**Discharge Preparation Checklist**

Before the individual has left the facility, the following tasks should be completed:

I have been involved in decisions about what will take place after I leave the facility.

I understand where I am going after I leave this facility and what will happen to me once I arrive.

I have the name & phone number of a person I should contact if a problem arises during my transfer.

I understand what my medications are, how to obtain them and how to take them.

I understand the potentials side effects of my medications and whom I should call if I experience them.

I understand what symptoms I need to watch out for and whom to call should I notice them.

I understand how to keep my health problems from becoming worse.

My doctor or nurse has answered my most important questions prior to leaving the facility.

My family or someone close to me know that I am coming home and what I will need once I leave the facility.

If I am going directly home, I have scheduled a follow-up appointment with my doctor and I have transportation to this appointment.