



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

3/7/18

Be MOre Aware: March is Developmental Disabilities Awareness Month

Principles of Self-Determination in Employment

When looking for a job, self-determination means that the individual seeking the job discovers their own wants and needs, determines their employment goals, and chooses the resources to achieve those goals. The individual seeking employment is the decision-maker and decides the direction of the job search. The individual chooses who will help him/her and controls the planning that ultimately leads to employment.

For further information around awareness of self-determination in seeking employment, visit: <https://dmh.mo.gov/docs/dd/dmhtipsheet-employmentandselfdetermination.pdf>

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH