

Direct Connection

MISSOURI DIVISION OF
DEVELOPMENTAL
DISABILITIES



INSIDE THIS ISSUE

Missouri Transition Plan
Summary p. 1

HCBS New Rule p. 2

Community Calendar P. 3

Sharing Success –Richard
Zimmerman’s Story p. 4

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CONNECTING WITH THE
DIVISION OF
DEVELOPMENTAL
DISABILITIES

Missouri Department of
Mental Health

Division of
Developmental
Disabilities

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Missouri Transition Plan Summary

In March 2014, the Center for Medicaid and Medicare Services (CMS) published a final rule regarding changes to Home and Community Based Waiver Services (HCBS Waiver). A waiver is a program that uses Medicaid dollars to provide services for persons with intellectual and developmental disabilities in their home and community. The rule defines a home and community based setting and person-centered planning requirements in Medicaid HCBS Waiver programs. The CMS requires all states to develop a draft transition plan to show how the states will come into compliance with the new rule by March 17, 2019.

The purpose of Missouri’s draft transition plan is to make sure that individuals receiving HCBS Waiver Services are supported in their choices to be part of their community like everyone else. Missouri’s draft transition plan, which was posted on December 29, 2014, outlines the proposed process that the Department of Health and Senior Services, Department of Mental Health, and MO HealthNet Division will be using to ensure that the HCBS requirements are implemented.

Stakeholders are being asked to provide input as Missouri works towards implementing its plan.

All Missouri waivers are being reviewed for compliance with the final rule. The transition plan will include:

1. A plan to review applicable state standards, rules, regulations and policies;
2. A preliminary plan for assessing HCBS Waiver settings;
3. A 30-day public comment period of the draft Transition Plan;
4. A response summary of public comments received;
5. A time frame for the assessment of HCBS Waiver settings;
6. A time frame for a summary of how each setting meets or does not meet the federal HCBS Waiver setting requirements;
7. A time frame for the submission of a comprehensive Transition Plan and process for bringing all HCBS Waiver settings into compliance;
8. A plan for ensuring the health and safety of participants who reside in locations that need to come into compliance during the state’s specified transition time.



HCBS New Rule

The new final rule will help people get the services they need in truly integrated settings. You can read more about this rule by going online at: www.gpo.gov/fdsys/pkg/FR-2014-01-16/pdf/2014-00487.pdf. The final rule includes six standards that all home and community-based services need to meet: Integration into the Community; Individual Choice; Individual Rights; Autonomy; Choice Regarding Services and Providers, and; Person Centered Planning.

INTEGRATION INTO THE COMMUNITY

This means:

- You live, work, and do things in a neighborhood which includes people without disabilities.
- You work with people without disabilities in a job in your community.
- You shop where you want.
- You go out with family and friends.
- You have access to your personal spending money.
- You go to fun places close to your home.
- You have friends who live in your neighborhood.
- You are part of making your community better.

INDIVIDUAL CHOICE

This means:

- You decide where you live, who you want to provide your supports, and who lives with you.
- If you pick a different agency to provide your supports, you don't have to move from your home.
- You rent or buy a home that you can afford and still have money left over for bills and other things that you need.
- You have the right to privacy in your home, such as locking your bathroom door or talking on the phone.
- You have a choice about where you get your services.

INDIVIDUAL RIGHTS

This means:

- You can talk with your friends/family privately.
- You can do things you like at your home, such as watch TV or listen to the radio.

AUTONOMY

This means:

- You can make choices about how you spend your free time.
- You can do your laundry and other household activities at times you choose.

CHOICE REGARDING SERVICES AND PROVIDERS

This means:

- You can choose the services you get.
- You can choose who provides those services.

PERSON CENTERED PLANNING

This means:

- The process should include people that you choose.
- The plan needs to be accessible to you and in language that you understand.
- The process should occur at times and locations convenient to you.



Get More Information

	Fostering Self-determination http://dmh.mo.gov/dd/selfdetermination.htm
	Supporting Families http://dmh.mo.gov/dd/fsc.htm
	Facilitating Individualized Services and Supports http://dmh.mo.gov/dd/individsupports.htm
	Developing Accessible Housing http://dmh.mo.gov/dd/Housing.htm
	Promoting Employment First http://dmh.mo.gov/dd/progs/employment.htm

Public Forums Held to Gain Input

Two public hearings in which stakeholders were invited to comment on the HCBS Waiver Transition Plan were held on January 5, 2015, and January 12, 2015. The state accepted verbal and written comments at the public hearings. The community input will be summarized for the CMS.

Community Calendar

January 31, 2015 – Deadline for the 2015 Director’s Creativity Showcase. For more information, visit:
http://www.missourimhf.org/?page_id=143

February 11, 2015 – Mental Health Commission Meeting, 10:00 a.m. – Department of Mental Health, 1706 E. Elm Street, Jefferson City, Missouri
There will be a presentation on the HCBS rule.

March 18, 2015 – Missouri AAIDD Annual Conference, Columbia, MO To view conference brochure, click on:
<http://moaidd.org/Files/AAIDD%20MH%20and%20DD%20March%202015.pdf>

April 14, 2015 – Missouri AAIDD Annual Conference, St. Louis, MO To view conference brochure, click on:
<http://moaidd.org/Files/AAIDD%20MH%20and%20DD%20April%202015.pdf>

August 16-18, 2015 – Save the dates for the 2015 Real Voices Real Choices Conference, Tan-Tar-A Resort and Conference Center, Osage Beach, Missouri

It is very important that persons with disabilities and families feel they have a voice in the overall process.

Individuals with disabilities and their families are encouraged to have a voice in this process. The state posted the draft statewide transition plan on December 29, 2014 and is collecting public comments for 30 days. You may find the draft transition plan at <http://dmh.mo.gov/mhdt/> or any of the Department of Mental Health Regional Offices.

DD will also request participants to complete an annual survey to share their experiences. This survey may be completed anonymously. Additional methods of communicating with you include an FAQ document, DD email notices, and an updated HCBS website, all of which may be found at <http://dmh.mo.gov/dd/hcbs.htm>.



Richard Zimmerman's Story of Self-Determination

ONE MAN'S REALIZATION OF A LIFE FULL OF OPPORTUNITY AND FREEDOM OF CHOICE WITH THE INCORPORATION OF UNIVERSAL DESIGN

Richard is a 69 yr. old man who had lived in habilitation centers since 1978 and in nursing homes prior to that, spending well over 35 years living in institutional settings. Recently, with a lot of support from many people, Richard was able to move out of St. Charles Habilitation Center and into a beautiful, newly developed universally designed home with two housemates.



Since his move, Richard is in control of his

daily decisions. He decides what he does and where he goes on a daily basis. Richard plans out his own schedule of activities for the week. He can go out every day, if he chooses, with his staff to various destinations. He is thriving in his new home and from the opportunities it affords him.

Richard now has his own bedroom in a home that is completely accessible.

Richard is a very social person. He loves being around people. His interests include watching T.V., following the Cardinals, singing, and dressing nicely. Richard talks excitedly about the television shows he watches. Richard is very endearing and makes everyone happy with his infectious smile.

"Excellence is never an accident. It is always the result of high intention, sincere effort, and intelligent execution; it represents the wise choice of many alternatives - choice, not chance, determines your destiny."

- Aristotle

"The pessimist sees difficulty in every opportunity.
The optimist sees the opportunity in every difficulty."
- **Winston Churchill**

MISSOURI DIVISION OF
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Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

Division of
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Fostering Self-determination



Supporting Families



Facilitating Individualized
Services and Supports



Developing Accessible Housing



Promoting Employment First

www.dmh.mo.gov/dd

MISSOURI DEPARTMENT OF MENTAL HEALTH