



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

4/1/19

National Autism Awareness Month

April is designated as National Autism Awareness Month and April 2nd is World Autism Day. During the month of April, people across Missouri, the US, and the World join to increase the awareness, understanding, and acceptance of Autism Spectrum Disorder (ASD), also known as Autism. To increase understanding and acceptance of those with ASD, everyone is encouraged to upload a picture to share their support or share their story on the [global ASD mosaic](#). Individuals can also [#LightItUpBlue](#) by adding a blue ribbon in support of Autism Awareness Month to their Facebook or Twitter accounts.

ASD is a developmental disability that can cause significant social, communication, and behavioral challenges. The learning, communication, and problem-solving abilities of people with ASD can range from gifted to severely challenged. Those living with ASD and their families face a number of challenges, often needing supports and accommodations in their daily lives. Help us to increase awareness, acceptance, and community inclusion of individuals with ASD by taking the [#LightItUpBlue pledge](#) today!

www.dmh.mo.gov/dd
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MISSOURI DEPARTMENT OF MENTAL HEALTH