

FYI Fridays (on a Wednesday)

Policy Guidance and DBH Updates

November 21, 2018

1. **MHA Roundtable on MH Crisis in Rural ERs** - Rick Gowdy, Director, Division of Behavioral Health, was a presenter for the session "Executive Roundtable: Mental Health Crisis in Rural Hospital Emergency Departments" at the Missouri Hospital Association 96th Annual Convention and Trade Show. Staff from rural hospitals across the state were in attendance. Strategies for caring for those with mental health issues who present to rural hospital emergency rooms were discussed.
 2. **DM Learning Collaboratives** - COMING SOON in 2019 are Online Disease Management Learning Collaboratives! The Online DM LC will be info-sharing webinars for DM Coordinators and DM Outreach Workers to share cases and receive feedback from peers, as well as provide a regularly scheduled platform for new DM Coordinators and outreach workers to receive TA from DBH and their peers. Watch for a survey in the next couple of weeks going out to DM Coordinators regarding the Online DM Learning Collaboratives. This survey can be shared within the agency and completed by anyone who works with Disease Management. *Remember – when you enroll DM consumers into your programs (CPR or CSTAR), 100% of funds supporting your services comes from MHD, NOT your allocation!!*
 3. **Region 7 Recovery Stakeholders Learning Committee** - Mid-America ATTC and Missouri Recovery Network (MRN) are collaborating to establish a Region 7 Recovery Stakeholders Learning Community. This Learning Community will provide a networking bridge among recovery stakeholders in the four states in Region 7 – Iowa, Kansas, Missouri and Nebraska. They are hoping a broad spectrum of professions will be represented as well as persons from the recovery community themselves. The sessions will be **12:30 to 1:30 p.m. the last Thursday of each month beginning in November** (and skipping December).
 - **The first session is Thursday, November 29, beginning at 12:30 p.m.** The topic of the first session is **Trauma: What You Need to Know** will be presented by Roxanne Pendleton, MDiv, with Truman Medical Centers Behavioral Health. Participants will assist in determining topics for future sessions.
- [Click here to register.](#) If you have questions, contact Bree Sherry, at sherryb@umkc.edu or 816-235-5057. Join in the conversation and pass this invitation on to others who may be interested!
4. **Nominate a Mental Health Champion!** - The Missouri Mental Health Foundation is accepting nominations for the **2019 Missouri Mental Health Champions' Award!** This award recognizes individuals living with a mental illness, developmental disability, or is in recovery for a substance use disorder, who make a positive contribution to their community, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition. Annually, three individuals are selected to receive the Champions' Award – an individual living with mental illness, an individual living with a developmental disability, and an individual in recovery for substance use disorders. We will celebrate our award recipients and the nominees at the annual Mental Health Champions' Banquet, which is scheduled for **Tuesday, June 18, 2019** at the Capitol Plaza Hotel in Jefferson City. **FINAL DEADLINE TO SUBMIT NOMINATIONS: FRIDAY, DECEMBER 5, 2018.** Nominations can be submitted online or by mail/fax.
 - 1) **OPTION 1: ON-LINE Nomination Form** -- Complete your 2019 Mental Health Champions' Award Nomination on-line – select the following link: http://www.missourimhf.org/?page_id=196
NOTE: Release forms must still be printed, signed and submitted to the Missouri Mental Health Foundation (see address and fax information below)

- 2) **OPTION 2: MAIL/FAX – DOWNLOAD & PRINT hard copies of the Nomination Form & Release Form** – You can access a PDF version of the Nomination & Release forms at the following link: http://www.missourimhf.org/?page_id=196
Submit your completed nomination forms and release forms to the Missouri Mental Health Foundation by mail or fax to the following:

Mail: Missouri Mental Health Foundation
221 Metro Drive, Suite C
Jefferson City, MO 65109

Fax: (573) 469-7268

Training Opportunities and Resources

1. **Certified Peer Specialist Supervision Training** – The Missouri Credentialing Board (MCB) will be offering the CPS Supervision Training. This training is free and lunch is provided. The training location and date is **Monday, November 26, 2018** in Cape Girardeau. [Click Here For the November Registration Form](#)
2. **Treatment Modalities & Considerations for Persons with Chronic Mental Illness** - FREE CE LECTURE & LUNCHEON presented by CenterPointe Hospital & Compass Health **on Friday, December 7, 2018, 12:00 PM to 1:30 PM**. Held at CenterPointe Hospital Gym, 4801 Weldon Spring Pkwy, St. Charles, MO 63304. This educational offering will increase participants' understanding of chronic mental illness, illustrate how to meet patients where they are and how to develop connections that lead to learning, growth and sustained health. The benefits of long-acting injectable medications in treating chronic mental illness and the importance of community linkages will also be presented.
3. **How to Cope with the Holidays** - First Call offers a monthly, 7-session psycho-educational group for adults impacted by a loved one's substance use. In addition to these month-long programs, each November and December, First Call offers a 1 ½ hour program called How to Cope with the Holidays - an educational support group designed to help individuals cope with family dynamics and holiday stress. These events are open to the public at no charge. Our December event is **December 11, 2018 from 6:00pm – 7:30pm** at 9091 State Line Rd, Kansas City, MO 64114. Additional information can be found at: <https://www.firstcallkc.org/families>

Look for updates on different topics/initiatives next Friday!



The DBH is THANKFUL for YOU!