

## FYI Fridays

### *DBH Updates, Notices, and Policy Guidance*

January 3, 2019

1. **Mental Health Commission Meeting** – Will be held on Thursday, January 9, 2020. At the Department of Mental Health. In addition to department and division updates, the following topics will be presented:
  - **Value-Based Purchasing** – Val Huhn
  - **Missouri Coalition for Community Behavioral Healthcare** – Brent McGinty and Rick Gowdy
2. **SAMHSA Guidance on Medical Marijuana** – DMH has received follow-up clarification regarding the Notice of Award term on marijuana. They sent the following questions and answers:

#### **“Follow-Up on Notice of Award Term**

##### **1.. Does the new condition on my Notice of Award (NoA) regarding marijuana use relate to all medical marijuana use?**

Response: No. The condition relates specifically to the use of marijuana for the treatment of mental or substance use disorders.

##### **2. If a person tests positive for marijuana use, do I need to dismiss them from my program in order to continue to receive SOR dollars?**

Response: No. SAMHSA understands that polysubstance use is the rule and not the exception for most patients. The person can remain in treatment and the provider must work with the individual to understand the risks of marijuana use and address the patient’s use in the treatment plan.

##### **3. Can a patient receive medical marijuana for a mental or substance use disorder from my SAMHSA-grant funded facility?**

Response: No. In the case of a large system, the rule applies to the department in the system receiving SAMHSA funds (an ED in a hospital for example).

##### **4. Can a patient receive medical marijuana for mental or substance use disorders elsewhere and still be a patient in my SAMHSA-grant funded facility?**

Response: Yes, but the clinician must document that the patient is willing to work with the practitioner to understand the risks of the marijuana use and be willing to work toward using evidence-based alternatives to treat their mental/substance use disorder. SAMHSA understands that abstaining from the use of marijuana for mental or substance use disorders may take time; the organization simply has to document it work with the patient in this regard.

##### **5. What if the patient is very clear about their wish to remain on their medical marijuana for their mental or substance use disorder— in this instance can the organization serve them?**

Response: No. The organization cannot serve a patient who is on medical marijuana for a mental or substance use disorder and wishes to remain on such treatment. SAMHSA promotes the use of evidence-based practices and there is no evidence for such a treatment; in fact, there is increasing evidence that marijuana can further exacerbate mental health symptoms. Further, SAMHSA believes the use of marijuana for these conditions in a treatment program designed to treat these conditions can compromise the therapeutic environment for those patients receiving services who wish to remain abstinent, use evidence-based treatment approaches and achieve recovery. The practitioner should be very clear with the patient regarding the risk of being dismissed from the program if the patient chooses to remain on medical marijuana for mental/substance use disorder. If a patient is adamant about their desire to remain on medical marijuana for mental or SUDs despite the clinician’s efforts, the program should work with the patient to find an alternative non-SAMHSA funded program.”

3. **CCBHC Extension** - As part of the [Fiscal Year 2020 funding package](#), the Certified Community Behavioral Health Clinic (CCBHC) demonstration program currently operating in 8 states has been extended through May 22, 2020. The bill also provides a \$50 million increase to the Substance Abuse and Mental Health Services Administration's CCBHC expansion grants, thanks in large part to Sen. Roy Blunt's (R-MO) efforts. The National Council thanks Congress for its passage of the longest CCBHC funding extension to date and will continue our work advocating for further funding for this critical program. [Read more.](#) (Source: National Council for Behavioral Health)
4. **CMS Guidance on Dually-eligible Beneficiaries Receiving OTP Services** - The Centers for Medicare and Medicaid Services (CMS) recently issued [guidance](#) to States regarding coverage changes for dually-eligible beneficiaries receiving opioid treatment services. As authorized in the Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (SUPPORT Act) of 2018, Medicare will become the primary payer for opioid treatment program (OTP) services on January 1, 2020. OTPs will be required to complete the Medicare enrollment process in order to bill for services. However, CMS recognizes the possibility that not all providers will have completed the process by January 1. The guidance is intended to prevent any disruption in OTP treatment by providing background information and options available for States to consider. (Source: NASADAD)  
**Note:** DBH is still gathering information about this new benefit and how it will work within our system.
5. **2020 Directors Creativity Showcase** - The Missouri Mental Health Foundation, in collaboration with the Missouri Department of Mental Health, is sponsoring the 2020 Director's Creativity Showcase. The showcase helps to acquaint the general public with the talents of the people it serves. These are individuals receiving services through the Missouri Department of Mental Health provider network living with mental illness, developmental disabilities and substance use disorders. The artwork created is not only for the Showcase, but is sometimes used as a means of therapy. This therapy provides an outlet for the artist to express his or her feelings – feelings they may not be able to verbally communicate. The art show also has encouraged people to try something they may previously have never considered possible, only to find they have a true creative talent. More info...

Guidelines, entry form, release form, timeline of activities and the artwork collection sites for the 2020 Director's Creativity Showcase can be found at: [http://www.missourimhf.org/?page\\_id=3351](http://www.missourimhf.org/?page_id=3351)

Entries may be submitted in ONE of the categories identified in the Guidelines, although a person may participate in a group project and still enter an individual project. Please limit the size to no larger than 2 ft. x 2 ft. Larger pieces are difficult to store and return to the artist. Do NOT send artwork with glass in the frame – plexiglass or a plastic cover is acceptable. A frame is not required. The entries must be original work by the artist.

To help participants save on postage, Attachment C provides a list of DMH provider organizations who volunteered to serve as a collection site for artwork in their area. DEADLINE: Artwork must be received in Jefferson City by Friday, January 24, 2020.

Cash awards are provided to the top five artwork pieces in each of the three categories: Substance Use Disorders, Mental Illness, & Developmental Disabilities. In addition, a "self-proclaimed" professional category is included and a cash award is provided to the "Best of Show". For the "Photography" category, awards will be provided for the top three entries. Please refer to the 2020 Eligibility Guidelines for more information.

Artwork Collection Facilities & Offices should contact Rachelle Masters, Missouri Mental Health Foundation, if you receive artwork for the 2020 Director's Creativity Showcase. Rachelle will work with you to make arrangements for transportation of the artwork to Jefferson City. Rachelle's contact information: (573) 635-9201 or [Rachelle.Masters@MissouriMHF.org](mailto:Rachelle.Masters@MissouriMHF.org). Thank you for your assistance in collecting artwork. If you have any questions or additional information is needed, please contact Rachelle Masters or Patty Henry, Missouri Mental Health Foundation, at (573) 635-9201 or [mmhf@missourimhf.org](mailto:mmhf@missourimhf.org)

## ***Info and Resources***

1. **New Justice System Publication on Opioid Crisis** – the National Association of Drug Court Professionals has issued the second volume of "Best Practices in the Justice System for Addressing the Opioid Epidemic". <https://www.nadcp.org/advancingjustice/journal-for-advancing-justice/volume-ii/>

2. **New Publication Substance Misuse Prevention for Young Adults** - This guide supports health care providers, systems, and communities seeking to prevent substance misuse among young adults. It describes relevant research findings, examines emerging and best practices, identifies knowledge gaps and implementation challenges, and offers useful resources. [Download the Guide](#)

## *Training Opportunities*

1. **Farm Stress Session 4 - Preventing Burnout for Mental Health Workers in Farm Communities – Webinar** *Tuesday, January 6, 2020 1:00 p.m. EST*. Robin Landwehr, LPCC, will discuss burnout prevention strategies for mental health providers working with farm and ranch populations. This session will focus on the unique challenges and stressors faced by individuals working to support persons experiencing farm stress. Robin will also discuss ways for providers to increase compassion satisfaction, minimize compassion fatigue, and prevent the onset of burnout related to mental health work.
2. **Marijuana Prevention Education Toolkit Launch & Listening Session – Webinar** *Monday, January 6, 2020 1:00 p.m. – 2:00 p.m. EST*. This past October, the nationwide Prevention Technology Transfer Center (PTTC) Network Marijuana Work Group released the first set of resources in the Marijuana Prevention & Education Toolkit. Due to high interest, the webinar scheduled for Monday, January 6 at 1:00pm EST, will be a repeat offering of the December 9, 2019 "launch party." This webinar will present a detailed overview of each of the four components in the toolkit. At the conclusion of the toolkit overview, the remainder of the webinar will serve as a listening session where participants can share other issues and challenges related to marijuana prevention.
3. **“Movement in Eating Disorder Treatment: From Compulsion and Clinging to Flexibility and Freedom”** – The Missouri Eating Disorders Council is sponsoring this FREE **webinar**, offered on **Tuesday, January 21, 2020, from 12:30pm to 1:45pm**. Riley Nickols, the Director of the Victory Program and McCallum Place is the presenter. <https://mimh.configio.com/pd/1960/movement-in-eating-disorder-treatment-from-compulsion-and-clinging-to-flexibility-and-freedom>
4. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training.

PCSS has a comprehensive library of materials with continuing education are available at no cost for healthcare providers to build confidence in preventing substance use disorders and treating SUDs and opioid use disorders (OUD). PCSS also has a no-cost clinical coaching/mentoring program to provide one-on-one clinical expertise for primary care providers. You can post a question to a listserv with an addiction specialist and be matched with an addiction specialist.

### **AVAILABLE TRAINING DATES:**

#### **Kansas City, Missouri**

**Saturday, January 25, 2020** - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

**Saturday, February 22, 2020** - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

**Saturday, March 28, 2020** - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

**Register Here:** <http://www.cvent.com/d/3hq2vq>

## St. Louis, Missouri

**Saturday, April 11, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, June 13, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, August 8, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, September 26, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

**Saturday, November 7, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

**Register Here:** <http://www.cvent.com/d/chqswm>

*\*Additional dates may be added throughout the year.*

## 8 Hour Online MAT Waiver Training

**Register Here:** <https://learning.pcassnow.org/p/onlineumatwaiver>

**Target Audience:** This activity will assist physicians, nurse practitioners, and physician assistants who wish to apply for a waiver to prescribe buprenorphine for the treatment of opioid use disorders. FREE. Data Sponsor: AAAP is the DATA 2000 Sponsor of this training.

*Note: All Half and Half MAT waiver trainings will offer 4 continuing education credits for physicians, nurses, physician assistants, and pharmacists.*

5. **SOR Training Series: Prescribing Buprenorphine Through Telemedicine** - The Missouri Department of Mental Health, in partnership with the University of Missouri, St. Louis – Missouri Institute for Mental Health (MIMH) and the Missouri Coalition for Community Behavioral Healthcare, is providing FREE **webinar** trainings as part of the Missouri Opioid State Targeted Response and State Opioid Response (Opioid STR and SOR) grant. This one, entitled, *Prescribing Buprenorphine Through Telemedicine: Practical and Regulatory Issues and Pilot Data* is being offered on **February 20, 2020 12:00 p.m. – 1:00 p.m. CST. Registration: [CLICK HERE](#)**

The training will discuss the causes of the current opioid epidemic, the disproportionate impact it has had on rural areas, the lack of access to life-saving evidence-based treatments for individuals with OUD in rural areas, and the use of telemedicine platforms to expand access to medication-based treatments in underserved rural areas.

Topics will include:

- Co-treating pain and addiction
- Understanding and addressing racial disparities in addiction services
- Patient centered methadone delivery and outcomes

*To learn more about Missouri Opioid STR/SOR, visit: [www.noMOdeaths.org](http://www.noMOdeaths.org)*

6. **EMDR Training** - The Missouri Children's Trauma Network will provide additional EMDR training for 2020. The training is free and will be provided in the rural areas of Missouri. The locations are below. Please make sure you can attend the initial dates of training and the follow-up dates of training. **You must attend the full training to complete.** Additional details regarding location, time, etc. will be sent once registration is complete. **Register online now >> [Click Here](#)**

### **Dates & Locations:**

Hannibal | **February 7-9, 2020 & March 13-15, 2020**

Poplar Bluff | **April 3-5, 2020 & May 15-17, 2020**

Joplin | **June 5-7, 2020 & July 10-12, 2020**

7. **Wellness Coaching Train the Trainer** - The Coalition and the DMH are excited to bring another round of Wellness Coaching training to Missouri. This training will outline the process of Wellness Coaching, provide background information on why attending to health and wellness is critical for people with psychiatric conditions, and explain how and why health literacy is relevant to helping persons served to improve their quality of life. Training participants will practice the skills taught and will develop and implement training plans so that the staff they train will, in turn, be able to implement the process of Wellness Coaching. Please note that space is limited, so please

register as soon as possible to secure your spot in the training. Dates: **March 3-6, 2020** at the Coalition Office in Jefferson City. **Register online now >> <https://cvent.me/NVQqrB>**

**At the completion of the training project, trainees will be able to:**

- State why physical health is a critical area for attention.
  - Define health literacy and explain its relevance to working with people who have co-occurring medical and mental health conditions.
  - Describe the skills and process of Wellness Coaching.
  - Deliver training in Wellness Coaching to colleagues.
  - Space is limited, so secure your space now.
8. **MATCP 22<sup>nd</sup> Annual Treatment Court Training Conference** – the theme for this year’s conference of the Missouri Association of Treatment Court Professionals is “One Team: One Goal.” This conference will be held in Branson from **March 25-27, 2020**. Explore the all-new **MATCP website, [motreatmentcourt.org](http://motreatmentcourt.org)**, to learn more about registration, housing, agendas and more! Please remember to register early and to secure your hotel at the host hotels at the Hilton Hotel and Convention Center or the Hilton Promenade. (Rooms have sold out every year—so do not delay!)

***Look for updates on different topics/initiatives next Friday!***