

## Missouri Division of Alcohol and Drug Abuse

<b>Bulletin Number: FY11–Clinical-18</b>	<b>CLINICAL SERVICES BULLETIN</b>	<b>Effective Date: March 11, 2011</b>
<b>New</b>	<b>Subject: Unbundling Day Treatment in CSTAR Programs and Differential Rates for Group Counseling</b>	<b>Number of Pages: 2</b>

### 1. Programs Affected

- 1.1 Comprehensive Substance Treatment and Rehabilitation (CSTAR) programs: Adolescent, Women and Children, Women and Children Enhanced, Alt Care Women and Children, General Population, General Population Enhanced, and Opioid.

### 2. Purpose

- 2.1 To clarify the appropriate billing of Day Treatment, Group Counseling, and Individual Counseling services provided during the Community-Based Primary Treatment level of care (Level 1).

### 3. Services Impacted

- 3.1 Prior to November 1, 2010, the following services, when delivered to individuals participating in the CSTAR Community-Based Primary Treatment level of care were billed as Day Treatment (H2012):
- Individual Counseling,
  - Group Counseling,
  - Group Therapeutic Substance Abuse Education, and
  - Structured Recreational Activity.
- 3.2 Effective November 1, 2010, services defined as Group Therapeutic Substance Abuse Education and Structured Recreational Activity, when delivered to individuals participating in the CSTAR Community-Based Primary Treatment level of care will continue to be billed as Day Treatment (H2012) in one-hour unit increments.
- 3.2.1 Individual Counseling will be billed as a unique service, Individual Counseling (H0004), just as is done for other levels of care, in 15-minute unit increments. Approved service providers are Associate Counselors and Qualified Substance Abuse Professionals as defined in 9 CSR 10-7.140.
- 3.2.2 Group Counseling will be billed as a unique service, Group Counseling, in 15-minute unit increments. However, Group Counseling now has differential reimbursement rates, depending on provider qualifications. The following categories for group counseling service providers are effective December 1, 2010:
- 3.2.2.1 **Associate Substance Abuse Counselor (H0005 HM)** – Group counseling services provided by a trainee that meets requirements for registration, supervision, and professional development as set forth by either the Missouri Substance Abuse Professional Credentialing Board (MSAPCB) or the appropriate board of professional registration within the Missouri Division of Professional Registration for licensure as a psychologist, professional counselor, social worker, or marital and family therapist.

3.2.2.2 **Qualified Substance Abuse Professional (H0005 HN)** – Group counseling services provided a person that demonstrates substantial knowledge and skill regarding substance abuse by being one of the following:

- a physician or mental health professional, licensed in Missouri and practicing within their scope of work, with at least one year of full-time substance abuse treatment experience;
- a person certified or registered through MSAPCB as a substance abuse professional;
- a provisionally licensed mental health professional in Missouri with at least one year of full-time substance abuse treatment experience.

3.3. Group counseling services delivered at **any level of care** in CSTAR programs are to be billed using the differential codes listed in 3.2.2, above.

#### **4. Group Counseling Qualified Providers**

4.1 Qualified providers of group counseling services are Associate Counselors and Qualified Substance Abuse Professionals. Differential reimbursement rates are designated depending on the professional qualifications of individual services providers as defined in 3.2.2, above.

4.2 Providers of group counseling services must be entered in the appropriate Human Resources sections in CIMOR as rendering practitioners..

#### **5. Limitations**

5.1 Group Counseling Unit Restrictions

5.1.1 Group counseling delivered by any approved service provider is limited to a maximum of twelve units (3 hours) per day per consumer.