

## Missouri Division of Behavioral Health

<b>Bulletin Number:</b> FY 14—Clinical 28	<b>COMMUNITY TREATMENT BULLETIN</b>	<b>Effective Date:</b> April 1, 2014
<b>Revised</b> March 04, 2016	<b>Subject:</b> <b>Using the DLA-20© to Establish Eligibility for Community Psychiatric Rehabilitation Programs</b>	<b>Number of Pages: 5</b>

### 1. Programs Affected

- 1.1 Adult and Children’s Community Psychiatric Rehabilitation (CPR) Programs

### 2. Background and Purpose

- 2.1 This bulletin provides clarification on the use of the Daily Living Activities (DLA-20©) functional assessment in establishing eligibility for Adult and Children’s Community Psychiatric Rehabilitation programs and for ongoing functional assessment activities.
- 2.2 The DLA-20© is a twenty-item functional assessment measure designed to assess activities of daily living impacted by mental illness or disability. The assessment tool quickly identifies where outcomes are needed so clinicians/community support specialists can address those areas on the individualized treatment plan with the goals of improved functioning and symptom reduction.
- 2.3 DSM-5 and ICD-10 diagnosis codes are to be used effective October 1, 2015. This updated bulletin provides a link to information regarding the diagnosis mapping between DSM-IV diagnosis contained within the original DLA-20© clinical bulletin and equivalent DSM-5 and ICD-10 diagnoses.
- 2.4 Currently, there are no requirements for discharge from CPR programs in relation to DLA-20© scores.

### 3. Policies and Procedures

- 3.1 All CPR programs were required to administer the DLA-20© as a standardized functional assessment tool, effective July 1, 2013.
- 3.2 All agencies administering the DLA-20© must have received the appropriate training from the DLA-20© developer, Willa Presmanes/MTM Services. Following receipt of the training by Ms. Presmanes/MTM, these individuals may train others within their agency on the administration of the DLA-20©.
- 3.3 Any staff member administering the DLA-20© must be appropriately trained and documentation to support receipt of this training shall be maintained in each employee’s personnel record.
- 3.4 The DLA-20 is to be administered at the following times:
  - 3.4.1 Upon admission to the CPR program;
  - 3.4.2 Every 90 days along with a functional update narrative summary;
  - 3.4.3 At the time of annual assessment; and,

#### 3.4.4 Upon discharge

3.5 DLA-20© scores for the 20 identified activities of daily living will be entered into CIMOR. A webinar to train staff is available on the Division of Behavioral Health (DBH) website.

3.6 Adult and Children's CPR programs have been allowed to use the DLA-20© along with a department approved diagnosis from the DLA diagnosis list to determine eligibility for the CPR program. The following information currently guides eligibility determination for admission to Community Psychiatric Rehabilitation programs.

#### 3.6.1 Youth and Transition Age Youth meet the Eligibility for Youth CPR if:

For ages 6 through 25

- Meet diagnostic criteria outlined in MO HealthNet Provider Manual section 18 for youth CPR **OR**
- Have a DSM 5/ICD-10 psychiatric diagnosis from the DLA diagnosis list approved by the DBH **AND** a CGAS score of 50 or below on the DLA-20©.

For children ages 2 through 5, the following are the DBH- approved functional tools. Total scores and functional scale, if appropriate, should be included/documented in the child's record. At the present time, there is not a location in CIMOR to enter these scores.

- Devereaux Early Childhood Assessment Clinical Form (DECA-C); Total Behavior Concerns scale of 60 or higher.
- Ages and Stages Social Emotional Screening tool; cutoff scores identified with the specific age ranges as identified in the manual are eligible for CPR.
- Preschool and Early Childhood Functional Assessment Scale (PECFAS); total score of 90 or above.

3.6.2 Individuals currently enrolled in youth CPR programs will be automatically eligible for the adult CPR program when transfer to an adult program is determined to be clinically appropriate.

#### 3.6.3 Adults meet eligibility for the CPR program if:

- Age 16 and up and either meet diagnostic criteria outlined in MO HealthNet Provider Manual section 18 for Adult CPR, **OR**
- Have a DSM-5/ICD-10 psychiatric diagnosis from the DLA diagnosis list approved by the Division of Behavioral Health **and**
  - Individuals 16 to 25 have a CGAS/mCGAS or GAF/mGAF of 50 or below on the DLA-20©.
  - Individuals 26 and up have a GAF/mGAF score of 40 or below on the DLA-20©.

#### **4. Qualified Personnel**

- 4.1 The initial, annual, and discharge administrations of the DLA-20© shall be completed by a Qualified Mental Health Professional (QMHP).
- 4.2 The administration of the DLA-20© every 90 days in conjunction with functional assessment updates may be completed by a community support specialist.

#### **5. Documentation and Data Entry**

- 5.1 When a QMHP completes the document, up to two (2) units of Behavioral Health Assessment (H0002) may be billed for time spent completing the DLA-20©.
- 5.2 When a community support specialist completes the document, up to two (2) units of community support (H0036) may be billed for time spent administering the DLA-20©.
- 5.3 Billable time shall be the actual time spent completing the DLA-20© and may vary from one individual to another.
- 5.4 The time spent completing the DLA-20© must be clearly documented in a progress note and be easily distinguished from direct time spent providing other community support or clinical services.
- 5.5 The DLA-20© score sheet that corresponds with the progress note should also be filed in the client record.
- 5.6 Community support may NOT be billed for completion of the DLA-20© within per diem programs where community support is not a separately billable service (e.g., Assertive Community Treatment and Intensive CPR Non-residential).
- 5.7 The DLA-20© scores for each of the 20 activities of daily living shall be entered into CIMOR within the assessments section of CIMOR. The initial DLA-20© functional assessment shall be entered into CIMOR within 30 days of the admission date.
- 5.8 Each update to the DLA-20© shall be entered in CIMOR.

#### **6. Eligible DLA Diagnoses**

- 6.1 A current DLA-20© diagnosis list, mapped from DSM IV/ICD 9 to DSM 5/ICD10 can be found on the following webpage:  
<http://dmh.mo.gov/mentalillness/provider/diagnosismapping.html>