



ALM HOPEWELL CENTER'S HOUSING AND RESIDENTIAL SERVICES

ASSISTING CONSUMERS FIND:

A PLACE TO CALL HOME



RISE RESIDENTIAL SERVICES



RISE



RESIDENTIAL SERVICES

The RISE program offers services that are specifically focused on transition aged adults 17 –26 years old.

- **R**esponsibility for their recovery choices
- **I**ntegrating their substances related issues, mental and physical health needs while supporting overall wellness.
- **S**tabilization of housing, medication, and illness management
- **E**valuation and assessment of individualized needs

RISE PROGRAM COMPONENTS

- ❖ Track of services that address the needs of the young adult population.
- ❖ PISL–Psychiatric Individualized Support Living
- ❖ Semi-independent Living and Clustered Apartment

RESIDENTIAL SERVICES

RISE Program Locations

- RISE Psychiatric Individualized Supported Living
(Congregate living arrangement for 3 residents)
- RISE Semi-Independent Apartments
Individual apartment units with staff on-site
- RISE Clustered Apartments
Community Partnerships with Property Managers/Landlords

RISE CORE CONCEPTS

It all starts with RESPECT

- **R**ESPONSIBILITY- (Your life, your choice)
- **E**MPOWERMENT- (You can do this!)
- **S**ELF RELIANCE- (I can count on me, myself, and I)
- **P**ERSERVERANCE- (Nothing can stop me)
- **E**STEEM- (Loving myself)
- **C**ONFIDENCE- (Believing I can)
- **T**OLERANCE- (Understanding and patient)

RISE TARGET POPULATION

- **Young adults ages 17 years and 9 months and older**
- **Diagnosed severe and persistent mental illness (CPRC eligible)**
- **Individuals may have a variety of presenting problems including a history of mental illness, severe functional disability, (i.e., inability to work, live independently, or maintain adequate social support) and possibly substance abuse/dependency issues**
- **History of failure in multiple community settings**
- **Struggling with of coping with daily living management, legal issues, personality related issues, the use of maladaptive skills**
- **Multiple or long term psychiatric hospitalizations, and/or presence of an ongoing risk of harm to self or others**
- **Demonstrate willingness, desire, and need to learn and/or improve independent living skills**
- **Be willing to work on their treatment goals and follow the program expectations**

RISE TREATMENT COMPONENTS

Community support	Each young adult will be assigned or maintain community support services to assist with identifying and working toward treatment goals. This service can assist with linking to service. Maintains contact with Hopewell CSS.
Peer Mentor	A Peer Mentor is a key element to assisting the young adults in treatment. Peer Mentors offer a personal understanding of the struggles of the mentally ill young adult as well as partnership to work toward goals.
Individual and group therapy geared toward young adult issues	Each participant will be offered therapy. Hopewell recognizes that the needs and experiences of each person are different, some may benefit from group and/or individual therapy.
Living skills training	Learning living skills is important for gaining or regaining independence. With Community support and peer mentor, living skill training will be a key focus.
Psychosocial Rehabilitation focused on young adult interest and needs	Psychosocial Rehabilitation (PSR) will offer a track of groups, activities, and services that would benefit the participant.
Modified Transitions to Independence Process philosophy	The elements and domains identified in the Transition to Independence (TIP) will be utilized.
Nurse Care Manager	A nurse care manager will be assigned to assist in coordinating health care needs.
Program Manager	The Program manager will work with the consumer to develop individualized treatment plans, outline service referrals to be made and make steps to obtain services.

Transition Domains

- Employment and Career
- Educational Opportunities
- Living Situation
- Community Life Functioning
- Daily Living & Leisure Time Activities
- Community Participation & Responsibilities
- Parenting



TRANSPORTATION	ORGANIZING YOUR WORLD
<ul style="list-style-type: none"> • Transportation resources & skills (i.e., can get around the community as necessary). 	<ul style="list-style-type: none"> • Knowledge of community resources. • Citizenship responsibilities, knowledge of basic rights & responsibilities. • Register to vote, obtain driver's license
MONEY MANAGEMENT	SAFETY AND CLEAN LIVING
<ul style="list-style-type: none"> • Money management. • Has official government issued picture I.D. (legitimate for airline travel). • Maintenance & security of personal & financial documents 	<ul style="list-style-type: none"> • Self care skills, grooming, & appearance. • Maintenance of living space & personal possessions. • Cooking, nutrition, & laundry • Safety skills (e.g., avoid dangerous situations, prevent victimization). • Avoids creating public disturbances or domestic violence. • Avoids criminal activities & associated arrests, convictions, & incarcerations
HEALTHY DAYTIME AND LEISURE ACTIVITY	GET IT TOGETHER-EMOTIONAL REGULATON
<ul style="list-style-type: none"> • Educational Activity- Your voice your choice • Vocational Options • Entertainment for one's self. • Engagement in activities with others. • Creating indoor & outdoor activities of interest & fun. • Places of entertainment & fun. • Safe & healthy activities (e.g., Cyberspace safety precautions, safe routes for walking, biking, & driving at different times of the day, choice of friends). 	<ul style="list-style-type: none"> • Relationship development & maintenance of friendships. • Understanding the reciprocal nature of relationships. • Balance of independence & interdependency with family members. • Dating skills & development/maintenance of intimate relationships. • Conflict resolution skills. • Maintenance of relationships with informal key players. • Has at least one trusted adult who serves a "mentor"



RISE STATUS LEVELS

There are program status levels that have some privileges involved.

1. **Staff escort**- When a resident is new to the facility or when the resident has engaged in behaviors that require more restrictive over site.
2. **Target-Based Progression (TBP)**- when established target or progress is made, established or set incentive and enticements for steps or milestones towards goal. Each resident will work with staff to set incentives and “rewards” for incremental progress as well as consequences for movement award from the goal.
3. **Pre-Graduation Status**- when a resident has accomplished most of there goals, has learn the skills, demonstrated proficiency in individualized domain areas.
4. **Graduation Status**- Has accomplished all of the residential goals and is working on maintaining and practicing the skills, and working on transition of placement.

RISE RESIDENTIAL SERVICES



RISE Psychiatric Individualized Supported Living
(Congregate living arrangement for 3 residents)

RISE GROUP HOME -MALE



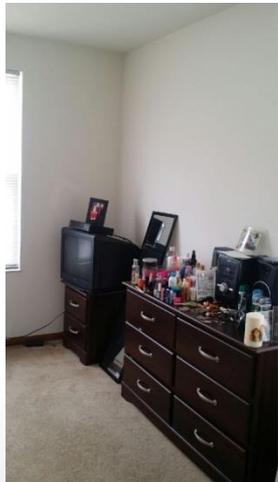
RISE RESIDENTIAL SERVICES



Partnership with Westminster Place Apartments

RISE Partnerships

Westminster Place Apartments



RISE RESIDENTIAL SERVICES

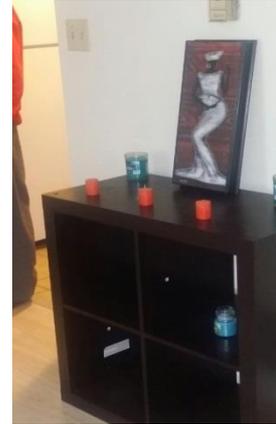


RISE Semi-Independent Apartments
(4 Individual apartment units with staff on-site)

RISE- CLUSTERED APARTMENTS LACLEDE



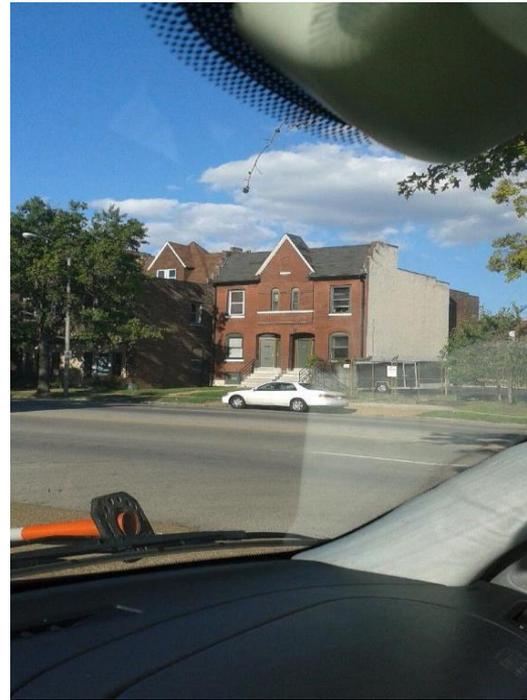
RISE Clustered Apartments - Delmar



RISE Clustered Apartments - Hamilton



RISE INDEPENDENT APARTMENT - JEFFERSON



RISE CLUSTERED APARTMENTS- VIRGINIA





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RISE GRADUATIONS



FUTURE RESIDENTIAL PLANS

RISE FEMALE GROUP HOME



- RISE Phenomenal Women Program
- Four bedroom house 3 females
- Provide the other services such as therapy, groups, basic living skills training, etc.

FUTURE RESIDENTIAL PLANS

RISE- FAMILY FOCUS



- 8 bedroom settings
- Focus on young adult 17-26 that have several with children/families
- Parenting classes, time management, employment, resource utilization, therapy, groups,
and additional support that are geared to service this specific subpopulation.
- Have the additional stressors of being parents and supporting and caring for a family.

ALM HOPEWELL CENTER

- CONTINUES EXPAND OUR RESIDENTIAL SERVICES AND PROVIDE OUR MOST NEEDY CLIENTS WITH

**A PLACE TO CALL
HOME**

