Assertive Community Treatment (ACT)

Individualized services for persons with severe mental illness for whom traditional care hasn’t been effective.

What is ACT?
- Comprehensive Array of Services
- Transdisciplinary Team Approach
- Small Caseload
- Flexible Individualized Services
- Continuity of Care
- Crisis Coverage
- Community Service Provision

“They helped me get off the streets.”
“I don’t drink or do drugs no more.”
“I have a job and pay my own bills.”

How do we know if Missouri’s ACT teams are true to the model?

The Continuum of Fidelity
Faithfulness to the ACT model

DMH partners with agencies to achieve high fidelity scores
High Fidelity = positive outcomes for people

OUTCOMES are the KEY to RECOVERY:
Competitive Employment, Stable Housing, Education, Advocacy
Co-occurring Disorders Treatment
Independent Living
Hospitalizations & ER Visits
Homelessness, Incarcerations
Harmful Behavior

Who makes up an ACT team?
- Team Leader
- Psychiatric Care Provider
- Mental Health Specialist
- Housing Specialist
- Employment & Education Specialist
- Co-occurring Disorder Specialist
- Nurse
- Program Assistant
- Peer Specialist
- Therapist

MO ACT FACTS
- First ACT team in 2008
- Served 859 consumers in 2018
- Specialized Teams include:
  * Transitional-Aged Youth (TAY) ages 16-25
  * Co-occurring developmental disability TAY
  * Co-occurring substance use disorder TAY
  * Individuals involved in the legal system

Where are ACT teams in Missouri?