

FYI Fridays

Policy Guidance and DBH Updates

December 7, 2018

1. **LAST CHANCE!!! Nominate a Mental Health Champion!** - The Missouri Mental Health Foundation is accepting nominations for the **2019 Missouri Mental Health Champions' Award!** This award recognizes individuals living with a mental illness, developmental disability, or is in recovery for a substance use disorder, who make a positive contribution to their community, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition. Annually, three individuals are selected to receive the Champions' Award – an individual living with mental illness, an individual living with a developmental disability, and an individual in recovery for substance use disorders. We will celebrate our award recipients and the nominees at the annual Mental Health Champions' Banquet, which is scheduled for **Tuesday, June 18, 2019** at the Capitol Plaza Hotel in Jefferson City. **EXTENDED FINAL DEADLINE TO SUBMIT NOMINATIONS: TODAY!! (FRIDAY, DECEMBER 7, 2018.)** Nominations can be submitted online. **OPTION 1: ON-LINE Nomination Form** -- Complete your 2019 Mental Health Champions' Award Nomination on-line – select the following link: http://www.missourimhf.org/?page_id=196
2. **DBH SAC Meeting** - The DBH State Advisory Council convened yesterday at DMH Central Office. Following brief updates by Rick Gowdy and Laurie Epple, there were two presentations. Susan Depue shared information about state-wide prevention services. Tyler McClain offered a presentation on Transgender 101 – Mental Health Impact: Transgender and Access to Care in Missouri. The SAC proceeded with regular business.
3. **Family Support Happenings** - DBH Children's Services, in collaboration with the Missouri Coalition for Behavioral Healthcare, hosted an end of the year Family Support Provider (FSP) training November 28 – 30. The training was well received and 20 new FSPs were in attendance. This was one of the largest groups of Support Providers to be trained. Family Support Providers seek to assist parents or family members of persons with developmental disabilities or mental health challenges. Using lived experience and their own story of success is very powerful in aiding family members who may feel overwhelmed by these challenges. Oftentimes, peers can develop a great deal of rapport with families which helps the family feel more comfortable in staying engaged with services. Wonderful kudos to the training team and participants in making this training a huge success!

In addition, FSPs in Kansas City gathered on Monday December 3 to have a round table discussion on successes and barriers faced in their area. The group had very positive feedback to report, saying "The time was well spent and the attention and care for each individual was awesome." Each person in attendance has been providing family support to folks in the KC area and had a chance to explain what has been working well for them, and things with which they have been struggling. The group provided support to each other and brainstormed ways to overcome some of the challenges voiced. The group also discussed Social Security benefits and how they can play a role in treatment for families and children and who to turn to for help in making applications.

Training Opportunities and Resources

1. **Bupe Waiver Training, Fully On-Line!** - PCSS has just approved a **fully online 8 hour** course to obtain the buprenorphine waiver! PCSS courses remain FREE for all who participate. Plus our STR/SOR teams are available to provide consultation and support throughout the process of obtaining and -- most importantly -- **using** your waiver in your practice. <https://learning.pcssnow.org/p/onlinematwaiver>
2. **Teen Treatments and Perspectives in Opioid Use Disorders** - DMH, in partnership with the University of Missouri, St. Louis - Missouri Institute for Mental Health (MIMH) and the Missouri Coalition for Community Behavioral Healthcare, is providing this free webinar as part of Missouri's State Targeted Response to the Opioid Crisis (Opioid STR) grant. **Tuesday, January 22, 2019 | 10:00 a.m. – 11:30 a.m.** CST. Speaker: Paul Glaser, MD, PhD – Washington University School of Medicine. This webinar will explore the scope of teen Opioid Use Disorders and impacts in Missouri. It will look at how treatments have changed over time and what is currently available for teens with substance use disorders. Teen perspectives on opioid use will be considered. PLEASE REGISTER: <https://attendee.gotowebinar.com/register/6802190652695316483>

The Missouri Coalition for Community Behavioral Healthcare approved this program for Continuing Education Hours. MCCBH will be responsible for this program and maintain a record of your continuing education credits earned. The Missouri Coalition for Community Behavioral Healthcare will award up to 1.5 Clock Hours or 1.8 Contact Hours (.18 CEUs) for your participation.

Look for updates on different topics/initiatives next Friday!