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supports and services
THAT FOSTER self-determination.

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Center for Medicare and Medicaid Services Guide

"Getting the Care You Need"

The Center for Medicare and Medicaid Services has developed "Getting the Care You Need: A Guide for Individuals with Disabilities," a best practices resource that highlights the approaches some people with disabilities have implemented to help providers and office staff better meet the needs of people with disabilities.

The guide includes a brief overview of patients' rights, tips on preparing for medical appointments, information on what to do if they experience difficulties accessing care, and an appointment checklist with tips on how individuals can work with their provider to get the care they need before, during, and after an appointment. Access the guide at: [Getting the Care You Need](#).

www.dmh.mo.gov/dd
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MISSOURI DEPARTMENT OF MENTAL HEALTH