Missouri Drop In-Centers:
- Prime Time
  Kansas City, Mo
- Self-Help Center
  St. Louis, Mo
- St. Louis Empowerment Center
  St. Louis, Mo
- The Hope Center
  Springfield, Mo
- Peer Impact Center
  Cape Girardeau, MO

Missouri Warm Lines:
- Compassionate Ear
  Kansas City, Mo
- The Friendship Line
  St. Louis, Mo
- The Hope Center
  Springfield, Mo
- TLC Warm Line
  Cape Girardeau, Mo
- NAMI Missouri
  Jefferson City, Mo

Missouri Consumer Operated Service Locations

“...They help individuals see what is possible for themselves and for others. People see that recovery is real and possible. They can see it in people surrounding them.”
--- State Mental Health Policy Maker
What Are Consumer Operated-Service Programs?

A Consumer-Operated Service Program (COSP) is an independent organization that is owned, administratively controlled, and operated by mental health consumers. It may offer a range of services, but it emphasizes self-help and recovery.

Consumer-Operated Service Programs are evidence-based practices (EBP) that have consistently demonstrated effectiveness in helping individuals with mental illness achieve their desired goals.

What Makes Consumer Operated Service Programs Unique?

Consumer-Operated Service Programs are run by peers with lived experience. They understand how it can affect every aspect of living, including one’s hopes for the future. A COSP provides peers with a chance to develop leadership skills and, as a result, demonstrate living proof that individuals can and do recover from mental illness.

What Services Are Offered?

Different programs offer different kinds of services. These may include the following:

- Drop-in centers
- Warm Lines
- Peer Specialist Services
- Self-help and peer support groups
- Goal setting and problem solving
- Assistance with basic needs
- Help with housing, employment, and education
- Links to human services or resources
- Social and recreational opportunities
- Advocacy services
- Arts and expression

For More Information on Missouri Consumer Operated Service Programs Visit:
http://dmh.mo.gov/mentalillness/cosps.html