

FYI Fridays **(Policy Guidance and DBH Updates)**

October 5, 2018

1. **Budget Update** - To view the Department of Mental Health's Fiscal Year 2020 Budget Request as sent to the Governor on October 1, 2018, click on the link that follows. If you have any questions, please contact Vicki Schollmeyer or Laurie Epple at 573-751-9478. <https://oa.mo.gov/budget-planning/budget-information/2020-budget-information/2020-department-budget-requests>

2. **Missouri Budget Explorer** - Here is a link to a new site on OA's page: <https://oa.mo.gov/budget-explorer> (from press release) The Missouri Budget Explorer was created to provide the public with an easy-to-use, one-stop resource for important information. The website enables citizens to explore the details of the budget, including the sources of the state's revenues and how these monies are allocated among the 16 executive departments, the elected officials, the legislature, and the judiciary. In addition to understanding better the overall state budgeting process, citizens will also be able to gain a better understanding of the role of each department and the services they provide, according to the Office of Administration. Performance measures for each department's programs will also be tracked on the website, starting in 2019.

The website's home page features an interactive infographic detailing how many dollars were allocated to each department in the state's current operating budget. Users can click on each department for more detailed information on how programs within the departments are funded. The website features budget charts that allow citizens to understand at-a-glance how state funds are distributed, as well as summary documents for each department to give users more specific details as to how the budgets have changed from the previous year. Links to the legislative budget bills and each department's strategic management priorities will also be provided on the website.

The website will be updated twice a year — when Gov. Mike Parson releases his budget recommendations and when the General Assembly has passed the state budget.

3. **Wellness Coaching Expectations** - Providers are expected to offer 24 hours of Wellness Coaching training to any staff who will be **providing** Wellness Coaching within their agency. Also, we ask that staff at your agency are trained on the Wellness Coaching framework, so that they are knowledgeable on how to refer people served by the agency to Wellness Coaching. More information can be found on the Missouri Wellness website, under the wellness coaching log-in tab (www.wellmissouri.com).

4. **Ryan Haight Info from NASADAD** – “We are aware that members are interested in issues related to telemedicine. In particular, members have noted challenges with implementing opioid treatment initiatives in rural areas through telemedicine due in part to the provisions of the Ryan Haight Act requiring a face-to-face medical evaluation of the person seeking treatment.”

“We include below links to announcements made by the Trump Administration that seek to clarify federal guidance related to the requirements of the Ryan Haight Act's telemedicine requirements. The HHS Statement in particular includes a case scenario designed to help illustrate how the federal guidance could be operationalized to increase access to telemedicine services.” *(DBH side note: As best as we can tell, this simply allows for buprenorphine to be prescribed by a waived, licensed physician to a patient at a remote*

location, IF there is also a licensed, DEA-registered physician in the physical presence of the patient in question. However, you should read the guidance carefully to ascertain your own interpretation.)

Link to September HHS Statement: <https://www.hhs.gov/opioids/sites/default/files/2018-09/hhs-telemedicine-hhs-statement-final-508compliant.pdf>

Link to May DEA Statement described within HHS Statement:

<https://www.hhs.gov/opioids/sites/default/files/2018-09/hhs-telemedicine-dea-final-508compliant.pdf>

Link to HHS Resources (where you can find recent statement under “treatment”):

<https://www.hhs.gov/opioids/treatment/resources-opioid-treatment-providers/index.html>

5. **NARR Document on Recovery Housing and Addiction Meds** - Please see a [newly-released guide](#) from the National Alliance for Recovery Residences (NARR), *MAT-Capable Recovery Residences: How State Policymakers can Enhance and Expand Capacity to Adequately Support Medication-Assisted Recovery*. This policy brief presents recommendations for how States can focus their efforts to improve recovery housing options that are supportive of recovery for individuals with opioid use disorders (OUDs).
6. **ATTC Leadership Institute** - [Click here for the Leadership Institute Overview](#) Mid-America ATTC is launching its 2019 Leadership Institute. It is a 7-month intensive program that includes:
 - a. Leadership assessments
 - b. 5-day Immersion training
 - c. Mentoring
 - d. Booster session on leadership & supervision related to trauma
 - e. And much more

Training Opportunities and Resources

1. **2018 Children and Youth in Disasters Conference** – Scheduled for October 29-30, 2018 at Tan-Tar-A. Day 1 is from 7:30 am to 4:00 pm. Day 2 is from 8 am to 12:30 pm. This conference will appeal to a wide variety of partners who may be called upon to assist in disaster scenarios that impact children occurring anywhere in the state of Missouri. Registration and more info: <https://health.mo.gov/emergencies/ert/childreneyouthdisasterconference.php>
2. **Early Intervention in Youth Mental Health** - All are invited! **October 16, 1:00 PM- 5:00 PM** at COMPASS Health Network (Pathways) 227 Metro Drive, Jefferson City, MO 65109. Please use back entrance. Register at <https://www.mosoccess.com/> hosted by, System of Care- Community for Early Signs and Symptoms. Contact JJ Gossrau (314) 877-0383 with questions. Providers, school personnel, family members, youth, clinicians, caseworkers, case manager, policy makers... This training provides the rationale for early intervention in youth mental health and info on the service innovations aimed at improving outcomes for young people with mental health concerns. Mental illness is the biggest health issue facing young people, and yet they have the poorest access to services in all parts of the world. You are invited to attend this presentation and be more informed.

3. **Addressing Addiction in Acute Care Settings (Webinar) - October 17 at 1 pm.** Presented by: Michael Lynch, MD. Dr. Lynch is a board certified emergency physician and medical toxicologist. This webinar aims to describe programs that are currently underway including the supportive evidence to capitalize on the time that a patient spends in the acute care setting to promote health and therapeutic engagement while minimizing future harm.
4. **Youth Mental Health First Aid** - DMH is sponsoring a **Youth** Mental Health First Aid (MHFA) training at DMH CO on **Monday, October 22 and Tuesday, October 23. Times are 8:15 am to 12:30 pm each day.** An attendee must attend both days and the full 8 hours to be certified. CEUs are available and attendees may purchase on their own. To register, contact Vickie Epple at vickie.epple@dmh.mo.gov .
5. **Four Dimensions that Support Recovery** – On **October 26, 2018**, at Washington University in STL, Bridgeway Behavioral Health, Preferred Family Healthcare, and Washington University are hosting a FREE conference focusing on SAMSHA’s Four Major Dimensions That Support a Life in Recovery. Featured speakers include Mark Stringer; Fred Rottnek, MD; Ryan Edwards, and Kimberly Johnson, PhD. Click on the link below to register. Conference.bridgewaybh.com
6. **KC - OEND Train the Trainers** - The Missouri Opioid-Heroin Overdose Prevention and Education (MO-HOPE Project) is conducting an overdose education and naloxone distribution trainings of trainers in Kansas City on **November 7, 2018, from 1-4pm.** We request that each organization interested in training limit themselves to five (5) participants due to limited space. Registration info: <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-010718/>
7. **Suicide Prevention Training** – The DMH/DBH in partnership with the Missouri Coalition and the Missouri Primary Care Association are happy to announce a free suicide prevention training on **November 9, 2018, from 9 am to 2:30 pm** at the Missouri Coalition office. **REGISTRATION LINK: [CLICK HERE](#)** Featuring Virna Little, PsyD, this training is targeted for primary care providers and behavioral health providers.
8. **Supporting Children Who Lose Parents to Overdose (Webinar) - November 28 at 1 pm.** Presented by: Eric G. Hulsey, DrPH & Cynthia Rhodes Grindel. Description: This webinar will discuss overdose trends and strategies for supporting children who lose parents to overdose.

Look for updates on different topics/initiatives next Friday!