

No Barrier Attitude

STUDENT/SPORTSMAN – QUADRIPLÉGIC – GRADUATE – TEACHER/COACH - HUSBAND – FATHER – AUTHOR - HUNTER.

Scott was a successful college student. He was a basketball star and active in many sports. At age 19 the life of Scott Hettinger changed. While attending college, a car accident caused Scott to become a quadriplegic. During recovery, Scott's only ability to move or communicate was through the clicking of his tongue. His faith and determination enabled him to make a significant recovery and also have accomplishments many might consider remarkable.

Scott eventually regained some use of his hands along with his full ability to speak. He has attained not one but three degrees. He became a teacher, was married, and has three children.



Despite his wheelchair and limited use of his hands, Scott drives himself everywhere. He was a high school basketball coach for years in the school system and now assists with his daughter's basketball team. Retired from the school system, Scott became the author of "5/22: Stories of Survival, Stories of Faith", a book about interviews of survivors of the Joplin Tornado. Scott donates money from this book to the Joplin storm recovery.

Most recently Scott has been able to once again enjoy another of his childhood passions – hunting. With the help of new friends and hunters, adaptive equipment was built for him to be able to shoot. A group of hunters will take Scott out, make a boarded path in the field for his chair, or do whatever it takes to enable him to pursue this activity. In 2013 Scott shot his first turkey. He has also shot a deer, Canadian geese, and pheasant.

Scott sees few limitations in his life and works to help others overcome their limiting ideas as he teaches Project STIR through the Joplin Regional Office. Scott displays a joyous attitude in everything that he does. Scott is a gift to all of us.



To share the success of other individuals and families, visit www.dmh.mo.gov/dd/spotlight



www.dmh.mo.gov/dd

Improving lives THROUGH supports and services THAT FOSTER self-determination.

MISSOURI DEPARTMENT OF MENTAL HEALTH