

## FYI Fridays

### DBH Updates and Policy Guidance

August 9, 2019

1. **Budget Update** – Many DBH units have been working on the block grant application, as well as preparing the FY 21 budget items.
2. **New Opioid Campaign** – The DBH began an opioid-related media campaign in the St. Louis area, as part of the State Opioid Response (SOR) Grant. This campaign includes billboards, radio, social media/text messaging, transit (buses and bus shelters, etc.), and flyers. Radio ads began Monday and the rest will be up in the next week or so. We're super thankful for the work of the UMSL-MIMH team along with all of the community partners, health department leaders, and people with lived experience who participated in the focus groups and helped craft the messages. The campaign will soon expand to other parts of the state. Here are some of the visuals.



3. **Commission Meeting** - The next meeting of the Department of Mental Health's Commission is August 13, 2019, beginning at 10 am, at DMH. **Tim Swinfard from Compass Health Network** will be providing a presentation on CCBHO projects. This will be a very helpful presentation for anyone wanting to learn more about this important initiative.
4. **The Move into the New Fulton State Hospital** - This week at Fulton State Hospital 292 high-security patients and over 500 employees were successfully transferred into the new Nixon Forensic Center. This high-risk operation was completed in just three days without incident due to the professionalism of all staff involved. The extensive planning to prepare for an event of this scale resulted in a seamless transition for patients and staff while ensuring the safety of all. The Nixon Forensic Center is now fully operational and demolition of the vacated older Biggs building will begin later this year.
5. **Missouri Veterans Suicide Prevention Team** - The MO Veterans Suicide Prevention Team is a network of military-connected, certified *Question, Persuade, Refer (QPR) Gatekeeper* trainers that offers in person classes to communities at no cost. These trainers are veterans, military family members or from organizations that support the military community. To find a trainer near you visit <https://dmh.mo.gov/veterans/>, look under the map and click on "How can I attend suicide prevention training in my area?"

## Training Opportunities and Resources

1. **Using Peers to Support Re-Engaging Families** (webinar) - Please join this **SAMHSA sponsored webinar** developed under contract by the National Federation of Families for Children's Mental Health. To be held **Thursday, August 15, 2019, from 2:00 to 3:30 pm EASTERN** time. Panelists will describe the use of peers to prevent losing family supports and facilitation of family reunification following disconnection. Project Return Peer Support Network will share about programs focused on adults with serious mental illness and within Latino communities. Georgia Parent Support Network will discuss supports for adolescents with serious emotional disturbances. Both programs will address strategies, challenges and lessons learned from their programs about how to facilitate and support continued family engagement and re-engagement. [Register Here](#)
2. **2019 Missouri Rural Health Conference** – Offered to you collaboratively by the Missouri Rural Health Association, the Missouri Hospital Association, the Missouri Primary Care Association, and the Missouri Department of Health and Senior Services. This conference will be held **August 20-22, 2019**, at The Lodge at Old Kinderhook in Camdenton. [REGISTRATION IS OPEN!!!](#)
3. **Vicarious Liability and Ethics Workshop** – to be held **Friday, August 23, 2019, from 9 am to 12 pm** at the Children's Campus of Kansas City at 444 Minnesota Avenue, Kansas City, KS. Registration fee of \$40. [Register Now](#)
4. **Breaking the Cycle: Intergenerational Trauma and Personality** – FREE webinar on **Tuesday, August 27, 2019, at 12 pm** CT (one hour). This presentation will focus on providing an integrated understanding of the connections between intergenerational trauma; the emergence of maladaptive coping mechanisms; personality disordered traits and characteristics; and substance use disorders.  
[https://goto.webcasts.com/starthere.jsp?ei=1255301&tp\\_key=45e5a207cb&utm\\_campaign=Foundations%208%2F27%2F19%20PBHLN%20Webinar&utm\\_source=hs\\_email&utm\\_medium=email&utm\\_content=75107977&hsenc=p2ANqtz--vsvcVcm72elxFfzfw6jp-dRCi9h8R07Gj8iYR0ELXs9CI6F-YEVtksZi2t7H3qBtXp68xXbvO\\_Y7Sj9sRMbOO62BVQ&hsmi=75107977](https://goto.webcasts.com/starthere.jsp?ei=1255301&tp_key=45e5a207cb&utm_campaign=Foundations%208%2F27%2F19%20PBHLN%20Webinar&utm_source=hs_email&utm_medium=email&utm_content=75107977&hsenc=p2ANqtz--vsvcVcm72elxFfzfw6jp-dRCi9h8R07Gj8iYR0ELXs9CI6F-YEVtksZi2t7H3qBtXp68xXbvO_Y7Sj9sRMbOO62BVQ&hsmi=75107977)
5. **Adult MHFA Training** - DMH is sponsoring Adult Mental Health First Aid (MHFA) training. MHFA is an 8-hour training that teaches how to help someone who is developing a mental health problem or experiencing a mental health crisis. After receiving the training, a Mental Health First Aider will know how to identify, understand and respond to signs of mental illnesses and addictions. The instructors for this training are Jill Richardson and Stacey Williams of DMH. **Wednesday, September 4<sup>th</sup> and Thursday, September 5<sup>th</sup>** are the training dates and will be 4-hours from 8:15 – 12:30 each day. The training will be at DMH Central Office (1706 E Elm) in Jefferson City; conference room B. An attendee must attend both days and the full 8 hours to be certified. CEUs are available and attendees may purchase on their own. Registration is required. To register, contact Vickie Epple at [vickie.epple@dmh.mo.gov](mailto:vickie.epple@dmh.mo.gov).
6. **Wellness Recovery Action Plan (WRAP) Training** - The next Two-Day WRAP Training is scheduled for **September 10-11, 2019**, in the Kansas City area. More details and information on registration will be coming out soon.
7. **Trauma and Substance Use Awareness Training for Justice Professionals** – Offered by NCADA, this program will equip law enforcement, attorneys, and guardians ad litem with significant education and tools to understand and successfully communicate with children while reducing trauma. Current training dates are:  
[September 10th from 9 am - 11 am online webinar](#)  
[November 14th from 9 am - 11 am in Kansas City at KCPT](#)

8. **No-Cost Half & Half | MAT Waiver Training** - Opioid STR/SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare, is providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as **the first 4 hours will be in person and second 4 hours will be individual online work.** *If you obtain your buprenorphine waiver following this course, you (or your agency) are likely eligible to receive \$500 reimbursement for your time\*.*

**Scheduled Trainings (all trainings are 8:30 a.m. – 12:30 p.m.):**

1. Kansas City, MO | September 14, 2019 & October 26, 2019  
**Register online now:** <http://www.cvent.com/d/dygcc3>
2. St. Louis, MO | October 12, 2019  
**Register online now:** <http://www.cvent.com/d/ryqci2>

NP & PA's – this coursework will go toward your 24 hours of training. If you complete this, you can go online and finish the other 16 hours of work to get your certificate. The link below will take you directly to the registration page for the other 16 hours of training

<https://e-learning.apna.org/products/medication-assisted-treatment-mat-16-hour-waiver-training>

**After completion of the required training:**

- Participants must submit a Notice of Intent form (NOI; link provided after training)
- Participants must submit their certificate of completion (provided after completing the training, verifies coursework completion)
- Once participants receive their waiver, upload to <https://katiehorst.wufoo.com/forms/z1fglcxq1u8h0fg/> to receive \$500 reimbursement, if applicable, and connect with clinics in Missouri in need of your services.\*

**Ongoing mentorship and support:**

- PCSS-MAT has a comprehensive library of materials with continuing education, available at no cost for healthcare providers. PCSS-MAT also has a no-cost clinical coaching/mentoring program to provide one-on-one clinical expertise for primary care providers. You can post a question to a listserv with an addiction specialist and be matched with an addiction specialist.
- Additionally, the Missouri STR team has local buprenorphine-waivered and experienced physician and NP consultants available to meet individually or respond to queries by phone or online. Email Philip Horn ([philip.horn@mimh.edu](mailto:philip.horn@mimh.edu)), STR Project Manager, to connect with someone.

*\*In order to get reimbursed for the 8-hour MAT training and additional 16-hour training for NP/Advanced Practice Nurses (APN), you must fill out the DATA 2000 MAT Waiver Training Registry (<https://katiehorst.wufoo.com/forms/z1fglcxq1u8h0fg/>) and agree to all terms.*

- *Terms include: you are signifying a good faith commitment to provide medical treatment to individuals with Opioid Use Disorder who are uninsured, underinsured, and/or covered through Missouri's Medicaid program. To accomplish this, you agree to work with any of the following medical and behavioral healthcare settings: state-funded Community Mental Health Centers, and/or Substance Use Disorder treatment facilities, Federally Qualified Health Centers, and public hospitals. Additionally, you agree to give providers affiliated with the Missouri Department of Mental Health (DMH) the right to contact you via phone, email, or address in regards to providing treatment to their client population. Additionally, you will have the same rights to contact the DMH providers to whom you partner to provide services.*

**Other Upcoming Events:**

**MCB Clinical Supervision Trainings** <https://missouricb.com/> (573) 616-2300

- November 14-15, 9am – 4pm in STL

**MCB Peer Supervision Trainings** <https://missouricb.com/> (573) 616-2300

- October 29 – Cape Girardeau
- December 10 – Jefferson City

**MCB Ethics Trainings** <https://missouricb.com/> (573) 616-2300

"Ethics" - Friday Aug. 16th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.

[Click Here for the August Ethics Registration Form](#)

"Ethics" - Friday Sept. 20th, 2019 - Farmington, MO - \$35.00 - 6 CEUs.  
"Ethics" - Friday Sept. 20th, 2019 - Jefferson City, MO - \$35.00 - 6 CEUs.  
"Ethics" - Friday Sept. 20th, 2019 - St. Louis Area, MO - \$35.00 - 6 CEUs.  
"Ethics" - Friday Sept. 27th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

[Click Here for the September Ethics Registration Form](#)

"Ethics" - Friday Oct. 4th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.  
"Ethics" - Friday Oct. 11th, 2019 - Joplin, MO - \$35.00 - 6 CEUs.  
"Ethics" - Sat. Oct. 12th, 2019 - Boonville, MO - \$35.00 - 6 CEUs.  
"Ethics" - Friday Oct. 18th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.  
"Ethics" - Friday Oct. 25th, 2019 - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

***Look for updates on different topics/initiatives next Friday!***