Hello from DMH by Lori Norval

We were very excited to have national trainers, David Lynde and Christine Powers present a 3 day overview of Illness Management and Recovery (IMR) and Individual Resiliency Training (IRT) for us on August 28, 29 and 30th. The agenda was full, including defining what those strategies are and how they are used on an ACT team. There was a great combination of lecture, demonstration, active participation and instruction over the course of the 3 days. Many ACT teams sent representatives to the training and were able to begin planning their own strategies of how to begin incorporating both IMR and IRT into their treatment for clients.

David and Christine were very kind and informative and provided us with a glowing commentary on their experience here in Missouri. They were very impressed with the dedication from the ACT team staff and the positive relationship between the ACT teams and the DMH fidelity team. We are proud in Missouri to have quality, effective ACT programs—thanks to the great staff we have on board!
NEW FACES AND TEAMS!

We want to welcome those individuals who have recently joined our ACT teams!

**BJC ACT-TAY Team**
Tammy Moore — Program Assistant

**Burrell ACT-TAY BHDD Team:**
Stephanie Bonaparte — Program Assistant
Melody McArthur — Therapist

**Burrell ACT-TAY Columbia Team:**
Laura Breitzig — Psychiatric Care Provider

**Burrell ACT-TAY Sedalia:**
Laura Aziere — Team Leader
Natasha McMullin — CSS
Sarah Priesendorf — RN
Elyssa Harris — Employment Specialist

**Burrell ACT-TAY and Adult Teams Springfield:**
Torri Wilkinson — RN

**Compass Health ACT-TAY Team Crider:**
Marlene Smith — Employment Specialist

**Compass ACT-TAY Metro Team:**
Josetta Waswassuck — Psychiatric Care Provider

**Ozark Center - Adult Team:**
Dr. Jeffery Bradley — Psychiatric Care Provider

**Places for People — IMPACT Team:**
David Moeller — RN

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**ACT Tips & Tools of the Trade**

“The view of ACT offered through the TMACT is a contemporary update that comprises the following:

1. **Flexible and individualized application of resources,** where the team delivers highly responsive, individualized, biopsychosocial and rehabilitative services in clients’ natural environments that address clients’ goals and needs and are provided with appropriate timing and intensity;

2. **A team approach to treatment delivery,** where a multidisciplinary group of providers with individual areas of expertise share responsibility for meeting clients’ complex service needs, integrating care, and providing an armory of service interventions; and

3. **Recovery-oriented services as the focus of care,** where the team promotes self-determination and respects clients as experts in their own right.”

Taken from © TMACT 1.0 (rev3) Protocol part I: Introduction
TEAM MEMBER SPOTLIGHT

Name: Nicholas Pantages

Team: Places for People FACT Team

Location: St. Louis

Position: Assistant Team Leader/Mental Health Specialist

Favorite Food: Probably eggs, can eat them every day, any time, regardless of how they’re cooked

Favorite thing about being on an ACT Team: I think it’s really powerful to be so involved in several facets of our clients lives. Being there through the struggle and seeing the success. And having the team to rely on and work with to assist our population in reaching their goals and overcoming everything life throws at them.

Something I would like to share with other teams: Just a friendly reminder to LAUGH! And don’t take yourself too seriously. We all work so hard and deal with A LOT, so keeping the office atmosphere light and fun makes all the difference. The FACT Team definitely mixes in its fair share of self-deprecation and humor every single day :)

TM ACT 1.0 Revision 3

To better clarify what constitutes a daily team meeting:

*to count as a daily team meeting, most team members need to be present and scheduled meeting times facilitate meaningful review of client status over the past 24 hours. (e.g., the meeting is consistently scheduled at approximately the same time each day). If a team meets in the morning on Monday and Tuesday, the afternoon on Wednesday and then meets again in the morning on Thursday and Friday, do not count the Thursday meeting as one of the Daily Team Meetings.

*Do not include administrative or treatment planning meetings for this item. If a team reports holding a daily team meeting five days a week, but it is later revealed that one such meeting is an administrative meeting and there is no basic review and planning of service contacts, rating is based on four daily team meetings per week.

You can receive ACT specific technical assistance from DMH staff. They are happy to assist!

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Center for Evidence-Based Practices at Case Western Reserve University
http://www.centerforebp.case.edu/

Individual Resiliency Training (IRT)

Copeland Center for Wellness and Recovery

Division of Behavioral Health Employment Services
http://dmh.mo.gov/mentalillness/adacpemploymentservices.html

Dartmouth Supported Employment Center
http://www.dartmouthhips.org

Certified Peer Specialist
https://dmh.mo.gov/mentalillness/PeerSupportServices.htm

SSI/SSDI Outreach, Access and Recovery (SOAR)
http://soarworks.prainc.com/

Missouri Recovery Network
www.morecovery.org

Missouri ACT Teams

Preferred Family Healthcare Hannibal TAY
Compass Health St Charles TAY
Hopewell St Louis TAY
St Patrick Center St. Louis Adult
BIC St. Louis TAY

Places for People ACT 1
Places for People HT
Places for People FACT
Places for People IMPACT

DBH Division of Behavioral Health
Missouri Assertive Community Treatment Newsletter
Issue 20
Fall 2018

To access the free and downloadable Supported Housing Toolkit on the Substance Abuse and Mental Health Services Administration (SAMHSA) website:
CLICK HERE

Take the free SOAR online training course by visiting
http://soarworks.prainc.com/course/ssissdi-outreach-access-and-recovery-soar-online-training

ACT TEAM LEADER FACE TO FACE MEETING

OCTOBER 26TH 10-3

Missouri Coalition for Community Behavioral Healthcare
221 Metro Drive
Jefferson City, MO 65109

A day of networking, sharing, rewards, information and learning, bringing ACT teams in Missouri together!

RSVP Kelly Orr and Lori Norval today!

Upcoming Certified Peer Specialist Supervision Trainings

The MCB will be offering 2 Certified Peer Specialist Supervision Trainings before the end of the year. These trainings are free and lunch is provided. The training locations and dates are as follows:

Monday October 29th - Springfield, MO
Monday November 26th - Cape Girardeau, MO

A. Click Here For the October Registration Form
B. Click Here For the November Registration Form

If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

TMACT Version 3

Hard to keep up with exactly what has changed? We understand. We created this Q&A to explain changes made since TMACT 1.0 Revision 1. We also recorded a webinar for you! Part I is nearly 2 hours long and takes you up until about EP6. Part II is about 45 minutes, finishes up with the review AND gives you a sneak peak into eTMACT. PowerPoint Handout here.

Part I (nearly 2 hours):
https://attendee.gotowebinar.com/recording/3949706742188054274
Part II (45 min. long AND includes sneak peak at eTMACT):
https://attendee.gotowebinar.com/recording/6898709078069390338
Submit your client art—poetry, photos, testimonials, short stories, photos of paintings, sculpture, etc.—to
lori.norval@dmh.mo.gov

Sculpted Rose with Play Doh
by Elizabeth Bradley
Compass Raymore ACT TAY