# **FYI Fridays**

#### DBH Updates, Notices, and Policy Guidance

November 8, 2019

- CPR and Community Services Program Assignment Issues We are aware that there have been numerous issues
  associated with the change in CIMOR with that prevents two programs of the same kind being assigned within a
  single Episode of Care (EOC). This is specifically affecting some agencies' Adult CPR and Adult Community Services
  programs. We are gathering additional information from those agencies reporting problems and are determining
  options for addressing the concerns. Stay tuned. Please continue to report issues to the help desk if you have similar
  issues. Thank you in advance for your patience.
- 2. CCBHO Shadow Claims Deadlines for Block Grant and QIP DBH Research is working on block grant reporting and preparing for the CCBHO QIP reporting that will begin soon.

<u>Block Grant Reporting</u>: Reporting includes two measures that count the number of consumers served with family support services (H0038 HA) and ITCD services (H0004 HH,H0005 HH,H0025 HH,H0031 HH). In order to get enough data to meet our goals, we are requesting that CCBHO providers submit as many of these services via EDI files by November 18, 2019. This will allow for enough time to process the data to meet federal deadlines.

<u>CCBHO QIP reporting</u>: We need <u>all of the FY19 CCBHO shadow services</u>. Since we know that some providers may be able to produce these files more quickly, we are offering two data submission deadlines with corresponding expected payout dates. If an agency can submit most of its shadow services via EDI by the earlier deadline, the agency QIP measures will be run earlier. This earlier QIP measure run date will allow for DBH fiscal to process QIP payments for qualifying agencies at an earlier date.

- EDI files should be submitted by December 31, 2019: Estimated QIP payout date February 15 March 1, 2020.
- Shadow claims through spreadsheet process: Shadow claims on the NEW spreadsheet template will be due March 31, 2020. Estimated QIP payout date May 15 June 1, 2020.

In order to submit the data, it is recommended that all data be submitted in the test system to verify acceptance before it is sent to the production server. **For each EDI file submitted, the process would be as follows:** 

**Step 1** - Submit the EDI file to **CVS Test** by placing the file in this location in the FTP folders: (*CCBHO FTP folder*)\ CCBHC\_TEST\IN. If you receive an accepted 999 and you do not receive claim confirmation, then you are ready for the next step. If you receive a rejected 999 or a claim confirmation, corrections will need to be made and the process repeated.

**Step 2** - Once step 1 is complete, submit the EDI file to **CVS Production** by placing the file in this location in the FTP folders: (*CCBHO FTP folder*)\Transition Plan Folder\EDI. You should get an accepted 999 from the production environment. If you get a rejected 999, corrections will need to be made and the process repeated.

DBH will begin cleaning data for use in the QIP measures on January 2, 2020.

3. 2020 Missouri Mental Health Champions' Award – sponsored by the Missouri Mental Health Foundation, the Missouri Mental Health Champions' Award is presented to three individuals annually – an individual living with a mental illness, an individual living with a developmental disability, and an individual in recovery for substance use disorders, who make a positive contribution to their community, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition. We will celebrate our award recipients and the nominees at the annual Mental Health Champions' Banquet, scheduled for Tuesday, June 23, 2020 at the Capitol Plaza Hotel in Jefferson City. FINAL DEADLINE TO SUBMIT NOMINATIONS: THURSDAY, DECEMBER 5, 2019. Nominations can be submitted online or by mail/fax.

**OPTION 1: ON-LINE Nomination Form** -- Complete your 2020 Mental Health Champions' Award Nomination online – select the following link: <u>http://www.missourimhf.org/?page\_id=196</u>

NOTE: Release forms must still be printed, signed and submitted to the Missouri Mental Health Foundation (see address and fax information below)

<u>OPTION 2: MAIL/FAX – DOWNLOAD & PRINT hard copies of the Nomination Form & Release Form</u> – You can access a PDF version of the Nomination & Release forms at the following link: <u>http://www.missourimhf.org/?page\_id=196</u>

Submit your completed nomination forms and release forms to the Missouri Mental Health Foundation by mail or fax to the following:

Mail: Missouri Mental Health Foundation 221 Metro Drive, Suite C Jefferson City, MO 65101

**Fax:** (573) 469-7268

The three award recipients will each receive a \$1,000 cash award and will be honored and celebrated at the annual **Mental Health Champions' Banquet.** Please contact the Missouri Mental Health Foundation at (573) 635-9201 or <u>MMHF@MissouriMHF.org</u> if you have any questions.

- 4. MHD Preferred Drug List Updates Updates have been made to the following located on <u>Pharmacy Clinical Edits &</u> <u>Preferred Drug List page:</u>
  - Botulinum Toxin Clinical Edit
  - Clobazam Agents Clinical Edit
  - Epidiolex Clinical Edit
  - Equetro Clinical Edit
  - Glaucoma Agents PDL
  - SSRI Clinical Edit
- 5. EBP Fidelity Practices Fall Newsletters:

ACT: <u>https://dmh.mo.gov/media/pdf/act-newsletter-fall-2019</u> ITCD: <u>https://dmh.mo.gov/media/pdf/itcd-fall-newsletter-2019</u>

- 6. Behavioral Health and Economics Network Forum Recently the DMH Criminal Justice Services Manager, Angela Plunkett, and the state Crisis Intervention Team (CIT) Coordinator, Det. Jason Klaus, attended the 2019 Behavioral Health and Economics Network forum sponsored by the National Council on Behavioral Health and the MO Coalition for Community Behavioral Healthcare. The event showcased the Missouri CIT program and the Community Mental Health Liaisons who work together to assist individuals experiencing mental health crises. Attendees included Sen. Roy Blunt's staff, U.S. Rep. Jason Smith's staff, area community treatment providers, law enforcement, and three Missouri legislators: Sen. Wayne Wallingford, Rep. Kathy Swan, and Rep. Holly Rehder.
- 7. Call for Presenters for Spring Training Institute The Missouri Department of Mental Health provides the Spring Training Institute for staff, providers and consumers of the Division of Behavioral Health and the Division of Developmental Disabilities. Additionally, the Institute attracts staff from the Department of Corrections, Department of Youth Services, Department of Family Services, other statewide organizations and individuals in private practice. The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. There are two full days of presentations and workshops with over 60 separate sessions that will broaden knowledge and

enhance the understanding of the critical services provided to the citizens of Missouri. Sessions will be grouped into subject matter tracks. <u>Apply Today!</u> for more information about presenting <u>Click Here</u>

## Info and Resources

- 1. SAMHSA Blog Post on Opioid and Illicit Drug Use Among Hispanic/Latino Population SAMHSA)published a blog post highlighting the prevalence of opioid and illicit drug use among Hispanic and Latino populations. According to the 2018 National Survey on Drug Use and Health (NSDUH), 1.1 million Hispanic/Latino youth used illicit drugs in the past year and 92% of Hispanic/Latino youth with substance use disorders (SUD) did not receive treatment in a specialty facility. As described in the blog post, the rates of substance use in this population can lead to adverse health consequences, which are often exacerbated by a lack of bilingual treatment programs and healthcare coverage. The blog post highlights the need for culturally and linguistically appropriate prevention and treatment programs and a robust workforce trained in treating this population.
- CMS Releases Medicaid Substance Use Disorder Data Book In the first data book of its kind, CMS's new
  compendium catalogs the number of Medicaid beneficiaries living with SUD and the services they received during
  calendar year 2017, including national and state level data on treatment service utilization. Access the data book
  and issue briefs here.
- 3. Publication on Family Treatment Court Best Practices The Center for Children and Family Futures and National Association of Drug Court Professionals recently released a <u>publication</u> titled, "Family Treatment Court Best Practice Standards." According to the publication, family treatment courts (FTCs) are a proven and effective intervention and are currently in their third decade of operation. With a growing number of FTCs, the need for a universal set of standards became necessary. The eight identified FTC Standards include: organization and structure; role of the judge; ensuring equity and inclusion; early identification, screening, and assessment; timely, high-quality, and appropriate substance use disorder (SUD) treatment; comprehensive case management, services, and supports for families; therapeutic responses to behavior; and monitoring and evaluation.
- 4. MACPAC Publishes Analysis of Medicaid MAT Policies The Medicaid and CHIP Payment and Access Commission (MACPAC) has submitted a report to Congress on Medicaid utilization management policies for medication-assisted treatment (MAT). The Commission finds that these policies vary widely among states and within states for different medications, but there is also a trend among states to eliminate prior authorization, which has been a potential barrier to accessing MAT. Read the report here.
- 5. GAO Report on Prevalence and Oversight of Recovery Homes The Government Accountability Office (GAO) released a report describing what is currently known about the prevalence of recovery homes across the country and actions that several States have taken to increase oversight and conduct investigations of the homes. The report notes that data on recovery homes is not collected by the federal government, however the National Alliance for Recovery Residences (NARR) and Oxford House provided data for a sub-set of recovery homes. GAO also found that out of the five States selected for review (Florida, Massachusetts, Ohio, Texas, and Utah), four had investigated potential fraud related to recovery homes and had taken steps to increase oversight.
- 6. SAMHSA Announces Updated Treatment Locator SAMHSA announced an updated treatment locator to assist individuals searching for substance use disorder (SUD) services. The website, FindTreatment.gov, contains over 13,000 state-licensed facilities for both inpatient and outpatient addiction treatment services. The locator will also allow individuals to customize their search with options including types of treatment, insurance, age, veterans, services for the deaf and hard of hearing, LGBT-friendly, and types of medication-assisted treatment (MAT) provided.
- 7. Center of Excellence Launch: Resources for Enhancing Integrated Care Whether you're just getting started integrating primary and behavioral health care, or well into providing whole-person care, the new Center of Excellence for Integrated Health Solutions is here to support you. The Center is funded by a grant from the SAMHSA to advance the implementation of high-quality, evidence-based treatment for individuals with co-occurring physical

and mental health conditions, including substance use disorders. Come learn how you can access the many tools and resources. Wednesday, November 20, 2 – 3 p.m. ET Register Today

8. CDC releases resources on Adverse Childhood Experiences - The Centers for Disease Control and Prevention's (CDC) *Vital Signs* series is focusing on Adverse Childhood Experiences (ACE) in this month's issue. The CDC analyzed data from 25 States to estimate the long-term health and social outcomes for adults that experienced ACEs and found associations to 14 negative outcomes. The series notes that preventing ACEs could reduce the prevalence of health conditions including depression, heart disease, asthma, cancer, and diabetes. In addition, a reduction in ACEs could prevent health risk behaviors like heavy drinking and smoking and negative socioeconomic outcomes. The *Vital Signs* report includes an article from *Morbidity and Mortality Weekly Report (MMWR)*, fact sheets, social media tools, and other resources.

## **Training Opportunities**

1. Women and Stimulant Use Project ECHO - Beginning in October, the Mid-America, Mountain Plains, and South Southwest ATTCs have partnered to develop the Women and Stimulant Use Project ECHO series. It will utilize a Project ECHO format to provide case-based learning and consultation for substance use and other health care providers working with women who use stimulants. Using the Zoom videoconferencing platform, providers will be able to connect directly with leading experts in the field to build their capacity to provide evidence-based care. Each 90-minute session will include a brief didactic presentation and an interactive discussion on two de-identified client cases. Registration will open in early September. See below for the didactic schedule:

*November 13*: <u>Stimulant Use: Responses by the Parenting in Recovery/ Family Drug Treatment Court program</u> *December 4*: <u>Recovery Supports: Expanding Recovery Capital</u>

- 2. DMH Regional Housing Conference Anita B. Gorman Discovery Center, 4750 Troost Ave., Kansas City. More Information and <u>FREE Conference Registration</u>. Download the Flyer *Monday Tuesday, November 19 & 20, 2019*.
- 3. Engaging Service Members, Veterans, and Their Families Through Faith-based Partnerships This webinar presented by SAMHSA's Service Members, Veterans, and Their Families (SMVF) Technical Assistance Center will provide information that will help participants to engage, educate, inform, and partner with faith-based leaders, non-profit organizations, and communities in support of and responding to the behavioral health needs of SMVF. It will provide information about how to access some of the important tools and resources available to equip us all to better form partnerships and serve SMVF and their caregivers. A presentation from Chaplin Juliana M. Lesher, the U.S. Department of Veteran Affairs (VA) National Director of VA Chaplaincy, will discuss what the VA is doing to help establish and cultivate faith-based community partnerships and what is available as a resource and referral point. Reverend Monty Burks, Director of Faith-Based Initiatives at the Tennessee Department of Mental Health and Substance Abuse, will provide examples of how the Tennessee Faith-Based Initiative is building community capacity and helping SMVF to use their personal recovery to help other SMVF to connect with and sustain resilience and recovery. November 14, 2019, 1:30 3:00 p.m. (ET). Register: https://zoom.us/webinar/register/WN\_200M86pgQXmuy7KQ9IISAg

- 4. Vaping: Addressing Electronic Smoking Devices and Their Impact This webinar sponsored by the Missouri Hospital Association, will address the epidemic of e-cigarette or vaping among youth and other populations. Attendees will learn about the new generation of ENDS and the risk factors associated with them. Information on prevention and treatment for those trying to quit also will be provided. Learn more Thursday, November 14, 10 11 a.m. Register Now
- 2019 Missouri Reentry Conference This year's theme is "Managing the Balance." The conference is scheduled for November 13-15, 2019, at the Lodge of the Four Seasons at the Lake of the Ozarks. The link to register is: <u>https://www.eventbrite.com/e/2019-missouri-reentry-conference-registration-61821406491?ref=ecount</u>

 Certified Peer Specialist Credential 2019 training sessions - This is a 5-day training; event & credential \$75.00. To sign up go to <u>Missouri Peer Specialist</u>. November 18-22 – Kansas City (NW)

December 2-6 – St. Louis (E)

- 7. MCB Ethics Training *Friday, November 22, 2019* in St. Charles. <u>Click Here for the November Ethics Registration</u> Form
- MCB Clinical Supervision Trainings <u>https://missouricb.com/</u> (573) 616-2300 November 14-15, 2019, 9am 4pm in STL
- 9. MCB Certified Peer Specialist Supervision Trainings <u>https://missouricb.com/</u> (573) 616-2300 November 14 – Cape Girardeau <u>Click Here for the November Peer Supervision Registration Form</u> December 10 – Jefferson City <u>Click Here for the December Peer Supervision Registration Form</u>
- 10. **OEND Train the Trainers** MO-HOPE Project will be conducting two Overdose Education and Naloxone Distribution trainings of Trainers in December. We will host a statewide webinar on *December 3, 2019, from 1-3 p.m.* Interested people can register at: <u>https://zoom.us/meeting/register/210ba0022189e450d746f627e8486654</u>

The second in-person training is on *December 12, 2019*, in St. Louis. Those interested can register here: <u>https://www.eventbrite.com/e/overdose-education-and-naloxone-distribution-training-of-trainers-tickets-79170449947</u>

Participants will learn to provide education for their own organization or external organizations on how to conduct overdose education and naloxone distribution with those at high risk of witnessing or experiencing opioid overdoses. Some organizations may be eligible for free naloxone through the MO-HOPE Project. This training prepares individuals to train those who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. After completion of this course, participants will be given resources to present all materials to others. This course is most appropriate for individuals who will offer trainings to county and municipal health departments, treatment providers, socials service agencies (including homeless shelters, domestic violence shelters, food banks, etc), medical providers, and other community organizations and agencies that may work with at-risk individuals. For more info, contact: **Brandon Costerison**, MO-HOPE Project Manager, 314.962.3456 x367, www.ncada-stl.org

- 11. Role of the Pharmacist in the Treatment of OUD December 3, 2019 12 p.m. 1 p.m. CST. Focus on what is inhibiting access to treatment, including payment for services, disconnected facilities, and various federal and state regulations, how to integrate care across treatment agencies and pharmacies, and promising national examples of practices that utilize pharmacists to care for individuals with OUD. Registration: CLICK HERE
- 12. EMDR Training The Missouri Children's Trauma Network will provide additional EMDR training for 2020. The training is free and will be provided in the rural areas of Missouri. The locations are below. Please make sure you can attend the initial dates of training and the follow-up dates of training. You must attend the full training to complete. Additional details regarding location, time, etc. will be sent once registration is complete. Register online now >> Click Here

#### Dates & Locations:

St. Joseph | *December 6-8, 2019 & January 24-26, 2020* Hannibal | *February 7-9. 2020 & March 13-15, 2020* Poplar Bluff | *April 3-5, 2020 & May 15-17, 2020* Joplin | *June 5-7, 2020 & July 10-12, 2020*  13. **Trauma-Informed Care in Addiction Treatment** - Three webinar series to describe what is included in a traumainformed practice, how to assess for trauma, how to address trauma in OUD treatment, and the distinction between trauma therapy and trauma-informed care. **Registration:** <u>CLICK HERE</u> Please register for each date separately!

January 16, 2020 12 p.m. – 1 p.m. CST January 30, 2020 12 p.m. – 1 p.m. CST February 13, 2020 12 p.m. – 1 p.m. CST

Look for updates on different topics/initiatives next Friday!