

Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

YOU KNOW YOUR CHILD BEST.

If you are concerned about your child's development, talk to your child's doctor.

If you or the doctor is still concerned, contact one of the agencies on the back of this brochure.

DON'T WAIT.

Acting early can make a real difference!

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For more information about what to do if you have a concern, contact your child's doctor and/or one of these agencies.



Parents as Teachers

A resource for parents of children from birth to 5 years of age. Call Parents as Teachers for information on parenting and child development.

1-866-728-4968 (toll-free)

www.parentsasteachers.org



A resource for parents of children from birth to 3 years of age. Call First Steps if you have a concern about a developmental delay or disability.

1-866-583-2392 (toll-free)

<http://dese.mo.gov/divspeced/FirstSteps>

Track Your Child's Developmental Milestones



Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

For Missouri parents of children from birth to 4 years



Parents as Teachers

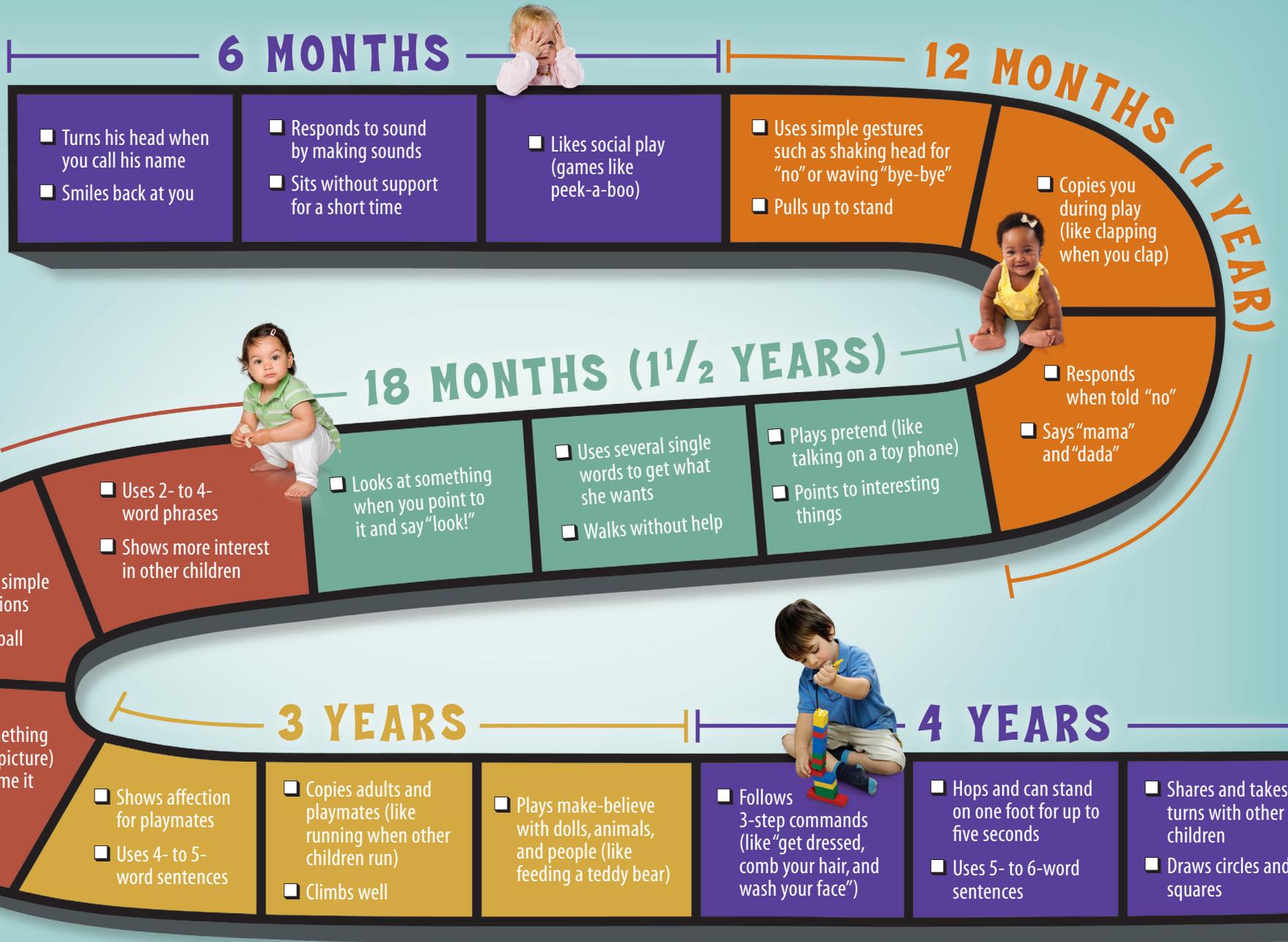
Department of Health and Human Services
Centers for Disease Control and Prevention

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Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.