

FYI Fridays

DBH Updates, Notices, and Policy Guidance

October 4, 2019

1. **Budget Update** – The DMH’s budget requests submitted to the Governor’s office are now available on-line. The DMH budget is in House Bill 10. The Governor reviews these requests and presents the executive budget recommendations to the General Assembly in January 2020. <https://oa.mo.gov/budget-planning/budget-information/2021-budget-information/2021-department-budget-requests>
2. **CPR Maintenance Reminder** – Please recall that the **CPR Maintenance level is going away November 1, 2019**. Programs will no longer be able to dual enroll consumers in CPR and Community Services as of this date.
3. **FSP Infographic** - A survey was sent to 98 Family Support Providers (FSP) and 39 FSPs responded – that’s a 40% response rate! The infographic included with this FYI Friday e-mail demonstrates just how important FSPs are and the difference they are making in the lives of family and youth.
4. **Mental Health Commission Meeting** - The next meeting of the Missouri Mental Health Commission is Thursday, October 10, 2019. The meeting will be held at the DMH in Jefferson City.
5. **Congrats Dr. Likcani!** Dr. **Adriatik Likcani**, of Warrensburg, was appointed to the State Committee of Marital and Family Therapists. Dr. Likcani is a Licensed Marital and Family Therapist and an associate professor at the University of Central Missouri in Warrensburg. Dr. Likcani is a Clinical Fellow with the American Association for Marriage and Family Therapy (AAMFT) and an alumnus of the Minority Fellowship Program (MFP). Dr. Likcani holds a Ph.D. in Marriage and Family Therapy (MFT) from Kansas State University in Manhattan, Kansas, a master’s degree in MFT from University of Nebraska-Lincoln, and a Master of Social Work from the University of Missouri-Kansas City. He also holds a Postgraduate Certificate in Medical Family Therapy from the University of Nebraska Medical Center. Dr. Likcani is the founder and program director of the **Recovery Lighthouse, Inc.** a DMH-contracted recovery support services access site.
6. **Lafayette House Director To Speak at National Conference - Lafayette House** Executive Director **Alison Malinowski Sunday** is invited to participate in a technical expert meeting on the topic of “Substance Use Coercion as a Barrier to Safety, Recovery and Economic Stability for Survivors of Intimate Partner Violence.” The 2-day meeting will take place at the US Department of Health and Human Services in Washington, DC, October 24-25. The meeting will include experts in research, policy and practice from the domestic violence and substance use disorder treatment fields, and the discussion will include a combination of presentations, panel discussions, and small and large group conversations about substance use coercion in domestic violence, a type of abuse to control an intimate partner through substance-use related issues.
7. **CCBHC Demonstration Extended to Nov. 21 Under Terms of Continuing Resolution** - The Certified Community Behavioral Health Clinic (CCBHC) demonstration, currently transforming behavioral health systems in eight states across the country, has received its fourth funding extension this year as part of the [continuing resolution](#) passed this week. With funding for CCBHCs now aligned with several other health care programs that must be extended before the end of the continuing resolution on November 21, Congress has likely paved the way for a longer-term extension in the near future. *(source: National Council for Behavioral Health)*

Info and Resources

1. **Behavioral Health Provider Participation in Medicaid Value-based Payment Models: An Environmental Scan and Policy Considerations** - In recent years the drumbeat message has been that healthcare payments as we know it will change. No longer will payments remain strictly fee-for-service, with no accounting for quality of care; instead they

will move towards value-based payment models that hinge payments, to one degree or another, on outcomes. This has certainly been the case for physical health services, but what about behavioral health?

In the spring of 2019, the National Council for Behavioral Health partnered with the Center for Health Care Strategies to conduct an environmental scan of value-based payment models for behavioral health services. The culminating report, [Behavioral Health Provider Participation in Medicaid Value-based Payment Models: An Environmental Scan and Policy Considerations](#), details existing models, where they are being adopted and highlights lessons learned and recommendations for state and federal policymakers. (source: *National Council for Behavioral Health*)

2. **Methamphetamine Resources and Videos from SAMHSA** -SAMHSA has released new **videos** and other resources to help stop the use of methamphetamine (meth) and offer support to those in need of treatment.
3. **AHRQ releases new MAT resources** - The Agency for Healthcare Research and Quality (AHRQ) recently released new resources for providing medication-assisted treatment (MAT). The [Medication-Assisted Treatment for Opioid Use Disorder Playbook](#) provides an interactive guide for implementing MAT in primary care and other ambulatory care settings with an emphasis on rural primary care. The second resource, [Medication-Assisted Treatment Tools and Resources Collection](#) is a searchable tool and is organized by topic for providers, staff, and patients who offer or use MAT services.
4. **Suicidal Behavior: Links Between Alcohol Use Disorder and Acute Use of Alcohol** - Research on associations of suicidal behavior, including suicide and suicide attempt, with alcohol use disorder (AUD) and acute use of alcohol (AUA) are discussed, with an emphasis on data from meta-analyses. Based on psychological autopsy investigations, results indicate that AUD is prevalent among individuals who die by suicide. Results also indicate that AUD is a potent risk factor for suicidal behavior. Risk estimates are higher for individuals with AUD in treatment settings, when compared to individuals in the community who have AUD. Also, although rates of suicide and prevalence of AUD remain higher in men, they have increased more among women in recent decades. Based on postmortem blood alcohol concentrations, AUA was commonly present among those who died by suicide. AUA is a potent proximal risk factor for suicidal behavior, and the risk increases with the amount of alcohol consumed, consistent with a dose-response relationship. Research indicates that AUA increases risk for suicidal behavior by lowering inhibition and promoting suicidal thoughts. There is support for policies that serve to reduce alcohol availability in populations with high rates of AUD and suicide, that promote AUD treatment, and that defer suicide risk assessments in intoxicated patients to allow the blood alcohol concentration to decrease. (source: *NIAAA*)

[Read The Full Article](#)

5. **Perinatal Provider Toolkit** - The [Opioid Response Network](#) and [Mid-America ATTC](#) have partnered to produce this [centralized online reference](#) to help health care providers quickly access reputable resource information on perinatal substance use for patient treatment and education. The toolkit is for any member of the healthcare team serving pregnant and postpartum women with substance use disorders (SUD) such as:
 - Physicians, physician assistants, nurse practitioners, nurses, pediatricians, psychiatrists, and midwives
 - Social workers and case managers
 - Behavioral health and substance use treatment and recovery services
 - Early childhood and home visiting programs

Resources are organized into **healthcare provider guidance** and **patient education tools** that providers can use to explain the health effects of perinatal substance use to their patients. Resources cover the full spectrum of substances, including alcohol, opioids, marijuana, methamphetamine, tobacco, and others.

All resources are drawn from reputable sources including the American College of Obstetrics and Gynecology (ACOG); American Academy of Pediatrics (AAP); American Society of Addiction Medicine (ASAM); Centers for Disease Control and Prevention (CDC); March of Dimes; National Institutes of Health; National Institute on Drug Abuse (NIDA); Organization of Teratology Information Specialists; Providers Clinical Support System (PCSS); American Academy of Addiction Psychiatry; and the Substance Abuse & Mental Health Administration (SAMHSA).

[Access the Perinatal Provider Toolkit](#)

Training Opportunities

1. **Involving Families in Community Behavioral Health, A Win-Win Proposition** - This **webinar** will highlight the growing understanding of the importance of parent/family peer support and the on-the-ground perspective of communities putting it into practice for those they serve. **Wednesday, October 9, 2-3:00 p.m. ET.** [Register Today](#)
2. **“What Would It Take?” Addressing Gaps of Service Provision with Victims of Trafficking and Complex Trauma** – This full-day, multidisciplinary **workshop** is designed specifically for direct service professionals, first responders, community members and others who provide (or plan to provide) direct services to victims of exploitation and trafficking. Presenters will focus on the discrimination and barriers that survivors with marginalized identifies face when utilizing services and resources. **October 10, 2019, from 8:00 am to 4:30 pm** at the Moulin Events and Meetings. Sponsored by the Coalition Against Trafficking and Exploitation. Register at www.what-would-it-take-october2019.eventbrite.com
3. **Youth MHFA** - DMH is sponsoring **Youth Mental Health First Aid (MHFA) training**. This is an 8-hour training that teaches adults working with youth about recognizing signs that a youth (12-18) may be in crisis or in need and how we might help them. The instructors for this training are **Jill Richardson** and **Beckie Gierer** of DMH. **Monday, October 7 and Monday, October 21** are the training dates and will be 4-hours from **8:15 – 12:30** each day. The training will be at DMH Central Office (1706 E Elm) in Jefferson City; conference room B. An attendee must attend both days and the full eight hours to be certified. CEUs are available and attendees may purchase on their own. Registration is required. To register, contact Vickie Epple at Vickie.epple@dmh.mo.gov.
4. **Housing Learning Community: Housing as an Intervention and Investment for People in Recovery** - is a free **training** series intended for behavioral health and other providers interested in exploring, establishing, or improving housing for their clients with substance use and/or mental health disorders.

Learning Community Schedule:

October 9: [Alternative Housing Types](#)

October 23: [Funding Sources and Development](#)

November 6: [How to Get Started](#)

** Please note that you must individually register for each session to receive the Zoom login information. Individual links are provided above and on our website. [Register now!](#)*

5. **Substance Use Prevention in the African American Community (Webinar)** - Sponsored by ACT Missouri. Contact Person: Angela Bonine, (573) 635-6669, abonine@actmissouri.org. Web Site www.actmissouri.org Link to Training: <https://actmissouri.org/event-registration/>. Join the prevention team at First Call for a **webinar** on **October 9, 2019 at 1:00 pm**. DeMarco Vaughn, Andrew Dixon, and Margaux Guignon will discuss the differences and similarities of prevention efforts in urban areas, how to break down barriers, increase inclusion and gain trust with minority populations, and tips for successful prevention initiatives.
6. **NARR Best Practices Summit** - The National Alliance for Recovery Residences is holding a Best Practices Summit in St. Louis from **October 14-16, 2019**, at the St. Louis Hilton Ballpark. Be part of NARR's annual **conference**, entirely dedicated to best practices in the operation of recovery residences. The event will feature three days of presentations, panels and participant discussion. This year's conference will feature a reception on Monday evening for all conference attendees, and for our friends in the recovery movement. Whether you're a long-established recovery residence services provider, are just starting out, or maybe thinking of entering the field, this conference will speak to your needs. Participants include some of the nation's leading recovery housing operators. Other speakers and participants are treatment program operators, mental health service providers, state government officials, and providers of specialty services to the field. [Click this link to register.](#)
7. **Women and Stimulant Use Project ECHO** - Beginning in October, the Mid-America, Mountain Plains, and South Southwest ATTCs have partnered to develop the Women and Stimulant Use Project **ECHO series**. It will utilize a

Project ECHO format to provide case-based learning and consultation for substance use and other health care providers working with women who use stimulants. Using the Zoom videoconferencing platform, providers will be able to connect directly with leading experts in the field to build their capacity to provide evidence-based care. Each 90-minute session will include a brief didactic presentation and an interactive discussion on two de-identified client cases. Registration will open in early September. See below for the didactic schedule:

October 16: [Women and Stimulant Use: Healthy Steps to Freedom](#)

October 30: [Mamas, Munchkins, and Methamphetamines](#)

November 13: [Stimulant Use: Responses by the Parenting in Recovery/ Family Drug Treatment Court program](#)

December 4: [Recovery Supports: Expanding Recovery Capital](#)

8. **MO Coalition Conference** – 2019 MO & IL Behavioral Health Conference. **October 23-25, 2019**, at the Hyatt Regency at the Arch in St. Louis. Anyone connected to the fields of mental health and substance use treatment and services should consider attending this **conference**. Representatives from all organizational levels should consider attending – individuals identified for the Physician Institute (primary care consultants, psychiatrists, other prescribers), executive, fiscal and clinical team members, community liaison positions, and staff identified for future leadership potential.

In addition, this conference provides an affordable learning opportunity for FQHCs, hospitals, law enforcement, court systems, advocacy groups, and many others. For the price of this conference, this event is a relatively inexpensive way to gain valuable knowledge! IABH is an approved provider for Registered Social Worker and Clinical Psychologist CEUs. IAODAPCA/ICB approval pending. Upon approval, we estimate participants will be eligible for 11.75 CEU hours for the full conference and 17.75 CEU hours for the full conference plus both pre-conference workshops. [REGISTER NOW](#)

9. **Two Modalities with One Mission** – Part of our SOR free **webinar** training series...Perspectives on 12-Step recovery and MAT, how to navigate being on medications while also being involved in a 12-Step program, and how to talk to clients about their options when integrating the 12-Step and MAT in their own recovery. **November 1, 2019, 10 a.m. – 11 a.m. CST**. To register: [CLICK HERE](#) *[The Missouri Department of Mental Health, in partnership with the University of Missouri, St. Louis – Missouri Institute for Mental Health (MIMH) and the Missouri Coalition for Community Behavioral Healthcare, is providing free webinar trainings as part of the Missouri Opioid State Targeted Response and State Opioid Response (Opioid STR and SOR) grant.]*
10. **2019 Missouri Reentry Conference** - This year's theme is "Managing the Balance." The **conference** is scheduled for **November 13-15, 2019**, at the Lodge of the Four Seasons at the Lake of the Ozarks. The link to register is: <https://www.eventbrite.com/e/2019-missouri-reentry-conference-registration-61821406491?ref=ecount>

Other Upcoming Training Events:

Missouri Recovery Support Specialist (MRSS) Training – **October 24-26, 2019**, in Reed Springs, MO. Note this is NOT the Certified Peer Specialist training. [Click here for training form!](#)

Medication Awareness Recovery Training Starting - The MCB will be starting a new 40 hour Medication Awareness Recovery Specialist Training Program on **Friday, November 8th, 2019** with live training in Jefferson City, St. Charles, Joplin, Kansas City and Cape Girardeau. This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. The program details are as follows:

- The program starts on Friday November 8th, 2019 with a 1 day live training in Jefferson City, St. Charles, Joplin, Kansas City and Cape Girardeau. Participants choose 1 live training to attend from the 5 options.
- Participants then work through 8 self-study modules that start Monday November 18th, 2019 and end Sunday February 9th, 2020. These modules are completed at home within assigned time periods.
- The cost of the program is \$100.00 and participants receive 40 CEUs plus a Medication Awareness Recovery Specialist Certificate. If you have any questions, please contact Scott Breedlove at scott.breedlove@missouricb.com. [Click Here for the November MARS Registration Form](#)

Certified Peer Specialist Credential 2019 training sessions - This is a 5-day training; event & credential \$75.00. To sign up go to [Missouri Peer Specialist](#).

October 7-11 – Sikeston (SE)

October 14-18 – Joplin (SW)

November 18-22 – Kansas City (NW)

December 2-6 – St. Louis (E)

MCB Clinical Supervision Trainings <https://missouricb.com/> (573) 616-2300

November 14-15, 9am – 4pm in STL

MCB Peer Supervision Trainings <https://missouricb.com/> (573) 616-2300

October 29 – Cape Girardeau

December 10 – Jefferson City

MCB Ethics Trainings <https://missouricb.com/> (573) 616-2300

"Ethics" - Friday **Oct. 11, 2019** - Joplin, MO - \$35.00 - 6 CEUs.

"Ethics" - Sat. **Oct. 12, 2019** - Boonville, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday **Oct. 18, 2019** - Kansas City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday **Oct. 25, 2019** - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

Look for updates on different topics/initiatives next Friday!