#### I: State Information

#### State Information

### State DUNS Number Number 7788008877 **Expiration Date** I. State Agency to be the Grantee for the Block Grant Agency Name Missouri Department of Mental Health Organizational Unit Division of Behavioral Health Mailing Address PO Box 687 Jefferson City Zip Code 65102-0687 II. Contact Person for the Grantee of the Block Grant Mark Last Name Stringer Agency Name Missouri Department of Mental Health, Division of Behavioral Health Mailing Address PO Box 687 City Jefferson City Zip Code 65102-0687 Telephone 573-751-9499 Fax 573-751-7814 **Email Address** mark.stringer@dmh.mo.gov III. State Expenditure Period (Most recent State expenditure period that is closed out) From 7/1/2012 6/30/2013 IV. Date Submitted NOTE: this field will be automatically populated when the application is submitted. Submission Date 10/31/2013 3:58:13 PM **Revision Date**

| V. Contact Person Responsible for | Application Submission |   |
|-----------------------------------|------------------------|---|
| First Name                        |                        | Ī |
| Mark                              |                        |   |
| Stringer                          |                        |   |
| Telephone                         |                        |   |
| 573-751-9499                      |                        |   |
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| mark.stringer@dmh.mo.gov          |                        |   |
|                                   |                        |   |
| Footnotes:                        |                        |   |
|                                   |                        |   |

#### Table 1 - State Priorities

| Number | Title                         | Description   |
|--------|-------------------------------|---|
| 1      | Evidence Based Practices      | Continue to implement evidenced based practices statewide for adults with SMI and Children with SED |
| 2      | Healthcare Homes              | Implement Health Care Home Initiative   |
| 3      | Recovery Oriented<br>Services | Continue to implement recovery oriented services  |

footnote:

# II: Annual Report

## Table 2 - Priority Area by Goal, Strategy, and Performance Indicator

| Priority: Evidence Based Practices  |            |
|---|------------|
| Goal of the priority area:  |            |
| Implement evidence based practices statewide  |            |
|   |            |
|   |            |
|   |            |
| Strategies to attain the goal:  |            |
| Adults Continue implementation of six Assertive Community Treatment Teams   |            |
| Continue implementation of Integrated Dual Disorders Treatment in 20 agencies   |            |
| Continue implementation of Supported Employment programs in six agencies  Continue implementation of Dialectical Behavior Therapy statewide |            |
| Continue implementation of Consumer Operated Services Programs to fidelity  |            |
| Children  |            |
| Continue implementation of Treatment Family Homes Continue implementation of System of Care programs  |            |
| Continue implementation of System of Care programs  |            |
| Annual Performance Indicators to measure goal success   | <b>—</b>   |
| Indicator: Number of agencies implementing EBP  |            |
| Description of Collecting and Measuring Changes in Performance Indicator:   | 一          |
|   | , <b> </b> |
| Measure number of agencies implementing EBP   |            |
|   |            |
|   |            |
|   |            |
| Achieved: Yes   |            |
| Proposed Changes:   |            |

| Reason Not Achieved:  |
|---|
|   |
|   |
| Priority: Healthcare Homes  Goal of the priority area:  |
| Implement Healthcare Homes Initiative   |
| Strategies to attain the goal:  |
| Missouri is playing an important role in the design and implementation of the national health reform strategy. Missouri is the first state to submit a Medicaid State Plan Amendment to Health and Human Services, Centers for Medicare and Medicaid Services for Community Mental Health Center Homes. |
| Annual Performance Indicators to measure goal success   |
| Indicator: Implementation of Health Care Homes  |
| Description of Collecting and Measuring Changes in Performance Indicator:   |
| Missouri is working on obtaining approval of the State Plan Amendment. DMH will continue to train leadership and treatment teams on healthcare homes clinical and organization issues.  |
|   |
| Achieved: Yes   |

| Proposed Changes:   |
|---|
| Reason Not Achieved:  |
| Priority: Recovery Oriented Services  |
| Goal of the priority area:  |
| Partner With Individuals in Recovery  |
| Strategies to attain the goal:  |
| Missouri will continue to partner with individuals in recovery from mental illness and substance abuse disorders to guide the behavioral health system and promote individual, program and system-level approaches that foster health and resilience; increase permanent housing, employment, education, and other necessary supports; and reduce barriers to social inclusion. |
| Annual Performance Indicators to measure goal success  Indicator: Certified Missouri Peer Specialists; Consumer Operated Services Programs; RESPECT Institute   |
| Indicator: Certified Missouri Peer Specialists; Consumer Operated Services Programs; RESPECT Institute  |
| Description of Collecting and Measuring Changes in Performance Indicator:   |
| DMH will increase the number of Certified Missouri Peer Specialists trained.  DMH will maintain the Consumer Operated Services Programs.  DMH will continue to train individuals as RESPECT speakers.   |

| Achieved:   | Yes       |  |  |  |
|-------------|-----------|--|--|--|
| Proposed Ch | nanges:   |  |  |  |
|             |           |  |  |  |
|             |           |  |  |  |
|             |           |  |  |  |
| Reason Not  | Achieved: |  |  |  |
|             |           |  |  |  |
|             |           |  |  |  |
|             |           |  |  |  |
|             |           |  |  |  |

#### Footnotes:

As of October 2013, the Division of Behavioral Health (DBH) has 6 agencies and 10 teams implementing Assertive Community Treatment (ACT), 19 agencies implementing Integrated Treatment for Co-Occurring Disorders, 9 agencies implementing Supported Employment, and 16 agencies implementing Dialectical Behavior Therapy.

The first 'per member per month' payments for Health Homes were generated in March 2012. In FY 2013, 36,047 individuals participated in the Community Mental Health Centers' Health Homes Program.

As of October 2013, DBH has certified 180 Peer Specialists.

DBH maintains 10 Consumer Operated Services Programs.

The RESPECT Institute (RI) has trained 336 individuals since its inception in 2001. Eight RESPECT Trainings were conducted in FY 2013 - a total of 50 individuals were trained. In FY 2013, RI members had speaking engagements at 376 venues - a total of 10,990 audience members heard RI members speak.

### III: State Agency Expenditure Reports

Table 4 (URS Table 7) - Profile of Mental Health Service Expenditures and Sources of Funding

| Start Year: | 2014 |
|-------------|------|
| End Year:   | 2014 |

| Activity   | A. SA<br>Block<br>Grant | B. MH Block<br>Grant | C. Medicaid<br>(Federal,<br>State, and<br>Local) | D. Other<br>Federal<br>Funds (e.g.,<br>ACF (TANF),<br>CDC, CMS<br>(Medicare)<br>SAMHSA,<br>etc.) | E. State<br>Funds | F. Local<br>Funds<br>(excluding<br>local<br>Medicaid) | G. Other |
|--|-------------------------|----------------------|--|--|-------------------|---|----------|
| 1. Substance Abuse<br>Prevention and Treatment                 | \$                      | \$                   | \$   | \$   | \$                | \$  | \$       |
| 2. Primary Prevention  | \$                      | \$<br>79,345         | \$   | \$<br>731,166  | \$                | \$  | \$       |
| 3. Tuberculosis Services                                       | \$                      | \$                   | \$   | \$   | \$                | \$  | \$       |
| 4. HIV Early Intervention<br>Services                          | \$                      | \$                   | \$   | \$   | \$                | \$  | \$       |
| 5. State Hospital  | \$                      | \$                   | \$   | \$<br>5,619,446  | \$<br>213,469,478 | \$  | \$       |
| 6. Other 24 Hour Care  | \$                      | \$                   | \$   | \$<br>8,180,768  | \$<br>27,119,548  | \$  | \$       |
| 7. Ambulatory/Community<br>Non-24 Hour Care                    | \$                      | \$ 6,899,320         | \$ 290,717,715                                   | \$ 30,496,611  | \$<br>41,415,989  | \$  | \$       |
| 8. Administration<br>(Excluding Program and<br>Provider Level) | \$                      | \$ 330,924           | \$   | \$<br>720,833  | \$<br>729,870     | \$  | \$       |
| 9. Subtotal (Rows 1, 2, 3, 4, and 8)                           | \$                      | \$410,269            | \$   | \$1,451,999  | \$729,870         | \$  | \$       |
| 10. Subtotal (Rows 5, 6, 7, and 8)                             | \$                      | \$7,230,244          | \$290,717,715                                    | \$45,017,658   | \$282,734,885     | \$  | \$       |
| 11. Total  | \$                      | \$7,309,589          | \$290,717,715                                    | \$45,748,824   | \$282,734,885     | \$  | \$       |

Please indicate the expenditures are <u>actual</u> or <u>estimated</u>.

| Actual | ∫∩ Estimated |
|--------|--------------|
|--------|--------------|

Footnotes:

Expenditure Period Start Date: 7/1/2012 Expenditure Period End Date: 6/30/2013

| Screening and Brief Intervention for Tobacco Cessation  Screening and Brief Intervention for Tobacco Cessation  Sample of Intervention for Tobacco Cessation  Sa   | Service  | Unduplicated<br>Individuals | Units | Expenditures |
|--|--|-----------------------------|-------|--------------|
| Screening and Brief Intervention for Tobacco Cessation  Screening and Brief Intervention for Tobacco Cessation  Sample of Intervention for Tobacco Cessation  Sa   | Prevention (Including Promotion)                         |                             |       | \$           |
| Screening and Brief Intervention for Tobacco Cessation  Parent Training  \$ Facilitated Referrals  \$ Relapse Prevention/Wellness Recovery Support  \$ Warm Line  \$ Fingagement Services  \$ Assessment  \$ Specialized Evaluations (Psychological and Neurological)  \$ Service Planning (including crisis planning)  \$ Consumer/Family Education  \$ Outreach  \$ Outpatient Services  \$ \$ Group therapy  \$ Multi-family therapy  \$ Multi-family therapy  \$ \$ Consultation to Caregivers  \$ \$ \$ Consultation to Caregivers  | Screening, Brief Intervention and Referral to Treatment  |                             |       | \$           |
| Parent Training  S Facilitated Referrals  S Relapse Prevention/Wellness Recovery Support  S Warm Line  S Engagement Services  Assessment  S Specialized Evaluations (Psychological and Neurological)  Service Planning (including crisis planning)  Consumer/Family Education  Outreach  Outpatient Services  Individual evidenced based therapies  Group therapy  S Multi-family therapy  S Multi-family therapy  S Consultation to Caregivers  S  S  S  S  S  S  S  S  S  S  S  S  S   | Brief Motivational Interviews                            |                             |       | \$           |
| Facilitated Referrals  Relapse Prevention/Wellness Recovery Support  \$ Warm Line  \$ Engagement Services  \$ Assessment  \$ Specialized Evaluations (Psychological and Neurological)  \$ Service Planning (including crisis planning)  \$ Consumer/Family Education  \$ Outpeatient Services  \$ Individual evidenced based therapies  \$ Group therapy  \$ Multi-family therapy  \$ Multi-family therapy  \$ Consultation to Caregivers  \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$   | Screening and Brief Intervention for Tobacco Cessation   |                             |       | \$           |
| Relapse Prevention/Wellness Recovery Support  Warm Line  \$ Engagement Services  Assessment  \$ Specialized Evaluations (Psychological and Neurological)  \$ Service Planning (including crisis planning)  \$ Consumer/Family Education  \$ Outpatient Services  \$ Individual evidenced based therapies  \$ Group therapy  \$ Multi-family therapy  \$ Multi-family therapy  \$ Consultation to Caregivers  | Parent Training  |                             |       | \$           |
| Warm Line \$ Engagement Services \$ Assessment \$ Specialized Evaluations (Psychological and Neurological) \$ Service Planning (including crisis planning) \$ Consumer/Family Education \$ Outreach \$ Outreach \$ Individual evidenced based therapies \$ Individual evidenced based therapies \$ Family therapy \$ Multi-family therapy \$ Sonsultation to Caregivers \$ Sonsultation t  | Facilitated Referrals                                    |                             |       | \$           |
| Engagement Services \$  Assessment \$  Specialized Evaluations (Psychological and Neurological) \$  Service Planning (including crisis planning) \$  Consumer/Family Education \$  Outreach \$  Outpatient Services \$  Individual evidenced based therapies \$  Group therapy \$  Multi-family therapy \$  Multi-family therapy \$  Consultation to Caregivers \$  Samulation to Caregive | Relapse Prevention/Wellness Recovery Support             |                             |       | \$           |
| Assessment \$  Specialized Evaluations (Psychological and Neurological) \$  Service Planning (including crisis planning) \$  Consumer/Family Education \$  Outreach \$  Outpatient Services \$  Individual evidenced based therapies \$  Group therapy \$  Family therapy \$  Multi-family therapy \$  Consultation to Caregivers \$   | Warm Line  |                             |       | \$           |
| Specialized Evaluations (Psychological and Neurological)  Service Planning (including crisis planning)  Consumer/Family Education  Sutreach  Outpatient Services  Individual evidenced based therapies  Group therapy  Samily therapy  Sutti-family therapy  Sutti-famil   | Engagement Services                                      |                             |       | \$           |
| Service Planning (including crisis planning)  Consumer/Family Education  S  Outreach  S  Outpatient Services  Individual evidenced based therapies  Group therapy  S  Multi-family therapy  S  Consultation to Caregivers  S  S  S  S  S  S  S  S  S  S  S  S  S   | Assessment   |                             |       | \$           |
| Consumer/Family Education \$  Outreach \$  Outpatient Services \$  Individual evidenced based therapies \$  Group therapy \$  Family therapy \$  Multi-family therapy \$  Consultation to Caregivers \$  | Specialized Evaluations (Psychological and Neurological) |                             |       | \$           |
| Outreach  Outpatient Services  Individual evidenced based therapies  Group therapy  \$  Multi-family therapy  \$  Consultation to Caregivers  \$  \$   | Service Planning (including crisis planning)             |                             |       | \$           |
| Outpatient Services  Individual evidenced based therapies  Group therapy  Family therapy  \$ Multi-family therapy  Consultation to Caregivers  \$  | Consumer/Family Education                                |                             |       | \$           |
| Individual evidenced based therapies \$  Group therapy \$  Family therapy \$  Multi-family therapy \$  Consultation to Caregivers \$   | Outreach   |                             |       | \$           |
| Group therapy \$  Family therapy \$  Multi-family therapy \$  Consultation to Caregivers \$  | Outpatient Services                                      |                             |       | \$           |
| Family therapy \$  Multi-family therapy \$  Consultation to Caregivers \$  | Individual evidenced based therapies                     |                             |       | \$           |
| Multi-family therapy \$  Consultation to Caregivers \$   | Group therapy  |                             |       | \$           |
| Consultation to Caregivers \$  | Family therapy   |                             |       | \$           |
|  | Multi-family therapy                                     |                             |       | \$           |
|  | Consultation to Caregivers                               |                             |       | \$           |
| Medication Services \$   | Medication Services                                      |                             |       | \$           |
| Medication management \$   | Medication management                                    |                             |       | \$           |

| Pharmacotherapy (including MAT)                  |  | \$ |
|--|--|----|
| Laboratory services                              |  | \$ |
| Community Support (Rehabilitative)               |  | \$ |
| Parent/Caregiver Support                         |  | \$ |
| Skill building (social, daily living, cognitive) |  | \$ |
| Case management                                  |  | \$ |
| Continuing Care                                  |  | \$ |
| Behavior management                              |  | \$ |
| Supported employment                             |  | \$ |
| Permanent supported housing                      |  | \$ |
| Recovery housing                                 |  | \$ |
| Therapeutic mentoring                            |  | \$ |
| Traditional healing services                     |  | \$ |
| Recovery Supports                                |  | \$ |
| Peer Support                                     |  | \$ |
| Recovery Support Coaching                        |  | \$ |
| Recovery Support Center Services                 |  | \$ |
| Supports for Self Directed Care                  |  | \$ |
| Other Supports (Habilitative)                    |  | \$ |
| Personal care                                    |  | \$ |
| Homemaker  |  | \$ |
| Respite  |  | \$ |
| Supported Education                              |  | \$ |
| Transportation                                   |  | \$ |
| Assisted living services                         |  | \$ |
| Recreational services                            |  | \$ |
| Trained behavioral health interpreters           |  | \$ |

|   | ı |    |
|---|---|----|
| Interactive communication technology devices  |   | \$ |
| Intensive Support Services                    |   | \$ |
| Substance abuse intensive outpatient (IOP)    |   | \$ |
| Partial hospital                              |   | \$ |
| Assertive Community Treatment                 |   | \$ |
| Intensive home based services                 |   | \$ |
| Multi-systemic therapy                        |   | \$ |
| Intensive Case Management                     |   | \$ |
| Out-of-Home Residential Services              |   | \$ |
| Crisis residential/stabilization              |   | \$ |
| Adult Substance Abuse Residential             |   | \$ |
| Adult Mental Health Residential               |   | \$ |
| Youth Substance Abuse Residential Services    |   | \$ |
| Children's Residential Mental Health Services |   | \$ |
| Therapeutic foster care                       |   | \$ |
| Acute Intensive Services                      |   | \$ |
| Mobile crisis                                 |   | \$ |
| Peer based crisis services                    |   | \$ |
| Urgent care                                   |   | \$ |
| 23 hr. observation bed                        |   | \$ |
| Medically Monitored Intensive Inpatient       |   | \$ |
| 24/7 crisis hotline services                  |   | \$ |
| Other (please list)                           |   | \$ |

#### footnote:

Missouri will continue to work on the necessary reports and crosswalks to pull information for this table and report in a future application.

### III: State Agency Expenditure Reports

Table 6 - Primary Prevention Expenditures Checklist

| Start Year: | 2014 |
|-------------|------|
| End Year:   | 2014 |

| Strategy                            | IOM Target  | MHBG Block<br>Grant | Other Federal    | State            | Local    | Other     |
|-------------------------------------|-------------|---------------------|------------------|------------------|----------|-----------|
| Information<br>Dissemination        | Universal   | \$                  | \$               | \$               | \$       | \$        |
| Information<br>Dissemination        | Selective   | \$                  | \$               | \$               | \$       | \$        |
| Information<br>Dissemination        | Indicated   | \$                  | \$               | \$               | \$       | \$        |
| Information<br>Dissemination        | Unspecified | \$                  | \$               | \$               | \$       | \$        |
| Information<br>Dissemination        | Total       | \$                  | \$               | \$               | \$       | \$        |
| Education                           | Universal   | \$                  | \$               | \$               | \$       | \$        |
| Education                           | Selective   | \$                  | \$               | \$               | \$       | \$        |
| Education                           | Indicated   | \$                  | \$               | \$               | \$       | \$        |
| Education                           | Unspecified | \$                  | \$               | \$               | \$       | \$        |
| Education                           | Total       | \$                  | \$               | \$               | \$       | \$        |
| Alternatives                        | Universal   | \$                  | \$               | \$               | \$       | \$        |
| Alternatives                        | Selective   | \$                  | \$               | \$               | \$       | \$        |
| Alternatives                        | Indicated   | \$                  | \$               | \$               | \$       | \$        |
| Alternatives                        | Unspecified | \$                  | \$               | \$               | \$       | \$        |
| Alternatives                        | Total       | \$                  | \$               | \$               | \$       | \$        |
| Problem Identification and Referral | Universal   | \$                  | \$               | \$               | \$       | \$        |
| Problem Identification and Referral | Selective   | \$                  | \$               | \$               | \$       | \$        |
| Problem Identification and Referral | Indicated   | \$                  | \$               | \$               | \$       | \$        |
| Problem Identification and Referral | Unspecified | \$                  | \$               | \$               | \$       | \$        |
| Problem Identification and Referral | Total       | \$                  | \$               | \$               | \$       | \$        |
| souri                               | OMB No. 0   | 930-0168 Approved   | 1· 05/21/2013 Ex | nires: 05/31/201 | <u> </u> | Page 12 c |

| Community-Based<br>Process | Universal   | \$        | \$         | \$<br>\$ | \$ |
|----------------------------|-------------|-----------|------------|----------|----|
| Community-Based<br>Process | Selective   | \$        | \$         | \$<br>\$ | \$ |
| Community-Based<br>Process | Indicated   | \$        | \$         | \$<br>\$ | \$ |
| Community-Based<br>Process | Unspecified | \$        | \$         | \$<br>\$ | \$ |
| Community-Based<br>Process | Total       | \$        | \$         | \$<br>\$ | \$ |
| Environmental              | Universal   | \$        | \$         | \$<br>\$ | \$ |
| Environmental              | Selective   | \$        | \$         | \$<br>\$ | \$ |
| Environmental              | Indicated   | \$        | \$         | \$<br>\$ | \$ |
| Environmental              | Unspecified | \$        | \$         | \$<br>\$ | \$ |
| Environmental              | Total       | \$        | \$         | \$<br>\$ | \$ |
| Section 1926 Tobacco       | Universal   | \$        | \$         | \$<br>\$ | \$ |
| Section 1926 Tobacco       | Selective   | \$        | \$         | \$<br>\$ | \$ |
| Section 1926 Tobacco       | Indicated   | \$        | \$         | \$<br>\$ | \$ |
| Section 1926 Tobacco       | Unspecified | \$        | \$         | \$<br>\$ | \$ |
| Section 1926 Tobacco       | Total       | \$        | \$         | \$<br>\$ | \$ |
| Other                      | Universal   | \$ 75,701 | \$ 697,397 | \$<br>\$ | \$ |
| Other                      | Selective   | \$ 3,644  | \$ 33,769  | \$<br>\$ | \$ |
| Other                      | Indicated   | \$        | \$         | \$<br>\$ | \$ |
| Other                      | Unspecified | \$        | \$         | \$<br>\$ | \$ |
|                            | Total       | \$79,345  | \$731,166  | \$<br>\$ | \$ |

Table 9 - Maintenance of Effort for State Expenditures on Mental Health Services

| Total Expenditures for SMHA |               |                                 |  |  |  |  |  |
|-----------------------------|---------------|---------------------------------|--|--|--|--|--|
| Period                      | Expenditures  | <u>B1(2011) + B2(2012)</u><br>2 |  |  |  |  |  |
| (A)                         | (B)           | (C)                             |  |  |  |  |  |
| SFY 2011<br>(1)             | \$129,347,429 |                                 |  |  |  |  |  |
| SFY 2012<br>(2)             | \$136,498,469 | \$132,922,949                   |  |  |  |  |  |
| SFY 2013<br>(3)             | \$137,118,285 |                                 |  |  |  |  |  |

| (3)                                |                |          |              |             |             | \$137,118,2 | 285    |                         |
|------------------------------------|----------------|----------|--------------|-------------|-------------|-------------|--------|-------------------------|
| Are the expenditure amo            | ounts reported | d in Col | umn B "actı  | ıal" expenc | ditures for | the State   | fisca  | al years involved?      |
| SFY 2011                           | Yes            | Х        | No _         |             |             |             |        |                         |
| SFY 2012                           | Yes            | X        | No _         |             |             |             |        |                         |
| SFY 2013                           | Yes            | Χ        | No _         |             |             |             |        |                         |
| If estimated expenditure footnote: | s are provide  | d, pleas | e indicate v | vhen actua  | l expendit  | ture data v | will b | pe submitted to SAMHSA: |

### III: State Agency Expenditure Reports

Table 10 - Report on Set-aside for Children's Mental Health Services

| State Expenditures for Mental Health Services |                 |                           |  |  |  |  |  |
|---|-----------------|---------------------------|--|--|--|--|--|
| Actual SFY 2008                               | Actual SFY 2012 | Estimated/Actual SFY 2013 |  |  |  |  |  |
| \$24,058,329                                  | \$25,516,701    | \$26,058,754              |  |  |  |  |  |

States are required to not spend less than the amount expended in Actual SFY 2008. This is a change from the previous year, when the baseline for the state expenditures was 1994.

| Footpotos  |  |  |
|------------|--|--|
| TOULIULES. |  |  |
|            |  |  |