

JOIN US FOR THE 5TH ANNUAL DEPARTMENT OF MENTAL HEALTH (DMH)

Director's Mental Health Ambassador Academy

SESSION 1: SEPTEMBER 25TH -- DMH 101

SUSAN FLANIGAN, DR. RICK GOWDY,
AND VALERIE HUHN

Learn about the various services and programs available through the Department of Mental Health. Common constituent issues will be covered and key resources will be provided.

If you have specific questions, please email them in advance to Rachel Plaggenberg to ensure they are addressed.

SESSION 2: OCTOBER 16TH -- Coping with Disasters

SUSAN FLANIGAN,
BECKIE GIERER, AND
ERIC EVANS

It is not a question of if a disaster will strike, but when.

Learn to prepare for natural disasters and human-caused events. Discover the importance of good emotional health and how Missouri is a leader in the psychological response to disasters. We'll share lessons learned from our responses to events.

SESSION 3: NOVEMBER 13TH -- Suicide

STACEY WILLIAMS
AND
ANGIE STUCKENSCHNEIDER

Suicide is preventable.

Learn the questions to ask and the resources to share if someone you know is struggling. You can make a difference!

SESSION 4: DECEMBER 11TH -- Mental Health First Aid & Training

Learn about the work of our partners at the National Alliance on Mental Illness as well as trainings and programs through the Department of Mental Health.

We'll share tips to build your skills and serve your constituents better.

SUSAN FLANIGAN,
BECKIE GIERER, AND
GENA TERLIZZI



PROGRAM AGENDA

11:30 A.M. - 12:00 P.M.

LUNCH - PROVIDED ON THE
2ND FLOOR INNER HALLWAY

12:00 P.M. - 1:00 P.M.

PROGRAM - ALL PRESENTATIONS
WILL BE IN THE SENATE LOUNGE

- LEARN ABOUT MENTAL HEALTH SERVICES BENEFICIAL TO YOUR CONSTITUENTS.
- MEET DMH LEADERSHIP AND NETWORK WITH YOUR COLLEAGUES.
- RECEIVE UP-TO-DATE INFORMATION AND RESOURCES.
- ASK QUESTIONS SPECIFIC TO YOUR DISTRICT.
- ALL PROGRAMS INCLUDE BOXED LUNCH.
- PARTICIPANTS COMPLETING ALL SESSIONS WILL RECEIVE A SPECIAL GIFT.

FOR MORE INFORMATION OR TO RSVP CONTACT:

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