Missouri Eating Disorders Council Minutes

March 27, 2017 (Conference Call)

Council Members Present:

Connie Cahalan
Beth Harrell
Carla O'Connor
Annie Seal
Paul Polychronis
Kim McCallum
Janet Clevenger
Denise Wilfley
Marjorie Cole
Del Camp
Rebecca Lester

Stephanie Bagby-Stone

Council Members Absent:

Paul Graham Caroline Graham Lauren Sciacca

Guests:

Ellen Fitzsimmons-Craft Marie-Laure Firebaugh Department of Mental Health Staff:

Vicki Schollmeyer Lori Baysinger

| TOPIC | DISCUSSION | ACTION/FOLLOW-UP NEEDED |
|-------------------------------------|---|---|
| Welcome/Introductions | Annie welcomes ask if everyone can see the website through the WebEx call. | |
| Budget | Annie asked about the request for \$500,000. The Governor did not put that in his budget. Vicki stated that there will not be an increase but we will be a core cut of \$97,724 due to the FY2017 expenditure restriction. House markup is tomorrow and from what we seen so far they are leaving the cut. Balance is a little of over \$100,000. | Annie, Ellen and Marie Laure will get together to see how to spend this money for next year. |
| Ozark Training Initiative Update | Ellen discussed that a dietitian boot camp was held in August and was provided by Jessica Setnick at the Ozark Center. There were a total of 28 providers that attended. This training video is now the Relias, 7 providers has accessed that training. Working on getting this training on Vimeo for providers that do not have access to Relias. Beth talked about working with dietitians (3 Freeman, Carthage and Burrell Center) and providing consultations/treatment for EDC. Then the council discussed funding. Contacting IAEDP and ask for funding since we are the only State working with the Department of Mental Health in the country. | Shawn and Connie will send Annie a contact name. |

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| | Jim Lock provided FBT training in St. Louis. Ellen discussed the surveys they received and how they showed how much more training they would like. Ellen stated that the MO Coalition is working on getting the training video uploaded on Relias and should be done later this week. This training will be also be on Vimeo and password protected. Ellen also discussed the feedback she received on this training. She has been working with Ozark Center with support from Janet Clevenger and also working with FCC Behavioral Health. | Connie sent email to Coalition to send out a reminder about the eating disorder treatment training information on Relias. |
| | IPT training was held back in January at the MO Coalition in Jefferson City. Rob Welch conducted this training. CEUs were provided. This training will also be video recorded. Rob Welch is providing follow up consultation to clinicians at Ozark Center and FCC Behavioral Health and a couple of others who attended this training. IPT online training is available to IPT attendees as well as CMHC across the state via the Coalition listserv. | |
| | Establishing Centers of Excellence – Ozark Center received team training in Kansas City and Children's Mercy and McCallum Place took place back in February. Ozark Center was very happy with training. | Ellen will work with Del, Beth, Shawn and Kim on getting where the best location will be. Will also |
| | Kim's medical training will be June 30, 2017. Kim asked what the max of this training should be. 40 would be the max based on the other trainings. How to get the word out and get the key people invited. Coalition can send out the invite through their listserv. A discussion was on where to hold this training, more to come. | talk about get CMEs with this training. |
| | IAEDP course access on Relias (since 2015) | |
| | Eating disorder Nutrition 101 -55 Overview of Eating Disorders -47 | |
| | Core Skills and Decision Points in the Evaluation and Treatment of Anorexia in Adolescents and Adults-31 Effective Treatment Modalities for Eating Disorders -29 | |
| | Marjorie asked for school nurse for Webinar for eating disorder training. Annie stated that Kim wrote something for school professionals. Dr. McCallum and Annie will work together to work on a webinar for her. Will also target bullying due to overweight. | |
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|---------------------------------------|---|--|
| Body U Program Overview and Update | Body U Program – Wash U Marie-Laure talked about expanding Body U, wanting to restart conversations with universities and getting support from higher administration. Paul made contact with the 8 liaisons with these schools that are in this program. A rep from DMH working with the VP with the schools to get more involved. He does not want to deal with it this program at all. This issue happened back in 2015. Marie-Laure will send any correspondence to Annie regarding this. Made process with MU and Truman with this program. Marie-Laure is | Paul sends an email and introduces Annie to Dr. Abels to try and "clear" up this issue. |
| | going to meet with the following to schools to recruit them: • MO State • SEMO • UMSL | Stephanie will work with Marie-Laure to work with MU to get more involved in this program. |
| | On Dr. Nietzel's suggestion Annie reached out to the Council on Public Higher Education to present the updated program. Marie-Laure then talked about the different schools and how they reached out and are trying to get more enrolled into the program. Also talked about the numbers of students that in the program. | Paul will reach out to Joan Masters to Meeting of the Minds Conference to speak to Counseling Center directors at the pre-conference day. |
| Spring Training Institute (STI) | Ellen stated that we will be having a booth this year. Ellen asked the council would like to present at this booth. Annie ask for a group to get together to work on this. This year the STI will be held June 1 & 2 at Tan Tar A Resort at the Lake of the Ozark. | Del, Shawn, Beth and Marie Laure will work on this. |
| | Annie introduced Shawn Sando and Stephanie Bagby-Stone to the Council. Both members talked about themselves a little. Next meeting will be May 22 nd in Jefferson City. Annie highly recommended that everyone to attend that meeting in person. | |
| Additional Information | Next meeting will be May 22, 2017 at Department of Mental Health 1706 East Elm St., Jefferson City in Conference Room B from 10:00 – 2:00. | Annie highly encouraged everyone to be there in person. |