

FYI Fridays
DBH Updates and Policy Guidance
February 8, 2019

1. **Budget Update** - DMH presented the Governor's Recommended budget this week to the House Budget Committee. DMH staff went thru each core and new decision item in the budget books. There was lots of interest and questions in our budget from old and new committee members. DBH staff are currently working on the responses to the information requested during this hearing.
2. **SAMHSA SOR Visit** - On January 30th and 31st, a representative from the Substance Abuse and Mental Health Services Administration (SAMHSA), Jennifer Gianello, visited with St. Louis area treatment and recovery providers tackling Missouri's opioid overdose epidemic as part of Missouri's State Opioid Response (Opioid SOR) grant. Along with DMH's State Opioid Coordinator, Tim Rudder, and MIMH staff she toured and visited with leadership at Preferred Family Healthcare, Assisted Recovery Centers of America, and Missouri Network for Opiate Reform.

Ms. Gianello, who is very new to SAMHSA, is an LPC with a clinical background in the clinical treatment of OUD and is very knowledgeable, compassionate, and dedicated to the evidence base. Her peers at SAMHSA told her to come to Missouri as part of her SAMHSA 'orientation' to see a state that has used dollars efficiently and done well with STR/SOR. She agreed and was very complimentary of the treatment and recovery providers and their collaborative efforts. Many thanks to Phil Horn for handling the logistics of her two-day visit!

3. **Integrated Treatment for Co-occurring Disorders: Reaching Those in Need.** Most CPR providers in Missouri are embracing this evidence-based practice (EBP). (*Come on you last three – you know who you are.*) Teams are working diligently and passionately to improve fidelity to the model. Research has shown that the closer treatment is to the model, the better the outcomes for those we serve. However, surveys in Missouri and nationwide have repeatedly shown that people with serious mental illness often have a limited access to evidence based practices in general. The goal of dissemination is not to simply create small programs, but to make these practices easily accessible within the mental health system. A measure in the General Organizational Index (GOI) looks at the percentage of individuals who receive EBP services as measured against the total number who could benefit from the EBP.

In Missouri this is calculated by looking at the number of individuals an agency serves in ITCD compared to the number of individuals in that agency's CPR program who have a co-occurring substance use diagnosis (national statistics indicate that's about 40%). Over half (62%) of our providers score low (3 or less) on this measure. But we know we can do better! **The goal is to reach 80% of individuals with co-occurring disorders, which includes those in all stages of change.** The fidelity team will be focusing on this in action plans received to assure appropriate attention is paid to this important piece.

4. **ONDCP releases National Drug Control Strategy** - Last week, the White House Office of National Drug Control Policy (ONDCP), led by newly confirmed Director **Jim Carroll**, released its National Drug Control Strategy. The Strategy is intended to guide federal efforts with three overarching categories:
 - A) preventing illicit drug use through education and evidence-based prevention programs;
 - B) reducing barriers to treatment services so that access to long-term recovery is available for those suffering from substance use disorder; and
 - C) reducing the availability of drugs in the United States through law enforcement and cooperation with international partners.

Training Opportunities and Resources

1. **Next Region 7 Recovery Stakeholders Learning Community** – Please join the Missouri Recovery Network (MRN) and Mid-American Addiction Technology Transfer Center (ATTC) on **February 28, 2019, from 12:30 to 1:30 pm**. The topic this month is “Critical Community Messaging Regarding Addiction and Recovery,” presented by Tom Hill from the National Council for Behavioral Health. This is a free monthly learning community, providing a networking bridge for recovery stakeholders within the four states of Missouri, Iowa, Kansas, and Nebraska. The purpose is to allow the sharing of innovative ideas, successful advocacy efforts, available federal grants and other funding opportunities, as well as enable recovery stakeholders to get to know each other.

These monthly meetings will be conducted using ZOOM, which allows participants to join via computer or mobile device. During each one hour session there will be a presentation by a guest speaker followed by a Q&A discussion. [REGISTER NOW!](#)

2. **Peer Specialist Supervision Training** – The Missouri Credentialing Board (MCB) will be offering the following Certified Peer Specialist Supervision Training. The training is FREE and lunch is provided. The training location and date is **February 21, 2019**, in Jefferson City. If you have any questions, please contact MCB at (573) 616-2300 or help@missouricb.com
3. **Innovative Strategies in Psychotherapy** - CenterPointe Hospital is sponsoring a FREE behavioral lecture, featuring Dr. Howard Rosenthal who will be presenting this training on **February 22, 2019, from 8-10 am**. It will be held in the CenterPoint Hospital Gym at 4801 Weldon Spring Parkway, Weldon Spring, MO.
4. **Suicide Intervention 101: What All Healthcare Providers Should Know...** - This FREE webinar reviews the current suicide rate at the national level and prepares providers to address suicide risk. Its being held on **February 28, 2019, from 1:00 – 3:00 pm**. The training reviews basic screening and intervention skills, helps clinicians develop a triage and provides resources immediate and long term care needs. *This training meets the 2-hour suicide prevention requirement for mental health professionals as set in HB 1719*. This training is sponsored by DMH and the Missouri Coalition for Behavioral Healthcare. <https://register.gotowebinar.com/register/2440413733250821379>.
5. **Missouri Alliance for Dual Diagnosis (MOADD) Summit** – MOADD is presenting “Guiding Principles for Best Practice with Dual Diagnosis (Behavioral Health and Intellectual/Developmental Disabilities,” on **March 5, 2019**. The keynote speaker is Dr. John Constantino. This one-day conference will be held at the Hampton Inn and Suites in Columbia. There is no cost for registration, but space is limited. Register at <http://www.event.com/d/gbqqq9>.
6. **Annual CIT Conference** – The Missouri Crisis Intervention Team (MO CIT) Council invites you to attend its annual conference on **March 18-19, 2019**. Registration is open and the cost is \$50 per person. The conference will be at the Holiday Inn Executive Center in Columbia.
7. **MATCP Annual Conference** – The MO Assoc of Treatment Court Professionals annual conference will be held March 27-29, 2019, at the Hilton Convention Center in Branson. Get more info and register at
8. **Bupe Waiver Training, Fully On-Line!** – PCSS has just approved a fully online 8-hour course to obtain the buprenorphine waiver! PCSS courses remain FREE for all who participate. Plus our SOR teams are available to provide consultation and support throughout the process of obtaining and – most importantly – **using** your waiver in your practice. <https://learning.pcssnow.org/onlinematwaiver>

Look for updates on different topics/initiatives next Friday!