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<https://dmh.mo.gov/dd>

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30th Annual National APSE Conference

The Association of People Supporting Employment First (APSE) held their 30th annual national conference in St. Louis the week of June 17th. Over 950 self-advocates, businesses, employment professionals and public policy experts attended. Participants from throughout the United States and as far away as Australia attended this year's conference - Gateway to Inclusive Employment. With over 100 conference breakout sessions, participants had the opportunity to learn about promising practices and innovative employment strategies. Governor Michael Parson opened the conference with a video welcome and both State Treasurer Fitzpatrick and Missouri Attorney General Schmitt reviewed current opportunities to increase independence and self-determination as public officials and parents of children with disabilities. Keynote presentations included an anthology of 30 years of APSE presented by Francis West (international advisor and technology executive) and Liz Weintraub (Senior Advocacy Specialist for the Association of University Centers on Disabilities).

Mercy Hospital of St. Louis received the National Employer of the Year Award. Mercy established a Disability Inclusion Task Force in seven of their largest hospitals, built a culture of inclusion, and has a 51% increase in individuals with disabilities employed

**GATEWAY TO
 INCLUSIVE
 EMPLOYMENT
 APSE 2019**

**2019 National
 APSE Conference**

Celebrating 30 years of APSE
June 18-20, 2019
Pre-Conference: June 17, 2019
St. Louis, Missouri

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over a two-year period. Center for Human Services in Sedalia received the Organizational Best Practice award for their efforts with transforming their employment programming and supporting individuals to become employed in their community.

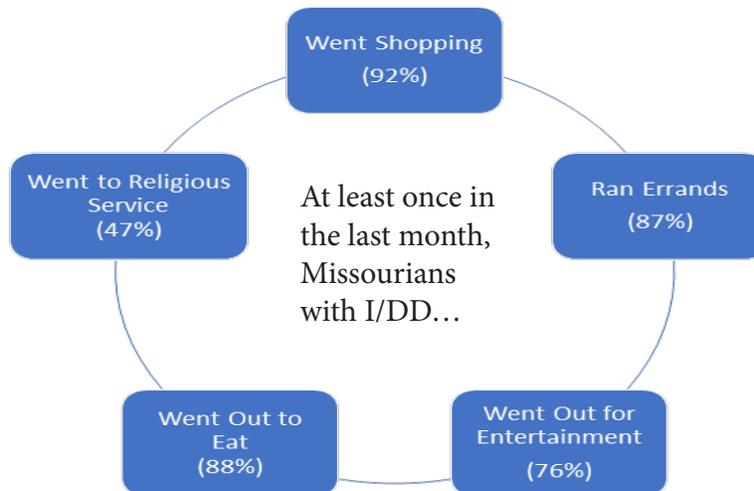
Established in 1988, APSE has a membership of 3,000+ individuals and focuses on career advancement opportunities for individuals with disabilities. Missouri had over 300 attendees at this year's conference.



Pictured left to right: Sandy Keyser (St. Louis Employment First Specialist), Don Harris (Sikeston Employment First Specialist) and Jessica Keenoy (Training Associate – Employment First Missouri)

Missouri NCI Data on Community Inclusion

The data below is from the 2017-2018 National Core Indicators Adult In-Person Survey, which is a face-to-face interview with adults (age 18+) who receive services from the Division of Developmental Disabilities. The chart below demonstrates the percentage of Missourians with I/DD that participated in various community activities. To view the full report, please visit: <https://www.nationalcoreindicators.org/resources/reports/>.



Social Media Safety

- Social media can be fun, but make sure you check your privacy settings. Social media, such as Facebook, Twitter, Instagram, and other websites are fun places to see what your friends and family are up to, share pictures, and much more. Before you begin having fun, change your privacy settings so strangers cannot see your page. If you need help, ask someone you trust to set it up for you.
- Remember, other people can see what you do online. It's important to think carefully before you type something or post a picture or a video. Even if you delete it later, sometimes it has already been saved by other people, so it never truly goes away. If you have a question if something is okay to post, ask someone before you post it.
- It's okay to say "no." If a stranger or someone that you don't like sends you a friend request on social media, it's okay to say "no." It's also okay to say "no" if someone asks you to send them a picture or chat with them.
- Tell someone you trust if you have any problems with others. If you are being bullied, are being asked to do things you don't want to do, or are being sent pictures or messages that make you feel uncomfortable, tell someone you trust so they can help put a stop to it.
- Never reply to messages saying that you have won money or prizes or that something bad will happen if you don't message them back. Also, be careful clicking on links sent to you. Most of the time, these are tricks that hackers use to hack your device. Show someone you trust or just delete it.
- Beware of fake accounts. Not all people are who they say they are. Some people could even pretend to be your friend or family member on social media. Research everyone's profile before you become their online friend. If something seems off about a person, it is probably a fake account. If in doubt, ask someone you trust. If it's a fake account, block them from contacting you. To obtain more information about spotting fake accounts, visit the websites listed at the bottom of the article.
- Never tell someone you will meet up with them. Sometimes people pretend to be someone else online, and they may not be who they say they are. Be careful who you add as a friend and never meet people in person, unless you already know them in real life.
- Never give out your password. People can get your private information or pretend to be you on your own account. Also, create a password that is hard for other people to guess and make sure to log out of your account every time.
- Never give out your personal information. Examples of information that are not okay to post or message to people are your date of birth, address, phone number, bank information, and social security number. Also, never post the exact place where you are or are going to be. If someone asks you for any of these, or any other private information about you, tell someone.

Information obtained from:

<http://www.safernet.org.uk/>

<https://securingtomorrow.mcafee.com/consumer/family-safety/spot-fake-facebook-account/>

Department of Mental Health Operational Excellence (OpEx)

The Department of Mental Health (DMH) has joined other Missouri government agencies to transform how we do business. Each state agency has committed to providing a state government that is more focused, more efficient, and one that delivers quality services to our citizens. To assist DMH in our transformation efforts, several statewide efforts have been initiated, including agency placemats, Quarterly Pulse Surveys, and a MO Learning initiative.

The [DMH Placemat](#) is a document that summarizes shared goals and change priorities of the Department; it is not a comprehensive strategic plan, but a working document to capture and track current priority initiatives. This keeps our workforce focused on a common goal and where we are headed as a department.

The [Quarterly Pulse Survey](#) was developed to monitor how agencies are progressing on efforts to improve agency direction, leadership, accountability, motivation and external orientation. This survey is an employee survey the State of Missouri is using to better understand our organizational health and how we are progressing on major cross-department initiatives.

[MO Learning](#) is a new professional development resource for all State of Missouri team members. It is powered by LinkedIn Learning and provides team members with access to thousands of online learning courses. With 24/7 access, this resource encourages and supports team member training and growth anytime, anywhere.

To learn more about this statewide commitment, visit [State of Missouri Better Government](#).



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

DIVISION OF DEVELOPMENTAL
DISABILITIES

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Fostering Self-determination



Supporting Families



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MISSOURI DEPARTMENT OF MENTAL HEALTH