

---

**Missouri  
Consumer Operated  
Warm Lines**



Department of Mental Health  
1706 E. Elm St., P.O. Box 687  
Jefferson City, MO 65102  
Telephone: 573-751-8017  
Fax: 573-751-7815  
[www.dmh.mo.gov](http://www.dmh.mo.gov)

---

**TLC Warm Line**

**Talk-Listen-Care**

113 S. Silver Springs Road  
Cape Girardeau, MO 63701

**Toll Free: 1-877-626-0638**

**Local: Phone: (573) 651-3642**

*Debra Jones, Program Director*

E-mail: [djones@cccntr.com](mailto:djones@cccntr.com)

**Office: (573) 803-0925**

**Website:** <http://www.ccntr.com/Phone-Support-Services/>

**Facebook:** TLC Warmline

<https://www.facebook.com/people/Tlc-Warmline/100004851737818>

Hours of Operation:

4:00 pm-10:00 pm 365 days (Including Holidays)

**MHAH Compassionate Ear Warm Line**

739 Minnesota Avenue

Kansas City, KS 66101

**Toll Free 1-866-WARMEAR (927-6327)**

**Local Phone: (913) 281-2251**

*April Jackson*

Email: [ajackson@mhah.com](mailto:ajackson@mhah.com)

**Website:** [www.mhah.org/](http://www.mhah.org/)

**Facebook:** Compassionate Ear Warmline

[www.facebook.com/compassionateear/](http://www.facebook.com/compassionateear/)

Hours of Operation:

4:00 pm-10:00 pm 365 days (Including Holidays)

**The Friendship Line**

1908 Olive St.

St. Louis, MO 63103

**Toll Free: 1-866-525-1442**

**Local Phone: (314) 652-6105**

*Helen Minth, Co-Director*

E-mail: [hminth@sbcglobal.net](mailto:hminth@sbcglobal.net)

*Sarah Earll, Co-Director*

E-mail: [ssearll@sbcglobal.net](mailto:ssearll@sbcglobal.net)

**Website:** [www.dbsaempowerment.org](http://www.dbsaempowerment.org)

**Facebook:** The Friendship Line

[www.facebook.com/The-Friendship-Line-140437255978018/](http://www.facebook.com/The-Friendship-Line-140437255978018/)

Hours of Operation:

9:00 am-3:00 pm 365 days (Including Holidays)

**NAMI Warm Line**

**NAMI Southwest Missouri**

1443 N. Robberson, Ste. 408  
Springfield, MO 65802

**Toll Free: 1-877-535-4357**

**Local Phone: (417) 864-3676**

**Fax: (417) 720-1918**

*Renae Cole, Director*

E-mail: [renae@namiswmo.com](mailto:renae@namiswmo.com)

**Website:** [www.namiswmo.com](http://www.namiswmo.com)

**Facebook:** NAMI Southwest Missouri National Alliance on Mental Illness

[www.facebook.com/NamiSwmo](http://www.facebook.com/NamiSwmo)

Hours of Operation:

Mon-Fri 9:30 am-10:00 pm

Sat 9:00 am-3:30 pm

Sun 10:00 am-4:00pm (Including Holidays)

**NAMI Missouri**

3405 West Truman Blvd., Ste. 102

Jefferson City, MO 65109

**Toll Free: 1-800-374-2138**

**Phone: (573) 634-7727**

**Fax: (573) 761-5636**

*Alice Kliethermes, Director of Consumer Services*

E-mail: [alice@namimissouri.org](mailto:alice@namimissouri.org)

**Website:** [www.namimissouri.org](http://www.namimissouri.org)

**Facebook:** NAMI Missouri WARMLine

<https://www.facebook.com/pages/NAMI-Missouri-WARMLine-1-800-374-2138/420891854736663>

Hours of Operation:

Mon-Fri 9:00 am-5:00 pm

Weekends & Holidays 3:00 pm-9:00 pm