

## FYI Fridays

### DBH Updates, Notices, and Policy Guidance

January 10, 2019

1. **Budget Update** – The 2020 budget and legislative session started this week. A few highlights:
  - Tuesday morning a new “**Task Force on Substance Abuse Prevention and Treatment**” was introduced at the Missouri Capitol and held its first hearing. The task force includes state Reps. Holly Rehder, John Black, Dave Griffith, Nick Schroer, LaDonna Applebaum, and Martha Stevens. The task force is also made up of state Sens. Tony Luetkemeyer, Bob Onder, Bill White, Shalonn Curls, Jamilah Nasheed, and Jill Schupp. The governor appointed Rodney Hummer, Philip Ohlms, Greg White, and Rachel Winograd to serve on the task force as well. Included in Tuesday’s discussion:
    - improving criminal justice system-based treatment
    - ongoing treatment court expansion and standardized data collection across treatment courts education/prevention in schools
    - peer support
    - increased capacity for longer term treatment options
    - treatment for uninsured pregnant women and new moms
    - equal coverage for mental health treatment/mental health parity
    - need for pre-arrest diversion options
  - Thursday morning was the **Governor’s Prayer Breakfast** with Ben Carson as the featured speaker.
  - The **Subcommittee on Appropriations for Health, Mental Health and Social Services** will be meeting on January 14, at 12:30. The agenda is an organizational hearing and public testimony. For the organizational portion, Chairman Wood has requested that each Department provide a general overview of the department and any changes or additions since last year.
  - Next Wednesday, January 15, the Governor will present his **State of the State address** at 3:00 pm.
2. **BSR Process Review and Revamp** - DBH will be working with providers to gather information and recommendations about the Billing and Services Review process. The goal is to make the process as transparent, collaborative, and reasonable as possible.

#### **BSR Quality Assurance Process**

1. Make current process/guidance available to providers - transparency in order to facilitate honest discussions about BSR process (the current draft of the manual was sent out a couple of weeks ago)
2. Identify gaps, inconsistencies, and areas of subjectivity in current process
3. Solicit provider feedback and develop recommendations
4. Update the current guidance document and establish consistent and scheduled reviews for quality assurance
5. Develop and implement an internal plan for BSR training for continued staff development and enhanced consistency
6. Roll out and training – DBH, providers, and others

#### **Feedback should be sent to:**

Coalition Treatment Providers – [ncook@mocoalition.org](mailto:ncook@mocoalition.org)  
SATOP Providers - [Mark.Rembecki@dmh.mo.gov](mailto:Mark.Rembecki@dmh.mo.gov)  
Recovery Support Service Providers - [Jesse.Crum@dmh.mo.gov](mailto:Jesse.Crum@dmh.mo.gov)  
SUD Treatment Providers - [Rhonda.Mealy@dmh.mo.gov](mailto:Rhonda.Mealy@dmh.mo.gov)

3. **Assertive Community Treatment (ACT) Newsletter** - <https://dmh.mo.gov/media/pdf/act-newsletter-winter-2020-issue-25>

4. **Recovery Housing Update** - Missouri Coalition of Recovery Support Providers (MCRSP) has accredited over **103 Recovery Houses** with over 1037 beds (695 beds for males and 342 beds for female). For the updated listing of MCRSP/National Alliance for Recovery Residences accredited houses go to [https://mcrsp.org/what-we-do/recovery\\_housing\\_root/recovery-housing-directory/accredited-recovery-housing-providers.html](https://mcrsp.org/what-we-do/recovery_housing_root/recovery-housing-directory/accredited-recovery-housing-providers.html)

## ***Info and Resources***

1. **Probation and Parole Regional Oversight Meetings –**
  - **January 14 – NE Region** (Districts 3, 18 and 26)  
9:00 am – 11:00 am  
Location: P&P Office, 1317 E. Highway 24, Suite B, Moberly
  - **January 21 - Central Region**  
10:00 am – 12:00 pm  
Columbia P&P office located at 1903 N. Providence, Columbia
  - **March 3 – Western Region**  
10:00 am – 12:00 pm  
Location: P&P Office, 8800 Blue Ridge Blvd. 3rd Floor Kansas City
2. **E-Book from Relias: How to Become an Employer of Choice When You're Short on Staff and High on Turnover** - This guide is written specifically for behavioral healthcare, giving you step-by-step instructions on how to improve your hiring, interviewing, and onboarding strategies to boost staff engagement and retention, and ultimately help you become an employer of choice.

In the **e-book** you'll find worksheets and practical tools that will walk you through how to:

  - Attract highly qualified candidates to apply for your open roles
  - Interview candidates to assess competency and cultural fit without opening your organization to claims of discrimination or bias in hiring
  - Engage new employees *before* their first day and onboard them faster
  - Use ongoing development to help improve staff retention and prepare for succession planning
3. **Alcohol Use Disorder and Schizophrenia or Schizoaffective Disorder** - People with schizophrenia spectrum disorders have high rates of co-occurring substance use disorder, including alcohol use disorder (AUD). For individuals who have schizophrenia, AUD is associated with depression, suicidality, medication non-adherence, chronic physical problems, homelessness, aggression, violence, incarceration, and high rates of hospitalization. This article provides an updated review of the epidemiology, underlying neurobiology, and treatment of people with co-occurring AUD and schizophrenia or schizoaffective disorder.  
[https://www.arcr.niaaa.nih.gov/arcr401/article06.htm?utm\\_source=GovD&utm\\_medium=Email&utm\\_campaign=Is-sue-401-Article-6](https://www.arcr.niaaa.nih.gov/arcr401/article06.htm?utm_source=GovD&utm_medium=Email&utm_campaign=Is-sue-401-Article-6)
4. **Value-Based Care Learning Community** – Powered by CareLogic, Qualifacts has partnered with OPEN MINDS to bring you a free online community resource: Value Based Care for Behavioral Health, or [VBCforBH.com](http://VBCforBH.com). When you join the VBCforBH Community you'll be able to tap into:
  - Updates on policy and guideline developments that affect how management teams create and execute strategic plans
  - Management tools to leverage organizational data and information to maximize revenue in an at-risk, capitated, value-based environment
  - A platform for executives and subject matter experts to share experiences, resources, and best practices
  - Complimentary access to OPEN MINDS exclusive Value-Based Readiness Assessment valued at \$900

These authoritative online resources help organizations like yours identify the competencies you need to address to thrive as you move into the world of value-based care and reimbursement. Find out why more than 500 of your peers are already engaged since the community launch in July. Sign up for the [VBCforBH Community here](#). Learn more about the OPEN MINDS Value Based Care Readiness Assessment by downloading now!

5. **What to Expect When Meeting a Member of Congress Webinar** - Whether you are flying to Washington for an advocacy event or you are meeting with your legislator in your home district, it is important to be prepared with an effective message that will get you closer to your advocacy goals. Join the Congressional Management Foundation on January 21 at 12:00 pm ET for a webinar titled "[What to Expect When Meeting a Member of Congress](#)." CMF will leverage their exclusive surveys of Congressional staff to teach you the tips and tricks to make your meetings more impactful. [Register now!](#)
6. **FDA Final Enforcement Policy on Flavored E-Cigarettes** - the Food and Drug Administration (FDA) [announced](#) an enforcement policy against certain unauthorized flavored e-cigarette products that appeal to youth, including fruit and mint flavors. Under this policy, companies that do not cease manufacture, distribution, and sale of unauthorized flavored cartridge-based e-cigarettes (other than tobacco or menthol) within 30 days risk FDA enforcement actions. As described in the press release, the FDA intends to prioritize enforcement against illegally marketed electronic nicotine delivery system (ENDS) products by focusing on the following groups of products that do not have premarket authorization:
  - Any flavored, cartridge-based ENDS product (other than a tobacco- or menthol-flavored ENDS product);
  - All other ENDS products for which the manufacturer has failed to take (or is failing to take) adequate measures to prevent minors' access; and
  - Any ENDS product that is targeted to minors or likely to promote use of ENDS by minors.
  - The FDA's guidance document on Enforcement Priorities for Electronic Nicotine Delivery System (ENDS) and Other Deemed Products on the Market Without Premarket Authorization can be found [here](#).

## ***Funding Opportunities***

1. **Suicide Prevention Resource Center** - SAMHSA is accepting applications for the Suicide Prevention Resource Center grant. The purpose of this program is to build national capacity for preventing suicide by providing technical assistance, training, and resources to assist states, tribes, communities, providers, practitioners and members of the public on suicide prevention strategies and best practices to address the issue of suicide. SAMHSA plans to issue 1 grant of up to \$7,586,977 per year for up to 5 years. **Application Due Date: Monday, March 9, 2020.** <http://bit.ly/2E39kNW>
2. **Strategic Prevention Framework: Partnerships For Success** - SAMHSA is accepting applications for Strategic Prevention Framework - Partnerships for Success grants. The purpose of this grant program is to prevent the onset and reduce the progression of substance abuse and its related problems, while strengthening prevention capacity and infrastructure at the community and state levels. SAMHSA plans to issue up to 92 grants of up to \$1,000,000 per year for up to 5 years. **Application Due Date: Friday, March 6, 2020.** <http://bit.ly/2E39kNW>
3. **Homeless and Housing Resource Center** - SAMHSA is accepting applications for a Homeless and Housing Resource Center (HHRC) grant. The purpose of this program is to provide training and technical assistance (TTA) to the general public and persons working with individuals who are at risk for, or are experiencing, homelessness. The TTA will specifically address education for practitioners on addressing the needs of individuals who experience homelessness and have serious mental illness, serious emotional disturbance, substance use disorders, and/or co-occurring substance use and mental disorders. SAMHSA plans to issue 1 grant of up to \$800,000 per year for up to 5 years. **Application Due Date: Friday, February 28, 2020.** <http://bit.ly/2E39kNW>
4. **Grants to Expand SUD Treatment Capacity in Adult and Family Treatment Drug Courts** - SAMHSA is accepting applications for Grants to Expand Substance [Ab]use Treatment Capacity in Adult Treatment Drug Courts (ATDC), Adult Tribal Healing to Wellness Courts or Family Treatment Drug Courts (FTDC). The purpose of this program is to expand substance use disorder (SUD) treatment services in existing drug courts. The program recognizes the need

for treatment instead of incarceration for individuals with SUDs. SAMHSA plans to issue 25 grants of up to \$400,000 per year for up to 5 years. **Application Due Date: Tuesday, February 4, 2020.** <http://bit.ly/2E39kNW>

5. **Grants for Expansion and Sustainability of the Comprehensive Community MH Services for Children with SED** - SAMHSA is accepting applications for Grants for Expansion and Sustainability of the Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbances (System of Care [SOC] Expansion and Sustainability Grants). The purpose of this program is to improve the mental health outcomes of children and youth, birth through age 21, with serious emotional disturbance, and their families. SAMHSA plans to issue up to 28 grants of up to \$3,000,000 per year for up to 4 years. **Application Due Date: Monday, February 3, 2020.** <http://bit.ly/2E39kNW>

## *Training Opportunities*

1. **New Intensive Technical Assistance Opportunity** – SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) is pleased to announce the **2020 Capacity Building Opportunity**, an intensive technical assistance (TA) opportunity for **peer-run or peer-involved organizations, recovery community organizations, family-run organizations, collegiate recovery programs, recovery high schools, and youth- and young adult-run organizations**.

The 2020 Capacity Building Opportunity contributes to SAMHSA's mission of reducing the impact of substance misuse and mental illness on American communities. Applicants are encouraged to consider SAMHSA's activities related to mental illness and substance use disorders in the [SAMHSA Strategic Plan FY2019–FY2023](#) and [Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs and Health](#).

The **2020 BRSS TACS Capacity Building Opportunity** will offer intensive individualized consultation, training, and peer-to-peer support for up to 25 peer-run, recovery community, family-run, collegiate recovery, recovery high school, or youth and young adult-run organizations in one of the five designated focus areas.

- a. Partnering with State Systems to Advance Recovery
- b. Developing an Integrated Workforce
- c. Building Infrastructure and Organizational Capacity
- d. Sustaining Access to Treatment and Recovery in Educational Settings
- e. Supporting Reintegration

**For more information on eligibility and how to apply, please review the complete overview and application at:** [2020 BRSS TACS Capacity Building Opportunity Application](#). To help assess whether the Capacity Building Opportunity is a good fit for your organization's needs, the BRSS TACS team is holding an informational webinar on **Monday, January 13, 2020 from 1:00 p.m. - 2:00 p.m. EST**. The webinar will discuss the background of the Capacity Building Opportunity, objectives, benefits, and logistics of participation, as well as answer questions from the audience. **Sign up today! Applications are due by 8 p.m. EST on February 3, 2020.** You may email BRSS TACS at [BRSSTACSCapacityBuilding@c4innovates.com](mailto:BRSSTACSCapacityBuilding@c4innovates.com) with questions pertaining to this opportunity.

2. **FREE Housing Webinar** - Mid-America ATTC is pleased to promote [The Mountain Plains ATTC's Housing as an Intervention webinar](#). The webinar will focus on advancing affordable housing for people with substance use disorders in recovery. Techniques to address the lack of adequate housing opportunities to support clients in their recovery journey will be addressed. **January 15, 2020. Time: 12:00 - 1:00 CT.** [Click here to register!](#)
3. **Supported Employment: How to Support Someone with Obtaining and Maintaining Employment** – this [webinar](#) will be held **Thursday, January 16, 2020 1:00 p.m. EST**. Recovery can be supported by practices and services that encourage participant engagement, community inclusion, valued social roles, and overall wellness. This webinar series introduces the concept of recovery from serious mental illness, and many of the evidence-based and promising practices that support recovery. This session focuses on how to support someone obtaining and maintaining employment. <http://bit.ly/2E39kNW>

4. **"Movement in Eating Disorder Treatment: From Compulsion and Clinging to Flexibility and Freedom"** – The Missouri Eating Disorders Council is sponsoring this FREE [webinar](#), offered on **Tuesday, January 21, 2020, from 12:30pm to 1:45pm**. Riley Nickols, the Director of the Victory Program and McCallum Place is the presenter.  
<https://mimh.configio.com/pd/1960/movement-in-eating-disorder-treatment-from-compulsion-and-clinging-to-flexibility-and-freedom>
5. **Recovery at Work: Workplace Policies and Practices that Support Employees with Mental Illness and Substance Use Disorders** – **Thursday, January 23, 2020, from 2:00–3:00 p.m. EST.** SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) invites you to join national experts in a conversation about how employers can support the success of people living with mental illness or substance use disorders in the workplace.

The webinar will present strategies for the recruitment, hiring, and retention of employees in recovery. Presenters will offer their expertise in human resource policies and practices, and in encouraging a recovery-oriented workplace culture. This is a FREE interactive virtual event, moderated by [Cheryl Gagne](#), BRSS TACS Senior Associate. [Register for the Virtual Event](#)
6. **MO-HOPE Train the Trainer** - The MO-HOPE Project will offer an OEND Training of Trainers on **January 31 from 10 a.m.-noon** at 9355 Olive Blvd. St. Louis, MO, 63132. **Train the Trainer: Conducting Overdose Education and Naloxone Distribution with At-risk Populations: Training Clinicians and Front-line Service Providers.** This training prepares individuals to train those who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. After completion of this course, participants will be given resources to present all materials to others. This course is most appropriate for individuals who will offer trainings to county and municipal health departments, treatment providers, social service agencies (including homeless shelters, domestic violence shelters, food banks, etc), medical providers, and other community organizations and agencies that may work with at-risk individuals. Those interested can register here: <https://www.eventbrite.com/e/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-with-at-risk-populations-tickets-88538377671>
7. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. PCSS has a comprehensive library of materials with continuing education available at no cost for healthcare providers to build confidence in preventing substance use disorders and treating SUDs and opioid use disorders (OUD). PCSS also has a no-cost clinical coaching/mentoring program to provide one-on-one clinical expertise for primary care providers. You can post a question to a listserv with an addiction specialist and be matched with an addiction specialist. **Target Audience:** This activity will assist physicians, nurse practitioners, and physician assistants who wish to apply for a waiver to prescribe buprenorphine for the treatment of opioid use disorders. **FREE.** Data Sponsor: AAAP is the DATA 2000 Sponsor of this training. **Note: All Half and Half MAT waiver trainings will offer 4 continuing education credits for physicians, nurses, physician assistants, and pharmacists.**

#### **AVAILABLE TRAINING DATES:**

##### **Kansas City, Missouri**

**Saturday, January 25, 2020** - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

**Saturday, February 22, 2020** - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

**Saturday, March 28, 2020** - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

**Register Here:** <http://www.cvent.com/d/3hq2vq>

### St. Louis, Missouri

**Saturday, April 11, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek  
**Saturday, June 13, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek  
**Saturday, August 8, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek  
**Saturday, September 26, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz  
**Saturday, November 7, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

**Register Here:** <http://www.cvent.com/d/chqswn>

\*Additional dates may be added throughout the year.

### 8 Hour Online MAT Waiver Training

**Register Here:** <https://learning.pcssnow.org/p/onlinematwaiver>

8. **Certified Peer Specialist Supervision Trainings** - The MCB will be offering the following Certified Peer Specialist Supervision Trainings. The training has been changed slightly and updated for 2020 so if you have attended previously, you are welcome to sign up again. These trainings are free and lunch is provided. [Click Here for the Peer Specialist Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).

- **Tuesday February 11** - Jefferson City, MO
- **Tuesday April 21** - Kansas City, MO
- **Thursday June 25** - St. Louis, MO
- **Thursday August 13** - Springfield, MO
- **Thursday October 15** - Cape Girardeau, MO
- **Thursday December 17** - Jefferson City, MO

9. **SOR Training Series: Prescribing Buprenorphine Through Telemedicine** - The Missouri Department of Mental Health, in partnership with the University of Missouri, St. Louis – Missouri Institute for Mental Health (MIMH) and the Missouri Coalition for Community Behavioral Healthcare, is providing FREE **webinar** trainings as part of the Missouri Opioid State Targeted Response and State Opioid Response (Opioid STR and SOR) grant. This one, entitled, *Prescribing Buprenorphine Through Telemedicine: Practical and Regulatory Issues and Pilot Data* is being offered on **February 20, 2020 12:00 p.m. – 1:00 p.m. CST**. Registration: [CLICK HERE](#)

The training will discuss the causes of the current opioid epidemic, the disproportionate impact it has had on rural areas, the lack of access to life-saving evidence-based treatments for individuals with OUD in rural areas, and the use of telemedicine platforms to expand access to medication-based treatments in underserved rural areas. To learn more about Missouri Opioid STR/SOR, visit: [www.noMDeaths.org](http://www.noMDeaths.org)

Topics will include:

- Co-treating pain and addiction
- Understanding and addressing racial disparities in addiction services
- Patient centered methadone delivery and outcomes

10. **EMDR Training** - The Missouri Children's Trauma Network will provide additional EMDR training for 2020. The training is free and will be provided in the rural areas of Missouri. The locations are below. Please make sure you can attend the initial dates of training and the follow-up dates of training. **You must attend the full training to complete.** Additional details regarding location, time, etc. will be sent once registration is complete. **Register:** [Click Here](#)

Dates and Locations:

Hannibal - **February 7-9, 2020 & March 13-15, 2020**  
Poplar Bluff - **April 3-5, 2020 & May 15-17, 2020**  
Joplin - **June 5-7, 2020 & July 10-12, 2020**

- 11. Wellness Coaching Train the Trainer** - The Coalition and the DMH are excited to bring another round of Wellness Coaching training to Missouri. This training will outline the process of Wellness Coaching, provide background information on why attending to health and wellness is critical for people with psychiatric conditions, and explain how and why health literacy is relevant to helping persons served to improve their quality of life. Training participants will practice the skills taught and will develop and implement training plans so that the staff they train will, in turn, be able to implement the process of Wellness Coaching. Please note that space is limited, so please register as soon as possible to secure your spot in the training. Dates: **March 3-6, 2020** at the Coalition Office in Jefferson City. **Register online now >> <https://cvent.me/NVQqrB>**
- 12. MATCP 22<sup>nd</sup> Annual Treatment Court Training Conference** – the theme for this year's conference of the Missouri Association of Treatment Court Professionals is “One Team: One Goal.” This conference will be held in Branson from **March 25-27, 2020**. Explore the all-new **MATCP website, [motreatmentcourt.org](http://motreatmentcourt.org)**, to learn more about registration, housing, agendas and more!

***Look for updates on different topics/initiatives next Friday!***