



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

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Informed Choice and Supported Decision Making

Empowered individuals freely make decisions in their life each day. It's a right we exercise each day. However, for individuals with intellectual and developmental disabilities, many individuals are provided "informed choice" while still being limited to freely exercise their own decision making.

Thinkwork, a foundational research project located at the Institute for Community Inclusion at the University of Massachusetts-Boston, has collaborated with the National Association of State Directors of Developmental Disabilities Services on a series of white papers that influence employment, community membership and individual rights. The most recent publication [A Focus on Informed Choice](#) explores choice, self-determination and supported decision making.

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