

## FYI Fridays

### DBH Updates and Policy Guidance

August 23, 2019

1. **Real Voices, Real Choices** - The 11<sup>th</sup> Annual Real Voices, Real Choices Consumer Conference begins on Sunday, August 25. The event brings approximately 800 participants from across the state and is focused on empowering and providing resources to individuals with mental illness, substance use disorders, and developmental disabilities. The conference concludes at noon on Tuesday, August 27. Additional information and Frequently Asked Questions (FAQs) about the Real Voices – Real Choices Conference can be found by clicking [HERE](#).
2. **SOR Billings Due** - RE: Year 1 Opioid SOR Grant services billing. As you are aware, year 1 of the Opioid SOR grant will be ending September 30, 2019. We will be issuing new year 2 allocations for providers in September that will begin October 1, 2019. **We are asking that providers have ALL of their year 1 billings in to us by October 20th, 2019.** Any billings that occur after this will hit year 2 allocation.
3. **SAMHSA's 2018 National Survey on Drug Use and Health (NSDUH) Report Data Findings** - This week, SAMHSA released the latest data findings from the [2018 NSDUH](#). NSDUH provides estimates of the use of illegal substances, prescription drugs, alcohol, and tobacco, as well as mental disorders, treatment, and co-occurring substance use and mental disorders in the United States. NSDUH data also help to identify the extent of substance use and mental illness among different sub-groups; estimate trends over time; and determine the need for treatment services.
4. **NSDUH State Barometers** – Find the NSDUH data broken into state barometers to allow comparison between MO to other states, regions and the nation on various data points! <https://store.samhsa.gov/product/Behavioral-Health-Barometer-Volume-5/sma19-Baro-17-US>
5. **Family Support Update** - New Family Support Providers have been hired around the state and will have their opportunity to attend training September 25 – 27. Family Support keeps families engaged in services and gives much needed peer mentorship for parents and caregivers who may feel overwhelmed by their children's diagnosis. DMH would like to welcome the new FSPs into the field!

### Training Opportunities and Resources

1. **Breaking the Cycle: Intergenerational Trauma and Personality** – FREE webinar on **Tuesday, August 27, 2019, at 12 pm** CT (one hour). This presentation will focus on providing an integrated understanding of the connections between intergenerational trauma; the emergence of maladaptive coping mechanisms; personality disordered traits and characteristics; and substance use disorders.  
[https://goto.webcasts.com/starthere.jsp?ei=1255301&tp\\_key=45e5a207cb&utm\\_campaign=Foundations%208%2F27%2F19%20PBHLN%20Webinar&utm\\_source=hs\\_email&utm\\_medium=email&utm\\_content=75107977&hsenc=p2ANqtz--vsvcVCm72elxFfzfw6jp-dRCi9h8R07Gi8iYR0ELXs9CI6F-\\_YEVtksZi2t7H3qBtXp68xXbvO\\_Y7Sj9sRMbOO62BVQ&hsmi=75107977](https://goto.webcasts.com/starthere.jsp?ei=1255301&tp_key=45e5a207cb&utm_campaign=Foundations%208%2F27%2F19%20PBHLN%20Webinar&utm_source=hs_email&utm_medium=email&utm_content=75107977&hsenc=p2ANqtz--vsvcVCm72elxFfzfw6jp-dRCi9h8R07Gi8iYR0ELXs9CI6F-_YEVtksZi2t7H3qBtXp68xXbvO_Y7Sj9sRMbOO62BVQ&hsmi=75107977)
2. **Housing Learning Community: Housing as an Intervention and Investment for People in Recovery** - Safe, stable, and affordable housing is increasingly recognized as a vital part of recovery. What role can substance use disorder treatment and recovery programs play in providing this essential need for their clients? Find out the basics of housing and how to get started in this 6-session virtual learning community beginning on **August 28, 2019!**

Housing Learning Community: Housing as an Intervention and Investment for People in Recovery is a free training series intended for behavioral health and other providers interested in exploring, establishing, or improving housing for their clients with substance use and/or mental health disorders.

## Learning Community Schedule:

August 28: [Housing 101](#)

September 11: [Housing with Special Populations, Part 1](#) (women with children/families, transitional age youth)

September 25: [Housing with Special Populations, Part 2](#) (veterans, homelessness, older adults, severe mental illness)

October 9: [Alternative Housing Types](#)

October 23: [Funding Sources and Development](#)

November 6: [How to Get Started](#)

\* Please note that you must individually register for each session to receive the Zoom login information.

Individual links are provided above and on our website. [Register now!](#)

3. **Practical Approaches to Diagnosis & Treatment of ADHD in Children and Adolescents Workshop** – September 6, 2019, 9 am to 12pm, Children’s Campus of Kansas City, 444 Minnesota Avenue, Kansas City, KS. Registration fee = \$40. Contact Stacy Davis at Mental Health America of the Heartland at [sdavis@mhah.org](mailto:sdavis@mhah.org), (913)-281-2221. Website: [www.mhah.org](http://www.mhah.org). [Register Now](#)
4. **Adult MHFA Training** - DMH is sponsoring Adult Mental Health First Aid (MHFA) training. MHFA is an 8-hour training that teaches how to help someone who is developing a mental health problem or experiencing a mental health crisis. After receiving the training, a Mental Health First Aider will know how to identify, understand and respond to signs of mental illnesses and addictions. The instructors for this training are Jill Richardson and Stacey Williams of DMH. **Wednesday, September 4<sup>th</sup> and Thursday, September 5<sup>th</sup>** are the training dates and will be 4-hours from 8:15 – 12:30 each day. The training will be at DMH Central Office (1706 E Elm) in Jefferson City; conference room B. An attendee must attend both days and the full 8 hours to be certified. CEUs are available and attendees may purchase on their own. Registration is required. To register, contact Vickie Epple at [vickie.epple@dmh.mo.gov](mailto:vickie.epple@dmh.mo.gov).
5. **Wellness Recovery Action Plan (WRAP) Training** - The next Two-Day WRAP Training is scheduled for **September 10-11, 2019**, in the Kansas City area. More details and information on registration will be coming out soon.
6. **Trauma and Substance Use Awareness Training for Justice Professionals** – Offered by NCADA, this program will equip law enforcement, attorneys, and guardians ad litem with significant education and tools to understand and successfully communicate with children while reducing trauma. Current training dates are:  
  
[September 10th from 9 am - 11 am online webinar](#)  
[November 14th from 9 am - 11 am in Kansas City at KCPT](#)
7. **No-Cost Half & Half | MAT Waiver Training** - Opioid STR/SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare, is providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as **the first 4 hours will be in person and second 4 hours will be individual online work. *If you obtain your buprenorphine waiver following this course, you (or your agency) are likely eligible to receive \$500 reimbursement for your time\*.***

### Scheduled Trainings (all trainings are 8:30 a.m. – 12:30 p.m.):

1. Kansas City, MO | September 14, 2019 & October 26, 2019  
**Register online now:** <http://www.cvent.com/d/dyqcc3>
2. St. Louis, MO | October 12, 2019  
**Register online now:** <http://www.cvent.com/d/ryqci2>

NP & PA’s – this coursework will go toward your 24 hours of training. If you complete this, you can go online and finish the other 16 hours of work to get your certificate. The link below will take you directly to the registration page for the other 16 hours of training

<https://e-learning.apna.org/products/medication-assisted-treatment-mat-16-hour-waiver-training>

\*In order to get reimbursed for the 8-hour MAT training and additional 16-hour training for NP/Advanced Practice Nurses (APN), you must fill out the DATA 2000 MAT Waiver Training Registry (<https://katiehorst.wufoo.com/forms/z1fglqxq1u8h0fg/>) and agree to all terms.

## Other Upcoming Events:

**NARR Best Practices Summit** - The National Alliance for Recovery Residences is holding a Best Practices Summit in St. Louis from **October 14-16, 2019**, at the St. Louis Hilton Ballpark. [Click this link to register.](#)

**MCB Clinical Supervision Trainings** <https://missouricb.com/> (573) 616-2300

- November 14-15, 9am – 4pm in STL

**MCB Peer Supervision Trainings** <https://missouricb.com/> (573) 616-2300

- October 29 – Cape Girardeau
- December 10 – Jefferson City

**MCB Ethics Trainings** <https://missouricb.com/> (573) 616-2300

- "Ethics" - Friday Sept. 20th, 2019 - Farmington, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Sept. 20th, 2019 - Jefferson City, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Sept. 20th, 2019 - St. Louis Area, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Sept. 27th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

[Click Here for the September Ethics Registration Form](#)

- "Ethics" - Friday Oct. 4th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Oct. 11th, 2019 - Joplin, MO - \$35.00 - 6 CEUs.
- "Ethics" - Sat. Oct. 12th, 2019 - Boonville, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Oct. 18th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Oct. 25th, 2019 - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

## 2019 Recovery Month Events

Listed below are the recovery activities that **MRN** is hosting, co-hosting, or participating in:

### [Addiction and Recovery Summit](#)

Date: **August 30**

Time: 8 AM—5 PM Cost: \$10 includes light breakfast, lunch and CEUs

Location: Plaster Student Union, Missouri State University, **Springfield**, MO

For more information or to register [click here](#)

### [Unsung Heroes Luncheon](#)

Date: **September 5**

Time: 1130 AM– 130 PM

Cost: \$25 or \$175 for a table that seats 8

Location: Bruce R Watkins Cultural Center 3700 Blue Parkway **Kansas City**, MO 64130

For more information or to register [click here](#)

### [Mass of Healing for the Opioid Crisis and those Afflicted by the Opioid Crisis](#)

Date: **September 6**

Time: 6 PM doors open prayer service begins at 8 PM Cost: Free

Location: Immaculate Conception Church, 1206 East McCarty Street, **Jefferson City**, MO

An open 12 step meeting, seasoned sponsors from various recovery step programs available to speak and provide information, teachings on prayer and recovery and a healing prayer service

### 2019 Annual Family Fest

Date: **September 7**

Time: 9 AM—6 PM Cost: FREE

Location: Concourse Park on St John Avenue and Benton Blvd. **Kansas City, MO**

Hot dogs, drinks, bounce houses, games, horseback rides, rock climbing wall, prizes, live music, testimonies, resources, raffles and more.

### Race for Recovery

Date: **September 8**

Time: 9:30 AM start - check in from 8 AM- 9 AM

Cost: \$30 for the 5K children 12 and under additional shirts \$10

Location: Stephens Lake Part 2001 East Broadway **Columbia, MO**

Participants will receive a t-shirt and finisher medal, light snacks and refreshments available after the race/walk For more information or to register [click here](#)

### Follow-Up Community Conversation: Opioids in the Workforce

**2 separate events in September: 9/10 and 9/24**

Date: **September 10**

Time: 9:30 AM – 5 PM Cost: Free

Location: Salem Community Center at the Armory 1200 West Rolla Road **Salem, MO 65560**

For more information [click here](#)

Date: **September 24**

Time: 9:30 AM – 5 PM Cost: Free

Location: Knights of Columbus 7057 Old 66 **Cuba, Missouri 65453**

For more information [click here](#)

Join our panel of leaders for a discussion regarding the challenges facing the workforce.

### Dinner and the Showing of Not My Child

Date: **September 10**

Time: 6 PM Cost: Free

Location: Westphalia Knights of Columbus Hall, Hwy 63, **Westphalia, MO**

Featuring the documentary Not My Child, then hear from the producer and one of the parent's featured in the documentary. For more information contact [charbellsmith@gmail.com](mailto:charbellsmith@gmail.com)

### Alcoholics Anonymous Informational Seminar

Date: **September 12**

Time: 9 AM Cost: Free

Location Tunnell-Wherritt Community Room, Capital Region Medical Center, 1125 Madison Street, **Jefferson City, MO**

Includes personal stories from people who found sobriety after community referrals, then learn how to make a difference by sharing info about AA Drinks and Food provided To RSVP contact [sscovill555@gmail.com](mailto:sscovill555@gmail.com)

### The Mosaic of Special Populations in Recovery

Date: **September 13**

Time: 8 AM – 4 PM

Cost: \$50 for 6.25 CEU's through the Missouri Credentialing Board

Location: Bogey Hills Country Club, 1120 County Club Dr., **St Charles, MO 63303**

This conference will discuss the importance of identifying and assessing treatment needs of special populations in recovery, featuring Brenda Iliff from Hazelden. To RSVP contact [sahunt@cphmo.net](mailto:sahunt@cphmo.net)

### Recovery Day

Date: **September 14**

Time: 3 PM – 9 PM

Cost: Free to attend food, raffles, t-shirts and games are available to purchase

Location: Oak Park, **Aurora, MO**

Fundraiser featuring live music, testimonies and a whole lot more For information [click here](#)

### MRN presents Trivia Night

Date: **September 19**

Time: 6:30 PM—9 PM Cost: FREE

Location: Kathy Carter Building, 221 Metro Drive, **Jefferson City MO**

Register your team of up to 8 by September 12th by email [neickhoff@morecovery.org](mailto:neickhoff@morecovery.org) or call 573-634-1029

Includes snacks and prizes!!

#### Recovery is Real

Date: **September 21**

Time: 12 PM – 4 PM Cost: Free

Location: The Farm 2828 East Highway 47 **Winfield**, MO 63389

An event for families and young people in recovery

#### 4th Annual Addiction Recovery Walk

Date: **September 28**

Time 8 AM – 12 PM Cost: Free

Location: Capaha Park 1546 Broadway **Cape Girardeau**, MO

To bring awareness to Missouri's substance use disorder crisis and provide hope showing the community that we do recovery, that it is possible to find solutions and maintain long-term recovery.

#### Boots on the Ground

Date: **September 27**

Time: 830 AM—3 PM Cost: Free

Location: Fellowship Baptist Church in **Poplar Bluff**, MO

Featuring speakers and a screening of the documentary "Not My Child." Lunch will be provided. To reserve your spot call 573-481-0505

#### PEEPS 4th Annual Recovery Day Event

Date: **September 27**

Time: 11 AM—5 PM Cost: Free

Location: Table Rock State Park 5272 Hwy 165 **Branson**

Featuring food, raffles, volleyball, swimming, races and prizes. Please bring a side dish and donations for the raffles are appreciated!

#### Breaking Every Chain Rally

Date: **September 28**

Time: 2 PM—4 PM Cost: FREE

Location: Hood Park on Hood Drive **Cuba**, MO 65453

Stories from people in the field, testimonies, recovery resources, live music, bounce house, food and more.

***Look for updates on different topics/initiatives next Friday!***