#)

5. **2020 Certified Peer Specialist Trainings** – This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or help@missouricb.com. Application information can be located at <https://mopeerspecialist.com/>.

AVAILABLE ZOOM TRAINING DATES:

September 28 – October 2, 2020

October 12-16, 2020

October 26-30, 2020

November 9-13, 2020

November 30 – December 4, 2020

December 7-11, 2020

6. **2020 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. [Click Here For Peer Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com. The Zoom meetings are scheduled for 9-11am on the following dates:

Thursday, October 22, 2020

Thursday, December 17, 2020

7. **2020 Virtual Ethics Trainings** – The MCB will be offering the following Virtual Ethics Trainings. These trainings can be used to renew any MCB credential in 2020. Participants need to have Zoom capability and be on camera during the training. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

AVAILABLE TRAINING DATES:

October 2, 2020, 9-12p and 1-4p

October 9, 2020, 9-12p and 1-4p

October 16, 2020, 9-12p and 1-4p

[Click here for the October Registration Form](#)

Look for updates on different topics/initiatives next Friday!