Certified Peer Specialist Update

For many years the Missouri Department of Mental Health, Division of Behavioral Health (DBH) has recognized two peer credentials, one with the goal of qualifying peers to work with individuals with mental health disorders and the other focused on individuals with substance use disorders. Peers have received different education and support based on their own lived experience and whether they wanted to help people in recovery from substance use or mental health disorders.

Research and national experts tell us that an integrated approach in using resources and helping people in recovery from mental health and substance use disorders is the best way forward. Beginning in March of 2018, the Missouri Credentialing Board, in partnership with the DBH, is training and credentialing peers across the state with one standard curriculum. The Certified Peer Specialist Basic Training provides participants the tools needed to use their personal story to provide support to individuals in treatment and recovery programs. DBH will recognize one peer credential; the Certified Peer Specialist. The basic training for peers will continue to be free of charge to participants.

What this means for peers and providers:
- More year-round training opportunities for peers;
- Peers with different kinds of lived experience will work and learn together;
- A streamlined certification and recertification process;
- A unified voice under one network of credentialed peers; and
- A larger peer workforce.

The new Missouri Peer Specialist website is [https://mopeerspecialist.com/](https://mopeerspecialist.com/)
NEW FACES AND TEAMS!

We want to welcome those individuals who have recently joined our ACT teams!

**Burrell ACT-TAY BHDD Team:**
Stephanie Bonaparte – Program Assistant

**BJC ACT-TAY Team**
Leo Gormley – Co-occurring Specialist  
Grace Frederick – RN (temp)  
Rachelle Perkins – Employment Specialist  
Angela Kayar – Peer Specialist  
Lauren O’Neil – CSS  
Kari Wilson – Therapist

**Burrell ACT-TAY Columbia Team**
Alicia Pruitt – Employment Specialist  
Amanda Torrini – Team Leader  
Justin Jackson – Program Assistant

**Ozark Center-TAY Team**
Tami King – Prescriber

**Places for People ACT 1 Team:**
Darrick Carter – Peer Specialist

**Hopewell Center TAY Team:**
Nadine Bhatti – Psychiatrist

**Family Guidance Team:**
Miriah Wood – Employment Specialist

**Compass TAY Metro Team:**
Devin Hoover – Team Leader  
Becky Kroeger – Co-occurring Specialist

**Compass Crider TAY Team:**
Kathy Crandall – Program Assistant

**Places for People Impact Team:**
Britney Brown – Program Assistant  
Teresa Matt – RN

---

**ACT Tips & Tools of the Trade**

**Weekly client schedules**
ACT clients receive a unique set of services, designed for intensity but also for a high level of psychiatric rehabilitation to be provided. This ties in nicely with WRAP, IMR, IRT and other wellness strategies which help individuals take the lead in their own wellness goals. A high level of involvement in one’s own treatment means being involved with what goes on with the team from day to day and week to week. How better to capture all of this with an easy method such as client schedules? The schedule serves many purposes. It keeps the team and the client on track with each upcoming visit, who will be visiting and most importantly, for what purpose. Additionally, schedules can include other vital appointments or meetings such as legal, medical, employment related or other planned activities.

The schedule may change from week to week, and needs to reflect the current treatment plan goals/objectives. An ideal person on the team is the Program Assistant to make those ongoing changes and ensure clients receive updated schedules. It is a tracking mechanism that must be a routine for the team. Some clients may not understand how to use the schedules to benefit them so efforts to explain their use as part of their own wellness goals and accountability is time well spent. The team may also discover trends such as needed changes to the treatment plan from using weekly schedules.


---

Missouri ACT is on the web!  
[http://dmh.mo.gov/mentalillness/provider/act.html](http://dmh.mo.gov/mentalillness/provider/act.html)

To find past issues of the ACT Newsletter, go to the DMH—ACT page at:  
[http://dmh.mo.gov/mentalillness/provider/act.html](http://dmh.mo.gov/mentalillness/provider/act.html)  
Scroll down to “newsletters” and find your archived online copy!
TEAM MEMBER SPOTLIGHT

Name: Devin Hoover

Team: JC Metro / Pathways

Located: Jefferson City

Position: Team Lead

Favorite food: Chocolate

My Favorite thing about being on the ACT team:
Working on an interdisciplinary team that allows multiple perspectives on each client is my favorite part so far since working with my team. Daily huddles give us so much information to work with for each client and improves client treatment.

OS5—Program Size

The TMACT protocol measures whether the team has the adequate number of staff to serve the number of clients on the team. The integrated approach to services for ACT require the team to maintain adequate staff size and disciplinary background in order to provide comprehensive, individualized services to each client. Considered as part of the team FTE are all direct service staff who work at least 8 hours per week including the psychiatric care provider. It also includes residents or interns who are assigned to the team at least 8 hours per week and remain with the team for 1 year. It excludes the Program Assistant. The protocol provides a grid to determine the number of FTE needed for the caseload cap size. Thus, a team functioning below the cap size is still scored based on the maximum number of clients they are to serve. A team with a capacity of 50 individuals needs at least 7 FTE to score a 5 in fidelity. A cap of 70 requires at least 8.2 FTE. The score is reduced accordingly if the FTE is lower. The scale item considers current FTE, so vacancies are not counted in the total FTE for this item.
DMH Contact Information:

Susan L. Blume, M.Ed.
Manager of Service Implementation & Evaluation
Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101
Phone: (573) 751-8078
Susan.Blume@dmh.mo.gov

Lori Norval, MS, LPC
Mental Health Manager
Department of Mental Health
2201 N. Elm St.
Nevada, MO 64772
Phone: (417) 448-3476
Lori.Norval@dmh.mo.gov

Kelly Orr
Community Mental Health Specialist
Department of Mental Health
5400 Arsenal Street
St. Louis, MO 63139
Phone: (314) 887-5972
Kelly.Orr@dmh.mo.gov

Lori Franklin, MS
Program Specialist II
Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101
Phone: (573) 751-0768
Lori.Franklin@dmh.mo.gov

Chrystal Frey, MA
Quality Assurance Specialist
Department of Mental Health
2201 N. Elm St.
Nevada, MO 64772
Phone: (417) 448-3462
Chrystal.Frey@dmh.mo.gov

Carolyn Sullivan, MS
Program Specialist II
Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101
Phone: (573) 526-0264
Carolyn.Sullivan@dmh.mo.gov

Bobbi Summers, MS, LPC
CMHC Specialist
Department of Mental Health
1101 Weber Rd. Suite D
Farmington, MO 63640
Phone: (573) 218-7141
Bobbi.Summers@dmh.mo.gov

Center for Evidence-Based Practices at Case Western Reserve University
http://www.centerforebp.case.edu/

Individual Resiliency Training (IRT)

Copeland Center for Wellness and Recovery

Division of Behavioral Health Employment Services
http://dmh.mo.gov/mentalillness/adacpemploymentservices.html

Dartmouth Supported Employment Center
http://www.dartmouthhips.org/

Certified Peer Specialist
http://www.mopeerspecialist.com

SSI/SSDI Outreach, Access and Recovery (SOAR)
http://soarworks.prainc.com/

Missouri Recovery Network
www.morecovery.org

Missouri ACT Teams

Preferred Family Healthcare Hannibal TAY

Compass Health St Charles TAY
Hopewell St Louis TAY
St Patrick Center St. Louis Adult
BJC St. Louis TAY
Places for People ACT 1
Places for People HT
Places for People PACT
Places for People IMPACT
Missouri Assertive Community Treatment Newsletter
Issue 19
Summer 2018

To access the free and downloadable Supported Housing Toolkit on the Substance Abuse and Mental Health Services Administration (SAMHSA) website:
CLICK HERE

Take the free SOAR online training course by visiting
http://soarworks.prainc.com/course/ssissdi-outreach-access-and-recovery-soar-online-training

Save the dates:

Missouri Coalition Behavioral Health Conference

Sept 12-14

Chateau on the Lake

Branson, MO

ACT TEAM LEADER FACE TO FACE MEETING

OCTOBER 26TH

DEPARTMENT OF MENTAL HEALTH BUILDING

JEFFERSON CITY

Hard to keep up with exactly what has changed? We understand. We created this Q&A to explain changes made since TMACT 1.0 Revision 1. We also recorded a webinar for you! Part I is nearly 2 hours long and takes you up until about EP6. Part II is about 45 minutes, finishes up with the review AND gives you a sneak peak into eTMACT. PowerPoint Handout here.

Part I (nearly 2 hours):
https://attendee.gotowebinar.com/recording/3949706742188054274
Part II (45 min. long AND includes sneak peak at eTMACT):
https://attendee.gotowebinar.com/recording/6898709078069390338
Portrait of a man (Who am I?)

From such pain, I arose awaiting to take place and recover all that was lost in past rubbish. I am not black nor Negro, I am not colored nor am I African American; I am not what you desire to call me nor am I him or her. I am not confused about myself; I figured you would ponder; who am I? That’s the question which emerges from the depth of your sublime.

Freely spoken, as you build yourself with ignorant convictions and still you wonder? This is my new story, a new beginning, a brand new chapter which has hope, trustworthiness and with those alike; I can pass that pain that kept me blind for so many years to come. All of its torment fades slowly and evaporates like yesterday- just faint memories; I do not wish of hate and the hatred was the old me.

Behold! I said to myself with a peaceful sound mind, hatred; I buried deeply in the ground. Brighter dreams waiting to be fulfilled and a new look at my body, I accepted for what I say it is; my soul which is clothed by flesh has called and forgiven others before thyself. I’m burdened by a chip on my shoulder, since I was young, I was troubled; I’ve gotten older and I have made amends to the hurt hearted and to others- I’ve tried profoundly and I had begged the departed, soundly.

What made me?

Was the past, the individuals, changed me; this book which unfold, mold and shape me into what I am today-

A portrait of a man (Who am I?)

Everhart, M.

---

SUBMIT YOUR CLIENT ART—POETRY, PHOTOS, TESTIMONIALS, SHORT STORIES, PHOTOS OF PAINTINGS, SCULPTURE, ETC.—TO

LORI.NORVAL@DMH.MO.GOV