

VITA
Sharon Bradford Robbins

Licensed Psychologist - Missouri
Program Coordinator,
New Outlook Program *for* Behavior and Mood Self-Management
Guhleman Forensic Center and Biggs Forensic Center
Fulton State Hospital
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EDUCATION

- Ph.D.** Counseling Psychology, Louisiana Tech University Degree Conferred: 08/2005
(APA Accredited) Ruston, Louisiana
Dissertation: Effect of Co-Morbid Psychiatric Disorders on Measures of
Group Cohesion in Substance Abusers
- M.S.** Psychology, University of Louisiana - Monroe Degree Conferred: 08/1985
(Psychometrics)
- B.A.** Psychology, University of Louisiana - Monroe Degree Conferred: 05/1983

CERTIFICATIONS/LICENSES

Licensed Psychologist – State of Missouri: License obtained - 09/2006

International Association of Nonviolent Crisis Intervention Certified Instructor, Crisis Prevention Institute (09/1991-09/2005)

FACULTY APPOINTMENTS

Current Adjunct Assistant Professor
Department of Psychiatry
School of Medicine
University of Missouri
Columbia, Missouri

CLINICAL EXPERIENCE

Program Coordinator/Licensed Psychologist II

Fulton State Hospital (09/2006 – present)

Assignments:

- Develop and implement a new treatment program for people with intellectual/developmental disabilities and for people with mood/emotional/behavioral dysregulation on a three-ward continuum in intermediate security that serves approximately 70 people
- Oversee the distribution of program staff resources and individual time utilization
- Manage personnel issues of the program
- Provide supervision for therapists providing services within the program
- Develop a program manual and design training for staff within the program

Achievements:

- Developed New Outlook Program for Behavior and Mood Self-Management
- Program is now on 2 wards in Guhleman Forensic Center, 1 ward in Hearnese Forensic Center, and 3 wards in Biggs Forensic Center
- Re-designed staff training for New Outlook Program
- Developed New Outlook Program in minimum security hospitals in Missouri

Other Clinical Experience

Post-Doctoral Residency: Fulton State Hospital (08/2005 – 08/2006)

Assignments:

- Develop program that addresses the needs of people with intellectual disabilities and mental illness
- Consult with Teams as requested to address treatment issues related to people with intellectual disabilities
- Develop and provide seminars throughout the hospital on topics related to intellectual disabilities and positive behavior support
- Conduct court-ordered forensic evaluations
- Assist in state-wide development of treatment for people with intellectual disabilities within the mental health system; Provide seminars for staff at other DMH facilities
- Conduct Sex Offender Treatment Groups for people with intellectual disabilities
- Conduct DBT Skills Groups for people with intellectual disabilities
- Dialectical Behavior Therapy Consultation Team
- Facility Research Committee
- Facility Environmental Enhancement Team

Pre-Doctoral Internship: Fulton State Hospital (APA Accredited, Fulton, Missouri) (08/2004 – 08/2005)

Major Rotations: Dialectical Behavior Therapy, Forensic Evaluation, Social Learning Program

Minor Rotations: Sex Offender Treatment, Personality Assessment

- Supervisors: Ronda Reitz, Ph.D. (DBT); Jeffrey Kline, Ph.D. (Forensics); Will Newbill, Ph.D. (SLP); Marc Maddox, Ph.D. (Sex Offender Treatment); James Bridges, Ph.D. (Assessment)

Duties: Co-led sex offender treatment group for the entire year. Provided case management and individual DBT therapy for an assigned caseload of patients during 5-month DBT rotation. Provided DBT skills groups and chain analysis skills groups for 5-month DBT rotation. Conducted at least 6 psychological assessments. Attended treatment team meetings, Research Committee meetings, DBT Consultation Team, and seminars for the entire year.

Special Projects:

- Developed and submitted program proposal for Treating People with Intellectual Disabilities and Mental Illness
- Served on Environmental Committee charged with developing proposal for Comfort Rooms; Summarized research in this area and presented to facility Executive Committee
- Co-presented two seminars on Dialectical Behavior Therapy for MR/DD programs in the state of Missouri
- Submitted proposal to the National Association on Dual Diagnosis (NADD); Proposal was accepted for presentation at the annual conference

Practicum and Field Placements during Doctoral Training:

Franklin Parish Schools – Head Start Program (03/2004 – 05/2004)

Duties: Observe and make recommendations regarding children with challenging behavior. Train staff in concepts of positive behavior support.

- Supervisor: Sally Thigpen, Ph.D.

Rehabilitation Services of Louisiana, Inc. (09/2003 – 07/2004)

Duties: Providing mental health services to people with developmental disorders or severe mental illness; includes individual therapy, family therapy, behavioral monitoring, case coordination, and school consultation. Train and certify staff in crisis intervention.

- Supervisor: Walter C. Buboltz, Ph.D.

Shreveport Psychometrics (06/2003 – 09/2003)

Duties: Conduct psychological and intellectual assessments, including intake interviews, and mental status exams. Responsible for assessing and reporting diagnostic impressions, and integrative report writing.

- Supervisor: Sam Thomas, Ed.D.

Palmetto Addiction Recovery (09/2002 – 05/2003)

Duties: Co-lead group therapy for inpatient substance abuse treatment. Attend treatment team meetings and meet with family members.

- Supervisor: Tony Young, Ph.D.

G. B. Cooley Hospital for Retarded Children (06/2002 – 11/2002)

Duties: Conduct individual and group therapy for people with mental retardation that live in the institution or in a community home. Consult with treatment team regarding recommendations concerning goals and objectives. Consult with psychiatrist and psychologist regarding medication regimen.

- Supervisor: Tony Young, Ph.D.

Psychological Services Clinic, Louisiana Tech University Department of Psychology and Behavioral Sciences (06/2001 – 05/2002)

Duties: Conducting intake assessments and carrying a caseload of 5-8 individual clients from diverse backgrounds and ethnicities. Working with individuals with issues ranging from major mood disorders to marital difficulties. Working with clients referred from the district attorney's office for a pre-trial diversion program for first time offenders of misdemeanor crimes. Administering, scoring, and report writing of psychological, cognitive, achievement, and AD/HD assessments.

- Supervisor: Sally Thigpen, Ph.D.

Employment Prior to Doctorate:Coordinator of Facility Research and Public Information, G. B. Cooley Hospital for Retarded Children (04/2002 – 11/2002) (West Monroe, LA)

- *Responsibilities:* Conduct, present, and/or publish research for the facility in accordance with policies and at the direction of the CEO. The Coordinator reviews sources for grants and applies for grants at the direction of the CEO. This position meets with media sources and outside agencies as necessary in order to promote a positive facility image within the region. Additionally, the Coordinator provides oversight to the psychology department and assists with resident's psychological needs. This may include psychological evaluations, assessments, individual and group therapy needs, and behavioral treatment plans.
- *Achievements:*
 - Developed a facility database for resident data including psychiatric diagnosis, psychotropic medication, participation in behavioral treatment planning, age, functioning level, and placement.
 - Established database for staff retention including years of service, work schedule, and residential/home assignments.
 - Conducted several studies to provide information about direct care staff and disseminated results to CEO.
 - Provided information to local media regarding mental retardation and developmental disabilities.
 - Provided in-depth response to facility programming, staff management, and treatment objective deficits, as well as a progress report designating facility improvements and graphical data.
 - Wrote a data based proposal regarding retention of direct care staff based on data obtained and presented this information to the CEO.
 - Designed and published facility newsletter to be sent to area businesses, parents, and other agencies.
 - Designed and provided written information for facility Website.

Director of Residential Services, G. B. Cooley Hospital for Retarded Children (07/1998 – 04/2002) (West Monroe, LA)

- *Responsibilities:* Management and leadership of the Residential Division. This division consists of two assistant directors, six case managers (QMRPs), three secretaries, ten supervisors and one hundred thirty direct care staff. The division provides active treatment for approximately one hundred forty people with mental retardation within a residential setting that includes fifteen homes integrated in the community and seven homes on the main campus. The Director reviews treatment plans, reviews all personnel actions, develops goals and objectives for the division, routinely meets with other professionals regarding treatment issues, reviews all purchases within the division, monitors overtime for the division and provides guidance during crisis situations. The Director is responsible for hiring and training new personnel. The Director routinely communicates with outside agencies such as the Office of Child Protection, the Office of Community Services, the Office for Citizens with Developmental Disabilities and the Louisiana State Department of Health and Hospitals. The Director routinely attends weekly meetings with the consulting psychologist and monthly meetings with the consulting psychiatrist. Case reviews, treatment plans, diagnoses, behavioral issues and medication intervention are topics for these meetings.
- *Achievements:*
 - Reorganized community and residential homes to allow for more appropriate placement of residents.
 - Implemented a direct care staff committee to provide input to policy changes and training issues.
 - Redesigned staffing patterns in order to maximize the efficiency of staff during high needs times.
 - Changed the on-call system to provide increased support to direct care staff in order to improve service provision.
 - Assigned several direct care staff to become active in the American Association on Mental Retardation (AAMR) Special Interest Group.
 - Facilitated the QMRPs to become active in the AAMR-LA Special Interest Group for QMRPs and hosted several meetings for this group.
 - Participated in the statewide Direct Care Staff recognition day.
 - Developed the day program to address residents with severe needs. This included designing programs, designing a relaxation room, and re-designing all training rooms.
 - Assisted in opening a new community home and relocating residents.

Coordinator of Psychological Services, G. B. Cooley Services (08/1989 – 06/1998) (West Monroe, LA)

- *Responsibilities:* Management of the Psychology Department. Write policy governing the management and treatment of maladaptive behavior. Responsible to hire and train departmental staff. Provide training to all facility staff in the areas of mental retardation, crisis intervention, psychiatric illness, behavior management and service provision. Provide training and guidance to local university graduate students during internships. Provide psychological services under licensed supervision. Services include assessment, written evaluations, completing functional

analysis of behavior, designing behavioral treatment plans, monitoring psychiatric symptoms, reporting progress and consulting routinely with the other professional staff. Responsible for recording minutes of psychiatric consultations for each resident.

- *Achievements:*
 - Emphasized social skills training and community integration skills development for persons with mental retardation in order to facilitate success in supportive living programs. Results presented at 1998 American Association of Mental Retardation (AAMR) State Conference.
 - Reduced restraint usage at the facility from a frequency of over 50 restraints per month to one or less per month by implementing a variety of strategies. Results presented at 1992 American Association of Mental Retardation (AAMR) State Conference.
 - Implemented staff training program for monitoring mental illness in persons with mental retardation.
 - Implemented anger management training in conjunction with behavioral treatment plans for residents served.
 - Initiated stress management training for staff.

Psychological Assistant, G. B. Cooley Services (02/1989 – 08/1989) (West Monroe, LA)

- *Responsibilities:* Provide psychological services to an assigned caseload. Services include psychological assessment, behavior treatment plans, serve on an Interdisciplinary Team, monitor progress of residents with psychological needs, monitor psychiatric symptoms and participate in psychiatric review conferences.

Psychological Associate, Ruston State School (08/1986 – 08/1989) (Ruston, LA)

- *Responsibilities:* Provide psychological services to an assigned caseload of residents. Participated as a member of interdisciplinary teams and the Behavior Management Committee.
- *Achievements:* Developed facility-wide data system in order to monitor psychiatric symptoms in persons with mental retardation. Results presented at 1988 AAMR State Conference.

TEACHING EXPERIENCE

Graduate Assistant: Louisiana Tech University (12/2002 – 07/2004)

- *Courses:*
 - Child Psychology
 - Behavior Modification
 - Adolescent Psychology
 - Introduction to Mental Retardation
 - Advanced General Psychology
 - Introduction to Exceptional Children

Part-time Instructor, Psychology Department: Northwestern State University (02/2004 – 05/2004) (Shreveport, LA, campus)

- *Course:*
 - Developmental Psychology

Part-time Instructor, Psychology Department: University of Louisiana at Monroe (01/1990 – 12/1999)

■ *Courses:*

- Introduction to Psychology
- Survey of Child Development
- Survey of Mental Retardation

DIALECTICAL BEHAVIOR THERAPY CONTINUING EDUCATION

- **Dialectical Behavior Therapy Intensive Training** – January, 2006, and June, 2006 (Charlie Swenson, MD, Northampton, MA)
- July 25, 2008 – Dialectical Behavior Therapy: Making it work in our communities – Ronda Reitz, PhD (11 hours) – University of Missouri – Columbia Campus
- February 24 & 25, 2009 – DBT: Making it work in our communities – Ronda Reitz, PhD – Marshall Habilitation Center, MO (11 hours)
- July 8 & 9, 2009 – Dialectical Behavior Therapy: The Next Steps for Missouri State Teams – Tony DuBose, PsyD & Ronda Reitz, PhD – St. Louis University (12 hours)
- December 4, 2009 – DBT Basic Competencies: Individual DBT-Based Therapy – Ronda Reitz, PhD (6 hours)
- June 7 – 8, 2010 – Dialectical Behavior Therapy: Treating Clients with Borderline Personality Disorder and Substance Use Disorders – Linda Dimeff, PhD & Elizabeth Dexter-Mazza, PhD – Kansas City, MO (12.5 hours)
- May 18, 2011 – DBT Basic Competencies – Individual DBT-Based Treatment – Ronda Reitz, PhD (6 hours)
- October 20 – 21, 2011 – Mindfulness, Willingness, and Radical Acceptance in Psychotherapy – Marsha M. Linehan, PhD – St. Louis, MO – (12.5 hours)
- April 29 – May 2, 2013 – **Advanced Dialectical Behavior Therapy** – Charlie Swenson, MD & Kelly Koerner, PhD – Evanston, Ill (30 hours)

PRESENTATIONS/CONFERENCE PRESENTATIONS

Robbins, S. B. (2013, August). *Treating People with Developmental Disabilities in a Forensic Setting*. Presentation for the Missouri Department of Mental Health Western Region Forensic Conference. St. Joseph, MO.

Robbins, S. B. (2012, October). *New Outlook: A Progress Update*. Presentation for the NADD national convention. Denver, CO.

Robbins, S. B. (2012, June). *Treating People with Developmental Disabilities and Sex Offenses Using Dialectical Behavior Therapy*. Daylong seminar presented for the state of Iowa at the Woodward Resource Center, Iowa.

- Robbins, S. B. (2011, August). *The New Outlook Program*. Presented during consultation for Central State Hospital. Petersburg, VA.
- Robbins, S. B., Lincoln, R., & Stone, R. (2011, June). *Building a Treatment Community within a High Security Environment to Prevent the Use of Seclusion and Restraints*. Webinar sponsored by NASMHPD.
- Stinson, J.D. & Robbins, S. B. (2010, August). *Problematic Sexual Behavior in Individuals with Intellectual and Developmental Disabilities*. Paper presented at the American Psychological Association National Convention. San Diego, CA.
- Robbins, S. B. (2010, July). *Treating People with Developmental Disabilities in a Forensic Setting*. Consultation for Arkansas State Hospital. Little Rock, AR.
- Robbins, S. B. (2009, July). *New Outlook Program for Behavior and Mood Self-Management*. Promising Practice in Mid-Western Region. National Association of State Mental Health Program Directors Superintendent's Meeting. St. Louis, MO.
- Robbins, S. B. (2009, June). *Treating people with intellectual and developmental disabilities in an intermediate and maximum security forensic mental hospital*. Symposium – Empirically Supported Practices in a Forensic Mental Health Setting. International Congress on Law and Mental Health. New York City, NY.
- Stinson, J.D., & Robbins, S.B. (2008, August). *Functional assessment in sex offenders with intellectual and developmental disabilities*. Paper presented at the American Psychological Association. Boston, MA.
- Robbins, S. B. (2008, June). Presentation to Central Missouri Regional Office MRDD. *Mental Health Concerns in People with Intellectual and Developmental Disabilities*. Columbia, MO.
- Robbins, S. B. & Stinson, J. D. (April, 2008). Presentation for the Division of Youth Services. *Treatment for People with Emotional Dysregulation and Severe Behavioral Problems*. Fulton, MO.
- Stinson, J.D. & Robbins, S. B. (April, 2008). Presentation for the Georgia State Forensic Hospitals. *Treating Sex Offenders who have Intellectual and Developmental Disabilities*. Savannah, GA.
- Robbins, S. B. (2007, November). *People with Intellectual/Developmental Disabilities and a Co-existing Mental Illness: Diagnostic and Treatment Issues*. 16th Annual Psychiatric-Mental Health Update 2007. Columbia, MO.
- Robbins, S.B., & Stinson, J.D. (2007, October). *Implementing a treatment program for people with intellectual/developmental disabilities in an intermediate security forensic mental hospital*. The National Association for the Dually Diagnosed. Atlanta, GA.

- Stinson, J.D., Robbins, S.B., & Crow, C.W. (2007, September). *A population of sexual offenders with intellectual and developmental disabilities: Assessment, treatment, and policy concerns*. National Association of State Mental Health Program Directors, Forensic Division. San Antonio, TX.
- Stinson, J.D., Robbins, S.B., & Crow, C.W. (2007, September). *Functional assessment of behavior in sex offenders with intellectual and developmental disabilities*. National Association of State Mental Health Program Directors, Forensic Division. San Antonio, TX.
- Robbins, S. & Reitz, R. (September, 2006). *Application of DBT in a state mental hospital: Progress review for people with Borderline Personality Disorder and Mental Retardation*. Teleconference presentation for NADD, an association for persons with developmental disabilities and mental health needs.
- Robbins, S., Reitz, R., & Stepp, S. (October, 2005). *Application of DBT in a state mental hospital: Progress review*. Presentation during the annual national conference of NADD, an association for persons with developmental disabilities and mental health needs. St. Louis, MO.
- Reitz, R., Robbins, S., & Kline, M. (May, 2005; June, 2005). *Effective treatment of the multiply diagnosed client*. Presentation for the Central Missouri Region Mental Retardation/Developmental Disabilities staff. Jefferson City, MO.
- Robbins, S., & Creekmore, N. (October, 2002). *Personality disorders in people with mental retardation*. Presentation during the annual Region V conference for the American Association on Mental Retardation. Little Rock, Arkansas.
- Robbins, S., Juneau, C., Jenkins, S., Krenek, R., Osborne, J., & Fowler, W. (March, 2002). *The reality of returning to school for an advanced degree*. Symposium presented during the annual meeting of the Louisiana Education Research Association. Ruston, LA.
- Robbins, S., & Creekmore, N. (October, 2001). *Personality disorders: treatment and residential issues*. Paper presented at the annual national conference of NADD, an association for persons with developmental disabilities and mental health needs. New Orleans, LA.
- Robbins, S., & Creekmore, N. (July, 2001). *Providing effective professional services*. Paper presented at the meeting of the American Association of Mental Retardation – Louisiana Chapter. Lafayette, LA.
- Robbins, S. (May, 2001). *Addressing transitional needs in facilities and group homes for persons with developmental disabilities*. Paper presented during the annual convention of the Louisiana Psychological Association. Baton Rouge, LA.

Robbins, S. (October, 2000). *Strategies to apply in counseling persons with mental retardation*. Paper presented during the annual conference of the Louisiana Counseling Association. Lafayette, LA.

Robbins, S., & Caldwell, B. (August, 1998). *Providing support to facilitate community integration*. Paper presented at the meeting of the American Association of Mental Retardation – Louisiana Chapter. Monroe, LA.

Robbins, S., & Santana, R. (January, 1994). *Understanding and dealing with the dually diagnosed*. Seminar conducted for facility staff at Wallace Developmental Center. Decatur, AL.

Robbins, S., & Johnson, E. (August, 1992). *Restraint reduction: A discussion of contributing factors*. Paper presented at the meeting of the American Association on Mental Retardation – Louisiana Chapter. Shreveport, LA.

Robbins, S., & Martin, A. (August, 1989). *Issues pertaining to the use of psychotropic medication in a mental retardation facility*. Paper presented at the meeting of the American Association on Mental Retardation – Louisiana Chapter. Baton Rouge, LA.

PUBLICATIONS:

Stinson, J.D., Robbins, S.B., & Crow, C.W. (2011, September) Self-Regulatory Deficits as Predictors of Sexual, Aggressive, and Self-Harm Behaviors in a Psychiatric Sex Offender Population. *Criminal Justice and Behavior* (3,9).

CONSULTATION:

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| October, 2012 | Arkansas Career Training Institute: Hot Springs, Arkansas
<u>Responsibilities:</u> Presentation on Positive Behavior Support and therapeutic communication. Review current treatments and make recommendations regarding program procedures. |
| August, 2011 | Central State Hospital: Petersburg, Virginia
<u>Responsibilities:</u> Presentation on New Outlook Program. Review current treatments and make recommendations regarding programs. |
| July, 2010 | Arkansas State Hospital: Little Rock, Arkansas
<u>Responsibilities:</u> Provide training on treating people with developmental disabilities in forensic hospitals. Consult on current treatments and make recommendations. |
| April, 2008 | Georgia State Forensic Hospitals: Savannah, Georgia
<u>Responsibilities:</u> Provide training in treating people with developmental disabilities who are sex offenders. Consult with staff on treatment programs. |

- 2008 Guam Department of Integrated Services for Individuals with Disabilities
Responsibilities: Participated in a multi-disciplinary team of consultants to provide training and consultation in developing treatment plans to improve services for individuals with disabilities.
- 2007 Guam Department of Mental Health and Substance Abuse and the
Department of integrated Services for Individuals with Disabilities
Responsibilities: Interviewed, evaluated, and reviewed records for numerous consumers to determine service needs for an integrated report.

PROFESSIONAL AFFILIATIONS

- Leadership
 - Board Member, Missouri AAIDD (July, 2012 – present)
 - Chairperson of General Division, AAMR-LA Chapter (July, 1998 – July, 2002)
 - Chairperson of Psychology Division, AAMR-LA Chapter (July, 2002 – July, 2004)

- Membership
 - National Association for the Dually Diagnosis (NADD)
 - American Psychological Association (APA)
 - American Association on Intellectual and Developmental Disabilities (AAIDD)