

## *FYI Fridays*

### **Policy Guidance and DBH Updates**

*November 9, 2018*

1. **DMH Mental Health Commission Meeting** – The Commission convened on Thursday, November 8 at DMH. While the different divisions gave updates, the featured presenter was Anne Precythe, Director of the Missouri Department of Corrections. Anne provided an overview of the Justice Reinvestment Initiative, which aims to reduce returns to prison, improve community integration for offenders, and ultimately, avoid the construction of two new prisons. There are numerous projects at play within the DOC. The DMH is partnering with DOC's Probation and Parole on the JRI Treatment Program. It is being piloted by the behavioral health providers in Boone, Butler, and Buchanan Counties.
2. **Coalition for CBHC Medical Directors' Meeting** – the next convening of this group is scheduled for **Monday, November 26, from 10 a.m. to 2 p.m.** at the Coalition office in Jefferson City. Agenda items include:
  - Discussion of first set of BPM data
  - CareManager Update
  - A clinical presentation on Sublocade, the first FDA Approved monthly buprenorphine injection indicated for the treatment of moderate to severe opioid use disorder
  - Discussion of recent Medicaid policy changes re opioid prescriptions
  - Topics for the spring Physician's Institute and the upcoming (January 28<sup>th</sup>) joint meeting with MPCA medical directors
  - Discussion of legislative priorities – come prepared with your suggestions
  - Discussion of CCBHC self-assessments
  - Discussion of best ways to address smoking cessation
3. **Laurent Javois to be Honored at 2018 Snow Ball - Mental Health America of Eastern Missouri** will present Laurent Javois, DMH's Regional Executive Officer for the Eastern region, their Silver Bell Award at their annual ball on December 7.

*“Having held leadership positions in the field and central office of DMH, Laurent always brings a broader community perspective focused on integrated treatment to his role in the St. Louis region. Colleagues and friends describe Laurent as thoughtful, strategic, prudent, with a quiet nature and able to engage with everyone.*

*In the aftermath of Ferguson, his ability to handle crisis and work calmly under pressure was on full display. He carefully considered and thought through the numerous processes needed to scale transformative ideas so that all stakeholders felt heard, engaged and empowered. This ability brought him to a volunteer leadership role in St. Louis ReCast which is working to improve communities by funding micro-grants in the St. Louis Promise Zone.*

*With an ability to be a behind-the-scenes force for change, Laurent inserts himself where he is most needed including the creation of the Behavioral Health Network, the Psychiatric Stabilization Center, Bridges to Care and Recovery and Forward through Ferguson.”*

4. **Region 7 Recovery Stakeholders Learning Committee** - Mid-America ATTC and Missouri Recovery Network (MRN) are collaborating to establish a Region 7 Recovery Stakeholders Learning Community. This Learning Community will provide a networking bridge among recovery stakeholders in the four states in Region 7 – Iowa, Kansas, Missouri and Nebraska. They are hoping a broad spectrum of professions will be represented

as well as persons from the recovery community themselves. The sessions will be **12:30 to 1:30 p.m. the last Thursday of each month beginning in November** (and skipping December).

- **The first session is Thursday, November 29, beginning at 12:30 p.m.** The topic of the first session is **Trauma: What You Need to Know** will be presented by Roxanne Pendleton, MDiv, with Truman Medical Centers Behavioral Health. Participants will assist in determining topics for future sessions.

[Click here to register.](#) If you have questions, contact Bree Sherry, at sherryb@umkc.edu or 816-235-5057. Join in the conversation and pass this invitation on to others who may be interested!

5. **Nominate a Mental Health Champion!** - The Missouri Mental Health Foundation is accepting nominations for the **2019 Missouri Mental Health Champions' Award!** This award recognizes individuals living with a mental illness, developmental disability, or is in recovery for a substance use disorder, who make a positive contribution to their community, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition. Annually, three individuals are selected to receive the Champions' Award – an individual living with mental illness, an individual living with a developmental disability, and an individual in recovery for substance use disorders. We will celebrate our award recipients and the nominees at the annual Mental Health Champions' Banquet, which is scheduled for **Tuesday, June 18, 2019** at the Capitol Plaza Hotel in Jefferson City. **FINAL DEADLINE TO SUBMIT NOMINATIONS: FRIDAY, DECEMBER 5, 2018**

Nominations can be submitted online or by mail/fax.

- 1) **OPTION 1: ON-LINE Nomination Form** -- Complete your 2019 Mental Health Champions' Award Nomination on-line – select the following link: [http://www.missourimhf.org/?page\\_id=196](http://www.missourimhf.org/?page_id=196)  
*NOTE: Release forms must still be printed, signed and submitted to the Missouri Mental Health Foundation (see address and fax information below)*

- 2) **OPTION 2: MAIL/FAX – DOWNLOAD & PRINT hard copies of the Nomination Form & Release Form** – You can access a PDF version of the Nomination & Release forms at the following link: [http://www.missourimhf.org/?page\\_id=196](http://www.missourimhf.org/?page_id=196)  
Submit your completed nomination forms and release forms to the Missouri Mental Health Foundation by mail or fax to the following:

**Mail:** Missouri Mental Health Foundation  
221 Metro Drive, Suite C  
Jefferson City, MO 65109

**Fax:** (573) 469-7268

## Training Opportunities and Resources

1. **Workshop: Handling the Holiday Blues - Tuesday, November 13, 2018, 6:30 - 8:00 p.m.** at Old Mission United Methodist Church, 5519 State Park Rd. Fairway, KS 66205. Steve Sewell, sponsored by Mental Health America of the Heartland, will address certain topics, share stories, and give encouraging hope to those who are supporting the bereaved. Objectives:
  - Discover the many different kinds of sadness that the holidays bring those who suffer from loss, change, adversity, and transitions,
  - Discover the scope of holiday grief and why it is challenging,
  - Understand why challenges, adversity, and loss (especially during the holidays) can be overwhelming in bereavement settings,

- Give specific and practical support to those who currently suffering or those who are in the caregiving role of how to function during the holidays by offering 12 practical tips for overcoming the holiday blues.

This continuing education provider is approved 1.5 hours for social workers and accepted for psychologists, professional counselors, masters prepared psychologists, marriage and family therapists and addiction counselors. For licensed professionals, please bring license # to the workshop to receive your CEU Certificate of Attendance. A Certificate of Attendance of 1.5 CEU's will be awarded to each participant. Workshop is **\$15.00**.

Pre-register only. **Registration deadline is November 11, 2018**. To register, please click onto registration form or visit "Events" at [www.mhah.org](http://www.mhah.org) to obtain form. Please complete registration form and submit with your payment either check or VISA accepted. Send via email to [sdavis@mhah.org](mailto:sdavis@mhah.org) or mail to MHAH, 739 Minnesota Ave., Kansas City, KS 66101 or fax to 913-281-3977. If you have any questions and/or need translation or other accommodation, contact Stacy Davis at [sdavis@mhah.org](mailto:sdavis@mhah.org) or 913-281-2221, ext. 112.

2. **Certified Peer Specialist Supervision Training** – The Missouri Credentialing Board (MCB) will be offering the CPS Supervision Training. This training is free and lunch is provided. The training location and date is **Monday, November 26, 2018** in Cape Girardeau. [Click Here For the November Registration Form](#)
3. **Neurobehavioral Techniques for the Treatment of Chronic Pain, Negative Emotions and Trauma - Friday, November 30, 2018, 9:00 a.m. - 12:00 p.m.** Presented by Jude LaClaire, PhD sponsored through Mental Health America of the Heartland. This program views the brain, mind and behavior as integrated systems. In this workshop you will learn how to apply these principles reducing stress, negative emotions, pain and releasing trauma. Location: Children's Campus of Kansas City, 444 Minnesota Ave., Kansas City, KS 66101. Registration: Workshop is **\$35.00**. Pre-register only. To register, please click onto [registration form](#) or visit "Events" at [www.mhah.org](http://www.mhah.org) to obtain form. If you have any questions and/or need translation or other accommodation, contact Stacy Davis at [sdavis@mhah.org](mailto:sdavis@mhah.org) or 913-281-2221, ext. 112. **Registration deadline is November 25, 2018**.
4. **The Science of Addiction Symposium - Thursday, December 6, 2018 from 8:00 AM to 5:00 PM** at the MU Bond Life Sciences Center, Monsanto Auditorium, 1201 Rollins St., Columbia, MO 65201. To ignite a comprehensive conversation about the grand challenge of addiction, the University of Missouri will host The Science of Addiction Symposium featuring keynote speakers of national prominence and thought leaders from a range of disciplines across the University of Missouri. Click to register by November 30. **Register Now!** For more information on the event, please contact Jill Ferguson at [FergusonJS@missouri.edu](mailto:FergusonJS@missouri.edu) or 573-882-5664.

**Free and Open to the Public.** [Click for complete details.](#) Actual CE credits available will be posted to the symposium website once determined and provided at the on-site registration table.

Multi-speaker sessions include:

- Drugs & Society
- Basic Translational Research
- Intervention & Training
- Flash Talks

5. **Treatment Modalities & Considerations for Persons with Chronic Mental Illness - FREE CE LECTURE & LUNCHEON** presented by CenterPointe Hospital & Compass Health **on Friday, December 7, 2018, 12:00 PM to 1:30 PM**. Held at CenterPointe Hospital Gym, 4801 Weldon Spring Pkwy, St. Charles, MO 63304. This educational offering will increase participants' understanding of chronic mental illness, illustrate how

to meet patients where they are and how to develop connections that lead to learning, growth and sustained health. The benefits of long-acting injectable medications in treating chronic mental illness and the importance of community linkages will also be presented.

- Natalie Newton, MA, LPC, CenterPointe Hospital Outpatient Program Manager, St. Peters/St. Charles
- Matt Lindquist, PMHNP, BC, CenterPointe Hospital Nurse Practitioner
- Kelsey Hayes, MA, PLPC, Compass Health Adult CPRC Supervisor
- Kristin Fanning, MA, LPC, Compass Health Director of Headway Clubhouse
- Lauren Bruce, LCSW, ACT TAY Team Leader and Therapist

***Look for updates on different topics/initiatives next Friday!***