

Jessica A. Sergio, Ph.D.

Fulton State Hospital
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EDUCATION

Doctor of Philosophy:
August, 2010

University of North Texas
Counseling Psychology Doctoral Program (APA Accredited)
Specialization: Marriage and Family Therapy
Dissertation Title: Differences among abused and nonabused
young and older adults as measured by the Hand Test

Masters of Science:
May, 2008

University of North Texas
Degree: Psychology
Thesis Title: Changes in women's mental and physical health after
ending violent relationships

Bachelors of Science:
August, 2004

University of North Texas
Major: Psychology (Cum Laude)
Minor: Business Management
Thesis Title: Changes in women's mental and physical health after
ending violent relationships

CERTIFICATIONS/LICENSES

March, 2012

Licensed Psychologist – State of Missouri (#2010036635)

September, 2013

National Register of Health Services Psychologist (Registrant ID #54018)

CLINICAL EXPERIENCE

2010 – present

Fulton State Hospital – Fulton, MO
Psychology Internship Training Director (July 2014 – present)
Psychologist I, New Outlook Program Team Leader (March 2012 – present)
Post Doctoral Fellow (2010 – 2012)
Client Population: Developmentally disabled and mentally ill adult males housed in an intermediate security facility New Outlook Program ward, who struggle with mood/emotional/behavioral dysregulation.
Duties: Provided Dialectical Behavior Therapy individual and group therapy, including DBT Skills Training, Behavior Chain Analysis, and Repair Council. Co-facilitated Sex Offender Treatment groups utilizing

Safe Offender Strategies. Completed psychological assessments and case management duties, including creating Individual Treatment and Rehabilitation Plans and Treatment Plan Reviews. Provided coaching call support as needed to clients in distress. Participated in weekly multi-disciplinary team meetings and DBT consultation team.

Supervision: As team leader, provided administrative supervision for social workers, music therapists, and recreational therapists providing services within the program. As Psychologist I, provided clinical supervision for psychology interns and students providing DBT individual and group therapy.

2009 – 2010

Wasatch Mental Health – Provo, UT

Psychology Intern (APA & APPIC Accredited Internship)

Client Population: Severely and persistently mentally ill (SPMI) adults, youth, children, couples and families, in a Medicaid funded community based clinic, with a variety of DSM-IV-TR diagnosis categories, as well as varying medical diagnoses. Predominant Mormon population, although including other gay/lesbian racial/ethnic and religious minorities.

Duties: Conducted intakes and provided long term outpatient individual psychotherapy in a multi-disciplinary setting using a biopsychosocial rehabilitation model, utilizing outcome measures and multiple theoretical orientations, including client theory of change to conceptualize and guide clinical interventions. Demonstrated proficiency in administering, scoring, interpreting, integrating, writing, and providing feedback for full psychological and neurological test batteries, as well as psychological evaluations for those applying for disability funding. Co-leader for Hope & Empowerment group for victims of relationship and sexual trauma. Participated in and presented case presentations for didactic sessions that focused on evidence-based practices and addressing impact of diversity for treatment in multi-disciplinary staff and team meetings.

2008 – 2009

Friends of the Family – Denton, TX

Clinician, Practicum

Client Population: Victims of domestic violence and sexual assault, as well as court-ordered batterers required to attend 27 week treatment programs, including gay/lesbian racial/ethnic minorities.

Duties: Provided long-term individualized therapy to adult clients suffering from domestic violence or sexual assault issues. Used multiple theoretical orientations, including the Duluth method to conceptualize and guide clinical interventions and conduct intake interviews. Leader for Violence Intervention and Prevention Programs, Childhood Sexual Assault, and Mothers with Children Suffering Childhood Sexual Assault groups. Participated in crisis on call for Sexual Assault Advocacy Team.

2007 – 2008

Federal Bureau of Prisons Medical Center – Carswell, Ft. Worth, TX

Clinician, Practicum

Client Population: Federal inmates housed in the mental health outpatient unit as well as from the general population, including gay/lesbian racial/ethnic minorities.

Duties: Provided long-term individualized therapy as well as mental health needs assessment to adult clients with varying presenting problems. Used multiple theoretical orientations, including CBT to conceptualize and guide clinical interventions, conducted intake sessions, and participated in triage services. Leader for Domestic Violence, Healthy Relationships, and Coping with Anxiety groups, as well as multiple 2-hour seminars.

2005 – 2007

Counseling and Testing Center, UNT

Clinician, Personal and Vocational Practicum

Client Population: University students presenting with personal and vocational issues, including gay/lesbian racial/ethnic minorities.

Duties: Provided short-term (8 sessions) therapy, demonstrated proficiency in working with clients with varying presenting problems, as well as used multiple theoretical orientations to conceptualize and guide clinical interventions. Demonstrated proficiency in interpreting, integrating, and providing test feedback for vocational counseling and engaged in integrative career planning with clients using standard and computer based assessment instruments, UNT's Career Center, and information/occupational websites (e.g., O*Net).

2004 – 2007

Community Psychology Clinic, UNT

Clinician, Personal and Assessment Practicum

Client Population: Adult clients in a community-based clinic, including gay/lesbian racial/ethnic minorities.

Duties: Provided long-term individualized and group therapy as well as personality, intellectual, and vocational assessment to adult clients with varying presenting problems. Used multiple theoretical orientations, including Relational Theory to conceptualize and guide clinical interventions, conducted intake sessions, and participated in on-call service. Co-leader for two General Relationship Issues groups. Participated in Marriage and Family Intervention Program. Supervised other student clinicians. Demonstrated proficiency in administering, scoring, interpreting, integrating, writing, and providing feedback for full psychological test batteries.

RESEARCH EXPERIENCE

2006 – 2008

Families and Futures Study, UNT

Research Fellow

Description of Study: Research focused on better understanding how youth view the future, and the role that parents and family relationships play in the development of those ideas. Goals were to address understudied populations (e.g. low income, first-generation college students, and different ethnic groups), consider both youth and parental

viewpoints, look at career development in the context of other life choices, and investigate processes involved in family influence.

Primary Duties: Organized and maintained system for all research studies, organized gathered data, coded subject responses, recruited and maintained contacts for further data collection, researched grant opportunities, managed undergraduate research assistants.

Principal Investigator: Vicki Campbell, Ph.D., Program Co-Director

2002 – 2007

Project HOW: Health Outcomes of Women, UNT

Senior Research Fellow (2004 – 2007)

Undergraduate Research Assistant (2002 – 2004)

Description of Study: Research funded by the National Centers for Injury Prevention and Control, Centers for Disease Control and Prevention R49/CC610508 (approx \$1.75 million), the Hogg Foundation for Mental Health #3691 (approx \$49,000), and the National Institute of Justice (\$500,000). A 7 year, 6-wave longitudinal study of the mental and physical health of 836 inner city low-income women of African American, Euro-American, and Mexican American descent.

Primary Duties: Oversaw daily office activities, created and maintained filing system, maintained connections with subjects, assisted with former employee requests. Entered data into SPSS database, coded subjects responses, identified discrepancies between interviewer codes, assisted with graduate research

Principal Investigator: Linda L. Marshall, Ph.D., Department Chair

PROFESSIONAL WORK EXPERIENCE

2008 – 2009

Assistant to Associate Director of UNT Psychology Clinic

Primary Duties: Assist in grant writing, research grant opportunities, collect data regarding therapy outcome measures, collect information regarding current clinic practices and procedures, assist in implementation of new clinic policies.

2006 – 2009

Assistant to Counseling Psychology Program Director

Primary Duties: Maintain contact with program alumni, editor of bi-yearly newsletter, organize program statistics, gather data for APA self-study, maintain APA required disclosure data, assist with program interviews, and initiated alumni resource program.

TEACHING EXPERIENCE

Fall 2006

Psychology 2317, *Quantitative Methods in Psychology*

Teaching Assistant

A 4 hour course that includes techniques appropriate for treatment of psychological data, frequency distributions, percentiles, measures of central tendency and variability, normal curve function, simple correlational analyses, and applications of sampling theory.

- Fall 2005 **Psychology 5700, *Advanced Quantitative Methods in Psychology***
Teaching Assistant
 A 4-credit course that includes a review of probability theory and elementary sampling statistics, a discussion of correlational theory and the application of several correlational techniques, a study of several methods appropriate for testing hypotheses about differences among several means, factorial designs in analysis of variance and some consideration of non-parametric procedures.
- Fall 2004 &
 Summer 2005 **Psychology 3650, *Experimental Methods in Psychology***
Teaching Assistant
 A 4-credit course that is designed to teach students basic experimental procedures and designs, laboratory apparatus, and treatment of experimental data. Experiments and experimental reports are required of each student.

VOLUNTEER EXPERIENCE

- Fall 2007 **Mosaic Family Services, Inc.**
 A nonprofit community-based organization that provides services and shelter to underserved women and children in the Dallas/Ft. Worth area (primarily immigrants, refugees, domestic violence victims, at-risk youth, and those at risk for HIV/AIDS).

PUBLICATIONS

- Sergio, J. A.**, Temple, J.R., Weston, R., & Marshall, L.L. (2005). Changes in women's physical and mental health after ending violent relationships. *The Eagle Feather: A Publication for Undergraduate Scholars*. Retrieved March 5, 2007 from <http://www.unt.edu/honors/eaglefeather/2005issue.shtml>.

PRESENTATIONS

- Sergio, J. A.**, Temple, J.R., Weston, R., & Marshall, L.L. (2004, May). *Changes in women's physical and mental health after ending violent relationships*. Paper presented at the annual conference of the American Psychological Society, Chicago, IL.

PROFESSIONAL CONFERENCES/SEMINARS

- November, 2010 Dialectical Behavior Therapy – Making it Work in Our Communities, Rhonda Reitz, Ph.D.
- February, 2011 Dialectical Behavior Therapy – Mindfulness, Rhonda Reitz, Ph.D
- June, 2011 Dialectical Behavior Therapy – Individual Therapy & Coaching, Rhonda Reitz, Ph.D
- October, 2011 Mindfulness, Willingness and Radical Acceptance in Psychotherapy, Marsha Linehan, Ph.D and Randy Wolbert, LMSW
- April, 2012 Ethical Decision Making and Risk Management in Clinical Practice, Eric Harris, Ed.D, J.D.

May, 2012	Dialectical Behavior Therapy – Consultation Teams, Rhonda Reitz, Ph.D.
June, 2012	Dialectical Behavior Therapy – Next Step for Missouri DBT Teams, Rhonda Reitz, Ph.D.
June, 2012	Safe Offender Strategies, Jill Stinson, Ph.D.
January, 2013	Safe Offender Strategies, Jill Stinson, Ph.D.
January, 2013	Dialectical Behavior Therapy – Delivering Individual DBT-Based Treatment, Rhonda Reitz, Ph.D.
March, 2013	“If You Do That One More Time.” Behavioral Approaches to People with Disabilities, Dave Hingsburger
June, 2013	Exposure Training, Ryan Lindsey, LCSW
October, 2013	Caring for Ourselves, Rhonda Ritz, Ph.D.
January 2014	Motivational Interviewing, Matthew Martens, Ph.D.
March 2014 – present	Practice Ground Learning Community: Dialectical Behavior Therapy – Kelly Kroner, Ph.D.