

Healthy Transitions INITIATIVE

This 5-year grant program utilizes a system of care approach to promote a seamless transition to independence and the successful adaptation of adult roles and responsibilities for youth and young adults with serious mental health conditions and their families.

Population Served

Youth and young adults, ages 16-25, with serious emotional disturbances or serious mental illnesses, and their families.

Amount Allocated for Grant Award

FY 2010: \$3,360,000 (Up to \$480,000/year per grantee for up to 5 years)

Authorizing Legislation

Title V, Part E, Section 561, et seq., Public Health Service Act, as amended

Purpose

To help youth and young adults navigate the transition to adulthood by making available research-based, age-appropriate services and supports and create supportive state-level policies.

Services Provided

Developmentally appropriate transition services and supports (linked to other agencies and revenue streams, as required, and integrated with cultural norms and beliefs, as appropriate, to the community).

Objectives

- Create developmentally appropriate, effective youth-guided local systems of care.
- Improve outcomes for youth and young adults with serious mental conditions in areas such as education, employment, housing, mental health and co-occurring disorders.
- Decrease contacts with the juvenile and criminal justice systems.
- Link and integrate local systems at the State/tribal/territorial levels to effect broader policy change and replication.
- Offer family and integrated peer supports in outreach, services and community integration activities.
- EnhanceService coordination.

Current Grantees 2013



MISSOURI

Futures Now: Transitioning Youth Partnership

Lead Agency: Missouri's Department of Mental Health (DMH)

Local Demonstration site: Jackson County (Metropolitan Kansas City Area)

Description: The initiative's purpose is to provide quality; effective, culturally competent and developmentally relevant youth guided services and supports for youth and young adults with severe emotional disturbance (SED) and young adults with severe and persistent mental illness (SMI) in order for them to succeed in all realms of life. In Jackson County there are four community mental health centers participating in the initiative. Community agencies, families and youth/young adults have joined together with local foundations, as partners with DMH to meet the needs of these youth/young adults in multiple life domains. Peer support programs for youth/young adults and their caretakers have been developed. This initiative will provide the foundation for leadership to replicate the enhanced practices across the state

HTI NATIONAL ACCOMPLISHMENTS

Aggregate Data

National Outcome Measures (NOMs)

- Functioning: Were functioning in everyday life
 - 386 Number of Consumers (cumulative)
 - 39.60% - Percent Change (from Baseline to most Recent Interview)

- Stability in Housing: had a stable place to live in the community
 - 385 Number of Consumers (cumulative)
 - 52.00% - Percent Change (from Baseline to most Recent Interview)

Cumulative IPP TRAC data indicate:

- 6758 people in the mental health and related workforce were trained in the mental health-related practices/activities that are consistent with the goals of the grant.

MISSOURI ACCOMPLISHMENTS

- State wide policy reform supports eligibility for services based on need rather than age, creating a seamless transition between child and adult systems.
- The local implementation site has creative partnerships with:
 - Community College, creating a drop in center on campus
 - Housing Authority, creating dedicated housing options for this population
- A peer support program for Young Adults and Caretakers has been initiated.

***Healthy Transitions Initiative (HTI) is also known as the Emerging Adult Initiative (EAI)**