Missouri
Consumer Operated
Drop-In Centers

Recovery Empowerment Center
629 Benton Blvd.
Kansas City, MO 64124
Phone: (816) 231-2753
Zach Johnston, Manager
E-mail: zjohnston@mhah.org
Valerie McNamara, Manager, Peer Projects
Phone: (913) 281-2221 ext. 128
Email: vmcnamara@mhah.org

Mon-Fri 9:00 am-3:00 pm
Sat 8:00 am-noon

NAMI Hope Center
NAMI Southwest Missouri
1443 N Robberson, Ste. 408
Springfield, MO 65807
Admin Office: (417) 864-7119
Phone: (417) 864-3027
Fax: (417) 720-1918
Patricia Click, Director
E-mail: patricia@namiswmo.com

Mon-Fri 9:30 am-5:00 pm
Sat 9:30 am-3:00 pm
(Closed Sunday)

Prime Time
Truman Behavioral Health
2211 Charlotte
Kansas City, MO 64108
Phone: (816) 404-6384
Fax: (816) 404-6388
Mirna Herrera, Program Director
E-mail: mirna.herrera@tmcmed.org
Mark VanMeter, Manager
Email: mark.vanmeter@tmcmed.org

Mon-Fri 1:30 pm-6:30 pm
Sat and Holidays 9:00 am-2:00 pm

Self Help Center
8301 Crest Industrial Drive
St. Louis, MO 63123
Phone: (314) 200-HELP (4357)
(314) 781-0199
Toll Free: 866-908-7452
Fax: (314) 261-9002
Nancy Bollinger,CMPS,Executive Director
E-mail: nancy.bollinger@selfhelpcenter.org
Jamie Stange, CMPS, Administrative Assistant
Email: jamie.stange@selfhelpcenter.org
Website: www.selfhelpcenter.org
Facebook:
Self Help Center
I am the FACE of Mental Illness
DBSA Self Help Center

Monday-Friday 9:00 am-4:00 pm

St. Louis Empowerment Center
1908 Olive St.
St. Louis, MO 63103
Phone: (314) 652-6100
Fax: (314) 652-6103
Helen Minth, Executive Director
E-mail: hminth@sbcglobal.net
Sarah Earll, Assistant Director
E-mail: ssearll@sbcglobal.net
Website: www.dbsaempowerment.org

Mon-Fri 9:00 am-3:00 pm
Sat 9:00 am-3:00 pm
Sun 9:00 am-11:00 am

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