

FYI Fridays

DBH Updates, Notices, and Policy Guidance

March 6, 2020

1. **Budget Update** - On Tuesday, March 3, the House Budget Committee heard recommendations from the chair of the sub-committee on Health, Mental Health and Social Services. There was only one recommended change. The House Budget Committee will hold a future meeting for their recommended changes. On Wednesday, March 4, the House Budget Committee heard recommendations for the supplemental bill. The bill was passed by the House and there is a hearing scheduled in the Senate for Tuesday, March 10 at 8:30 a.m.
2. **COVID-19 Update** - We know many of you are keeping a watchful eye on the news as it relates to coronavirus (COVID-19) developments in the US and worldwide. We trust, as experienced community providers, that you understand the importance of staying calm, but also being prepared. We wanted to let you know a few of the things the DBH is doing to be prepared as it relates to supporting our community providers in service continuity. Our primary goal is keeping clients stable, while minimizing both agency employees' and clients' exposure to contagious illnesses.
 - DBH administrative staff met this morning to begin discussions about policy and program requirements that may need to be relaxed or suspended. While this situation is unique, our prior experiences with the Joplin tornado and even the Ferguson unrest are helping us consider some of the potential issues.
 - We have a call with MO HealthNet scheduled next week to discuss joint program rules, their preparedness plans, and next steps should the situation escalate.
 - We are reviewing internally our plans for provider monitoring visits, large group meetings, etc. to discuss rescheduling these or using other avenues for accomplishing the tasks, should that become necessary.
 - We are working closely with other state departments to share information and ensure consistent messaging.

What we ask of you at this time:

- Please review your own policies and procedures related to infection control and offer refreshers to staff as appropriate.
- If you do not have policies and procedures related to infectious illnesses in larger group settings (i.e., PSR, residential care, housing, detox, dosing at OTPs, RCCs), now is the time to consider what may be appropriate.
- Evaluate your waiting areas and consider ways to minimize risk of transmission of contagious illnesses.
- Make sure you are getting information from reputable sources (i.e., the CDC,WHO).

COVID-19 Addendum

In addition to our review of community operations, we are also reviewing continuity of operations for our state inpatient hospitals and working closely with the Department of Corrections and the Missouri Hospital Association. The **DMH Disaster Services Team has established a webpage of COVID-19** resources that we encourage you to check out: <https://dmh.mo.gov/disaster-services/covid-19-information>. Finally, the House Special Committee on Disease Control and Prevention, chaired by Rep. Dr. John Patterson, held its initial meeting on Monday, March 2: (https://mohouse.granicus.com/player/clip/1415?view_id=3).

(New Today) Based on a call we listened to this morning, here are some additional areas of consideration in terms of preparedness:

- Document any and all additional expenditures in case disaster funds become available.
- Fiscal planning is very important and should include CFOs so that fiscal expenditures can be prioritized and projected to ensure sufficient cash/resources are on hand to address the need for:
 - Anticipating the need for additional staffing
 - Paying more for in-demand supplies
 - Establishing back-up vendors
- Not all legal regulations may be waived or relaxed because we are technically “on notice” versus being in a “declaration” of emergency or disaster...you should still do everything possible to anticipate how best to

ensure HIPAA and 42 CFR Part 2 compliance, protect client privacy, and reduce unnecessary or inappropriate disclosures of information (a scenario we identified might be getting consent for electronic transmissions that may not be as secure as telehealth).

- Its recommended that you establish in advance what positions in the agency could potentially telecommute/work from home and which ones cannot.
- If you use contracted professionals (e.g., community docs), ensure there is some agreement for back-up in case that professional is ill or otherwise unable to treat clients.
- Establish an authority matrix for your agency...who can make decisions, who can access funds to pay bills, etc.

3. **DBH Deputy Director of Administration Named** – We are welcoming **Gina Jacobs** to the Division of Behavioral Health as the new Deputy Director of Administration. Ms. Jacobs has been employed by the Department of Social Services for 23 years, serving in many capacities at DSS, most recently as the Deputy Director, Operations Management. She comes to us with broad experience, and we are excited to have her join the Division. Ms. Jacobs will oversee our outstanding Fiscal and Research Departments and will have the advantage of working with a knowledgeable, caring and hard-working staff. We hope that many of you will assist her in understanding our complex facility and community operations. It will be important that she see firsthand the innovative work that you do on a daily basis to improve the lives of those we serve. Ms. Jacobs will assume her new position on April 1.
4. **SOR GPRA Update** - On March 5, 2020, the Department of Mental Health (DMH) deployed the updated State Opioid Response (SOR) Government Performance and Results Act (GPRA) into CIMOR. The **following business rules will be relaxed until September 30, 2020**, (which is the duration of the Opioid SOR Grant YEAR 2):
 1. Providers can only add a GPRA within the last thirty days.
 2. Providers can only bill a service with a current (initial or follow-up) GPRA on file for the consumer.

Effective October 1, 2020, the relaxed rules will revert back to the original rules. Providers will only be able to add a GPRA interview date within the last 30 days from the current date for a consumer. For example, if the current date is 10/01/2020, CIMOR will only allow a GPRA interview date from 09/01/2020 to 10/01/2020. The provider will not be able to add an encounter for ADA Opioid SOR Grant program without a current GPRA. If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link, found on the left side of the portal.
5. **Trauma-Informed Schools ECHO** - Missouri Telehealth Network (MTN) launched Trauma Informed Schools ECHO (Extension for Community Healthcare Outcomes) with the goal of assisting school districts interested in making trauma informed system changes and helping students and families get access to mental health services. DMH and DESE have partnered to promote this tele-mentoring opportunity for school districts and local community mental health providers. Interactive video conferences are held twice a month at no cost to participants and covers topics including adverse childhood experiences, assessment methods, brain-based research and classroom strategies. <https://showmeecho.org/clinics/trauma-informed-schools/>
6. **CCBHO QIP reporting**- If your agency has not submitted FY19 shadow claims for the QIP measures, the **final submission due date is March 31, 2020**. The estimated QIP payout date for this submission is May 15 – June 1, 2020.

7. **Transforming Lived Experience Award** - We congratulate, Missouri's own, **Rick Strait** who is receiving the American Association of Suicidology's "Transforming Lived Experience Award" at this year's annual conference! Rick is a suicide attempt survivor and impacted family member. His primary job is with Community Counseling Center where he served as the Integrated Treatment for Co-occurring Disorders program manager and Suicide Prevention Coordinator. Rick plays an integral role in spreading suicide prevention throughout Missouri, as well as the nation.
8. **Opioid Use Disorder ECHO** - Missouri Telehealth Network (MTN) is offering another ECHO (Extension for Community Healthcare Outcomes) for Opioid Use Disorder. ECHO empowers and supports primary care providers to more effectively and confidently treat patients suffering from opioid use issues. The Opioid Use Disorder ECHO integrates medical, pharmacological and psychological considerations into patient care. Substance use specialist knowledge provided in a virtual learning network with experts from Truman Medical Centers, Assisted Recovery Centers of America, Midwest Addiction Technology Transfer Center, Collaborative for Excellence in Behavioral Health Research and Missouri Department of Mental Health.

OUD ECHO Clinic Goals/Objectives

- Decrease opioid-related morbidity and mortality rates by using a medication-first strategy
- Teach evidence-based principles for harm reduction, recovery and support strategies to supplement effective treatment
- Improve compassionate, patient-centered care for individuals with opioid use disorder

CURRICULUM FOR CASE-BASED LEARNING AND DISCUSSION:

- Medication First: Reducing Barriers to Medical Treatment for OUD
- The Neuroscience of Addiction and the Role of Craving Management in Recovery
- Screening and Engagement of Patients with OUD: The Core Principles and Strategies of Motivational Interviewing
- Buprenorphine Induction and Stabilization
- Toxicology Monitoring and Responding to Continued Substance Use
- Maintenance Treatment and Relapse
- Treating Patients with Chronic or Acute Pain
- Treating Patients with co-occurring Mental Health Problems, including Trauma
- Special Populations: Treating Adolescents, Pregnant/Postpartum Women and those with Liver Disease
- The Primary Support System: The Role of Family and Peer Support in Recovery
- Cognitive Behavioral Strategies of Relapse Prevention
- Harm Reduction Strategies, including Overdose Education and Naloxone Distribution (OEND)

9. **Top Substances at Admission** - While the opioid crisis has affected thousands of Missouri's families, a resurgence in methamphetamine is of significant and increasing concern in several areas of the state. In a recent FY19 report of the top substances reported as reasons for admission to DMH-contracted treatment providers, it was found that there were regional differences.

By region, here are the top three (3) substances cited at admission:

- Eastern: Opiates, alcohol, methamphetamine
- Southeast: Opiates, methamphetamine, alcohol
- Southwest: Methamphetamine, alcohol, opiates
- Western: Methamphetamine, alcohol, marijuana

Other trends reflected in the report:

- Methamphetamine has been one of the top six primary substances since 2011.
- Methamphetamine admissions have nearly doubled since 2011.
- Alcohol and marijuana admissions are trending downward; methamphetamine and opioid admissions are trending upward.

10. **DMH Commission Meeting** – The next meeting of the Commission is scheduled for Thursday, March 12, 2020, at DMH. In addition to regular business, the agenda will include the following presentations/updates:
- COVID-19 Update
 - National Direct Support Professional Staff Stability Survey
 - DD Rate Standardization

Info and Resources

1. **Public Notice for DD Waiver Amendments** - Comprehensive, Community Support, Missouri Children with Developmental Disabilities (MOCDD) and Partnership for Hope (PFH) Waiver Amendment applications Amended waiver applications will be submitted to the Centers for Medicare and Medicaid Services (CMS) for the Comprehensive, Community Support, Missouri Children with Developmental Disabilities (MOCDD) and Partnership for Hope (PFH) waivers. These waiver amendments revise performance measures in Appendix G Quality Improvement sections of the applications. The waiver applications along with notification of public comment has been posted to the MO HealthNet website at: <https://dss.mo.gov/mhd/alerts~public-notice.htm> under MO HealthNet Alerts & Public Notices. Questions and comments regarding any other issues should be directed to: ask.MHD@dss.mo.gov
2. **Probation and Parole Regional Oversight Meetings** –
- **April 14, 2020 – Northeast Region (Districts 3, 18, 26)**
9:00 a – 11:00 a
Moberly P&P Office 1317 E Hwy 24 Suite B
 - **April 21, 2020 – Southeast Region**
10:00 a – 12:00 p
La Croix Methodist
3102 Lexington Ave
Cape Girardeau
 - **June 23, 2020 - Districts 11, 16, 17, & 38**
10:00 a – 12:00 p
Spencer Road Library, 427 Spencer Rd, St Peters

Training Events

1. **Webinar Series on Recovery from SMI** - The Northeast and Caribbean MHTTC is proud to offer a webinar series on: *Recovery from Serious Mental Illness (SMI) and the Practices that Support Recovery*. This series will introduce the participant to recovery from SMI and many of the evidence-based and promising practices that support recovery. Click [here](#) for more information and to register.

Upcoming events in the series (all events take place from 1:00 p.m. to 2:30 p.m. E.T.):

- **March 10** - Illness Management and Recovery: Self-Management Program Providing Psychoeducation, Relapse Planning, Coping and Social Skills Training, and Approaches for Medication Management
- **March 26** - Peer Services: Peer Providers Offer Understanding, Respect, Mutual Empowerment, and Support to Others Through Use of Their Personal Experiences
- **April TBA** - Supervision of Peer Providers: Effective Supervision of Peers by Non-Peer Supervisors
- **April 23** - Role of Health and Wellness in Recovery: Interventions to Reduce the High Rates of Morbidity and Mortality Among People with Serious Mental Illnesses
- **May 7** - Role of Religion and Spirituality in Recovery: Benefits and Challenges of Religion and Spirituality in Recovery and Strategies for Navigating this Topic

- **May 21-** Recovery in the Hispanic and Latinx Community: What is the Understanding of Recovery in the Hispanic and Latina Community and How Can We Support It

2. **FREE WRAP Training in KC** – To be held at ReDiscover, 1555 NE Rice Road, Building B in Lees Summit on **March 10-11, 2020, from 9a.m.-5p.m.** For more information regarding registration or upcoming trainings contact: Connie Hardin at Connie.Hardin@dmh.mo.gov or 573-751-9497. See also: <https://cohadin.wufoo.com/forms/z14vgku90ws9xuo/>, [Click here for the training flyer!](#)
3. **Family Support Provider (FSP) Training** - Newly hired Family Support Providers will have the opportunity to dial in their skills and become certified to begin assisting families at our upcoming FSP **training**. Dates are **March 16 – 18, 2020**. To register, email Jill Richardson at jill.richardson@dmh.mo.gov for further instructions.
4. **Annual St. Louis Alliance for Reentry (STAR) Summit** - To be held **March 18, 2020, 7:30 am to 4:30 pm** on the campus of Florissant Valley Community College. This summit engages a broad audience of more than 150 stakeholders, including justice involved individuals, faith/community based organizations, community corrections staff and government agencies. This year’s theme is *“Rethinking Reentry: Staying Solution Focused”*. Our focus this year will allow us to take a fresh look at some innovative approaches to address the needs of justice involved individuals at the community level, to identify gaps and opportunities for launching new strategies. More importantly, this is an opportunity to identify solutions. Presentation will be presented by subject matter experts to includes topics such as: mental health, addiction, diversion court programs, community policing, alternatives to mass incarceration. \$25 for 7 credit hours. Sponsored by Area Resources for Community and Human Services (ARCHS). Contact: Les Johnson, Vice President at 314-289-5605, Email: johnsonl@stlarchs.org, Web Site: www.stlarchs.org.
5. **Liquid Handcuffs: A Documentary to Free Methadone** - Join documentary filmmakers Helen and Marilena for a viewing of “Liquid Handcuffs: A Documentary to Free Methadone.” The purpose of this **event** is to highlight the benefits of methadone, provide an international perspective on the utilization of and policies related to methadone, and allow a discussion of some of the challenges related to methadone treatment and regulation in the United States. A panel discussion following the documentary will include perspectives from the filmmakers, providers from methadone clinics, and individuals who have used methadone in their recovery. [Click here to view the official documentary trailer.](#)

Date and Time: **Wednesday, March 25, 2020 from 5:00pm – 7:15pm**

5:00 pm	Documentary Viewing
6:15 pm	Panel discussion

Location: University of Missouri – St. Louis, JCP Auditorium

Registration: This event is FREE – however, we ask that individuals still register using the EventBrite link so we have an idea of how many people to expect. Register here: <https://liquidhandcuffsdoc.eventbrite.com>
6. **Human Trafficking Spring Symposium** – This is a 51-minute video series Faces of Human Trafficking, followed by discussion and a panel of Law Enforcement members. To be held at UCM’s Missouri Innovation Center at 1101 NW Innovation Parkway in Lee’s Summit on April 8, 2020, from 9 am to 3:30 pm. Contact Kim Crouch at (573) 592-4018 or e-mail Kimberly.crouch@doc.mo.gov. <http://events.constantcontact.com/register/event?llr=6g4ahsfab&oeidk=a07egwrdgso3ebbd847>
7. **Professionalism & Leadership-Advancing the Behavioral Health Field** – Sponsored by the Missouri Continuing Education Consortium, this class will discuss definitions and working constructs for professionalism and leadership. Questions will be answered including what does it mean to be a professional, what does professionalism look like and how do we create a culture of professionalism and growth. Participants will be introduced to a variety of leadership tools that can be used to advance their understanding and ability to help themselves as well as other reach their full potential in the workplace. To be held at Emmaus Church: 1700 S. Campbell Ave—Suite N, Springfield on **April 13, 2020** (6 hours). Cost: \$35.00 Professionals; \$30 Students. Contact Person: Vivian Williamson, (417)942-0005. Fax: (417)942-5772, Email: Vivian.williamson@180degreesmo.com. Website: www.mocec.org. Presenter: Scott Breedlove.

8. **2020 Forensic Conference** – *SAVE THE DATE*: DMH, in partnership with the Missouri Coalition for Community Behavioral Healthcare, is excited to bring this training opportunity to you on **April 14-15, 2020**. The conference will host many versatile speakers from around the state and nation to provide the most current information on Forensic Science. We hope that you will join us this year, please save the dates! There is a fee for this conference, \$40 one-day and \$80 two-day for non-state employees. *It is FREE for state employees.* To be held at the Holiday Inn and Expo Center in Columbia at 2200 I-70. Group Code: FRN. Hotel Room Block: [CLICK HERE](#). Registration and agenda to come! Topics:
- Use of Long Acting Injectable Medications
 - Substance Use Disorder Treatment Update
 - Competency Restoration
 - Sex Offender Assessment and Treatment
 - Legal Issues: Guardianship and HIPAA
9. **Child and Adolescent Psychiatry Summit** - Meant to be an opportunity for child and adolescent psychiatrists to listen and learn together, as well as discuss experiences and trends with colleagues, this invitation is limited to child psychiatry prescribers and includes APNs. There is no cost for the summit and lunch will be provided. It will be held at the MU Women's & Children' Hospital in Columbia on **April 24, 2020, from 9 am to 4pm**. Register online at <https://is.gd/PsychiatrySummit2020>. If questions, call (573) 882-9338 or send to allenjul@health.missouri.edu.
10. **Missouri Children's Trauma Network Training Summit** - Visit www.moctn.com to find out more about the Missouri Children's Trauma Network. To be held on **April 28-29, 2020**, at the Holiday Inn & Expo Center in Columbia. **REGISTER NOW** - [CLICK HERE](#). \$20 per person. CEUs will be provided for the summit at no additional cost. The total number of hours are still being finalized. To make hotel reservations, please contact the Holiday Inn and Expo Center, 2200 Interstate 70 Dr. SW, in Columbia. The group rate is \$96.00 per night. To make reservations, [click here](#). Reservations must be made by April 1, 2019 in order to receive the group rate. Anything made after that date is not guaranteed.

Recurring Training Opportunities

1. **MCB's Ethics Trainings** – all are 6 CEUs, If you have any questions, contact MCB at help@missouricb.com or call 573-616-2300.
[Click Here for March Ethics Registration Form](#)
- **Friday March 13, 2020** - St. Charles
 - **Friday March 13, 2020** - Kansas City
 - **Friday March 13, 2020** - Jefferson City
 - **Friday March 13, 2020** – Farmington
 - **Friday March 27, 2020** - Kansas City
- [Click Here for April Ethics Registration Form](#)
- **Friday April 10, 2020** - St. Charles
 - **Friday April 17, 2020** - Jeff City
 - **Friday April 17, 2020** - Kansas City
 - **Friday April 17, 2020** - Farmington
 - **Friday April 24, 2020** – Springfield
2. **MCB's Clinical Supervision Trainings** - This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please contact the MCB office at 573-616-2300 or help@missouricb.com
- **April 30 and May 1, 2020** - Sikeston - [Click Here for April/May Sikeston Registration Form](#)
 - **May 14 and 15, 2020** - Kansas City - [Click Here for May Training Registration Form](#)
 - **July 30 and 31st, 2020** - Joplin - [Click Here for the July Joplin CST Training Registration Form](#)
 - **November 19 and 20, 2020** - St. Louis - [Click Here for the November St. Louis CST Training Registration Form](#)
3. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This **course** is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once

you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

AVAILABLE TRAINING DATES:

Kansas City, Missouri

Saturday, March 28, 2020 - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

Register Here: <http://www.cvent.com/d/3hq2vq>

St. Louis, Missouri

Saturday, April 11, 2020 - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

Saturday, June 13, 2020 - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

Saturday, August 8, 2020 - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

Saturday, September 26, 2020 - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

Saturday, November 7, 2020 - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

Register Here: <http://www.cvent.com/d/chqswm>

**Additional dates may be added throughout the year.*

8 Hour Online MAT Waiver Training

Register Here: <https://learning.pcassnow.org/p/onlinematwaiver>

4. **Certified Peer Specialist Supervision Trainings** - The MCB will be offering the following Certified Peer Specialist Supervision Trainings. The training has been changed slightly and updated for 2020 so if you have attended previously, you are welcome to sign up again. These trainings are free and lunch is provided. [Click Here for the Peer Specialist Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com.

Tuesday April 21 - Kansas City, MO

Thursday June 25 - St. Louis, MO

Thursday August 13 - Springfield, MO

Thursday October 15 - Cape Girardeau, MO

Thursday December 17 - Jefferson City, MO

Look for updates on different topics/initiatives next Friday!