

FYI Fridays

DBH Updates and Policy Guidance

August 2, 2019

1. **Budget Update** – Fiscal staff are working diligently to finalize provider allocation letters for Fiscal Year 2020.
2. **Only Individuals with a Diagnosis of Opioid Use Disorder (OUD) are Eligible to be Served Under the State Opioid Response (SOR) Grant** – **We should not be seeing anyone without such a diagnosis in the SOR data.** *‘Nuff said.*
3. **CSTAR SPA Approved!** – More info is forthcoming, but after several years of going back and forth with CMS (and at least 18 consecutive months this last round), the CSTAR State Plan Amendment was approved!! If you’ll recall, the request was to make Peer Support and Family Support Medicaid-reimbursable services. In addition, LPN was added as a qualified provider of nursing services. During this CMS period of review, we also added Physician Assistant and Assistant Physician as qualified providers of medication services. We’ll be issuing billing guidance in the coming weeks.
4. **CIMOR Update** - The quarterly Medicaid sweep in CIMOR will run next Thursday, August 8. All encounters that are less than a year old, have never been on a claim to MO HealthNet, and have been paid on a non-Medicaid invoice or went to Over Allocation or No External Payer status will be picked up in the process.
5. **OMB’s Interest in MO’s CCBHOs** - The Federal Office of Management and Budget (OMB) staff wanted a better understanding of the Certified Community Behavioral Health Organization (CCBHO) project. CMS recommended that they visit Missouri because of the quality of our implementation. On July 18, OMB representatives visited the **Ozark Center** in Joplin for an introductory meeting and to see its programing. Mark Stringer and Rick Gowdy attended the introductory meeting to discuss the CCBHO project from the state perspective. On Friday, the OMB team visited **Burrell Behavioral Health** in Springfield. Brent McGinty, Natalie Cook and Dorn Schuffman were present for both visits. The leadership and staff of both Ozark Center and Burrell did an excellent job of showcasing their CCBHO initiatives. The OMB staff conveyed their appreciation to both agencies.
6. **Another CCBHO Extension at Federal Level** (*reprinted from National Council for Behavioral Health, with minor edits for brevity*) - On Tuesday, the House approved a short-term extension of the Certified Community Behavioral Health Clinic (CCBHC) demonstration. The legislation now heads to the White House for President Trump’s review and signature. **The bill would extend the program until Friday, September 13, 2019.** This extension is yet another

“Consumer Completed Treatment”

IMPORTANT

When closing an EOC in CIMOR, providers must choose a DISCHARGE REASON. It is vital that the most accurate and appropriate reason be selected. **WHY?** Because this is the kind of data that is provided to the state legislature and other stakeholders. When we are finding that the **half** of individuals “completing treatment,” have the same (or increased) level of use of their primary substance after treatment completion...**it calls into question the integrity of our data – at best.**

Here is the description from the **CIMOR Guidance Document** regarding the **“Consumer Completed Treatment”** discharge selection (emphasis added): Consumer has **satisfactorily completed** his/her individual treatment plan and **is not being referred to any other level of DBH Substance [Ab]Use Treatment.** This selection is **also appropriate for consumers who have self-terminated after significant engagement in treatment with serious work on treatment plan objectives** and reason for discharge as *Completed* is the most accurate description of the episode.

Want info on the rest of the DISCHARGE REASONS and when to use them? Page 32 in the CIMOR Guidance Document can help!

<https://dmh.mo.gov/docs/ada/cimorguidance.pdf>

legislative victory for the CCBHC program and one on which advocates look to build momentum for a long-term extension and expansion in the fall. Congress has shown its strong bipartisan commitment to ensuring continued access to care through CCBHCs. Earlier this week, House Energy and Commerce Chairman Frank Pallone (D-NJ) and Ranking Member Greg Walden (R-OR) [released a statement](#) following the House's passage of the short-term funding solution, urging Congress to pass a longer extension of the program. "While we are relieved that the Senate acted on the request to restore funding for the Certified Community Behavioral Health Clinic demonstration program, we remain concerned that this short-term extension once again kicks the can down the road, potentially imperiling access to treatment for thousands of people with substance use disorders and mental health conditions in the foreseeable future," said Reps. Pallone and Walden. "A longer extension of the program would give us time to fully evaluate how the program is working. We cannot afford to keep kicking the can down the road in the midst of an opioid epidemic."

7. **Stringer Invited to Federal Meeting on Meth** - With just a few days advance notice, Director Stringer was asked to attend a meeting on July 30 in Washington, DC with Secretary Alex Azar, Director of the U.S. Department of Health and Human Services, along with two other State directors (from Washington and South Carolina) and the executive director of the National Association of State Alcohol and Drug Abuse Directors, or NASADAD. The purpose of the meeting was to discuss the rise in methamphetamine use throughout the U.S. and to assist in developing a set of actions to combat this increase.
8. **Value Based Payment is the New Reality for SUD Providers: Are You Ready?** *(reprinted from National Council for Behavioral Health)* - The health care landscape is shifting from traditional fee-for-service models that incentivize volume of care toward value-based payment (VBP) models. VBP models create incentives for providers to improve health care quality and demonstrate better health outcomes at lower costs. Initially focused on physical health care, VBP models are becoming more prevalent in behavioral health, in part, because of the high costs associated with behavioral health conditions.

Recent research provides greater insight into this complex issue. A [Milliman Research report](#) examined the potential economic impact of integrating medical and behavioral health care and the cost of serving people with co-morbid conditions and a [U.S. Government Accountability Office report](#) prepared for Congress looked at behavioral health conditions as cost drivers in Medicaid.

But VBP doesn't just provide financial incentives; the trend presents an opportunity for substance use disorder (SUD) treatment providers to improve overall care and help patients get and stay healthier.

Is your organization ready for value-based payment? What kinds of changes do you need to make and where should you start? You may have already started to make changes, as the funding for many of your programs has likely already shifted from state block grant funding to Medicaid and/or private insurance.

An important starting point may be to look at the data you are currently collecting and how you are using it. Implementing a continuous quality improvement process helps providers utilize the data they are collecting, not only for reporting purposes, but also to inform their clinical processes and program development. In a nutshell, this involves forming a team with both clinical and administrative folk who meet on a regular basis to determine what is working and identify opportunities for improvement. The National Council's Care Transitions Network created a [Quality Improvement Toolkit](#) to help you take the first critical steps.

A common stumbling block is that mental health and SUD treatment outcomes can be difficult to define and measure. Knowledge from the field underscores improved functioning and quality of life as primary goals, but these are often absent in VBP performance measures. With a dearth of standardized tools, how can you demonstrate that your clients are getting and staying healthier over time? It may be worth starting with some nationally recognized process measures, such as those set by the [National Committee for Quality Assurance \(NCQA\)](#).

Another important step starts with understanding your costs of services. This means accurately tracking personnel and staffing costs, as well as administrative costs that include occupancy, technology, infrastructure and hidden

costs such as workforce training to accommodate a new payment model. You need to cost out your services before considering if a VBP model offers adequate resources to make the necessary shifts in practice.

Important questions include:

- Does the contract contain the flexibility you need for patient care?
- Will the contract cover your actual costs?
- Are the outcomes you will be required to measure the right ones?
- Will the outcomes add meaning to your practice?
- Will they accurately indicate if patients are being supported in their overall health and recovery?

Whether or not your organization is prepared to take on a VBP contract, it is important to be engaged in conversations at the local, state and federal levels about the future of behavioral health payment reform. Our common goal of supporting patients in leading healthier, happier and more productive lives hinges on the ability to help shape these conversations and develop payment models that support a full continuum of care.
<https://www.thenationalcouncil.org/BH365/2019/07/17/value-based-payment-is-the-new-reality-for-sud-providers-are-you-ready/>

9. **ITCD Newsletter** (summer edition) - <https://dmh.mo.gov/mentalillness/provider/documents/itcdsummer19.pdf>
10. **ACT Newsletter** (summer edition) - <https://dmh.mo.gov/mentalillness/provider/documents/actnlsummer19.pdf>
11. **REACT Standards** - the **revised REACT rules** will be published in the July 31, 2019 edition of the *Code of State Regulations* and will be **effective August 31, 2019** (30 days after initial publication in the CSRs.) Final, as published in the CSRs: <https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c30-3.pdf> (page 32)
12. **Mental Health Champions' Banquet** has been **RESCHEDULED** - Due to recent flooding in Jefferson City and specifically in the area of Capital Plaza Hotel (the event venue), the Mental Health Champions' Banquet has been **postponed until August 13th**. More info: http://www.missourimhf.org/?page_id=353
13. **eMOMED Instructional Videos** - Be sure to check out the new YOU TUBE videos below on:
 - Accepting eMOMED Access Request
 - Adding NPI's as Administrator
 - Adding NPI's as Biller.

You can access the links on [eMOMED](#) to watch these brief, instructional videos.

Training Opportunities and Resources

1. **Implementing Effective Systems of Care for Children, Youth, and TAY with or at-risk of SED in Rural Communities** - A SAMHSA-sponsored webinar developed under a contract by the National Association of State Mental Health Program Directors (NASMHPD) and National Federation of Families for Children's Mental Health, will take place **Tuesday, August 6, 2019 at 3:00pm Eastern Time**. The webinar is called **Implementing Effective Systems of Care for Children, Youth, and Transition-Aged Youth with or At-Risk of SED in Rural Communities**.

A panel will discuss the challenges, successes, and lessons learned from their experiences in the implementation of effective rural Systems of Care. Discussion will include research findings related to engaging students and families in rural educational settings, cultural considerations, and strategies for engaging youth in remote communities.

Presenters will offer insights and recommendations of interest to those who are currently involved in this work, and for those who are contemplating the implementation of a rural System of Care. This webinar will be of interest to all audiences. https://events-na3.adobeconnect.com/content/connect/c1/986655080/en/events/event/shared/1700946820/event_landing.html?connect-session=na3breezws495ua3c9uhqvxe&sco-id=2435512062& charset =utf-8

2. **2019 Missouri Rural Health Conference** – Offered to you collaboratively by the Missouri Rural Health Association, the Missouri Hospital Association, the Missouri Primary Care Association, and the Missouri Department of Health and Senior Services. This conference will be held **August 20-22, 2019**, at The Lodge at Old Kinderhook in Camdenton. **[REGISTRATION IS OPEN!!!](#)**
3. **Vicarious Liability and Ethics Workshop** – to be held **Friday, August 23, 2019, from 9 am to 12 pm** at the Children’s Campus of Kansas City at 444 Minnesota Avenue, Kansas City, KS. Registration fee of \$40. [Register Now](#)
4. **Breaking the Cycle: Intergenerational Trauma and Personality** – FREE webinar on **Tuesday, August 27, 2019 at 12 pm** CT (one hour). This presentation will focus on providing an integrated understanding of the connections between intergenerational trauma; the emergence of maladaptive coping mechanisms; personality disordered traits and characteristics; and substance use disorders.
https://goto.webcasts.com/starthere.jsp?ei=1255301&tp_key=45e5a207cb&utm_campaign=Foundations%208%2F27%2F19%20PBHLN%20Webinar&utm_source=hs_email&utm_medium=email&utm_content=75107977&hsenc=p2ANqtz--vsvcVCm72elxFfzfw6jp-dRCi9h8R07Gj8iYR0ELXs9Cl6F- YEVtksZi2t7H3qBtXp68xXbvO Y7Sj9sRMbOO62BVQ&hsmi=75107977
5. **Adult MHFA Training** - DMH is sponsoring Adult Mental Health First Aid (MHFA) training. MHFA is an 8-hour training that teaches how to help someone who is developing a mental health problem or experiencing a mental health crisis. After receiving the training, a Mental Health First Aider will know how to identify, understand and respond to signs of mental illnesses and addictions. The instructors for this training are Jill Richardson and Stacey Williams of DMH. **Wednesday, September 4th and Thursday, September 5th** are the training dates and will be 4-hours from 8:15 – 12:30 each day. The training will be at DMH Central Office (1706 E Elm) in Jefferson City; conference room B. An attendee must attend both days and the full 8 hours to be certified. CEUs are available and attendees may purchase on their own. Registration is required. To register, contact Vickie Epple at vickie.epple@dmh.mo.gov.
6. **Suicide Lifeguard Training** – Professional Suicide Prevention Education to be held September 26, 2019, at the Courtyard, 3527 W. Kearny Street, Springfield, MO. [Register Today!](#)
7. **Trauma and Substance Use Awareness Training for Justice Professionals** – Offered by NCADA, this program will equip law enforcement, attorneys, and guardians ad litem with significant education and tools to understand and successfully communicate with children while reducing trauma. Current training dates are:

[September 10th from 9 am - 11 am online webinar](#)

[November 14th from 9 am - 11 am in Kansas City at KCPT](#)

Other Upcoming Events:

Missouri Recovery Support Specialist (MRSS) Training - [Click Here for MRSS Registration Form](#)

- August 1-3 in Cuba
- August 8-10 in Poplar Bluff

MCB Clinical Supervision Trainings <https://missouricb.com/> (573) 616-2300

- November 14-15, 9am – 4pm in STL

MCB Peer Supervision Trainings <https://missouricb.com/> (573) 616-2300

- October 29 – Cape Girardeau
- December 10 – Jefferson City

MCB Ethics Trainings <https://missouricb.com/> (573) 616-2300

"Ethics" - Friday Aug. 9th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Aug. 9th, 2019 - Farmington, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Aug. 9th, 2019 - Jefferson City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Aug. 16th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.

[Click Here for the August Ethics Registration Form](#)

"Ethics" - Friday Sept. 20th, 2019 - Farmington, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Sept. 20th, 2019 - Jefferson City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Sept. 20th, 2019 - St. Louis Area, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Sept. 27th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

[Click Here for the September Ethics Registration Form](#)

"Ethics" - Friday Oct. 4th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Oct. 11th, 2019 - Joplin, MO - \$35.00 - 6 CEUs.

"Ethics" - Sat. Oct. 12th, 2019 - Boonville, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Oct. 18th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Oct. 25th, 2019 - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

Look for updates on different topics/initiatives next Friday!