

## **SERVICES OF THE DIVISION OF ALCOHOL AND DRUG ABUSE**

The Division of Alcohol and Drug Abuse supports an array of prevention, intervention, and treatment services. In the state fiscal year 2004 (July 1, 2003 through June 30, 2004), the Division of Alcohol and Drug Abuse contracted with service providers for substance abuse prevention, detoxification, residential and outpatient treatment, compulsive gambling counseling, and traffic offender services. Major funding sources for these programs are from federal Substance Abuse Prevention and Treatment block grant funds, federal Safe and Drug-Free Schools and Communities Act funds, federal and state Medicaid payments, Missouri general revenue, Compulsive Gambling funds, and Health Initiative funds.

### ***Prevention Services***

The Division maintains a comprehensive prevention system based on a risk and protective factor framework. The Division's two strategic goals for prevention are (1) delaying onset of substance use and (2) reducing the incidence and prevalence of binge drinking among college-age youth. The Division's focus for prevention includes implementing an array of evidence-based programs in public schools and communities, building the capacity of coalitions to address local substance use issues, and building the capacity of communities to address underage purchase and consumption of alcohol beverages. The prevention system includes contracted services for coalition capacity building, community-based alternatives and services for high-risk youth, school-based prevention and intervention services, services to reduce and prevent development of alcohol related neurological disorders, tobacco retailer education activities, and support for enforcing underage drinking laws. In addition, the Division partners with other state agencies to provide a continuum of prevention services throughout the state.

### ***Treatment, SATOP, Compulsive Gambling, and Housing Services***

The Division administers treatment services through contracts with a network of specialized programs. The services are provided to individuals who abuse or are dependent on alcohol or other drugs, to their family members who are adversely affected, and to compulsive gamblers. In fiscal year 2004, 15,440 individuals were served in Comprehensive Substance Treatment and Rehabilitation (CSTAR) programs; 22,356 in primary recovery programs; 1,172 in methadone programs; 34,524 in Substance Abuse Traffic Offender Programs (SATOP); and 357 in compulsive gambling programs [26, 27]. The CSTAR model provides intensive outpatient treatment and has programs tailored for specific populations. In fiscal year 2004, 7,110 individuals were served in CSTAR Women and Children programs, 3,426 in CSTAR Adolescent programs, and 5,288 in CSTAR General Population programs. Individuals are referred to SATOP stemming from an arrest for driving under the influence of alcohol or other drugs. SATOP provided education services to 16,769; Weekend Intervention Services to 6,556; Clinical Intervention Services to 5,012; Serious and Repeat Offender Services to 179; and assessments without additional services to 6,008.

New admissions and readmissions in fiscal year 2004 totaled 38,968, and the remaining 70,729 individuals identified above who received treatment, SATOP, or compulsive gambling services were already in treatment at the beginning of the fiscal year. The 38,968 admissions included 36,878 for substance abuse or dependency treatment; 1,831 codependency admissions for people adversely affected by a family member's alcohol or drug problem; and 259 whose primary problem was compulsive gambling. The clinical data presented throughout this report summarizes the 36,878 client admissions for treatment of substance abuse or dependency. Stable, affordable, drug-free housing is an important component of recovery for some clients after they attain sobriety. The Division coordinates 60 self-run, self-supported Oxford Houses for clients who have completed treatment. There are 48 houses for men and 12 for women, with a total capacity of 371 residents.