

## FYI Fridays

### *DBH Updates, Notices, and Policy Guidance*

April 3, 2020

1. **Budget Update** – Due to COVID-19 and the unexpected expenses related to combating this virus, the FY 2020 supplemental **and** FY 2021 budgets, as we knew them, will be completely re-done. The plan is for the supplemental budget to be completed by next Thursday, April 9. Governor Mike Parson announced \$180 million in FY 2020 expenditure restrictions to ensure a balanced state budget and the necessary funds to combat COVID-19 going forward. These restrictions include reduced funding for several state departments including the Department of Higher Education and Workforce Development, Department of Transportation, Office of Administration, Department of Natural Resources, and the Department of Economic Development, among others. The Judiciary and Secretary of State have also worked to identify savings in their own budgets that are able to be restricted.

In addition to the \$180 million in state budget restrictions, the Governor's Office is hopeful for an additional \$315 million in federal funding this year to help with the shortfall. More may have to be restricted in the future depending on how extreme the economic impacts of COVID-19 become. The Governor's Office will continue to advocate to the White House and Congressional Delegation for federal funding to help reduce the economic impact of COVID-19 in Missouri.

2. **CCBHO Demonstration Update** - The CCBHC Demonstration has been extended to November 30, 2020, and the authority to pay the enhanced match has been extended for eight (8) quarters as of January 1, 2020 (i.e. Missouri will continue to receive the enhanced match at least through November 30, 2020).
3. **COVID-19 Update** – At this point, *I think we are looking at doing one DBH Treatment Provider call per week* (maybe Wednesdays?). If you have any feedback (good, bad or other) about that suggested schedule, please let me know. Resources that we encourage you to check out (these pages all continue to be updated):

**DBH COVID-19 Guidance/Resources** - <https://dmh.mo.gov/coronavirus-covid-19-information>

**DMH Disaster Services Website** - <https://dmh.mo.gov/disaster-services/covid-19-information>

**MO DHSS Website** - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

**CDC Website** - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

**CMS Website** - <https://www.cms.gov/newsroom/press-releases/cms-publishes-first-set-covid-19-frequently-asked-questions-faqs-state-medicaid-and-childrens-health>

4. **MHD Pharmacy Clinical Edits and PDLs** - The following PDLs and Clinical edits have Prior Authorization forms added, which can be found on the [Pharmacy Clinical Edits & Preferred Drug Lists page](#):
  - [Alzheimer's Agents & Cholinesterase Inhibitors PDL](#)
  - [Antiemetics-5-HT3, NK1 & Other Agents PDL](#)
  - [Antiemetics-THC Derivative Agents PDL](#)
  - [Anti-Migraine, Serotonin \(5-HT1\) Receptor Agents PDL](#)
  - [Anti-Parkinsonism MAOB Inhibitors PDL](#)
  - [Anti-Parkinsonism Non-Ergot Dopamine Agonists PDL](#)
  - [Antiretrovirals, Treatment Reference Product List](#)
  - [Antiandrogenic Agents](#)
  - [Antipsychotics – 2nd Generation \(Atypicals\) Reference Drug List](#)

- [Calcitonin Gene-Related Peptide \(CGRP\) Inhibitors PDL](#)
- [Continuous Glucose Monitors \(CGMs\) Clinical Edit](#)
- [Dose Optimization Fiscal Edit](#)
- [Fibromyalgia Agents PDL](#)
- [GI Motility Agents PDL](#)
- [Glucagon Agents PDL](#)
- [Hereditary Angioedema Treatment Agents PDL](#)
- [Neuropathic Pain Agents PDL](#)
- [NSAID Agents PDL](#)
- [Opioid Dependence Agents PDL](#)
- [Opioid - Long Acting PDL](#)
- [Opioid Emergency Reversal Agents PDL](#)
- [Respiratory Monoclonal Antibodies PDL](#)
- [Skeletal Muscle Relaxants PDL](#)
- [Tramadol - like Agents PDL](#)

For provider and policy issues regarding MHD Clinical Services Programs, including Pharmacy, The Missouri Rx Plan (MORx), Psychology, Exceptions, and Medical Precertifications, email: [clinical.services@dss.mo.gov](mailto:clinical.services@dss.mo.gov). Questions and comments regarding any other issues should be directed to: [ask.MHD@dss.mo.gov](mailto:ask.MHD@dss.mo.gov).

#### 5. **Fiscal Year End Billing Cutoffs -**

- **Medicaid cutoff – 5/31/20 (Check date 6/30/20)**
- **Non-Medicaid cutoff – 6/14/20 (Check date 6/26/20)**

Cutoff Dates for Services will be as follows:

##### ***Medicaid – Applies to CSTAR/CPR/TCM/ACT/CCBHC***

- The last cutoff for IGTRM Medicaid billings to use the FY20 allocation is **5/31/20** (check date 6/30/20). After the cutoff DMH Central Office will transfer all remaining dollars to Non-Medicaid for CPS. For ADA, the balance remaining in your redirect will be moved. If there is a need for more than your redirected amount please submit your request to Becky Wolken and Vicki Schollmeyer.
- All requests to transfer funds into IGTRM Medicaid allocations must be submitted **no later than noon on May 27, 2020** to:
  - Regional Staff,
  - Becky Wolken ([Becky.Wolken@dmh.mo.gov](mailto:Becky.Wolken@dmh.mo.gov)),
  - Copy Vicki Schollmeyer ([vicki.schollmeyer@dmh.mo.gov](mailto:vicki.schollmeyer@dmh.mo.gov)) **for ADA**, and Amy Jones ([amy.jones@dmh.mo.gov](mailto:amy.jones@dmh.mo.gov)) **for CPS**.
- All Medicaid services billed after 5/31/20 will be paid from your FY21 Medicaid allocation.

##### ***Non-Medicaid – Applies to CPS (non-Medicaid), CSTAR (non-Medicaid), PR+, SATOP, Compulsive Gambling, Recovery Supports and CCBHC (non-Medicaid)***

- The last invoice cut-off for non-Medicaid encounters is **06/14/20** (check date 06/26/20). If you need money moved from Non-Medicaid to Medicaid Ineligibles, you will need to complete the Allocation Transfer Request Form (attached).
- All non-Medicaid transfer requests for FY20 must be submitted **no later than noon on June 10, 2020** to:
  - Regional Staff,
  - Becky Wolken ([Becky.Wolken@dmh.mo.gov](mailto:Becky.Wolken@dmh.mo.gov)),
  - Copy Vicki Schollmeyer ([vicki.schollmeyer@dmh.mo.gov](mailto:vicki.schollmeyer@dmh.mo.gov)) **for ADA**, and Amy Jones ([amy.jones@dmh.mo.gov](mailto:amy.jones@dmh.mo.gov)) **for CPS**

- All Non-Medicaid services billed after 6/14/20 will be paid from your FY21 Non-Medicaid allocation.
- **June 14, 2020 is a tentative billing date based on prior year information. DMH reserves the right to change this date based on the MHD RA cycle.**

If you have any questions, please email the CIMOR **DBH Support Center** by Logging In and selecting the **Help Ticket** option found on the left side menu of the portal, <https://portal.dmh.mo.gov>.

6. **Welcome Ashlee Jenkins** – Ashlee accepted the position of Manager of Integrated Monitoring and Review within the DBH. Her first day was April 1 – she met like zero people since Central Office folks are currently working from home. Very glad to have her back (she was a prior DBH employee about five years ago)!

### *Info and Resources*

1. **Recovery LIVE! Virtual Event on Providing Digital Peer Recovery Support Services** – SAMHSA’s Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) is holding a Recovery LIVE! virtual event on providing digital peer recovery support services for individuals with mental illness and substance use disorders (SUD). As described in the announcement, the event will cover the practical aspects of using technology to provide peer recovery support services, including assessing which platform to use; how to engage people with technology; digital communication skills; technology literacy and usage skills; and consent, privacy, and confidentiality. The virtual event will be held on **Thursday, April 9 from 2:00-3:30 pm EST** and registration can be found [here](#).

2. **Probation and Parole Regional Oversight Meetings** – **These are subject to change given rapidly changing plans regarding COVID-19.**

**June 5 – Southwest Region** – 10:00 am – 12:00 pm  
Location: Library, 4653 S. Campbell, Springfield

**June 9 – Western Region** - 10:00 am – 12:00 pm  
Location: KC-ATC, 2600 E. 12th St. Kansas City

**June 22 – North Central Region** – 10:00 am – 12:00 pm  
Location: Columbia P&P Office, 1903 N. Providence, Columbia

**June 23 – NE Region** – (Districts 11, 16, 17, and 38) – 10:00 am – 12:00 pm  
Location: P&P Office, Spencer Road Library, 427 Spencer, St. Peters

**TBD – NE Region** – (Districts 3, 18 and 26) 9:00 am – 11:00 am - (To be rescheduled from April 14)  
Location: P&P Office, 1317 E. Highway 24, Suite B, Moberly

**TBD – Eastern Region** – 9:30 am – 12:00 pm - (To be rescheduled from April 20)  
Location: P&P Office District 7S, 3101 Chouteau, St. Louis

**TBD – SE Region** – 10:00 am – 12:00 pm - (To be rescheduled from April 21)  
Location: La Croix Methodist, 3102 Lexington, Cape Girardeau

## ***Funding Opportunities***

- 1. \$344M Available for Addiction Crisis** - The Office of Justice Programs today announced that more than \$344 million in grant funding is available to help communities address America's addiction crisis. OJP is the federal government's leading source of public safety funding and crime victim assistance for state, local and tribal jurisdictions. Its programs support a wide array of activities and services, including programs designed to prevent overdose deaths and break the cycle of addiction and crime.

A number of funding opportunities that address the addiction crisis are currently open:

Residential Substance Abuse Treatment for State Prisoners

<https://bja.ojp.gov/funding/opportunities/bja-2020-17103>

Total Available \$27 million

Deadline 4/6/2020

Family Drug Court Program

<https://ojjdp.ojp.gov/funding/opportunities/ojjdp-2020-17090>

Total Available \$18 million

Deadline 4/8/2020

Juvenile Drug Treatment Court Program

<https://ojjdp.ojp.gov/funding/opportunities/ojjdp-2020-17051>

Total Available \$7.5 million

Deadline 4/13/2020

Mentoring Opportunities for Youth Initiative (including funding for mentoring for youth impacted by opioids and drug addiction)

<https://ojjdp.ojp.gov/funding/opportunities/ojjdp-2020-16930>

Available \$16 million

Deadline 4/13/2020

(Out of \$82 million program total)

Opioid Affected Youth Initiative

<https://ojjdp.ojp.gov/funding/opportunities/ojjdp-2020-17352>

Total Available \$9 million

Deadline 4/20/2020

Research and Evaluation on Drugs and Crime

<https://nij.ojp.gov/funding/opportunities/nij-2020-17275>

Total Available \$3 million

Deadline 4/20/2020

Enhancing Community Responses to America's Addiction Crisis: Serving Our Youngest Crime Victims

<https://www.ovc.gov/grants/pdf/txt/fy-2020-enhancing-community-responses-to-drug-crisis.pdf>

Total Available: \$19 million

Deadline: 5/4/2020

Harold Rogers Prescription Drug Monitoring Program

<https://bja.ojp.gov/funding/opportunities/bja-2020-17754>

Total Available \$28 million

Deadline 5/5/2020

Adult Drug Court and Veterans Treatment Court Discretionary Grant Program

<https://bja.ojp.gov/funding/opportunities/bja-2020-17098>

Total Available \$61 million

Deadline 5/14/2020 (to be extended)

Comprehensive Opioid, Stimulant, and Substance Abuse Site-based Program

<https://bja.ojp.gov/funding/opportunities/bja-2020-17023>

Total Available \$156 million

Deadline 5/21/2020

For more information regarding all OJP funding opportunities, visit

<https://www.ojp.gov/funding/explore/current-funding-opportunities>.

## Training Events

1. **Impact of COVID-19 on Mental Health Care: Perspectives from a Psychiatrist and Primary Care Provider on Access and Treatment** - The Novel COVID-19 pandemic has dramatically changed the environment of both our country and of the world. Specifically, the health care system is fielding the brunt of much of this change, not just the hospitals and emergency rooms, but the psychiatry and primary care settings as well. In this **webinar**, to be **April 8, 2020, at 12 pm ET**, experts will discuss how the COVID-19 has impacted mental health care, not only access, but treatment as well. **Please Note: Due to high levels of interest, please access the webinar via your computer. If you are unable to access via your computer or prefer to dial-in via phone, please register for the 3:00pm ET rebroadcast [here](#)**
2. **Pain and Opioids: Choices in a Time of Crisis (SOR Training Series, Part 2)** - This **webinar** will feature three leading medical experts in the fields of pain and addiction. We will discuss the challenges in treating long-term pain, complexities of the patient-clinician relationship, as well as a policy analysis of the decline in opioid prescriptions, the pros and cons of opioid tapering, and strategies for integrating treatment for opioid use disorder when identified in patients being treated for pain. Will now include discussion of how **COVID-19-related changes** are impacting patients and providers in the realms of pain and addiction. **April 20, 2020 10 a.m. – 11 a.m. CST.** To register, [CLICK HERE](#).
3. **Telehealth Learning Series for SUD Providers and Recovery Supports** - The Addiction Technology Transfer Center (ATTC) Network, the Center for Excellence on Protected Health Information (CoE-PHI), the Center for the Application of Substance Abuse Technologies (CASAT) at the University of Nevada - Reno (UNR), and the National Consortium of Telehealth Resource Centers are facilitating a FREE, national online discussion and resource sharing opportunity for substance use disorder (SUD) treatment providers and peer support specialists faced with transitioning their services to the use of telephone and videoconferencing methods in response to COVID-19 social distancing guidelines.

The series will feature:

- Live, one-hour sessions every week for at least 5 weeks via Zoom video conferencing (we may add more weeks based on demand!). Each session will include at least 45 minutes of peer-to-peer conversation and information exchange and “Top Five” tips and lessons learned
- Access to experienced providers and others with expertise in providing services using videoconferencing (telehealth) and telephone for SUD treatment and recovery support
- Access to professionals with expertise in protected health information and 42CFR Part 2
- Training tools, checklists, and other relevant resources

No registration required for the live sessions. Simply click on the zoom link at the appropriate date and time to join the discussion. No CEs will be provided for these sessions. Will be held the weeks of March 30 through April 27. Click the button below for specific dates and times.

[CLICK HERE FOR FULL SCHEDULE OF SESSIONS](#)

4. **Webinar Series on Recovery from SMI** - The Northeast and Caribbean MHTTC is proud to offer a webinar series on: *Recovery from Serious Mental Illness (SMI) and the Practices that Support Recovery*. This series will introduce the participant to recovery from SMI and many of the evidence-based and promising practices that support recovery. Click [here](#) for more information and to register.

**Upcoming events in the series (all events take place from 1:00 p.m. to 2:30 p.m. E.T.):**

- **April 16** - Supervision of Peer Providers: Effective Supervision of Peers by Non-Peer Supervisors
- **April 23** - Role of Health and Wellness in Recovery: Interventions to Reduce the High Rates of Morbidity and Mortality Among People with Serious Mental Illnesses
- **May 7** - Role of Religion and Spirituality in Recovery: Benefits and Challenges of Religion and Spirituality in Recovery and Strategies for Navigating this Topic
- **May 21** - Recovery in the Hispanic and Latinx Community: What is the Understanding of Recovery in the Hispanic and Latina Community and How Can We Support It

## **Recurring Training Opportunities**

*Please contact the training sponsor as these events may be subject to change given the developing COVID-19 situation. I have deleted several per the guidance of Scott Breedlove as of 4/2/20.*

1. **MCB's Clinical Supervision Trainings** - This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please contact the MCB office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com)
  - **May 14 and 15, 2020** - Kansas City - [Click Here for May Training Registration Form](#)
  - **July 30 and 31st, 2020** - Joplin - [Click Here for the July Joplin CST Training Registration Form](#)
  - **November 19 and 20, 2020** - St. Louis - [Click Here for the November St. Louis CST Training Registration Form](#)
2. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This **course** is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

### **AVAILABLE TRAINING DATES:**

#### **St. Louis, Missouri**

**Saturday, June 13, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, August 8, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, September 26, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

**Saturday, November 7, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

**Register Here:** <http://www.cvent.com/d/chqswm>

*\*Additional dates may be added throughout the year.*

#### **8 Hour Online MAT Waiver Training**

**Register Here:** <https://learning.pcssnow.org/p/onlinematwaiver>

3. **Certified Peer Specialist Supervision Trainings** - The MCB will be offering the following Certified Peer Specialist Supervision Trainings. The training has been changed slightly and updated for 2020 so if you have attended previously, you are welcome to sign up again. These trainings are free and lunch is provided. [Click Here for the Peer Specialist Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).

**Thursday June 25** - St. Louis, MO

**Thursday August 13** - Springfield, MO

**Thursday October 15** - Cape Girardeau, MO

**Thursday December 17** - Jefferson City, MO

**Look for updates on different topics/initiatives next Friday!**