Missouri Division of Behavioral Health
Children and Youth Psychiatric Services

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Terminology

- Department of Mental Health (DMH)
- Division of Behavioral Health (DBH)
- Community Mental Health Center (CMHC)
- Administrative Agent (AA)
- Community Psychiatric Rehabilitation (CPR)
- Transitional Age Youth (TAY)
- Daily Living Functional Assessment (DLA 20©)
Who, What and How of DBH?

- **Who are we?**
  - Formerly the Division of Alcohol and Drug Abuse and Division of Comprehensive Psychiatric Services

- **What is the function?**
  - Assure the availability of prevention, evaluation, treatment, and rehabilitation services for individuals and families

- **How is it done?**
  - Community based services contracted with DBH in 25 service areas, and
  - DMH state operated children’s facility - Hawthorn
Community Based Services

- Community Mental Health Centers (Administrative Agents) and/or Affiliates
  - 21 CMHCs and 2 Affiliates
- Entry and exit point for Missouri’s public mental health system
- Certified and Nationally Accredited to provide:
  - Community Psychiatric Rehabilitation (CPR)
  - 24 Crisis Response
  - Outpatient Mental Health
DBH
Designated Service Areas
What is Community Psychiatric Rehabilitation (CPR)?

- Person-centered approach emphasizing individual and family choice
- Flexible community based services and supports
- Builds on existing community resources
- Promotes Independence
- Utilizes family/natural support systems
- Youth Guided Family Driven
More about CPR...

- Established in MO in 1989
- Funded through both DMH general revenue and MO HealthNet (Medicaid)
- Rehabilitation option
  - Missouri State Medicaid Plan
- Provides a range of mental health services to adults, transitional age youth, children and families
And what exactly does it do?

- Promote recovery/resiliency
- Maximize independent functioning
- ↓ inpatient psychiatric hospitalizations
  - Out of home placements
- Increase interagency coordination and collaboration
  - Includes all aspects of treatment
Core CPR Services for Children/Youth

- Evaluation/Assessment*
- Community Support*
- Crisis Intervention*
- Medication Services
- Physician Consultation
- Metabolic Screening

*Designated services that can be provided in a school setting
Children/Youth Specific Services

- Assertive Community Treatment (TAY)
- Intensive CPR*
  - Treatment Family Homes
  - Professional Parent Homes
  - Evidence Based Practice*
  - Inpatient Diversion
- Family Support*
- Family Assistance*
- Youth Day Treatment

- Individual Therapy*
- Group Therapy*
- Treatment Planning*
- Integrated Treatment for Co-Occurring Disorders*
  - Individual Counseling
  - Group Counseling
  - Group Education
  - Assessment Supplement

*Designated services that can be provided in a school setting
Who is eligible?

• Children/Youth living with a serious emotional disturbance
  ▫ Substantial impairment in ability to function at a developmentally appropriate level
CPR Eligibility

• Diagnosis
  ▫ Schizophrenia Spectrum
    • Psychotic Disorders
  ▫ Bipolar disorders
  ▫ Major Depressive disorders
  ▫ Obsessive-Compulsive Disorder
  ▫ Post Traumatic Stress Disorder
  ▫ Anxiety disorders
  ▫ Reactive Attachment Disorder

• Qualifying DLA-20© Score w/diagnosis
  ▫ Assesses what daily living areas are impacted
Hawthorn Children’s Hospital

- DMH’s only children’s psychiatric hospital
- Acute psychiatric inpatient services
  - Children’s Unit
    - 6-12 years old
  - Adolescent Unit
    - 13-18 years old
- Residential treatment services
  - 13-17 years old
More Information....

• Psychiatric Services
  ▫ Community Mental Health Centers
    • [http://dmh.mo.gov/mentalillness/helpinfo/adminagents.html](http://dmh.mo.gov/mentalillness/helpinfo/adminagents.html)
  ▫ Access to Crisis Intervention – 24/7 hotline
    • [http://dmh.mo.gov/mentalillness/progs/acimap.html](http://dmh.mo.gov/mentalillness/progs/acimap.html)
DBH Children’s Team
Contact Information

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Questions