Missouri Eating Disorders Council Minutes

July 22nd, 2019 – Conference Call

Council Members Present:

Annie Seal Beth Harrell Paul Polychronis Travis Stewart Carla O'Connor Connie Cahalan Del Camp Denise Wilfley Eric Martin Heidi Strickler Jenny Copeland Rebecca Lester Stephanie Bagby-Stone Debra Walker

Council Members Absent:

Kim McCallum Ginny Ramseyer-Winter Lauren Sciacca Caroline Graham Marjorie Cole Janet Clevenger Shawn Sando Tommy Allgood Department of Mental Health Staff:

Lori Franklin Elaina Henry

Guests:

Ellen Fitzsimmons-Craft Marie-Laure Firebaugh Olivia Laing

ΤΟΡΙϹ	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Announcements	 A. Seal announced the decision in regards to the Mental Health Foundation Grant Opportunity that was submitted on behalf of the Missouri Eating Disorders Council. The opportunity fund was declined by the Mental Health Foundation. The key points that were included in this decision were the partnerships throughout the state with the EDC and a better expression of outcomes. A. Seal and B. Harrell will be speaking to the Kansas City Hospital with an overview of the eating disorders council. The May minutes were reviewed. C. O'Connor approved, the motion was seconded by B. Harrell, and minutes were approved. 	
Budget Review		

ΤΟΡΙϹ	DISCUSSION	ACTION/FOLLOW-UP NEEDED
	L. Franklin gave a budget overview for FY 2020. The balances were read off to the council. M. Firebaugh discussed with the council the Qualtrics License Appropriation budget and why it has been cut in half. A decision was made that MIMH will still host the Qualtrics surveys, but Kelley Gregory will share the surveys directly to M. Firebaugh instead of filtering through DMH. M. Firebaugh will now have direct access to the surveys and can make the necessary changes and keep up with statistics. With the change being made to the Qualtrics surveys that leaves the council with an extra \$600.00. the \$600.00 will be reallocated to event planning.	L. Franklin will distribute the budget with the reflected change.
Review Council Membership Responsibilities	A. Seal advised the council of the membership requirements for meeting attendance to remain an active member on the council. All members must keep their attendance to at least 50% of the meetings and or calls held to remain a member. Missing 3 consecutive meetings or attending less than 50% of meetings will result in removal from the council.	
Body U Program Overview and Update	 M. Firebaugh gave an update on Body U Program. Body U was present at 15 events on universities campus. Over 2,500 students have been screened, which has increased since last year. Student wide emails are still going out routinely. M. Firebaugh is in the process of getting some questions placed in the Partners in Prevention Survey. The council agreed the questions to be placed in the survey are great and have their support. A freshman in College is running the social media campaign and doing a great job on it. Body U is now more active on three main social media platforms: Facebook, Instagram, and Twitter. 	

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Missouri Eating Disorders Coalition 360 Update	E. Fitzsimmons-Craft introduced to the council Olivia Laing. Olivia will take over the day-to-day oversight of the training initiatives. E. Fitzsimmons-Craft is in the process of training O. Laing. E. Fitzsimmons-Craft will still be involved with the training oversight but will have other duties to attend to.	
	E. Fitzsimmons-Craft gave an update on trainings. A recent webinar series was completed on DBT for eating disorders. The training was conducted by Dr. Lucene Wisniewski. In attendance on those webinar series were 12 social workers, 18 mental health counselors/therapists, 5 psychologists, psychiatric nurse, and a dietitian. The DBT webinar had great quantitative and qualitative feedback. The accessibility of the training was a big hit with many of those in attendance. A DBT knowledge quiz was administered after the training with positive results.	
	Upcoming Trainings:	
	 Dr. S. Bagby-Stone and K. McCallum held a training at PFH in April. The four month follow up is in August 2019. T. Beasley and B. Harrell will conduct a training in Kansas City either in September or November on early identification of eating disorders. Dr. Rob Welch will conduct an Interpersonal psychotherapy session in the fall in Springfield or Columbia. E. Fitzsimmons-Craft will conduct a Cognitive-Behavioral Therapy guided self- help webinar. 	
	Online Trainings:	
	 A DBT online webinar series Monthly online ED training program will be put together by Dr. Therese Waterhous 	
	Ongoing Consultations:	

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	 Family-Based Treatment – by E. Fitzsimmons-Craft New consultation group underway with five clinicians Consultation for medical providers/working as multidisciplinary team – working on getting something set up with Burrell and/or PFH News Articles: Published in the MO Association of School Nurses newsletter Published in the Missouri Family Physician Published in the Missouri Nurse Submitted an article to Pedslines Submitted for publication in the Health Center E. Fitzsimmons-Craft gave overview of the centers of excellence she is trying to gain partnerships with. Preferred Family Healthcare in Kirksville is working with her to identify a leader. Burrell Behavioral Health in Springfield and Columbia are in the 	
MO Foundation of Health Grant Update	 works. E. Fitzsimmons-Craft is also working with FCC Behavioral Health in the southeast of MO. A. Seal discussed the meeting with the Coalition for July 23rd for further possibilities of the partnership moving forward. The meeting is being rescheduled. 	
	The next meeting will be at DMH in Jefferson City on September 23, 2019!	