

## FYI Fridays

### DBH Updates, Notices, and Policy Guidance

May 8, 2020

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

# May is Mental Health Month!

1. **Budget Update** – The budget has passed the Senate and the Conference committee met Thursday evening. Below are the items DMH had in conference and the disposition.

#### **Conference Items for DMH (these are also the changes from last Friday)**

- CCBHO cash transfer to GR (House \$44,555,858/Senate \$67,755,158) – [Went with the House](#)
  - CCBHO NDI for Quality Incentive Payments. (House \$0/Senate \$10,240,116 in ACP \$2,560,029 in YCP Federal) - [Went with Senate numbers and separated these into their own new sections \(language reads “For a Quality Incentive Payment for eligible Certified Community Behavioral Health Organizations”\)](#)
  - DD Community Programs NDI (House \$0/Senate \$20 Million Federal CARES Act Funding) – [Went with the Senate](#)
  - DD Utilization NDI (House \$5,219,419 GR and \$9,507,108 Federal/Senate \$10,000,000 GR and \$18,680,414 Federal) – [Went with the House](#)
  - Tuberos Sclerosis Core (House cut \$121,250/Senate restored cut) – [Went with the Senate](#)
  - Part 2 Language for Rev Max (House did not include) – [Went with Senate and included the language](#)
2. **Thank You to DMH Sew Fierce!** – DBH wants to gratefully acknowledge this amazing group of women who have volunteered their time and the necessary materials to help supply DMH employees with washable face-masks in a variety of our settings! This is public service at its core and is a true gesture of human compassion. To date, this group has produced and donated over 2,500 masks! Thanks to each and every one of the following:

- |                    |                     |                       |
|--------------------|---------------------|-----------------------|
| • Sharon Benedick  | • Sue Evans         | • Becky Porter        |
| • Cara Blend       | • Val Huhn          | • Terri Rodgers       |
| • Angie Brenner    | • Anna Jank         | • Cherry Ryan         |
| • Lisa Bryant      | • Kateryna Kalugina | • Pamela Shanks       |
| • Jacque Christmas | • Bernadine Klebba  | • Donna Siebeneck     |
| • Anita Cline      | • Martha Long       | • Cindy Tuttle        |
| • Dolores Distler  | • Kelly McDonald    | • Gail Vasterling     |
| • Shirley Dusheke  | • Patricia Norton   | • Rebecca Welschmeyer |
| • Rhiannon Evans   | • Jo Plummel        | • Wendy Witcig        |

3. **MHD New Hot Tips** - The following new Hot Tips regarding COVID-19 have been published on [the MHD Provider Hot Tip page](#):

- [COVID-19 Pharmacy Co-Pay Exemption](#)
- [COVID-19 Co-Payments](#)

For provider and policy issues regarding MHD Clinical Services Programs, including Pharmacy, The Missouri Rx Plan (MORx), Psychology, Exceptions, and Medical Precertifications, email us at: [clinical.services@dss.mo.gov](mailto:clinical.services@dss.mo.gov). Questions and comments regarding any other issues should be directed to: [ask.MHD@dss.mo.gov](mailto:ask.MHD@dss.mo.gov)

4. **Monitoring Reboot (Provider Response Requested)** – See: Memo: <https://dmh.mo.gov/media/pdf/assessment-begin-reinstatement-reviews>

Telecommunication form: <https://dmh.mo.gov/media/file/telecommunications-information>

This memo and feedback form were sent to providers this Wednesday to give DBH information regarding the virtual “reboot” of the Monitoring Units and technology capabilities. Provider feedback will aid us in constructing our roadmap. Please fill out the Telecommunication Information document and send it to [Ashlee.Jenkins@dmh.mo.gov](mailto:Ashlee.Jenkins@dmh.mo.gov) by **May 15, 2020**. We appreciate your time and efforts to work with us!

5. **Medicaid Sweep will run on May 14, 2020** - The Medicaid Sweep process will be executed on the first Thursday of the following months in Fiscal Year 2020:

- August (Will be on the 8<sup>th</sup>; not the 1<sup>st</sup>)
- November
- February
- May

All encounters that are less than a year old, have never been on a claim to MO HealthNet, and have been paid on a non-Medicaid invoice or went to Over Allocation or No External Payer status will be picked up in the process.

In the month of June, a report will be run to identify encounters that were not claimed to MO HealthNet, but now have Medicaid eligibility. Agencies may want to manually “Replace” these encounters in order to have them claimed to MO HealthNet.

The sweep process works as follows:

- Paid in full encounters will go to “Ready to Void” status. They will go to “Voided” status after the nightly encounter processing.
- Over Allocation or No External Payer encounters will go to “Ready to Process” status and then to “Open Claim” status after the nightly encounter processing.
- Ready to Rebill encounters created by the sweep will go to “Open Claim” status after the nightly encounter processing.

Reports will be placed in your ftp folder identifying the encounters that were affected by this process.

If you have any questions, please email the CIMOR **DBH Support Center** by [Logging In](#) and selecting the **Help Ticket** option found on the left side menu of the portal, <https://portal.dmh.mo.gov>.

6. **COVID-19 Update – DBH Treatment Provider Calls** – We are moving to every **two weeks** on Wednesdays at 12:00p.m. Next scheduled call is **May 13, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):

**DBH COVID-19 Guidance/Resources** - <https://dmh.mo.gov/coronavirus-covid-19-information>

**DMH Disaster Services Website** - <https://dmh.mo.gov/disaster-services/covid-19-information>

**Show Me Strong Recovery Plan** - <https://showmestrong.mo.gov/#page-top>

**MO DHSS Website** - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

**CDC Website** - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## National Prevention Week 2020

**May 10–16, 2020**

SAMHSA’s [National Prevention Week](#) (NPW) is a public education platform that promotes prevention year-round through providing ideas, capacity-building, tools, and resources to help individuals and communities make substance use prevention happen every day.

NPW culminates in May by recognizing the important work that communities have done throughout the year to inspire action and prevent substance use and mental disorders.

## Info and Resources

1. **Medications for Opioid Use Disorder, Treatment Improvement Protocol (TIP) Series 63, Full Document** -This updated Treatment Improvement Protocol (TIP) reviews the use of the three Food and Drug Administration (FDA)-approved medications used to treat OUD—methadone, naltrexone, and buprenorphine—and the other strategies and services needed to support recovery for people with OUD. [Download the Publication!](#)
2. **Going 'Virtual' for Revenue Generation: Assuring Consumers & Referral Sources Can Find You** - This special web briefing discussed modifying web presence and performance to drive volume in virtual services; using social media for referrals, testimonials, and consumer engagement; targeting the right audience in the right voice; and designing on-line presence for ADA compliance. [Download Now!](#)
3. **Free Online Support Communities for Families** – This online support community is for parents and caregivers who may have children experimenting with, or dependent on, substances. Hosted by specially trained parent coaches, with clinical support from helpline staff. Discussions will include ways to talk with the child so they listen, establish healthy limits and consequences, and practice self-care. [Learn More.](#)
4. **Webinar on Understanding the New SAMHSA/OCR Guidance for Telehealth SUD and MH Services** - Clear and accurate information about confidentiality is important to ensure that patient privacy is protected and that privacy laws are not erroneously interpreted to prevent disclosure of patient information. Individuals living with mental illness or substance use disorders may not seek care without guarantees of confidentiality and privacy protections. A recent survey completed by SAMHSA found that concerns about privacy and confidentiality among individuals with behavioral health needs is a primary reason for not receiving treatment. Clarifying privacy protections and promoting communication of patient records is critical for improving patients' access to care and quality of treatment once in care.

### Webinar Objectives:

- Describe how the privacy laws apply to telehealth
- Describe OCR and SAMHSA Guidance related to privacy issued in response to the need to rapidly expand telehealth services due to the COVID-19 pandemic
- Facilitate provider sharing to explore practical ideas and innovative approaches to protect patient privacy while providing SUD/Mental Health telehealth services

Who Should Attend? SUD and MH treatment providers, administrators, state agency leaders, and others involved in transitioning to providing care to patients/clients remotely. For more information, [Click Here.](#)

5. **Probation and Parole Regional Oversight Meetings** – These are subject to change given rapidly changing plans regarding COVID-19.

**June 5 – Southwest Region** – 10:00 am – 12:00 pm  
Location: Library, 4653 S. Campbell, Springfield

**June 9 – Western Region** - 10:00 am – 12:00 pm  
Location: KC-ATC, 2600 E. 12th St. Kansas City

**June 22 – North Central Region** – 10:00 am – 12:00 pm  
Location: Columbia P&P Office, 1903 N. Providence, Columbia

**June 23 – NE Region** – (Districts 11, 16, 17, and 38) – 10:00 am – 12:00 pm  
Location: P&P Office, Spencer Road Library, 427 Spencer, St. Peters

**June 30 – SE Region** – 10:00 am – 12:00 pm  
Location: La Croix Methodist, 3102 Lexington, Cape Girardeau

**TBD – NE Region** – (Districts 3, 18 and 26) 9:00 am – 11:00 am - (To be rescheduled from April 14)  
Location: P&P Office, 1317 E. Highway 24, Suite B, Moberly

**TBD – Eastern Region** – 9:30 am – 12:00 pm - (To be rescheduled from April 20)  
Location: P&P Office District 7S, 3101 Chouteau, St. Louis

## **Training Opportunities**

1. **SAMHSA's National Prevention Week (NPW)** - is a public education platform that promotes prevention year-round through providing ideas, capacity-building, tools, and resources to help individuals and communities make substance use prevention happen every day. NPW culminates in May by recognizing the important work that communities have done throughout the year to inspire action and prevent substance use and mental disorders. Each day this week, SAMHSA will focus on a specific health theme related to prevention. SAMHSA provides free publications, tip sheets, and resource centers for each of the 2020 daily themes to educate and discuss in communities. [Learn More About NPW.](#)
  - **Monday, May 11, 2020:** Preventing Prescription Drug and Opioid Misuse. Visit: [SAMHSA's Prevention Technology Transfer Center Network.](#)
  - **Tuesday, May 12, 2020:** Preventing Underage Drinking and Alcohol Misuse. Download: [Talk. They Hear You.® mobile application.](#)
  - **Wednesday, May 13, 2020:** Preventing Illicit Drug Use and Youth Marijuana Use. Download: [Tips for Teens: The Truth About Hallucinogens](#) and [Tips for Teens: The Truth About Stimulants.](#)
  - **Thursday, May 14, 2020:** Preventing Youth Tobacco Use (E-cigarettes and Vaping). Download: [Substance Misuse Prevention for Young Adults guide.](#)
  - **Friday, May 15, 2020:** Preventing Suicide. Visit: [SAMHSA's Suicide Prevention Resource Center.](#)
2. **Mobile Apps as Clinician Extenders: Recovery Support & Engagement** – The purpose of the Mid-America ATTC [Mobile Apps as Clinician Extenders Learning Community](#) is to increase the use of mobile apps in substance use treatment and recovery services. Join the next session of the free learning community focusing on Recovery Support and Engagement. **Tuesday, May 12, 2020: 12:00pm CT.** To register, [Click Here.](#)
3. **Emerging Issues Around COVID-19 and Social Determinants of Health for the Substance Use Prevention, Treatment and Recovery Workforces** - The Addiction Technology Transfer Center (ATTC) Network, and the Prevention Technology Transfer Center (PTTC) Network are facilitating a FREE, national online discussion and resource sharing opportunity for the substance use (SU) prevention, treatment, and recovery workforces focused on emerging issues around social determinants of health (SDH) and COVID-19. No registration required for the live sessions. Simply click on the zoom link at the appropriate date and time to join the discussion. No CEs or certificates of attendance will be provided for these sessions.
  - **Tuesday, May 12, 2020: 2-3pm ET:** **Strategic Discussion 5:** [Wrap-up Session Racial equity and health disparities in the age of COVID-19: What new strategies are needed.](#) Password: 100817
4. **Rewriting Stories of Grief and Loss – Webinar** - This workshop will look at how clients can find healing in the midst of the pain and suffering associated with loss. This workshop will examine a counseling style and tools designed to address people's losses. **Tuesday, May 12, 2020 11:00am EDT.** To register, [Click Here.](#)
5. **A Compassionate School Approach to Children's Mental Health: Equity, Justice, and Overcoming Disparities – Webinar** - This webinar will review current trends in children's mental health (particularly with rural and low-income populations and students of color) and explore why youth suicide and mental illness are on the rise. It will discuss cultural, racial, ethnic, and socioeconomic factors and how they impact prevention and treatment options, with recommendations for how to improve equity and explore restorative justice and case studies of effective solutions. **Tuesday, May 12, 2020: 4:00pm EDT.** To register, [Click Here.](#)

6. **Creating Trauma-Responsive Schools Series: Webinar #6: Psychological First Aid – Listen Protect Connect/Model and Teach** - Although initially introduced in response to targeted school violence, such as school shootings and other acts of violence on a school campus, the goals of Psychological First Aid for Schools – Listen Protect Connect/Model and Teach have relevance to the COVID-19 pandemic which has seriously disrupted the daily lives of children and adults all over the world. **Wednesday, May 13, 2020: 12:30pm EDT**. To register, [Click Here](#). [View Past Webinars in the Series Here](#).
7. **Suicide Prevention and Intervention for Transition Age Youth on College Campuses – Webinar** - Higher education settings are increasingly tasked with responding to the mental health needs of students and transition age youth on campuses. This session will focus on increasing faculty and staff understanding of suicidality and best practices for supporting students and transition age youth experiencing thoughts of suicide. Particular attention will be given to identifying warning signs for suicidality, best practices for screening and referring individuals to campus based care and best practices for suicide interventions for college and transition age youth. **Wednesday, May 13, 2020: 1:00pm EDT**. To register, [Click Here](#).
8. **Best Practices for Mental Health Interpreters Working with Hispanic and Latinos – Webinar** - Research has shown that individual outcomes are better, program compliance is higher, and organizations decrease staff time spent and complete fewer assessments when using interpreters in health and behavioral health settings. This net effect is mutually beneficial. **Wednesday, May 13, 2020: 1:00pm EDT**. To register, [Click Here](#).
9. **Sleep and COVID-19: The Importance of Sleep During a Pandemic – Webinar** - This webinar will highlight: the importance of prioritizing sleep to help combat the spread of COVID-19, the role of sleep in helping to maintain mental and physical health under current social restrictions, and the logistics of continuing sleep research during a pandemic. **Wednesday, May 13, 2020: 2:00pm EDT**. To register, [Click Here](#).
10. **Peer Delivered Services: A Broad Exploration – Webinar** - Peer delivered services are increasingly being recognized for their value, and becoming more readily available. This webinar will provide a broad overview of the history, research, misconceptions, implementation, supervision and benefits of peer delivered services. **Wednesday, May 13, 2020: 4:00pm EDT**. To register, [Click Here](#).
11. **Wellness Wednesdays – Virtual Discussion** - Educators and school mental health leadership are resilient, creative, and tenacious, but they need to be supported to be able to provide support. Each Wellness Wednesday is a 60-minute virtual session for the school mental health workforce to connect, reflect, and support each other. **Wednesday, May 13, 2020: 5:00pm EDT**. To register, [Click Here](#).
12. **How Implicit Bias Affects the Work We Do in Mental Health and Wellness – Webinar** - Implicit bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner. This workshop explores the dynamics of implicit bias and its impact on decision-making in behavioral health spaces. **Wednesday, May 13, 2020: 6:00pm EDT**. To register, [Click Here](#).
13. **Mental Health Mutual Support Calls for Thriving at Work During COVID-19 for Mental Health Providers – Webinar** - Many providers have created unique strategies for meeting the needs of service participants, but providers may still also be grappling with questions or looking for better ways of doing things. To help facilitate support and the sharing of resources and ideas, Mutual Support Calls for Thriving at Work during COVID-19 will be held. **Thursday, May 14 and May 28, 2020: 12:00pm EDT**. To register, [Click Here](#).
14. **CBT Telehealth Adaptations for Providers of Mental Health Care for Latino Populations - Webinar** - Due to the need for many mental health providers to transition to online service delivery as a result of COVID-19, this webinar will provide general guidance on the use of telehealth services. In particular, this webinar will focus on providing recommendations for adapting common Cognitive Behavioral Therapy tools (e.g., repeated assessment, homework tracking, etc.) for use with clients via telehealth. Special linguistic and cultural considerations for providers of Latino clients will also be presented throughout the webinar. **Thursday, May 14, 2020: 1:00pm EDT**. To register, [Click Here](#).

15. **Opioid and Alcohol Misuse: The Risk of Suicide – Webinar** - This webinar will discuss how, and to what extent, opioids and alcohol are connected to suicide risk. It will also cover identified evidence-based substance use prevention programs that also address risk of suicide, and what potential opportunities for further collaborations may exist. **Thursday, May 14, 2020: 1:00pm EDT**. To register, [Click Here](#).
16. **Mobilizing the Hispano/Latino Faith Community in Substance Abuse [sic] Prevention – Webinar** - This presentation will provide a clear understanding of the disproportionate impact substance abuse [sic] has on the Hispano/Latino populations. The role the faith community has to play is an integral part of a successful prevention program in a community. **Thursday, May 14, 2020: 2:00pm EDT**. To register, [Click Here](#).
17. **Navigating Risk of Suicide in the Context of Substance Misuse: Best Practices for Supporting Youth and Young Adults – Webinar** - This panel discussion will highlight real world intersections of substance misuse prevention and mental health best practices to reduce risk of suicide among youth and young adults. The webinar examines shared risk and protective factors for vulnerable populations, outlines college campus programs for behavioral health, and explores a state systems approach to advancing the capacity of the mental and behavioral health workforce to prevent substance misuse and suicide risk. **Thursday, May 14, 2020: 6:00pm EDT**. To register, [Click Here](#).
18. **Promoting Health Equity for Black Patients with Opioid Use Disorder** – Offered by DMH in partnership with MIMH and the Missouri Coalition via the SOR grant, in this **two-part webinar series**, we will discuss the historical and present-day context that has led to disparities in treatment and outcomes for Black patients with opioid use disorder and offer solutions to address and eliminate these inequities.

**Part 1: Promoting Health Equity by Understanding the Past: Opioid Use Disorder in the Black Community.** Presenter: Danielle S. Jackson, MD MPH. **Wednesday, May 20, 2020, from 11am-12 noon CST**. Registration: [CLICK HERE](#) Topics covered include:

- Initiation and patterns of opioid use in the Black Community
- National/statewide evidence on morbidity and mortality of opioid use disorder (OUD) in the Black Community
- Structural racism and its health effects
- Specific policies that lead to disparate health outcomes

**Part 2: Promoting Health Equity: Facilitating Utilization of Medications for Opioid Use Disorder Among Black Patients.** Presenter: Myra L. Mathis, MD. **Wednesday, May 27, 2020 11 a.m. – 12 p.m. CST**. Registration: [CLICK HERE](#) Topics covered include:

- Culturally-informed/structurally competent policy and treatment approaches for Black individuals with OUD
- Barriers to treatment access and retention for OUD among Black individuals
- Facilitators of treatment access and retention
- Target policies and program initiatives in Missouri to promote medication treatment for OUD for Black individuals

19. **Webinar Series on Recovery from SMI** - The Northeast and Caribbean MHTTC is proud to offer a webinar series on: *Recovery from Serious Mental Illness (SMI) and the Practices that Support Recovery*. This series will introduce the participant to recovery from SMI and many of the evidence-based and promising practices that support recovery. Click [here](#) for more information and to register.

**Upcoming events in the series (all events take place from 1:00 p.m. to 2:30 p.m. E.T.):**

- **Thursday, May 21, 2020**- Recovery in the Hispanic and Latinx Community: What is the Understanding of Recovery in the Hispanic and Latina Community and How Can We Support It

20. **The Coming Out Process – Webinar** - The coming out process is a unique and individualized process, preferably driven by the client. Often times, many individuals that identify as a sexual or gender minority face the coming out process multiple times. This webinar will highlight the impact of coming out and how to best support someone through this process. **Tuesday, May 26, 2020: 3:30pm EDT**. To register, [Click Here](#).
21. **Family Support Provider Training** - Family Support Providers (FSPs) help families navigate systems when their children or youth live with Behavioral Health, Substance Use, or Developmental Disabilities. This family peer program gives assistance to families facing disappointments, worries about their future, and helps them build resiliency. Scheduled for **June 9-11, 2020**. For further information, please contact Jill Richardson at [jill.richardson@dmh.mo.gov](mailto:jill.richardson@dmh.mo.gov)

### **Recurring Training Opportunities**

*Please contact the training sponsor as these events may be subject to change given the developing COVID-19 situation.*

1. **MCB's Clinical Supervision Trainings** - This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please contact the MCB office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com)
  - **May 14 and 15, 2020** - Kansas City - [Click Here for May Training Registration Form](#)
  - **July 30 and 31, 2020** - Joplin - [Click Here for the July Joplin CST Training Registration Form](#)
  - **November 19 and 20, 2020** - St. Louis - [Click Here for the November St. Louis CST Training Registration Form](#)
2. **MCB's New Online Ethics Video Training Series** - Due to the COVID-19 pandemic, the MCB is allowing online ethics trainings through at least May 31, 2020, and then will re-evaluate whether to extend that date. To help meet the demand for online ethics trainings, the MCB has created six online ethics courses. Each course has a video with a quiz and provides 1 CEU credit for \$10.00. If you need three hours of ethics, pick any three of the courses to take; and if you need six hours of ethics, take all six courses.

The courses are:

1. Treatment/Counseling Ethics Code Review
2. Overview of Ethical Concepts
3. Positive Ethics
4. Ethics & Technology
5. Ethics Case Examples and Real Life Questions
6. Certified Peer Specialist Ethics Code Review

The courses can be found at the following link: [Missouri Credentialing Board - Online Ethics Trainings](#)

3. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This **course** is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

#### **AVAILABLE TRAINING DATES:**

##### **St. Louis, Missouri**

**Saturday, June 13, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, August 8, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, September 26, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

**Saturday, November 7, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

Register Here: <http://www.cvent.com/d/chqswm>

*\*Additional dates may be added throughout the year.*

##### **8 Hour Online MAT Waiver Training**

Register Here: <https://learning.pcssnow.org/p/onlinematwaiver>

4. **Certified Peer Specialist Supervision Trainings** - The MCB will be offering the following Certified Peer Specialist Supervision Trainings. The training has been changed slightly and updated for 2020 so if you have attended previously, you are welcome to sign up again. These trainings are free and lunch is provided. [Click Here for the Peer Specialist Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).

*Thursday, June 25, 2020* - St. Louis, MO

*Thursday, August 13, 2020* - Springfield, MO

*Thursday, October 15, 2020* - Cape Girardeau, MO

*Thursday, December 17, 2020* - Jefferson City, MO

***Look for updates on different topics/initiatives next Friday!***