Missouri Autism Projects Overview

Part I  Definitions

Part II  History

Part III  Authorities

Part IV  Eligibility

Part V  Funding & Services

Part VI  PAC Membership & Responsibilities

Part VII  Office of Autism Services Website

This webinar can be accessed on Office of Autism Services website at http://dmh.mo.gov/dd/autism/
Government

Legislature
  - Statutory Law
    - RSMo Revised Statutes of Missouri
    - DMH Legislated by Chapter 630
      - Division of DD Legislated by Chapter 633
        - Autism Projects Legislated by 633.220
  - Legislative

Judiciary
  - Case Law

Executive
  - Administrative Law
    - CSR Code of State Regulations
    - DMH Regulated by Title 9
      - Division of DD Regulated by Division 45
    - Autism Projects Regulated by Chapter 3
### Establishing Programs and Services

<table>
<thead>
<tr>
<th>RSMo 633.220.2</th>
<th>9 CSR 45-3.060(2)</th>
<th>MO PAC Bylaws: Introduction</th>
</tr>
</thead>
<tbody>
<tr>
<td>The division of developmental disabilities shall establish programs and services for persons with autism. These programs and services shall be established in conjunction with persons with autism and with families of persons with autism. The division shall establish such programs and services in conjunction with the regional parent advisory councils and with the Missouri parent advisory committee on autism. The programs and services shall be designed to enhance persons with autism spectrum disorders and families' abilities to meet needs they identify and shall: (1) Develop skills for persons with autism through supports, services, and teaching; (2) Teach families to provide behavioral supports to members with autism; and (3) Provide needed family support.</td>
<td>The Division...Developmental Disabilities (division) shall establish programs and services for persons with autism. The programs and services shall be established in conjunction with families of persons with autism and shall be designed to enhance the families' abilities to meet needs they identify. The programs and services shall: (A) Develop skills for persons with autism through training; (B) Train families to manage behaviors of members with autism; (C) Provide needed family support; and (D) Cooperate with other agencies.</td>
<td></td>
</tr>
</tbody>
</table>
## Family Support

<table>
<thead>
<tr>
<th>RSMo 633.220.1(3)</th>
<th>9 CSR 45-3.060(1)(B)</th>
<th>MO PAC Bylaws: Article I(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Services and helping relationships for the purpose of maintaining and enhancing family care giving</td>
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<tr>
<td>• May be any combination of services that enable individuals with autism to reside within their family homes and remain integrated within their communities</td>
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<tr>
<td>• Services shall be</td>
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<td></td>
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<tr>
<td>o Based on individual and family needs</td>
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<tr>
<td>o Identified by the family</td>
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<tr>
<td>o Easily accessible to the family</td>
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<tr>
<td>o Family-centered and culturally sensitive</td>
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<tr>
<td>o Flexible and varied to meet the changing needs of the family members...</td>
<td></td>
<td></td>
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<tr>
<td>o Provided in a timely manner contingent upon the availability of resources</td>
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</table>
# Regional Parent Advisory Committees

**Establishment of -- Composed of -- Member Restrictions**

<table>
<thead>
<tr>
<th>RSMo 633.220.5</th>
<th>9 CSR 45-3.060(5) &amp; 9 CSR 45-3.060(5)(B)</th>
</tr>
</thead>
</table>
| Each regional project shall have a regional parent advisory council composed of  
  - Persons with autism  
  - Persons that have family members with autism, including family members that are  
    - Young children  
    - School-age children  
    - Adults  
  - And who have met the division’s eligibility requirements*  | The Central, East, Northwest, Southeast and Southwest MO Autism Projects shall each have parent advisory committees composed of  
  - 7-9 persons that have family members with autism including family members that are  
    - Young children  
    - School-age children  
    - Adults  |

Members  
- Shall be Missouri residents  
- Shall not be  
  - A service provider  
  - A member of a service provider's board of directors  
  - An employee of a service provider  
  - An employee of the division  

Members  
- Shall be Missouri residents  
- Family members with autism shall have met the division’s eligibility requirements*  
- No committee member shall be  
  - A service provider  
  - A member of a service provider’s board of directors  
  - An employee of a service provider

* RSMo 633.005 Department of Mental Health – Eligibility  
URL: [http://www.moga.mo.gov/statutes/C600-699/6300000005.HTM](http://www.moga.mo.gov/statutes/C600-699/6300000005.HTM)

## Membership Diversity

<table>
<thead>
<tr>
<th>9 CSR 45-3.060(5)(B)</th>
</tr>
</thead>
</table>

Encourages  
- Central, NW, SE, & SW PACs to maintain membership from each region within their project boundaries  
- E to maintain membership from each county in the region and from St. Louis City  
- All committees to make every effort to  
  - Elect members to represent the cultural diversity of the project areas  
  - Represent persons with autism of all ages and capabilities
Missouri's Autism Projects: Central, Southeast, Southwest and Northwest

by Melanie Donohue

Autism is a lifelong developmental disability and communication disorder that causes difficulty in interpreting language and social behavior. Autism and autistic-like symptoms are the results of a neurological disorder that affects the functioning of the brain. It is often accompanied by severe behavior problems, a lack of affect or show of emotions and a collection of unusual behaviors taken to the extreme. It occurs in about five of every 10,000 births and usually appears during the first few years of life.

Missouri's Autism Projects were initiated to meet the needs of the vastly underserved population of individuals with autism and their families. Before the program began, state mental health officials were not always responding to families' needs. Autism is often misunderstood, inappropriately treated and misdiagnosed. As a result of the projects, parents now determine what services their children need and who provides them.

Embarking on Innovation

Like many families that have been forced to seek out-of-home placement for their children because they could not find help without having to travel large distances, Alan Baumgartner and other parents of children with autism banded together and rallied state government to change the way money was spent to serve children with autism. With the assistance of Lt. Governor Roger Wilson (then state senator and chairman of the Senate Appropriations Committee), along with the Department of Mental Health's Division of Mental Retardation and Developmental Disabilities, Baumgartner and other families worked tirelessly to plan and implement the Autism Pilot Project in a 20-county area in central Missouri. In turn, they developed a program that is designed to fill the diagnostic and medical needs of children and adults with autism and their families and to work with existing agencies providing services to the best possible outcome for these individuals.

This article, in its entirety, may be accessed on the Missouri Autism Projects homepage at: http://dmh.mo.gov/dd/autism/AutismProjects.htm
Access to authorities:
Missouri Autism Projects webpage at
http://dmh.mo.gov/dd/autism/AutismProjects.htm
Contents of RSMo 633.220 Autism Programs, Projects, & PACs

1. Definitions: Autism, Division, Family Support, Service Provider

2. Establish programs & services

3. State to be divided into regions, establish programs and services responsive to needs and consistent with contemporary and emerging best practices

4. Services that may be purchased (not limited to list)

5. Establish regional PACs, composition of membership

6. Responsibilities of regional PACs (not limited to list)

7. Establish MO PAC, composition of membership

8. Division director to make every effort to appoint members nominated by regional PACs, membership represent cultural diversity, all ages & capabilities

9. Responsibilities of MO PAC (not limited to list)

10. Rulemaking Authority

RSMo: Revised Statues of Missouri
633: Chapter 633: Developmental Disabilities
.220: Autism Programs, Projects and PACs
Effective: August 28, 2011
URL: http://www.moga.mo.gov/statutes/C600-699/6330000220.HTM
Contents of 9 CSR 45-3.060

Autism Services

PURPOSE:

(1) Terms (Definitions)

(2) Establish programs and services

(3) State to be divided into regions, regional autism projects

(4) Serves that may be provided (not limited to list)

(5) Establish regional parent advisory committees, terms, membership, officers, bylaws, responsibilities, duties, conflict resolution

(6) Establish Missouri parent advisory committee, membership, terms, officers, responsibilities

AUTHORITY:

Title: 9 CSR 45-3.060

- CSR: Code of State Regulations
- 9: Department 9: Department of Mental Health
- 45: Division 45: Division of Developmental Disabilities
- 3: Chapter 3: Care and Habilitation
- .060: Autism Services

Effective: Sept. 30, 1995; Amendment effective Jan. 30, 1999

Contents of Missouri Advisory Committee on Autism Bylaws

Introduction: conflict of authority; establish programs and services

Article I – Definitions

Article II – Membership

Article III – Officers

Article IV – Meetings

Article V – Voting

Article VI – Committee Members

Article VII – Committee Responsibilities

Article VIII – Conflict of Interest

Article IX – Parliamentary Authority

Article X - Ratification

URL: http://dmh.mo.gov/dd/autism/autismadvisory.htm
## Contents of Regional Parent Advisory Committee on Autism Bylaws

<table>
<thead>
<tr>
<th>Section</th>
<th>Central</th>
<th>East</th>
<th>Northwest</th>
<th>Southeast</th>
<th>Southwest</th>
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<td>Introduction</td>
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<td>Disagreements</td>
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<td>Standing Rules</td>
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<td>Ratification</td>
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x indicates item in the bylaws
[Blank] indicates item not in the bylaws

Link to any region’s Parent Advisory Committee Bylaws from [http://dmh.mo.gov/dd/autism/AutismProjects.htm](http://dmh.mo.gov/dd/autism/AutismProjects.htm)
Missouri Autism Projects: Eligibility and Access

**Point of Entry:**
Individual with ASD Diagnosis (Autism Spectrum Disorder)

**Found Eligible for DD Services**
Support Coordinator is assigned

**Found Not Eligible for DD Services**
May appeal within 30 days

**Individual is not Medicaid Waiver Eligible**
OR
Individual is Medicaid Waiver Eligible but does not obtain waiver slot

**Individual Support Plan**
Support Coordinator develops plan with individual/family and support team

**Individual receives Medicaid Waiver Slot**

**Individual receives Autism Project Services**

**Autism Project Services may only continue if (Grandfathered)**
- Individual receives waiver slot before July 1, 2009
- Individual has consecutive waiver assignments before July 1, 2009

**Autism Project Services must be discontinued if**
- Individual receives waiver slot after July 1, 2009
- Individual does not have consecutive waiver assignments before July 1, 2009
For current allocations, please link to your Autism Project area at [http://dmh.mo.gov/dd/autism/AutismProjects.htm](http://dmh.mo.gov/dd/autism/AutismProjects.htm)

Missouri Autism Projects FY13: Business Models & Allocations
$6,529,236

Central Missouri Autism Project:
$1,594,024
Single Provider
LifeSkills|TouchPoint
Autism Services

Northwest Autism Project:
$1,435,540
Family Allocation
Model ($3,210)
POS / CFF

East Missouri Autism Project:
$1,226,425
Family Allocation
Model ($1,500)
POS / CFF

Southwest Autism Project:
$1,157,201
LifeSkills|TouchPoint Autism Services
$771,441
Burrell
$111,440
Judevine
$171,440
Alternative Opportunities
$51,440
Bill and Virginia Leffen Center for Autism
$51,440

Southeast Autism Project:
$1,116,046
LifeSkills|TouchPoint Autism Services
$870,876
SEMO Autism Center
$245,169

4/16/2013
Two Funding Streams—Autism Project General Revenue vs. Medicaid Waiver

**Autism Project General Revenue**—Missouri tax dollars; no federal match. Every service provided under Missouri Autism Projects is 100% funded by General Revenue (GR).

**Medicaid Waiver**—Most services provided by the Division of DD are Medicaid Waiver Services. The federal government reimburses the state approximately 2/3 of every dollar spent on those services.

**Autism Projects**
- Northwest Autism Project
- Southwest Autism Project
- Southeast Autism Project
- East Missouri Autism Project
- Central Missouri Autism Project

**Home and Community-Based Medicaid Waivers**
- Comprehensive Waiver
- Lopez Waiver
- Community Support Waiver
- Autism Waiver
- Partnership for Hope Waiver

## Services

<table>
<thead>
<tr>
<th>RSMo 633.220.4</th>
<th>9 CSR 45-3.060(4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>The regional projects may provide or purchase, but shall not be limited to the following services in addition to other contemporary and emerging best practices:</td>
<td>The Central, East, Northwest, Southeast, and Southwest Missouri Autism Projects may provide, but shall not be limited to, the following services:</td>
</tr>
<tr>
<td>(1) Assessment</td>
<td>(A) Assessment</td>
</tr>
<tr>
<td>(2) Advocacy training</td>
<td>(B) Advocacy training</td>
</tr>
<tr>
<td>(3) Behavior management training and supports</td>
<td>(C) Behavior management training and supports</td>
</tr>
<tr>
<td>(4) Communication and language therapy</td>
<td>(D) Communication and language therapy</td>
</tr>
<tr>
<td>(5) Consultation on individualized education and habilitation plans</td>
<td>(E) Consultation on individualized education and habilitation plans</td>
</tr>
<tr>
<td>(6) Crisis intervention</td>
<td>(F) Crisis intervention</td>
</tr>
<tr>
<td>(7) Information and referral assistance</td>
<td>(G) Information and referral assistance</td>
</tr>
<tr>
<td>(8) Life skills</td>
<td>(H) Life skills</td>
</tr>
<tr>
<td>(9) Music therapy</td>
<td>(I) Music therapy</td>
</tr>
<tr>
<td>(10) Occupational therapy, sensory integration therapy, and consultation</td>
<td>(J) Occupational therapy, sensory integration therapy, and consultation</td>
</tr>
<tr>
<td>(11) Parent or caregiver training</td>
<td>(K) Parent or caregiver training</td>
</tr>
<tr>
<td>(12) Public education and information dissemination</td>
<td>(L) Public education and information dissemination</td>
</tr>
<tr>
<td>(13) Respite care</td>
<td>(M) Respite care</td>
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<tr>
<td>(14) Staff training</td>
<td>(N) Staff training</td>
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</tbody>
</table>
Regional Parent Advisory Committees

Establishment of -- Composed of -- Member Restrictions

<table>
<thead>
<tr>
<th>RSMo 633.220.5</th>
<th>9 CSR 45-3.060(5) &amp; 9 CSR 45-3.060(5)(B)</th>
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<td>• Adults</td>
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<tr>
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<td>• And who have met the division’s eligibility requirements*</td>
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<td>Members</td>
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<td>Members</td>
<td>• Shall be Missouri residents</td>
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<td>• Shall not be</td>
<td>• No committee member shall be</td>
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<tr>
<td>• A service provider</td>
<td>• A service provider</td>
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<tr>
<td>• A member of a service provider’s board of directors</td>
<td>• A member of a service provider’s board of directors</td>
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<td>• An employee of a service provider</td>
<td>• An employee of a service provider</td>
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<tr>
<td>• An employee of the division</td>
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* RSMo 633.005 Department of Mental Health – Eligibility
URL: http://www.moga.mo.gov/statutes/C600-699/6300000005.HTM
# Regional Parent Advisory Committees

## Membership Diversity

<table>
<thead>
<tr>
<th>9 CSR 45-3.060(5)(B)</th>
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<tbody>
<tr>
<td>Encourages</td>
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<td>• Represent persons with autism of all ages and capabilities</td>
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# Missouri Parent Advisory Committee

## Effort to Appoint Members Nominated by Regional PACs

### Membership to Represent Cultural Diversity, All Ages, All Capabilities

<table>
<thead>
<tr>
<th>RSMo 633.220.8</th>
<th>9 CSR 45-3.060(6)(A)</th>
<th>MO PAC Bylaws: Article II Membership: Section 3</th>
</tr>
</thead>
</table>

The division director shall make every effort to appoint members nominated by the parent advisory committees. The membership should represent the cultural diversity of the state and represent persons with autism of all ages and capabilities.
### Regional Parent Advisory Committees

#### 9 CSR 45-3.060(5)(B)

**Membership Terms & Restrictions**

- Members shall be
  - Nominated by the committee for
    - 3-year terms
    - Or until their successors have been elected
  - Appointed by the respective district deputy director* from nominations submitted by the PAC

- Members shall not
  - Serve more than 2 consecutive 3-year terms
  - Be (also see RSMo 633.220.5 above)
    - A service provider
    - A member of a service provider's board of directors
    - An employee of a service provider

*Although there are no longer deputy director positions, the two positions that have been charged with the responsibility of appointing PAC members are the deputy director and the assistant director.*

#### 9 CSR 45-3.060(5)(C)

**Election of Regional PAC Officers**

- Each committee shall elect a chair person, vice-chairperson, and secretary
- Annual elections shall occur in July

**Meeting Frequency**

The committees shall meet

- Bimonthly
- Or more often at the call of the chairpersons

**Quorum Definition**

- Simple majority of the membership
## PAC Member Meeting Attendance

<table>
<thead>
<tr>
<th>Northwest PAC Bylaws</th>
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<tbody>
<tr>
<td><strong>ARTICLE VI: Committee Members</strong></td>
</tr>
<tr>
<td><strong>Section 1</strong> Members are expected to attend all meetings. If not able to attend a meeting, contact the chairperson.</td>
</tr>
<tr>
<td><strong>Section 2</strong> If a member fails to attend three meetings in a calendar year without prior notification, the member may be removed by a vote of a simple majority. If a member fails to attend six meetings in a calendar year, with or without prior notification, the member may be removed by a vote of a simple majority.</td>
</tr>
<tr>
<td><strong>Addendum</strong> If a member fails to attend three meeting in a fiscal year (July 1-June 30) without prior notification, the member may be removed by a vote of a simple majority. If a member fails to attend six meetings in a fiscal year, with or without prior notification; the member may be removed by a vote of simple majority. (voted July 27th, 2011 accepted August 27th, 2011)</td>
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<thead>
<tr>
<th>East, Central, Southeast PAC Bylaws</th>
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<tbody>
<tr>
<td><strong>ARTICLE VIII: Committee Members</strong></td>
</tr>
<tr>
<td><strong>Section 1</strong> Members are expected to attend all meetings. If not able to attend a meeting, members should contact the chair or coordinator in advance to be excused.</td>
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<tr>
<td><strong>Section 2</strong> If a member fails to attend three consecutive meetings without prior notification, the member may be removed from the committee by a vote of simple majority.</td>
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<thead>
<tr>
<th>Southwest PAC Bylaws</th>
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<tbody>
<tr>
<td><strong>ARTICLE VI: Committee Members</strong></td>
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# Regional Parent Advisory Committees

## Responsibilities

<table>
<thead>
<tr>
<th>RSMo 633.220.6</th>
<th>9 CSR 45-3.060(5)(E)</th>
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<tbody>
<tr>
<td>The responsibilities of each regional parent advisory council shall include, but not be limited to the following</td>
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<td>(1) Advocacy</td>
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<td>(2) Contract monitoring</td>
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<td>(3) Review of annual audits of projects by the department of mental health</td>
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<td>(4) Recommendation of services to be provided based on input from families</td>
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<td>(5) Recommendation of policy, budget, and service priorities</td>
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<td>(6) Monthly review of service delivery</td>
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<td>(7) Planning</td>
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<td>(8) Public education and awareness</td>
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<td>(9) Recommendation of service providers to the division for administration of the project</td>
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<tr>
<td>(10) Recommendation of contract cancellation</td>
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Developmental Disabilities

The Division of Developmental Disabilities (DD), established in 1974, serves a population that has developmental disabilities such as intellectual disabilities, cerebral palsy, head injuries, autism, epilepsy, and certain learning disabilities.

Under the leadership of Governor Jay Nixon, the efforts of local county developmental disability boards and in collaboration with the Division of Developmental Disabilities, the Partnership for Hope waiver was initiated in 2010. Partnership for Hope makes a fundamental shift away from high cost, crisis oriented services, providing access to services much earlier.

- Information for Consumers & Families
- Information for Providers
- Information for Support (aka Service) Coordinators
- Search Information on Providers of DD Services
- Mental Health Services to Medicaid-eligible Deaf Persons: The Department of Mental Health has established clinical
Office of Autism Services

The Office of Autism Services was established in 2008 (O33.225 RSMo) to provide leadership in program development for children and adults with autism spectrum disorders, to include establishment of program standards and coordination of program capacity.

Initiatives

- Missouri Autism Guidelines
- Rapid Response
- Interactive Autism Network
- Blue Ribbon Panel
- MO-Autism Centers
- Self Directed Supports
- Autism Insurance FAQs
- Insurance Implementation - Audio

MO Autism Services

- Missouri Autism Projects
- First Steps
- Autism Services Org Chart
- Autism Navigator Roster
- Employment Services
- Waiver Information
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Related Information
Missouri Autism Projects

The Department of Mental Health's Division of DD funds five regional autism projects that collectively provide services to approximately 3,500 families statewide. The first project was established in 1991 after families in rural Missouri approached legislators to ask for autism-specific family support. As a result of these efforts, authorities were established and funding was secured for family-centered services for individuals with an autism spectrum disorder throughout the state. Parent Advisory Committees (PACs) were formed to represent and oversee each autism project and to make recommendations for service needs. Each regional autism project Parent Advisory Committee elects members to sit on the MO Parent Advisory Committee on Autism, which serves as a statewide liaison for the regional committees and the division.

Hierarchy of Authority:
- Missouri Revised Statutes Section 630.220
- Code of State Regulations 9 CSR 450-0.060
- By-laws (see specific committee/project below)

MO Parent Advisory Committee/Autism Projects:
- Missouri Advisory Committee
- Central Missouri Autism Project
- Eastern Missouri Autism Project
- Northwest Missouri Autism Project
- Southeast Missouri Autism Project
- Southwest Missouri Autism Project
Thank You!