

FYI Fridays
(Policy Guidance and DBH Updates)
September 21, 2018

1. **Budget Update** - the FY2020 Budget Books outlining the department's budget requests are in the process of being printed. They will be posted online with a link being sent on October 1.
2. **2018 Missouri Behavioral Health Conference** – This conference, sponsored by the **Missouri Coalition for Community Behavioral Healthcare** was held September 12-14 in Branson, Missouri. The 722 participants attended lectures and workshops on the latest developments in serving those with mental illnesses and substance use disorders. Presentations covered the opioid crisis, suicide, trauma-informed care, recovery and many other issues. Featured speakers included Dr. Joe Parks, Medical Director for the National Council for Behavioral Healthcare; Dr. Vivek Murthy, 19th Surgeon General of the United States; and, a Legislative Panel comprised of Representative Scott Fitzpatrick, Representative Robert Ross, and Representative Crystal Quade.



3. **Liz Hagar-Mace, Housing Director, Honored with Award** - **Liz Hagar-Mace** has been selected by the Empower Missouri Board of Directors to receive the Janet Rosenwald Becker Award for Housing Advocacy. The Becker Award is “given periodically to a person or organization in Missouri who/that has contributed to access to stable housing for people with extremely low incomes through persistent advocacy, innovative ideas, and collaboration with persons living in poverty. Special consideration will be given to nominees who have removed barriers to securing housing and/or who have secured public policy that improves access to affordable housing.”

The Governor's Committee to End Homelessness nomination states: *“Liz Hagar-Mace, Housing Director for Missouri Department of Mental health has thirty years' experience in program planning and development of housing opportunities for low-income, disabled and homeless individuals and families. We enthusiastically nominate her for this award as we cannot think of anyone else who is more deserving. Her career has been dedicated to increasing affordable, accessible and decent housing for low-income and vulnerable individuals.”* The award will be given at the November 17 annual conference **"Housing Empowers."** Congratulations, Liz!

4. **Recovery – By the Numbers!**
Recovery Housing - One goal of the Opioid STR grant is to “Provide recovery housing for individuals with OUD that need a safe, drug-free environment while engaging in treatment.” As of August 2018, The Missouri Coalition of Recovery Support Providers/National Alliance for Recovery Residences, has accredited 43 recovery houses in Missouri with 298 male beds and 167 female beds (Total beds: 465).

Recovery Community Centers - Four Recovery Community Centers are funded with Opioid STR grant funding. Their purpose is to promote wellness and recovery for individuals who have an Opioid Use Disorders via support, information, and education. For a seven month period of time (February-August 2018) the RCCs have:

- provided 6,295 total hours of operation;
- provided 2,063 groups/activities; and
- served 8,525 individuals.

5. **Director Stringer attends Council of State Governments Judges' and Psychiatrists' Leadership Initiative in New York** - The Council of State Governments (CSG) Justice Center hosted an advisory meeting earlier this week on Improving How Criminal Courts Handle Cases Involving Behavioral Health Needs. This meeting brought together policymakers, practitioners, and people with lived experience at the intersection of the courts and behavioral health. Mark Stringer was invited to participate along with 19 other experts from around the country.

6. **Round Table with Federal Officials on Opioid Crisis** – On September 20, Nora Bock participated in a roundtable discussion with the U.S. Surgeon General, VADM Jerome Adams; the DHHS Deputy Secretary, Eric Hargan; and the Assistant Secretary for Mental Health and Substance Use (head of SAMHSA), Elinore McCance-Katz. Hosted by Barnes-Jewish Hospital in St. Louis, there was a variety of roundtable participants representing prevention, treatment and recovery, as well as law enforcement and first responders, faith-based organizations, and hospital ER/primary care physicians. It was a relatively brief discussion with Dr. Rachel Winograd offering an overview of STR efforts to date, along with local statistics.



7. **STR-SOR Fall Meeting** – Round robin updates on the STR grant and presentations from new SOR projects. **Friday, October 5 – 9:00am – 2:00pm** at DMH, Conference Room A/B. Register here: <https://www.eventbrite.com/e/fall-2018-str-sor-meeting-tickets-48846283549>

Training Opportunities and Resources

1. **OEND Train the Trainers** - The Missouri Opioid-Heroin Overdose Prevention and Education (MO-HOPE Project) is conducting overdose education and naloxone distribution trainings of trainers:
 - NCADA in **St. Louis** will host an open MO-HOPE training on **September 24, 2018, from 1-4 p.m.** for organizations wishing to create Overdose Education and Naloxone Distribution programs. Interested individuals can register attendees at the link below: <https://mohopeproject.org/overdose-education-and-naloxone-distribution-oend-training-for-substance-use-treatment-providers-092418/>
 - There will be a MO-HOPE training in **Kansas City** on **November 7, 2018, from 1-4pm**. Participants may utilize this training for expanding the capacity of their own organizations, or offer education to other individuals or organizations. We request that each organization interested in training limit themselves to five (5) participants due to limited space. Interested individuals can register for the training at:

<https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-010718/>

This training prepares individuals to train those who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. After completion of this course, participants will be given resources to present all materials to others. This course is most appropriate for individuals who will offer trainings to county and municipal health departments, treatment providers, social service agencies (including homeless shelters, domestic violence shelters, food banks, etc), medical providers, and other community organizations and agencies that may work with at-risk individuals.

Curriculum:

- Opioid Overdose Background: Learn about opioid overdose causes and trends
- Opioid Epidemic: Learn about existing efforts to combat the opioid crisis and legislative protections for naloxone use and dispensing
- Opioid Overdose Prevention, Recognition, and Response: Learn how to correctly identify and respond to an overdose event, including how to administer naloxone, and how to prevent future overdoses
- Delivering Overdose Education and Naloxone Distribution (OEND): Learn how to provide clients with overdose education, and either distribute or recommend how and where a client can acquire naloxone.
- MO-HOPE Evaluation: Learn how to participate in MO-HOPE evaluation protocols, including teaching clients/patients how to complete “Overdose Field Reports” when naloxone is used to reverse an overdose

2. **Buprenorphine Waiver Training** – in Kansas City on **September 29, 2018** | Register online: [Click Here](#). Time: 8:30 a.m. - 12:30 p.m. Presenter: Daniel Vinson, MD at Holiday Inn Country Club Plaza *Boardroom*, 1 East 45th Street, Kansas City.
3. **Opioid Crisis Management Training - Tuesday, October 2 – 1:00pm – 5:00pm** at Holiday Inn Executive Center at 2200 Interstate 70 Drive SW, Columbia, MO 65203. Register here: <https://katiehorst.wufoo.com/forms/m1wqeb3f0eivrsn/>
4. **Dialectical Behavior Therapy Training – October 4 -5, 2018** in Clayton, MO. **To register visit:** www.dbtmo.org. Click on the “Become a Member” tab and complete the brief form (if your agency is not listed select “other” and enter your organization’s name). Go to the “Training and Events” tab and click on “apply by” next to this training to complete the process.
5. **Youth Mental Health First Aid** - DMH is sponsoring a **Youth** Mental Health First Aid (MHFA) training at DMH CO on **Monday, October 22 and Tuesday, October 23. Times are 8:15 am to 12:30 pm each day.** An attendee must attend both days and the full 8 hours to be certified. CEUs are available and attendees may purchase on their own. Registration is required. To register, contact Vickie Epple at vickie.epple@dmh.mo.gov. The youth version is an 8-hour training that teaches adults who work with youth to recognize signs that a youth (12-18) may be in crisis and how they might help them. Youth MHFA is not only for people who work with youth professionally, but also for parents, grandparents, coaches, youth leaders, or the house where all the youth just show up.

Look for updates on different topics/initiatives next Friday!