

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

June 19, 2020

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **DMH Honors the Memory of Staff** - The last week was challenging for two DMH facilities. After learning of the COVID-19 related death of a staff member of South County DDTC late last week, we learned over the weekend of a staff member of St. Louis Psychiatric Rehabilitation Center (SLPRC) who died. The following are brief summaries of each team member:
 - The staff member at St. Louis DDTC South County Habilitation Center worked in programming for more than 13 years and was very involved in team member events, as well as a strong advocate for the individuals she served. Her favorite color was purple, so to honor her memory all DMH staff around the state wore purple on Thursday, June 18. At a memorial service in St. Louis, family and friends released purple balloons and the South County kitchen classroom in the programming area was dedicated in her memory. She passed away on June 10.



A photo of Hawthorn Children's Psychiatric Hospital staff honoring DDTC staff's memory on June 18.

- The staff member at St. Louis Psychiatric Rehabilitation Center just celebrated her one year anniversary on May 1. Her husband shared that she had finally found a job that she loved. It is clear that her co-workers and her patients had a profound impact on her life. She will also be honored in a special way by all DMH staff in the days to come. She passed away on June 13.
2. **Missouri Awarded Nearly 2.3M for Crisis Counseling Program** – This grant provided through FEMA will help the DMH better address the statewide emotional distress caused by the pandemic. The crisis counseling program is called Show Me Hope, and it provides information, education, and training on coping skills, problem-solving, and connection to community resources. Every Missourian can access the crisis program at no charge by calling the Show Me Hope line at 800-985-5990 or texting *talkwithus* to 66746.

Governor Parson has supplemented the FEMA grant with an additional \$100K of CARES Act funding. DMH is truly grateful to the Governor for the additional funding for the St. Louis metropolitan COVID-19 response. The

unprecedented COVID-19 disaster inspired the St. Louis providers to design a collaborative program to include extender agencies already serving vulnerable communities. The CARES Act funds will enhance the below resources which align with the CCP.

Behavioral Health Network (BHN) will provide general project management and specially trained crisis counselors from the key community programs listed here.

Bridges to Care and Recovery is a church infrastructure program comprised of 86 north city/county churches featuring 125 volunteer “Wellness Champions” who are trusted peers designated by Pastors to support their congregants in accessing appropriate care and resources.

Safe Connections has information and resources for victims of domestic violence; these crisis counselors will be “on loan” to other teams as well, and tie into the domestic violence helpline.

Mental Health America (MHA) provides information and resources including their helpline, volunteer network, and ties to the business community.

Casa De Salud has information and resources plus translation support for immigrant communities. They will capitalize on their guide program of health care navigators, to be “on loan” to other teams as well.

Alive and Well provides information and resources with integration of their “Health Ambassadors” who work with groups to increase resilience and decrease the impact of trauma and toxic stress.

3. **DMH Licensing Rules Public Comment Period** - DMH Licensing Rules were published in the [June 15, 2020, Missouri Register](#) for public comments. Comments must be submitted on or before July 15, 2020. The rules include requirements for certain community behavioral health residential programs that are not certified/deemed certified by DMH—IRTS, PISL, Family Living Arrangements (Children/Youth), and Day Programs.
4. **FY21 PPS Rates** – Many providers have inquired about their PPS rate beginning July 1, 2020. At this time, the current rate for the agency will remain the same until DBH notifies the agency otherwise. Given the budget situation, OA B&P is reviewing the proposed rate changes and is trying to determine the appropriate course of action moving forward. Please be patient as we are working in uncharted territory. DBH staff will notify providers as soon as a decision is made. Please contact Gina Jacobs with any questions.
5. **CSR Relaxations Extended** – On June 11, the Governor announced the extension of the emergency declaration through December 30, 2020, which in turn will extend the relaxations to the below CSRs:

9 CSR 10-7.030(2)(B) – Service Delivery Process and Documentation, Admission Assessment (The admission assessment shall be completed within seventy-two (72) hours for individuals receiving residential support or within the first three (3) outpatient visits.)

9 CSR 10-7.030(4)(A)5 – Service Delivery Process and Documentation, Individual Treatment Plan (Signature, title, and credential(s) of the service provider(s) completing the plan and signature of the individual and/or parents/legal guardians, as applicable. For situations when the individual does not sign the treatment plan, such as refusal, a brief explanation must be documented.)

9 CSR 30-3.100(6)(A)2 – Service Delivery Process and Documentation, Assessment (The initial treatment plan for the individual must also be completed within this designated time period.)

9 CSR 30-4.035(3) – Eligibility Determination, Assessment, and Treatment Planning in Community Psychiatric Rehabilitation Programs, Initial Comprehensive Assessment (Initial Comprehensive Assessment. A comprehensive assessment must be completed within thirty (30) days of eligibility determination.)

9 CSR 30-4.035(5) - Eligibility Determination, Assessment, and Treatment Planning in Community Psychiatric Rehabilitation Programs, Initial Treatment Plan (Initial Treatment Plan. An individual treatment plan must be developed within forty-five (45) days of completion of eligibility determination for CPR services.)

The relaxations given to these CSRs are in the [memo](#) that was sent out previously.

6. **MHD Alerts & Public Notices** – All MHD alerts and public notices can be found at: <https://dss.mo.gov/mhd/providers/pages/bulletins.htm>.
- **New Billing Process for Evidence-Based Treatment for Children Who Have Experienced Severe Trauma – A public notice** has been published regarding the new billing process. No public hearing will be held. Information on how to submit comments can be found in the public notice. [Provider Bulletin](#) | [Proposed SPA Pages](#)
 - **COVID-19: Co-Payment – Revised 06/19/20** – Effective with dates of service on or after January 1, 2020, and through the end of the public health emergency, MO HealthNet is waiving the co-payment for ALL services. MO HealthNet will process a mass adjustment to remove the co-payment for claims with dates of service on or after January 1, 2020. [Source](#)
7. **NoMoDeaths Media Project** - This is a public education campaign about opioid use that has been disseminated across the state of Missouri via radio spots, billboards, posters and signage in public transportation systems. By collaborating with several community partners, conducting focus groups and working with a marketing agency, the team behind NoMoDeaths was able to create powerful messaging taken directly from those with opioid use disorders and their loved ones.

Recently DMH received a message from an organization stating that they received two requests for naloxone (Narcan) this week from individuals who said they got connected to them because they saw the [NoMoDeaths website](#) advertised on the billboards. It is great to hear our public education efforts are helping people get access to the overdose antidote.

8. **The First Virtual FSP Training was a Success!** - New Family Support Providers in Missouri met for the first virtual FSP Training June 9 – 11, which was a resounding success. The training took place in two hour segments, with a long lunch break. Participants and trainers alike were happy with this schedule, as zoom meetings can be difficult. Many comments were sent to show appreciation for the virtual training via email and chat box. One participant said, “This has been the best zoom training I have attended, and I have been through many!” All trainers were pleasantly surprised at the success of the training, too, as they experienced some anxiety trying this for the first time. A survey will be sent to all participants to gauge the effectiveness of the training and overall satisfaction. Participants are taking competency tests now, and these tests will further guide our method going forward.
9. **MCB is Waiving 2020 Spring Renewal Late Fees** - MCB understands COVID-19 has directly affected many professionals. To ease the financial hardship and difficulties so many professionals are facing, MCB is waiving the 2020 Spring Renewal Late Fees. If you were due to renew on April 30, 2020, and would still like to renew your credentials, please submit your paperwork to the MCB Office by June 30, 2020. (Renewal Paperwork can be found at www.missouricb.com – please look for the big orange box “Paper Renewals”). Please be advised that the MCB building is temporarily unable to receive mail and they have opened a PO Box. All mail should be sent to: Missouri Credentialing Board, PO Box 105380, Jefferson City, MO 65110. If additional assistance is needed, please contact the MCB Office directly at 573-616-2300, and the staff will be happy to assist you with your renewal.
10. **Reimbursement of Community Testing for COVID-19** – As community COVID-19 testing begins/increases, there have been questions regarding reimbursement of lab fees. The following guidance is created in an effort to assist providers with these expenses:
1. The provider will work with the lab to invoice the provider directly.
 2. The provider pays the invoice.
 3. The provider will then invoice DMH/DBH the cost of the COVID-19 testing lab fees, providing documentation indicating they incurred the cost and the lab has been paid (copy of the original lab testing invoice, paid receipt, dates of testing, lab name, total amount, etc.). The more information provided the sooner reimbursement will be issued.
 4. Invoices and documentation should be sent to [Amy Jones](#) for review.

DBH will request the use of COVID-19 funding for reimbursement as long as it is available. In the event funding begins to run low, notification will be issued as soon as possible. Feel free to contact Amy Jones [Amy Jones](#) or [Gina Jacobs](#) with any questions.

Right now, DMH's emphasis on testing in the behavioral health community is in CONGREGATE SETTINGS. This is for several reasons:

1. There is a higher risk of transmission in such settings;
2. The state is still working through supply and demand issues (tests, testing supplies, and lab capacity) – therefore, it is essential that we prioritize.

To ensure understanding of what is meant by “**congregate**,” we’re talking about the following (*not in highly particular order, but higher census/capacity settings should be on the front end versus rear*):

- Intensive residential treatment settings (IRTs, PISLs, possibly Clustered Apartments)
- Residential/stabilization treatment and detox SUD settings
- Recovery support housing sites
- Group homes

We understand (and appreciate) that many providers who operate non-congregate settings are also wanting to test clients and employees in their outpatient settings. **At this time, because of the prioritization, we will only be reimbursing for testing of clients and employees in congregate settings.**

That said, there are increasing opportunities for community testing offered by public health entities and health care providers – many are free, but these are generally those that are conducting the “official” state community sampling tests – if the latter, you only need to be a MO resident.

- In addition, there are more counties who are more aggressively offering testing (separate from the community sampling), but they might have more restrictions (county residence, etc.)...for both of these types registration is strongly recommended. You are certainly encouraged to access these options (and these numbers would be accounted for by an entity other than DBH, although FYI reports are welcome). We have sent out the website where that info is listed a couple of times in the FYI Fridays newsletter.
<https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/community-testing.php>.
- If you are just reaching out to various entities who may have testing capacity, but who are NOT part of the state-directed community testing, then you may be required to be symptomatic or have exposure to a positive or have a doctor's order or there may be a fee. Again, I emphasize using the website to help guide you.

11. **Questions about Medicaid/Other Benefits?** – Check out the FAQs on the [DMH website](#).

12. **Other COVID-19 Updates & Resources** –

- **New Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute [introduced](#) a new set of weekly COVID-19 dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: <https://web.mhanet.com/coronavirus-disease.aspx>. Daily situational awareness is available on the [DHSS website](#).
- **New Reporting of DMH DD Service Participants with COVID-19** – If your agency serves individuals through the Division of Developmental Disabilities, the current guidance for reporting positive test results for DD participants can be found here: <https://dmh.mo.gov/media/pdf/reporting-dd-service-participant-covid-19>.
- **New CMS Recommendations – Re-opening Facilities to Provide Non-emergent Non-COVID-19 Healthcare** – This document refers only to areas in Phase II: States and regions with no evidence of a rebound that satisfy the Gating Criteria: <https://www.cms.gov/files/document/covid-recommendations-reopening-facilities-provide-non-emergent-care.pdf>.

- **New Video Series: PPE and Procedures for Behavioral Health Residential Facilities** – The National Council for Behavioral Health created a series of short videos addressing the proper use and procedures of personal protective equipment (PPE) during COVID-19 for behavioral health residential facilities. [Nine Videos in Series](#)
- **DATIS COVID-19 Resource Center** – This resource is complete with workforce management articles, guidance on new regulation and other resources curated specifically for health and human services organizations: <https://resources.datis.com/covid-19-resource-center>.
- **COVID-19 Resources for Older Adults and Caregivers** - There is now a section on our [DBH COVID Webpage](#) with resources for food, financial assistance, transportation, and more.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. For **current community testing locations and information**, including links to pre-register, please visit: <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/community-testing.php>.
- **Training and Technical Assistance (TTA) Related to COVID-19** - SAMHSA is committed to providing regular TTA on matters related to the mental and substance use disorder field as they deal with COVID-19. TA programs are delivering great resources during this time. View the updated available TTA resources to assist with the current situation. [View TTA Resources](#)
- **DBH Community COVID Positives Data** - To date, we have received reports of 90 consumers and 29 staff members testing positive for COVID-19 (from 31 providers). Please send any reports of staff or client positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12:00pm. Next scheduled call is **June 24, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

1. **New Distance Learning & Telemedicine Grants – Application Deadline: July 13, 2020** - The Distance Learning and Telemedicine program helps rural communities use the unique capabilities of telecommunications to connect to each other and to the world, overcoming the effects of remoteness and low population density. [Learn More](#)
2. **New Rural Communities Opioid Response Program-Neonatal Abstinence Syndrome - Application Deadline: July 20, 2020** – The Health Resources and Services Administration will award approximately 50 grants to rural communities to enhance capacity to address substance use disorder, including opioid use disorder (OUD). Successful award recipients will receive up to \$200,000 over an 18-month period of performance to conduct a series of planning activities, engage multi-sector consortiums, and participate in the Rural Communities Opioid Response

Program-Planning (RCORP-Planning) learning collaborative. While the focus of RCORP-Planning is primarily OUD, applicants may also choose to address an additional substance of concern in the target population based on identified needs. [Learn More](#)

3. **New Rural Community Development Initiative Grants – Currently Open** – These grants are awarded to help non-profit housing and community development organizations, low-income rural communities and federally recognized tribes support housing, community facilities and community and economic development projects in rural areas. [Learn More](#)
4. **New Rural Business Development Grants – Currently Open** – This program is designed to provide technical assistance and training for small rural businesses. Grants must be used on projects to benefit small and emerging businesses in rural areas as specified in the grant application. Uses may include: Distance adult learning for job training and advancement, rural transportation improvement, community economic development, and technology-based economic development. [Learn More](#)

INFO and RESOURCES

1. **New The MHTTC Network – School Mental Health Initiative** - The Mental Health Technology Transfer Center (MHTTC) Network has supplemental funding to focus on the need for further implementation of mental health services in school systems. The Regional and National Centers provide technical assistance and develop resources, trainings and events around various school mental health topic areas, including evidence-based identification, early intervention and treatment practices, youth suicide prevention, school wellness, and trauma-informed practices in schools. During the current COVID-19 public health crisis, the MHTTC Network remains open and available to assist the school mental health workforce. [Learn More](#)
2. **New Developing a Behavioral Health Workforce Equipped to Serve Individuals with Co-Occurring Mental Health and Substance Use Disorders** – A large number of individuals with co-occurring mental health and substance use disorders do not receive treatment for both simultaneously. The mental health and substance use fields are both experiencing workforce shortages and few providers are trained to provide both mental health and substance use treatment. The focus of this paper is to review current programs/trends that could be useful in increasing the number of providers that can effectively serve individuals with co-occurring disorders using evidence-based practices. Specific policy recommendations to develop the workforce and more effectively track trends over time are provided. [Read More](#)
3. **New 'Iso,' A Deadly New Synthetic Opioid has Hit American Streets** - A new synthetic opioid as powerful as fentanyl is causing overdose deaths at an ever-increasing rate, experts warn. What's worse, the designer drug is legal in most places in the United States. Isotonitazene—commonly referred to as "iso"—is causing around 40 to 50 overdose deaths a month in the United States, compared with about six per month last summer. [Read More](#)
4. **Expert Guidance for Use of Videoconferencing: Best Practices for Safe and Effective Service Delivery** – These resources provide federal guidance for SUD and mental health treatment providers on how to provide a safe and effective treatment experience through telehealth, and steps clients can take to keep their telehealth visit private.
 - [Provider Telehealth Tips](#)
 - [Client Telehealth Tips](#) | [Client Telehealth Tips Video](#)
5. **Promoting Children's Resilience during the COVID-19 Pandemic** - This resource explores protective factors that can contribute to children's adaptability in the face of adversity. [Read the resource](#). View other resources at the [Healthy Child Development State Resource Center](#).
6. **SAMHSA to Hold Virtual Event on Culturally Informed Services for Black Men** – SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) announced an upcoming virtual event titled,

“Supporting the Resilience of Black Men: Culturally Affirming and Responsive Approaches to Engagement, Treatment, and Recovery.” National experts will discuss the experiences of Black men with mental illness and substance use disorders and how that affects service delivery. Presenters will also highlight current research, describe best practices, and cover promising strategies to support the recovery of Black men. **Thursday, June 25, 2020, from 1-2pm CT.** [REGISTER](#)

- 7. Online Telephone and Support Groups** - Treatment providers and peer support specialists looking for online and telephone support groups for their patients/peers should review the list compiled by the Mountain Plains ATTC. Both 12 Step and non 12 Step-based online support groups are identified. This is not an exhaustive list but the links are active. After an initial review none of these sites are associated with specific treatment/recovery centers and do not require individuals to register first to access online group support services. [Download List](#)
- 8. Probation and Parole Regional Oversight Meetings** – These are subject to change given rapidly changing plans regarding COVID-19. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

June 23 – NE Region – (Districts 11, 16, 17, and 38) – 10:00am – 12:00pm
Zoom Meeting – [Meeting Link](#) | **Meeting ID:** 771 799 4435 | **Password:** 7h\$gY8

June 29 – Eastern Region – 10:00am – 12:00pm
Location: P&P Office District 7S, 3101 Chouteau, St. Louis

July 1 – North Central Region – 10:00am – 12:00pm (rescheduled from June 22)
Zoom Meeting - [Meeting Link](#)

July 29 – SE Region – 10:00am – 12:00pm
Location: La Croix Methodist, 3102 Lexington Ave., Cape Girardeau

September 4 – SW Region - TBD

TBD – Western Region – (To be rescheduled from June 9)
Location: KC-ATC, 2600 E. 12th St., Kansas City

TRAINING OPPORTUNITIES

- 1. New The Critical Role of Continuous Alcohol Monitoring During a Global Pandemic** - Economic instability, combined with the social distancing required to appropriately respond to the COVID-19 crisis, creates additional stress for clients and amplified concerns for those who are responsible for supervising them. Incidents of domestic violence, alcohol consumption, and overall non-compliance are all on the rise. Join the discussion to learn how continuous alcohol monitoring provides a consistent, reliable, and scientifically proven solution to these challenges. **Tuesday, June 23, 2020, 1:30pm CT.** [REGISTER](#)
- 2. Helping Clients Maintain Recovery During Traumatic Catastrophes and Pandemics** - Traumatic crisis such as September 11, natural disasters such as Hurricane Katrina, and pandemics like COVID-19 can exacerbate traumatic stress symptoms, increase isolation and increase the risk of relapse and psychiatric decompensation for clients with mental illness, substance use disorders and Co-occurring Disorders. Topics covered in this **webinar** includes: the relationship between catastrophes, traumatic stress reactions relapse and decompensation; managing traumatic stress symptoms during the pandemic; clinical strategies to reduce relapse during a crisis; the use of technology to reduce isolation and suggestions to improve clinician self care during this troubling time. **Friday, June 26, 2020, 1-4pm CT.** **Registration fee: \$75.** [REGISTER](#)
- 3. New Navigating System Cultures across the Sequential Intercept Model (SIM)** - Multiple systems across the SIM serving justice-involved people with mental and substance use disorders employ differing language, procedures, and standards when addressing the complex needs of clients requiring treatment and recovery support. This webinar will

provide participants with practical strategies for navigating diverse system cultures across multiple points of the SIM to better serve individuals with mental and substance use disorders who are interfacing with the justice system.

Friday, June 26, 2020, 1:30-3:00pm CT. [REGISTER](#)

4. **New A Virtual Series from the National Center for Civil and Human Rights** - One in five Americans has experienced a mental health issue. Those from marginalized communities have compounded effects, as mental health illnesses are not uniformly treated. The goal of the 2020 Webinar Series will be to address key areas of disparity in mental health treatment. **Live Webinars Every Other Monday at 1p.m. CT.** The next webinar is scheduled for **June 29** on Homelessness & Mental Health. [REGISTER](#) | [View Previous Webinars](#)
5. **New Improving Cultural Competence across the Sequential Intercept Model (SIM)** - Learn practical strategies to reduce racial and ethnic disproportionality among individuals with mental and substance use disorders who are interfacing with the justice system. **Monday, June 29, 2020, 1:30-3:00pm CT. [REGISTER](#)**
6. **New Technology-Based Outreach to Increase Access to Care and Support in Times of Crisis** – Technology has offered the behavioral health system the opportunity to reduce the time and barriers to get help to individuals. MHA Wabash Valley Region and Reach Out Oregon will address innovations in their approach to serving individuals and families through phone and technology. The webinar will provide best practices in phone-based support systems to help increase access and support people during times of crisis. **Tuesday, June 30, 2020, 12:30-2pm CT. [REGISTER](#)**
7. **New Adverse Childhood Experiences: Why They Should be the Top Priority of EVERY Child-Serving Professional** - Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 20 years. This workshop will provide an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. **Tuesday, June 30, 2020, 1-4pm CT. Registration fee: \$39. [REGISTER](#)**
8. **Going Virtual** - In the constantly evolving behavioral health field, provider organizations across the country are facing challenges in adapting to a virtual environment due to the COVID-19 pandemic. This new online series is designed to orient providers on the ins and outs of virtual meetings, facilitation and online learning. Topics will cover everything from implementing a digital platform right down to video integration and tailoring your message to your audiences.
 - **Part 3: Elevating Your Impact** - **Wednesday, July 1, 2020, 12-1pm CT [REGISTER](#)**
 - **Part 4: Keeping the Momentum Going** - **Tuesday, July 14, 2020, 12-1pm CT [REGISTER](#)**
9. **New Stress First Aid (SFA) Virtual Courses** – DMH Office of Disaster Services is hosting two virtual trainings on Stress First Aid. Please send an email to [Shelby Hood](#) if you are interested in attending.
 - **Stress First Aid for Self-Care and Coworker Support** – This course includes a set of supportive actions designed to help those who work in high-stress jobs reduce the negative impacts of stress. SFA recognizes that critical incidents are not the only stressors that professionals face and is therefore based on the acknowledgement that stress reactions can be ongoing and cumulative, resulting from multiple sources. It is designed to be attentive to traumatic events but also on work and personal stress, as well as loss, and inner conflict or moral injury. **Monday, July 13, 2020, 1-5pm CT**
 - **Stress First Aid for Use with Patients, Clients and Customers** - This course includes a set of tools that helps workers support and reduce stress in those they serve in public. This version of SFA is similar to Psychological First Aid (PFA) in that it aims to reduce distress and help move people towards more effective coping. However, it has a broader focus than PFA, in that it is intended to be used with those who are significantly stressed for any reason, and at any point in their exposure to stress. **Thursday, July 16, 2020, 1-5pm CT**

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the developing COVID-19 situation.

1. **New Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
2. **New First Call's Family Services have Gone Virtual** – This allows the agency to serve individuals and families from all over, even those outside of the Kansas City Metro area!

- **How to Cope** programming is a seven course therapeutic and educational curriculum specific for adult family members. After completion of the course, family members are able to access extended individual/family counseling, these sessions can be done virtually, and are eligible for the once a month How to Cope Alumni group!
- **Caring for Kids** program is a seven course program developed for children and adolescents impacted by a loved one's substance or alcohol use. Caring for kids is appropriate for youth age 6 to 18.
- **How to Care** is a four hour training program for those providing care for children who are negatively impacted by a loved one's substance or alcohol use. This training is most appropriate for organizations serving children, foster parents, teachers, and extended family members.

Registration for these programs can be completed online at <https://www.firstcallkc.org/families>, or accessed through First Call's 24/7 Crisis Call line at 816-361-5900.

3. **Overdose Education and Naloxone Distribution** - The MO-HOPE Project has scheduled virtual trainings through the end of June 2020. Trainings are free, but registration is required.

AVAILABLE TRAINING DATES:

Thursday, June 25, 2020 – Time: 10am – 12pm CT, [REGISTER](#)

Tuesday, June 30, 2020 – Time: 10am – 12pm CT, [REGISTER](#)

OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION TRAINING OF TRAINERS

Monday, June 22, 2020 – Time: 2pm-4pm CT, [REGISTER](#)

4. **New 2020 Suicide Prevention Virtual Conference** – This virtual event is brought to you by the DMH, MO Coalition, and Community Counseling Center. [REGISTER](#)

Important Information:

Dates: Kick-off **July 30** with a full day of exciting and relevant keynote presentations. Next, one webinar every other Thursday starting **August 6 through October 29**.

Cost: The virtual conference is **free** unless the attendee would like continuing education. If so, the cost is \$20 per person.

Equipment needed: A laptop/computer with speakers and internet in order to participate in the webinars. Because of the size, there will not be an option to call in for these webinars.

Continuing Education: The certificate will be sent at the end of the event on October 29 with the total number of hours the attendee participated in throughout the event.

Networking: An app/weblink for the event to help with networking during the virtual events will be provided. Information on how to access the app/weblink will be sent two weeks before to the event.

5. **MCB's Clinical Supervision Trainings** - This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please contact the MCB office at 573-616-2300 or help@missouricb.com
July 30 and 31, 2020 - Joplin - [Click Here for the July Joplin CST Training Registration Form](#)

November 19 and 20, 2020 - St. Louis - [Click Here for the November St. Louis CST Training Registration Form](#)

6. **Updated MCB's New Online Ethics Video Training Series** - Due to the COVID-19 pandemic, the MCB is allowing online ethics trainings **indefinitely**. Professionals can obtain all of the credentialing hours from approved online sources: any federal or state agency, any Department of US accredited school, or any company listed on MCB's website under the online training link. To help meet the demand for online ethics trainings, the MCB has created six online ethics courses. Each course has a video with a quiz and provides 1 CEU credit for \$10.00. If you need three hours of ethics, pick any three of the courses to take; and if you need six hours of ethics, take all six courses.

The courses are:

1. Treatment/Counseling Ethics Code Review
2. Overview of Ethical Concepts
3. Positive Ethics
4. Ethics & Technology
5. Ethics Case Examples and Real Life Questions
6. Certified Peer Specialist Ethics Code Review

The courses can be found at the following link: [Missouri Credentialing Board - Online Ethics Trainings](#)

7. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

AVAILABLE TRAINING DATES:

St. Louis, Missouri

Saturday, August 8, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Fred Rottnek

Saturday, September 26, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Evan Schwarz

Saturday, November 7, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Evan Schwarz

Register Here: <http://www.cvent.com/d/chqswm>

**Additional dates may be added throughout the year.*

8 Hour Online MAT Waiver Training

Register Here: <https://learning.pcssnow.org/p/onlinematwaiver>

8. **Certified Peer Specialist Supervision Trainings** - The MCB will be offering the following Certified Peer Specialist Supervision Trainings. The training has been changed slightly and updated for 2020 so if you have attended previously, you are welcome to sign up again. These trainings are free and lunch is provided. [Click Here for the Peer Specialist Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com.

AVAILABLE TRAINING DATES:

Thursday, June 25, 2020 - Time: 9:00am - 4:30pm CT, St. Louis, MO

Thursday, August 13, 2020 - Time: 9:00am - 4:30pm CT, Springfield, MO

Thursday, October 15, 2020 - Time: 9:00am - 4:30pm CT, Cape Girardeau, MO

Thursday, December 17, 2020 - Time: 9:00am - 4:30pm CT, Jefferson City, MO

Look for updates on different topics/initiatives next Friday!