

Opioid STR Recovery Community Centers

These RCCs provide a peer-based supportive community that builds hope and supports healthy behaviors for individuals with Opioid Use Disorders (OUDs) searching for recovery or maintaining recovery.



Missouri Network for Opiate Reform and Recovery

4022 S. Broadway
St. Louis, MO 63118
844- Rebel Up (844-732-3587)
monetwork.org

Drop-in Hours
Monday-Friday (10am-5pm)
Saturday-Sunday (12pm-6pm)
See website for groups and activities

St. Louis Empowerment Center

1908 Olive Street
St. Louis, MO 63103
(314) 652-6100
dbsaempowerment.org

Drop-in Hours
Every day (9am-3pm)
See website for groups and activities

Springfield Recovery Community Center

1925 E. Bennett St.
Springfield MO, 65804
(417) 368-0852
spfdrc.org

Drop-in Hours
Monday- Friday (9am-9pm)
Saturday (6pm-10pm)
See website for groups and activities

The Healing House

4602 St. John Ave.
Kansas City, MO 64123
(816) 920-7181
healinghousekc.org

Drop-in Hours
Monday-Friday (9:00am-4:30pm)
Sunday (1:00pm-3:00pm)
See website for groups and activities



Risk Factors for Overdose

- Previous Overdose
- Period of abstinence/sobriety (e.g., following rehab or jail)
 - * Tolerance decreases in as little as 3-5 days
- A change in strength, amount, supplier of the opioid, or location of use
- Being physically ill/respiratory disease (flu, pneumonia, bronchitis)
- Mixing opioids with other substances (benzos, sedatives, alcohol)
- Using alone
- Injecting

Signs of an Opioid Overdose

- Unresponsive
- Shallow breathing/no breathing
- Small "pinpoint pupils"
- Cold, clammy skin
- Gurgling/snoring
- Blue or gray lips and nails

Tips for Prevention

- Share this information with family, friends, and loved ones
- If you choose to use: don't use alone, avoid mixing, start small, be extra cautious when sick/in poor respiratory health
- Keep naloxone accessible and out of extreme temperatures

Opioid Overdose Response

- 1 Check for breathing and clear airways
- 2 Lay person on back and give naloxone

Narcan nasal spray instructions

- PEEL back the package to remove the device
- PLACE the tip of the nozzle in either nostril until your fingers touch the bottom of the person's nose
- PRESS the plunger firmly to release the dose into their person's nose

Intramuscular (IM) instructions

- Remove orange top from vial
- Insert needle through rubber plug with vial upside down
- Pull back on plunger to draw 1 mL of naloxone
- Inject 1mL of naloxone straight into large muscle (shoulder or thigh)

- 3 Call 911 (if you must leave the person, turn the person on their side in the recovery position)
- 4 Administer rescue breaths (1 breath every 5 seconds)
- 5 Repeat step 2, if no response in 2-3 minutes
- 6 Stay with the person until medical help arrives to ensure safety and prevent repeated use/overdose
- 7 Complete Overdose Field Report, link here:
MOHOPEPROJECT.ORG/ODREPORT