

## FYI Fridays

### *DBH Updates and Policy Guidance*

June 28, 2019

1. **Budget Update** – Fiscal staff are working diligently to finalize provider allocation letters for Fiscal Year 2020.
2. **Core Rules for Psychiatric and Substance Use Disorder Treatment Programs** – The following Core Rules, as amended, **became final on June 30, 2019**. The rules can be found in the *Code of State Regulations* at: <https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c10-7.pdf>.

**9 CSR 10-7.010** Essential Principles and Outcomes  
**9 CSR 10-7.020** Rights, Responsibilities, and Grievances  
**9 CSR 10-7.030** Service Delivery Process and Documentation  
**9 CSR 10-7.040** Performance Improvement  
**9 CSR 10-7.050** Research  
**9 CSR 10-7.080** Dietary Service  
**9 CSR 10-7.090** Governing Authority and Program Administration  
**9 CSR 10-7.100** Fiscal Management  
**9 CSR 10-7.110** Personnel  
**9 CSR 10-7.120** Physical Environment and Safety  
**9 CSR 10-7.130** Procedures to Obtain Certification

**NOTE:** 9 CSR 10-7.060 **Behavior Management**, 9 CSR 10-7.070 **Medications**, and 9 CSR 10-7.140 **Definitions** are still in the review process.

**Beginning July 1, 2019 all certification reviews and billing reviews will be based on the amended Core Rules.** DBH staff will note any areas of concern/questions they may encounter to ensure a smooth transition to the new regulations and determine if any further revisions are necessary. **CLICK HERE** to review a summary of the major changes: <https://dmh.mo.gov/ada/docs/overview-of-changes-core-rules.pdf>. Questions should be sent to [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov).

3. **Possible Extension for CCBHC Demo** - After much debate and political back and forth, the House and Senate passed a short-term extension of the Certified Community Behavioral Health Clinic (CCBHC) Medicaid demonstration program on Friday, continuing the program through the 4th of July recess. While the National Council cannot guarantee a path forward beyond this short-term extension, the NC is optimistic that upon its return Congress will pass another continuation of the program through to the end of September 2019.

It should be noted that Missouri is the **first** of the eight demonstration states to have an APPROVED state plan amendment that will be effective July 1, 2019! Many staff, Coalition staff, and providers worked incredibly hard to see this process through. A special thanks is extended to **Dorn Schuffman** and **Donna Siebeneck!** (*Now fingers crossed for a positive word on CSTAR!*)

4. **MHD Public Notices** - The following Public Notices were published on Wednesday, June 26:
  - [Public Notice of Rate Methodology Change for Fiscal Year 2020 for the Department of Social Services, MO HealthNet Division](#)
  - [Public Notice of Department of Mental Health Home and Community Based Services Waiver Provider Rate Increase](#)

Questions and comments regarding any other issues should be directed to: [ask.MHD@dss.mo.gov](mailto:ask.MHD@dss.mo.gov)

5. **The Mental Health Champions' Banquet** has been **POSTPONED!!!** Due to the flooding in Jefferson City and specifically in the area of Capital Plaza Hotel (the event venue), the Mental Health Champions' Banquet has been **postponed until August 13<sup>th</sup>**. There will be more details to come. Here are some basic answers for now:
- If you are registered and you plan on attending the event on August 13<sup>th</sup> – **NO NEED TO DO ANYTHING!**
  - If you are registered and you CANNOT attend the event on August 13<sup>th</sup> – **you may contact the Missouri Mental Health Foundation for a refund.**
  - If you have not registered yet – **YOU MAY REGISTER** for the August 13<sup>th</sup> event beginning on Monday, June 10<sup>th</sup>.

### ***Training Opportunities and Resources***

1. **MO-HOPE OEND Train the Trainer** – This training is designed for attendees to be able to train their agencies to provide overdose education and naloxone distribution services to clients they serve. Appropriate organizations would include treatment providers, social service organizations, homeless outreach, organizations that serve survivors of domestic violence or sex trafficking, LGBTQIA+ related organizations, medical providers, and others who interact with those who are at risk of witnessing or experiencing an opioid overdose. If you are interested in participating, please register using the links below. Addresses and times are on the registration page.

**Columbia, MO July 11:** <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-071119/>

If you have any questions, please contact Brandon Costerison at (314) 962-3456 X 367 or [bcosterison@ncada-stl.org](mailto:bcosterison@ncada-stl.org). Certain organizations may be eligible for free naloxone to distribute to uninsured populations they serve after the completion of this training.

2. **Director's Certificate of Behavioral Health** - The Director's Certificate of Behavioral Health is a two-day training program offered by the Missouri Institute for Mental Health and is designed to provide fundamental education on behavioral health disorders to those interested in gaining basic knowledge about behavioral health, including discussions on historical and current treatment approaches, risk factors, signs and symptoms, prevention strategies, person-first language, strengths-based approaches and practice using professional ethical codes when examining cases. This course may compliment many degree programs and/or professions geared towards service; however, this course is open to the general public and anyone can attend.

The content in this course may be familiar to professionals who have many years practicing in the field such as social workers, nurses, mental health professionals, counselors, psychiatrists, etc.; therefore, may serve as more of a refresher course in regards to the behavioral health content. Individuals who work in the behavioral health field, but who may not have a behavioral health background or see clients/consumers, may find this course beneficial. This certification could satisfy over half of the required continuing education units for many professional licensing boards in the state of Missouri and aide in career advancement. Sixteen (16) clock hours, including two (2) hours in Ethics, will be awarded upon completion of this training. Review the objectives and course outline below to see if this course could benefit you. **Offered July 11-12, 2019**, in STL for more info, go to Register Today!

3. **Recovery Leadership Workshop (Save the Date)** – Presented by the Recovery Coalition of Greater St. Louis and the Missouri Coalition of Recovery Support Providers on **July 12, 9:00 am to 3:00 pm** in St. Louis. (Location and registration info coming soon).
4. **Medication Awareness Recovery Specialist Training** - The MCB will be starting a new 40 hour Medication Awareness Recovery Specialist Training Program on **Friday July 12th, 2019**, with live training in Jefferson City, St. Charles, Springfield, Kansas City and Cape Girardeau. This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the

program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. The program details are as follows:

The program starts on Friday July 12th, 2019 with a 1 day live training in Jefferson City, St. Charles, Springfield, Kansas City and Cape Girardeau. Participants choose 1 live training to attend from the 5 options. The cost of the program is \$100.00 and participants receive 40 CEUs plus a Medication Awareness Recovery Specialist Certificate. If you have any questions, please contact Scott Breedlove at [scott.breedlove@missouricb.com](mailto:scott.breedlove@missouricb.com). [Click Here for the July MARS Registration Training Form](#)

7. **Managed Care Transportation Summit** – to be held July 16, 2019, from 10 am to 12 noon at the Miner Convention Center at 2610 E. Malone Avenue in Miner, MO. Open discussion, questions and answers. Should RSVP by July 12. For more info: 888-317-4949.
8. **Internet Addiction Live Conference** – “Living Online: How Our Relationship with the Internet Can Cross the Line into Addiction. Offered by the Missouri Institute of Mental Health on **July 19, 8 am to 12:00 pm** at MIMH (4633 World Parkway Circle, St. Louis, 63134) Cost is \$99 and seating is limited. [Click here for more info](#)
9. **2019 Regional Suicide Prevention Conferences** – DMH, in partnership with the Missouri Coalition for Community Behavioral Healthcare and Community Counseling Center, invite you to attend one or more of the regional Missouri Suicide Prevention Conferences. These are located in three regions of the state, **July 23-25, 2019**. Each will be a day of full breakout sessions with great topics and trainings, including an adolescent track for ages 12-17. This is a FREE event! CEUs are available at a cost of \$25/person. **REGISTER HERE:** <http://www.cvent.com/d/86qdz7>

Kansas City, MO – July 23, 2019

Columbia, MO – July 24, 2019

Cape Girardeau, MO – July 25

10. **Dispelling Benefits to Work Myths workshop** - Many thousands of Missourians with disabilities could be working if they had the right support, including help navigating the systems of public benefits they receive. The rules about how work affects social security and medical benefits are very complex. It takes specialized assistance for people to use safety nets called “work incentives” to ensure they are financially better off working, and that they can keep the essential benefits they need.

As part of its Employment First initiative, the State of Missouri is developing a tiered system of benefits planning to supplement the efforts of the Work Incentives Planning and Assistance (WIPA) projects. Training, technical assistance and resources are being designed to create a much larger network of professionals to help people understand how work will affect benefits. With the right kind of training and preparation, you can provide accurate information and know when to refer individuals to skillful benefits counselors to address more complex issues. The first workshop on Dispelling Benefits to Work Myths is ideal for EVERYONE (case managers, therapists, special education teachers, workforce development, etc.) We can all benefit from knowing the facts. Unable to send everyone? Select your strongest colleagues to participate in the Dispelling Benefits to Work Myths workshop and the subsequent Dispelling Benefits to Work Myths Training of Trainers. They will be provided with the curriculum and instructions to bring back to share with teams.

Join us on **July 24-25, 2019** at Fulton State Hospital, Nixon Forensic Center Auditorium, in Fulton, MO. Registration is free: <https://cvent.me/NYqrn>

10. **Trauma and Substance Use Awareness Training for Justice Professionals** – Offered by NCADA, this program will equip law enforcement, attorneys, and guardians ad litem with significant education and tools to understand and successfully communicate with children while reducing trauma. Current training dates are:

[July 30th from 2 pm - 4 pm at NCADA](#)

[September 10th from 9 am - 11 am online webinar](#)

[November 14th from 9 am - 11 am in Kansas City at KCPT](#)

11. **2019 Missouri Rural Health Conference** – Offered to you collaboratively by the Missouri Rural Health Association, the Missouri Hospital Association, the Missouri Primary Care Association, and the Missouri Department of Health and Senior Services. This conference will be held **August 20-22, 2019**, at The Lodge at Old Kinderhook in Camdenton. [REGISTRATION IS OPEN!!!](#)

**Other Upcoming Events:**

**Missouri Recovery Support Specialist (MRSS) Training** - [Click Here for MRSS Registration Form](#)

- August 1-3 in Cuba
- August 8-10 in Poplar Bluff

**MCB Clinical Supervision Trainings** <https://missouricb.com/> (573) 616-2300

- July 25-26, 9am – 4pm in Joplin
- November 14-15, 9am – 4pm in STL

**MCB Peer Supervision Trainings** <https://missouricb.com/> (573) 616-2300

- August 27 – Springfield
- October 29 – Cape Girardeau
- December 10 – Jefferson City

**MCB Ethics Trainings** <https://missouricb.com/> (573) 616-2300

- "Ethics" - Friday July 19th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday July 19th, 2019 - Springfield, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday July 26th 2019 - St. Louis Area, MO - \$35.00 - 6 CEUs.
- "Ethics" - Saturday July 27th, 2019 - St. Joseph, MO - \$35.00 - 6 CEUs.

[Click Here for the July Ethics Registration Form](#)

- "Ethics" - Friday Aug. 9th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Aug. 9th, 2019 - Farmington, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Aug. 9th, 2019 - Jefferson City, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Aug. 16th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.

[Click Here for the August Ethics Registration Form](#)

- "Ethics" - Friday Sept. 20th, 2019 - Farmington, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Sept. 20th, 2019 - Jefferson City, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Sept. 20th, 2019 - St. Louis Area, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Sept. 27th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

[Click Here for the September Ethics Registration Form](#)

- "Ethics" - Friday Oct. 4th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Oct. 11th, 2019 - Joplin, MO - \$35.00 - 6 CEUs.
- "Ethics" - Sat. Oct. 12th, 2019 - Boonville, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Oct. 18th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.
- "Ethics" - Friday Oct. 25th, 2019 - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

**Archived Substance Use Disorder/Opioid Use Disorder Webinar Series:**

1. **Do Not Be Afraid: Medication-First OUD Treatment in Primary Care** - Dr. Pete Pirotte along with Ned Presnall provide common practices and statistics for the treatment of opioid use disorder in a primary healthcare setting. Missouri's own expert, Dr. Pete Pirotte treats opioid use disorder with Buprenorphine and pain in a Federal Qualified Health Center. To access the webinar, [click here!](#)

2. **Regulatory Issues Surrounding SUD/OD Treatment** - Ned Presnall, executive director at Clayton Behavioral Health and research assistant at the Washington University Psychiatric Department, elaborates on regulatory differences between HIPAA and 42 CFR while treating OUD/SUD patients in a primary care setting. To access the webinar, [click here!](#)
3. **Harm Reduction: Addressing Polysubstance Use in Patients with OUD** - This webinar provides strategies, principles, and key practices addressing harm reduction in primary healthcare setting for patients with opioid use disorder who may have polysubstance use. To access the webinar, [click here!](#)
4. **Assessing, Treating and Payment for Hepatitis C in Substance Use Disorder Patients** - Dr. Kanika A. Turner addresses Hepatitis while providing information on screening recommendations, assessment/diagnosis, treatment considerations, and special populations with substance use disorder while treating in a Primary Healthcare Clinic. To access the webinar, [click here!](#)
5. **Motivational Interviewing, Cognitive Behavioral Therapy, and Contingency Management: Client-Centered Psychosocial Treatment in Patients with Substance Use Disorder** - Ned Presnall, LCSW, elaborates on common therapeutic challenges in opioid use disorder (OUD) treatment, the roles of motivational interviewing and cognitive behavioral therapy in effective treatment, along with integration of medical and psychosocial treatment for OUD. To access the webinar, [click here!](#)
6. **Treating Alcohol Use Disorder in Primary Care: From Detox to Maintenance** -Dr. Fred Rottnek discusses the epidemiology and impact of alcohol use disorder (AUD), risky alcohol use, AUD screening tools, identifying patients at higher and lower risk for complicated withdrawal, and tools for harm reduction and acute/chronic treatment for AUD. Dr. Fred Rottnek, MD, MAHCM provides clinical practice with a focus on Addiction Medicine, Correctional Health Care, Homeless Health Care and Community Health Centers and partners with ARCA, Missouri STR/SOR Team, SSM Health, CJM, Alive and Well, RHC, IHN, and BHN. Unfortunately, due to technical difficulties only half of the webinar can be accessed, [click here!](#)

***Look for updates on different topics/initiatives in August!***