

FYI Fridays

(Policy Guidance and DBH Updates)

September 7, 2018

- 1. Firewall Changes/FTP Alert!** - ITSD is making some important firewall changes this **Friday, September 7th** starting at 10:30 pm and ending approximately 12:00 am. This may impact: Globalscape - **FTP site** for contracted providers to drop billing files. If you are experiencing issues with Globalscape on Saturday or after, this may be caused by the firewall change. ITSD does plan to test Saturday morning, September 8th. Here is contact information to help resolve any issues:
 - Evening hours, please contact the NOC @ itsdnoc@oa.mo.gov or **573.526.7385** or **573.751.1550**. The NOC will get in contact with the firewall team to assist in resolving the issue.
 - Business hours, please open a service request/ticket to Service: **Cyber Security**; Category: **Firewall**; Subcategory: **Submit Incident**.
- 2. IMR/IRT Training for ACT Teams** - Well-known national trainers, David Lynde and Christine Powers spent three fun and information packed days with team members from 14 Missouri Assertive Community Treatment (ACT) teams training on Illness Management and Recovery/Individual Resiliency Training (IMR/IRT). A variety of team members, including team leaders, peer specialists, employment specialists, program assistants, community support specialists, substance use specialists, and nurses, came together to learn how to assist the people they serve in setting recovery goals and learning information, skills and strategies to get back on their feet and work towards having a rich, full life. David and Christine train and consult with many states around several evidence based practices including ACT, IMR, Supported Employment and Integrated Treatment for Co-occurring Disorders (ITCD). They both commented several times, about how refreshing it is to come to Missouri and see the collaboration, partnership and support between the ACT teams and the Department of Mental Health staff.

"We always appreciate working with you and your colleagues at Missouri DMH. We were impressed to note that your central office and regional staff members work diligently at understanding and supporting the perspectives of your community providers by their actions and words. Watching your colleagues interact with community providers during the informal break times as well as actively participating alongside community staff in training activities was most impressive. It is clear that you and your staff actively participate as partners with community agencies and staff members. We know what a huge difference that makes in improving the quality of mental health services, especially when we work with many states who do not have such a partnership." ~ David Lynde, MSW and Christine Powers, MSW
- 3. STR-SOR Fall Meeting** – Round robin updates on the STR grant and presentations from new SOR projects. **Friday, October 5 – 9:00am – 2:00pm** at DMH, Conference Room A&B. Register here: <https://www.eventbrite.com/e/fall-2018-str-sor-meeting-tickets-48846283549>
- 4. Medical Directors Meeting Summary** – This meeting was held on August 27. The group discussed the recent SAMHSA CCBHC Medical Directors Conference held July 30-31. Medical Directors from eight of Missouri's 15 CCBHCS attended. Clinical staff from six additional centers attended, along with Dr. Stanislaus, Natalie Cook, and Dorn Schuffman. Missouri is significantly ahead of other states in several areas, one of which is planning for CCBHC's continuation beyond the demonstration period, which ends next July. Dorn noted that the Coalition plays a key role in Missouri's national leadership. Most states do not have a strong provider association that works closely with their departments of mental health. The group next received an overview of the PPS from Dorn and Mark Schwarz (Director of Government Affairs for the Coalition) led a discussion of recent statutory changes, most notably changes in Assistant Physician (AP) legislation. Rachelle Glavin led a discussion about a revamping of the Behavioral Pharmacy Program

(BPM) and Relias presenting a new tool they plan to test that will help medical directors make better use of the BPM reports. Dr. Stanislaus provided an update on the implementation of the Opioid STR grant, including a discussion about the Medication First model. The next meeting of the Medical Directors group will be on Monday, November 26, 2018. Please submit any suggestion topics to dorn.schuffman@dmh.mo.gov.

5. **MHA 2018 Legislative Update: Opioid Addiction Treatment** – Webinar sponsored by the Missouri Hospital Association (MHA) through MHA Management Services Corporation on **Monday, September 24, 2018, from 12 noon to 1:00 pm**. [Register](#) on or before **Friday, Sept. 21**, to ensure delivery of instructional materials. Once registered, you will receive a confirmation email with instructions on how to join. Invite colleagues to join you — one connection per facility is encouraged. This complimentary webinar will cover new laws regarding certain medication-assisted treatments, development of an opioid use/misuse treatment and prevention program, limitations on initial prescriptions, and coverage requirements of health insurers. Participants will have the opportunity to talk one-on-one with MHA's government relations experts and ask questions about how enacted legislation may directly affect their hospital. Contact Peggy Taylor at ptaylor@mhanet.com or 573/893-3700, ext.1370 with questions.

Training Opportunities and Resources

1. **Webinar: Trauma-Informed Addiction Treatment for Women - Tuesday, September 11, 2018 from 1:30 PM – 3:00 PM EDT**. The webinar is designed to help service providers consider what addressing trauma actually means in the context of addiction treatment and more specifically, what is involved in providing trauma-informed addiction treatment for women. **Click here to sign up: ncdvtmh.webex.com**. For more information, go to <http://ctipp.org/News-And-Resources>
2. **2018 Regional Suicide Prevention Conference** – The last one is in **KC on September 21!** Register at <https://suicidepreventionconference.com/>
3. **Opioid Crisis Management Training - Tuesday, October 2, from 1:00pm – 5:00pm** at Holiday Inn Executive Center at 2200 Interstate 70 Drive SW, Columbia, MO 65203. Register here: <https://katiehorst.wufoo.com/forms/m1wqeb3f0eivrsn/>
4. **Dialectical Behavior Therapy Training** – “Making it Work in Our Communities,” October 4-5, 2018 at the St. Louis County Circuit Court. Dr. Ronda Reitz, Coordinator for Dialectical Behavior Therapy for the DMH will provide an introductory training that includes an overview of the DBT model, appropriate populations, required treatment components, and the process/implications of upcoming certification and accreditation requirements. For more info and to register, check out www.dbtmo.org.
5. **Youth Mental Health First Aid** - DMH is sponsoring a **Youth** Mental Health First Aid (MHFA) training at DMH CO on **Monday, October 22 and Tuesday, October 23. Times are 8:15 am to 12:30 pm each day**. An attendee must attend both days and the full 8 hours to be certified. CEUs are available and attendees may purchase on their own. Registration is required. To register, contact Vickie Eppler at vickie.eppler@dmh.mo.gov.

Look for updates on different topics/initiatives on Friday, September 21!
(There will be no publication on Friday, September 14)